

LONG BEACH STATE

JACK ROSE TRACK STADIUM RECORDS

(Updated: April 18, 2016)

MEN

EVENT	MARK	METRIC	NAME/AFFILIATION	DATE
100m	10.16		Ron Brown	1982
200m	20.61		Barry Smith	1996
400m	45.35		Sanderlei Parrela	1999
800m	1:47.50		Johnny Gray	1997
1500m	3:39.40		Mark Ruelas	1983
3000m Steeple	8:38.62		Wes Ashford	1991
5000m	13:55.60		Doug Padilla	1992
10,000m	29:28.96		Lloyd Ness	1984
110m HH	13.40		Robert Reading	1995
400m IH	49.40		Quentin Wheeler	1976
4x100m Relay	39.86		University of Southern California	1992
4x400m Relay	3:06.51		University of Washington	1990
High Jump	7'7"	(2.31m)	Rick Noji	1992
Pole Vault	19'0 ¼"	(5.79m)	Pat Manson	1996
Long Jump	27'2 ¾"	(8.30m)	Greg Rutherford	2016
Triple Jump	55'0 ¼"	(16.77m)	Von Ware	1998
Shot Put	70'7 ¼"	(21.52m)	Al Feuerbach	1972
Discus Throw	226'8"	(69.08m)	John Powell	1975
Hammer Throw	249'5"	(76.02m)	Balaz Kiss	1994
Javelin Throw (New)	258'9"	(78.87m)	Riley Dolezal	2016
Javelin Throw (Old)	284'8"	(86.76m)	Frank Covelli	1998
Decathlon	7,993		Bob Coffman	1977

WOMEN

EVENT	MARK	METRIC	NAME/AFFILIATION	DATE
100m	11.04		Gail Devers	1995
200m	22.60		Valerie Brisco-Hooks	1985
400m	50.96		Danette Young	1992
800m	2:02.55		Nicole Teter	1996
1500m	4:13.02		Darcy Arreola	1995
3000m	9:20.45		Ruth Wysocki	1992
3000m Steeple	10:24.48		Katie Mahoney	2016
5000m	15:06.84		Suzy Hamilton	2000
10,000m	32:38.70		Sylvia Mosqueda	1992
100m H	12.69		Gail Devers	1992
400m H	56.12		LaTanya Sheffield	1998
4x100m Relay	44.67		University of Southern California	2000
4x400m Relay	3:36.15		University of California, Los Angeles	1990
High Jump	6'2 ¾"	(1.89m)	Amy Acuff	1998
Pole Vault	14'10"	(4.52m)	Kristen Brown, Tori Pena	2016
Long Jump	21'10"	(6.65m)	Tori Polk	2016
Triple Jump	45'0 ¼"	(13.72m)	Yuliana Perez	2002
Shot Put	61'2 ¼"	(18.64m)	Ramona Pagel	1994
Discus Throw	207'5"	(63.22m)	Lorna Griffin	1980
Hammer Throw	241'1"	(73.48m)	Amber Campbell	2016
Javelin Throw	186'10"	(56.95m)	Abigail Gomez Hernandez	2016
Heptathlon	6,323		Gia Johnson	1992