

LONG BEACH STATE MEN'S OUTDOOR ALL-TIME TOP 10

100m

1.	Brent Gray (2007)	10.29
2.	Jaime Barragan (1995)	10.30
3.	Cameron Glasgow (2014)	10.42
4.	Willie Alexander (2016)	10.48
	Anthony Ford (1987)	10.48
6.	Austin Fowler (2008)	10.50
7.	Ricky Jackson (1978)	10.52
	Horace Berry (1978)	10.52
9.	Brandon Thomas (1996)	10.53
	Bobby Flenoid (1988)	10.53

200m

1.	Brent Gray (2007)	20.51
2.	Jaime Barragan (1995)	20.72
3.	Anthony Ford (1988)	20.93
4.	Dan Moore (1970)	20.94
5.	Terrance Riley (1989)	21.00
	Ricky Jackson (1978)	21.00
7.	Phil Pipersburg (1978)	21.01
	Dino Romanelli (1986)	21.02
9.	Oscar Beasley (1972)	21.04#*
10.	Jacob Glickman (1996)	21.06

400m

1.	Lewis Young (1999)	45.75
2.	Herbert Beasley (1978)	45.87
3.	Albert Shorts (1975)	45.91*
4.	Kashu Perona (2001)	46.21
5.	Clarence Palmer (1970)	46.34#*
6.	Cameron Glasgow (2015)	46.39
7.	Bryan Saunders (1978)	46.56
8.	Charles Lewis (2007)	46.62
9.	Otis Dixon (1990)	46.63
10.	Kelsey Caesar (2008)	46.65

800m

1.	Chris Low (2014)	1:47.52
2.	Sam Ceasar (1983)	1:48.41
3.	Odie Huffman (1978)	1:48.50
4.	Ralph Lee (1965)	1:48.70
5.	Gabe Hilbert (2013)	1:48.99
6.	Ed Ricker (1968)	1:49.10*
7.	Alex Freitas (2008)	1:49.34
8.	Darryl Taylor (1964)	1:49.60
9.	Larry Gonzalez (1980)	1:49.90
10.	Mario Cobian (2007)	1:50.08



1500m

1.	Armando Cendejas (1978)	3:43.60
2.	Matt Maldonado (2010)	3:44.28
3.	Mike Parker (1983)	3:45.78
4.	Dan Arsenaault (1983)	3:47.86
5.	Chris Monroe (1986)	3:47.90
6.	Dave Cangelosi (1980)	3:48.30
7.	Ron Cornell (1978)	3:48.80
8.	Colin McConnell (1979)	3:48.90
	Kel Phelps (1975)	3:48.90
10.	Rudy Krause (1977)	3:49.60

3000m (Since 2002)

1.	Jimmy Grabow (2005)	8:26.02
2.	Jake Dawson (2012)	8:28.03
3.	Travis Kuhlman (2008)	8:29.06
4.	Terrance Wroblewski (2003)	8:32.17
5.	Kevin Ramirez (2015)	8:32.78
6.	Chris Walden (2011)	8:32.85
7.	Heath Reedy (2011)	8:34.86
8.	Daniel Estrella (2004)	8:34.98
9.	Josh Ruff (2011)	8:35.19
10.	Wolhan Ovalle (2007)	8:35.62

3000m Steeplechase

1.	Jim Sweeney (1975)	8:59.40
2.	Rich McCandless (1978)	9:00.30
3.	Mike Ritchie (1971)	9:00.80
4.	Steven DeCastro (2012)	9:02.22
5.	Cal Linam (1985)	9:04.40
6.	Dylan Jaedtke (2009)	9:06.13
7.	Howard Burgess (1976)	9:07.60
8.	Lalo Terriquez (1986)	9:08.30
9.	Johann Appell (1999)	9:08.84
10.	Kenny Lawrence (2005)	9:10.10

5000m

1.	Chris Enriquez (2014)	14:07.30
2.	Rich McCandless (1978)	14:10.48
3.	Armando Cendejas (1978)	14:11.20
4.	Colin McConnell (1977)	14:12.20
5.	Ron Cornell (1978)	14:14.00
6.	Heath Reedy (2011)	14:16.62
7.	Ron Pryor (1972)	14:19.00*
8.	Gordon Duff (1983)	14:20.14
9.	Dave Schumacher (1988)	14:20.69
10.	Bob Macias (1977)	14:21.20*

10000m

1.	Ron Pryor (1972)	28:52.20
2.	Chris Enriquez (2014)	29:12.46
3.	Jimmy Grabow (2007)	29:36.83
4.	Bob Wallace (1972)	29:45.50*
5.	Dave Schumacher (1987)	29:53.10
6.	Ben Martinez (1972)	29:53.60*
7.	Mike Wood (1971)	29:56.80*
8.	Heath Reedy (2011)	30:14.85
9.	Jake Dawson (2013)	30:21.09
10.	Allen Just (1984)	30:22.30

110m Hurdles

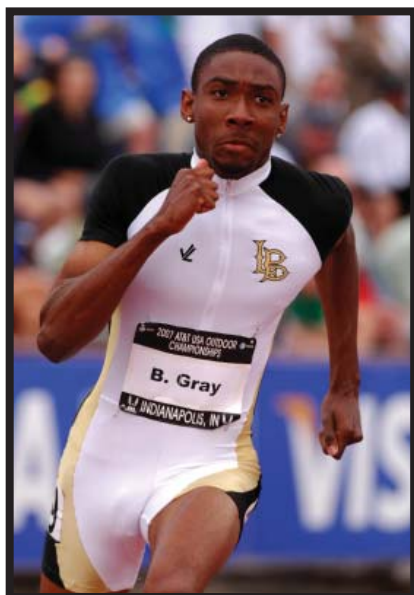
1.	Milt Turner (1972)	13.72*
2.	Derek Pye (1991)	13.84
3.	Davon Wilson-Angel (2014)	13.97
4.	Doug Conner (1992)	13.98
5.	Devin Hickey (2014)	14.06
6.	Chris Lawson (2012)	14.07
7.	Larry Blake (1981)	14.10
8.	Koree Hines (2014)	14.13
	Jason Ricker (1991)	14.13
10.	John Peterson (1976)	14.14#

400m Hurdles

1.	Kenneth Medwood (2010)	49.66
2.	Sam Jeter (2010)	50.24
3.	James Ferreira (1986)	50.52
4.	Chris Lawson (2012)	50.66
5.	Wil Moore (1999)	50.79
6.	Oswaldo Zea (1986)	50.86
7.	Dennis Ruby (1971)	51.14#*
8.	Allen Jones (1981)	51.44#*
	Otis Fisher (1976)	51.44#*
	Walt Clements (1966)	51.44#*

4x100m Relay

1.	Goldberg, B. Gray, K. Caesar, Fowler (2008)	39.66
2.	Berry, Jackson, Grace, Pipersburg (1978)	39.90
3.	Biggers, London, Palmer, Moore (1971)	39.94#*
4.	Williams, Grace, Country, Brewer (1976)	40.04*
5.	Cablayan, Barragan, Glickman, Thomas (1995)	40.08
6.	White, Carson, Perona, Young (1999)	40.10
7.	Dixon, Riley, Langston, Stovall (1990)	40.11
8.	Brewer, Turner, Williams, Shorts (1975)	40.13
9.	Biggers, London, Jones, Moore (1970)	40.14#*
10.	Glickman, Thomas, Cablayan, Barragan (1996)	40.19



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4x400m Relay

1.	McCloskey, Glasgow, Perez-Rogers, Lockett (2015).....	3:06.20
2.	Taylor, Lizardi, Saunders, Beasley (1977).....	3:06.24#
3.	Conaway, Beasley, Cox, Saunders (1978).....	3:06.84#*
4.	Pearson, Perona, Carson, Young (1999).....	3:07.51
5.	Goldberg, Fowler, K. Caesar, B. Gray (2008).....	3:08.64
6.	Pearson, Perona, Moore, Young (1999).....	3:09.00
7.	Perona, Stephens, Young, Moore (1997).....	3:09.16
8.	Briggs, McCloskey, York-Mouton, Colebrook (2016) ..	3:09.23
9.	Nickerson, Ruby, Stevenson, Moses (1972).....	3:09.24#*
10.	Perona, Smith, Carson, Young (1998).....	3:09.31

High Jump

1.	Dwight Stones (1976).....	7-07.25
2.	John Temidara (2004).....	7-03.00
3.	Mel Baker (1982).....	7-02.75
4.	John Rambo (1964).....	7-01.25
5.	Bill Heitchew (1975).....	7-00.50
6.	Kelly Gordien (1982).....	7-00.00
	Brian Sims (1981).....	7-00.00
	Mike Franz (1977).....	7-00.00
	Carl Miles (1975).....	7-00.00
10.	Dan Trautner (2005).....	6-11.75
	Haben Hagos (2004).....	6-11.75

Pole Vault

1.	Jason Hinkin (1997).....	18-07.50
2.	Borya Celentano (1999).....	18-06.50
3.	Don Baird (1977).....	18-02.00
4.	Tyler Wallace (2011).....	18-00.50
	Steve Smith (1972).....	18-00.50
6.	Michael Montgomery (2015).....	17-09.00
7.	Ken Corney (1982).....	17-06.00
8.	Conner Rouse (2016).....	17-05.75
9.	Jim Knaub (1976).....	17-03.00
10.	Craig Wilson (1979).....	17-01.00

Long Jump

1.	Willie Alexander (2016).....	25-10.25
2.	Detric Cofield (1996).....	25-09.25
	Keith Taylor (1978).....	25-09.25
4.	Fred Batiste (1974).....	25-08.75
5.	Stanford Brewer (1976).....	25-08.25
6.	Doyle Steele (1971).....	25-07.75
7.	Ron Johnson (1979).....	25-07.50
8.	Terry Metcalf (1972).....	25-02.75
9.	Greg Magee (1977).....	25-02.50
10.	Mark Givens (1976).....	25-01.50

Triple Jump

1.	Dave Tucker (1973).....	54-01.00
2.	Keith Taylor (1978).....	53-08.00
3.	Greg Magee (1977).....	53-02.50
4.	Rayfield Dupree (1974).....	53-01.75
5.	Ronald Carter (2006).....	52-09.25
6.	Willie Alexander (2013).....	52-02.75
	John Temidara (2006).....	52-02.75
8.	Willie Williams (1984).....	51-07.75
9.	Michael Vaughan (2013).....	51-07.25
	Rodney Hawkins (2009).....	51-07.25

Shot Put

1.	Mike Smith (1981).....	64-10.00
2.	Jon O'Neil (2002).....	63-01.50
3.	Victor Martin (2015).....	60-06.75
4.	Jim Hannefield (1967).....	60-04.25
5.	David Fuller (1978).....	59-07.00
6.	Jacob Weintraub (2012).....	59-04.25
7.	Jacob Fraser (2015).....	59-03.00
8.	Chris Yates (2013).....	59-01.25
9.	Ezra Kwong (2007).....	57-07.75
10.	Cesar Puga (2011).....	57-04.25

Discus

1.	Jon O'Neil (2002).....	201-08
2.	Greg McSeveney (1967).....	199-01
3.	Cory Loeb (2002).....	195-11
4.	Dan Gardner (1975).....	195-03
5.	David Fuller (1978).....	192-04
6.	Jason Harrell (2014).....	191-09
7.	James Hubbard (2016).....	190-02
8.	Scott Reid (1981).....	189-08
9.	Jacob Fraser (2014).....	189-05
10.	Robert Jennings (2007).....	187-10

Hammer

1.	Bill Green (1983).....	235-07
2.	Colin Dunbar (2011).....	223-06
3.	Robert Marlow (2016).....	215-02
4.	Kody Robison (2016).....	214-01
5.	Steve Rohovit (1982).....	214-00
6.	James Hubbard (2016).....	207-07
7.	Cory Loeb (2003).....	202-07
8.	Robert Jennings (2007).....	198-05
	David Fuller (1978).....	198-05
10.	Greg McSeveney (1981).....	197-08

Javelin

1.	Ben Woodruff (2012).....	243-02
2.	Doug Lefler (2004).....	237-02
3.	Chris Richardson (2008).....	224-10
4.	Adam Bianchessi (2013).....	223-07
5.	Tyson Gray (2007).....	218-00
6.	Frank Rodriguez (2002).....	214-02
7.	Chris Kanowsky (1996).....	212-06
8.	Tyler McCoy (2006).....	209-00
9.	Hector Sanchez (1993).....	208-06
10.	Sean Blandford (2004).....	207-09

Decathlon

1.	Chris Richardson (2006).....	7,605
2.	Nicholas Armstrong (2011).....	7,478
3.	Garrett Demirjian (2013).....	7,296
4.	Herman Day (2016).....	7,249
5.	Shawn Wilbourn (1990).....	7,148
6.	Darby Kelly (1999).....	7,106
7.	Craig Malaer (1990).....	7,038
8.	Mark Long (1970).....	6,921
9.	Mike Worden (1984).....	6,919
10.	Jason Frudakis (1995).....	6,798

- Converted hand times

* - Converted from yards to meters

Current 49ers in **bold**.



LONG BEACH STATE WOMEN'S OUTDOOR ALL-TIME TOP 10

100m

1.	Andrea Lynch (1978)	11.32
2.	Amaris Buchanan (1999)	11.46
3.	Jessica Branker (2008)	11.52
4.	Courtne' Davis (2016)	11.72
5.	Emily Cooper (2013)	11.76
6.	Patrice White (2007)	11.77
7.	Charlene Deardorff (2005)	11.79
8.	Ashleigh Chambers (2016)	11.80
	Cathy Roberts (1988)	11.80
10.	Ashley Campbell (2009)	11.83

200m

1.	Andrea Lynch (1978)	23.26
2.	Amaris Buchanan (1999)	23.46
3.	Jessica Branker (2008)	23.53
4.	Cathy Roberts (1988)	23.61
5.	Courtne' Davis (2016)	23.68
6.	Emily Cooper (2013)	23.92
7.	Riley Cooks (2016)	24.01
8.	Jasmine Winfield (2006)	24.15
9.	Kayla Goosby (2015)	24.23
10.	Madison Carney (2016)	24.25

400m

1.	Faye Paige (1982)	53.56
2.	Alex Kruthers (2014)	54.34
3.	Jasmine Askew (2015)	54.55
4.	Cathy Roberts (1987)	54.55
5.	Kerri Zaleski (1987)	54.75
6.	Saedra Wright (2013)	55.02
7.	Jasmine Winfield (2006)	55.03
8.	Jessica Branker (2008)	55.14
	Asa Carlsson (1997)	55.14
10.	Teresa Jenkins (1979)	55.44

800m

1.	Kerri Zaleski (1987)	2:05.34
2.	Michelle Bonds (1980)	2:08.44
3.	Meghan Foley (2013)	2:08.84
4.	Chris Morgan (1991)	2:09.60
5.	Caitlin Turner (2014)	2:09.81
6.	Ann Dandoy (1978)	2:10.00
7.	Jessica Barnard (2012)	2:10.13
8.	Patty Cape (1977)	2:10.60
9.	Brittany Anselmo (2015)	2:11.65
10.	Catherine Martinez (2014)	2:12.68



1500m

1.	Meghan Foley (2013)	4:23.55
2.	Rosa Del Toro (2012)	4:24.97
3.	Chris Morgan (1991)	4:25.70
4.	Nicole Blalock (2007)	4:27.01
5.	Laura Koterba (1982)	4:27.30
6.	Missy Barclay (2009)	4:27.62
7.	Carly Harris (2009)	4:29.13
8.	Jenessa Botello (2007)	4:29.44
9.	Michelle Bonds (1980)	4:30.85
10.	Catherine Martinez (2014)	4:31.32

3000m

1.	Jennifer Bessel (1990)	9:37.04
2.	Laura Koterba (1983)	9:40.35
3.	Chris Morgan (1991)	9:49.81
4.	Stacy Pando (1994)	9:50.38
5.	Kristina Wilson (2009)	9:54.75
6.	Meredith Kramon (2006)	9:57.21
7.	Brooke Mabe (1994)	9:59.33
8.	Joanna Green (1991)	10:00.40
9.	Monica MacManus (2000)	10:01.05
10.	Sarah Apgar (2009)	10:01.46

3000m Steeplechase

1.	Jessica Barnard (2012)	10:22.90
2.	Carly Harris (2009)	10:28.31
3.	Jenny Yadon (2003)	10:33.99
4.	Kathleen Dunne (2016)	11:00.90
5.	Kylee Martin (2014)	11:03.62
6.	Danielle Miller (2006)	11:07.63
7.	Missy Barclay (2007)	11:26.64
8.	Kelsea Tiapon (2012)	11:39.39
9.	Katie Vahoviak (2006)	11:39.63
10.	Madison D'Ornellas (2012)	11:40.12

5000m

1.	Jennifer Bessel (1990)	16:16.82
2.	Carly Harris (2009)	16:40.41
3.	Rosa Del Toro (2012)	16:45.72
4.	Ludi Valdez (2006)	16:48.95
5.	Meredith Kramon (2007)	16:54.00
6.	Sarah Apgar (2008)	16:56.26
7.	Chris Morgan (1991)	16:57.13
8.	Kristina Wilson (2008)	17:07.08
9.	Alisia Barajas (2010)	17:08.88
10.	Nina Moore (2011)	17:11.15

10000m

1.	Hillary Zator (2014)	35:12.22
2.	Jennifer Rodriguez (2010)	35:19.05
3.	Alisia Barajas (2010)	35:22.06
4.	Annie Randall (2010)	35:29.56
5.	Meredith Kramon (2005)	35:38.21
6.	Jennifer Bessel (1990)	35:45.72
7.	Kristina Wilson (2009)	36:04.07
8.	Nina Moore (2011)	36:28.37
9.	Mary Yost-Schumacher (1991)	36:28.60
10.	Christine Riel (2001)	36:31.61

100m Hurdles

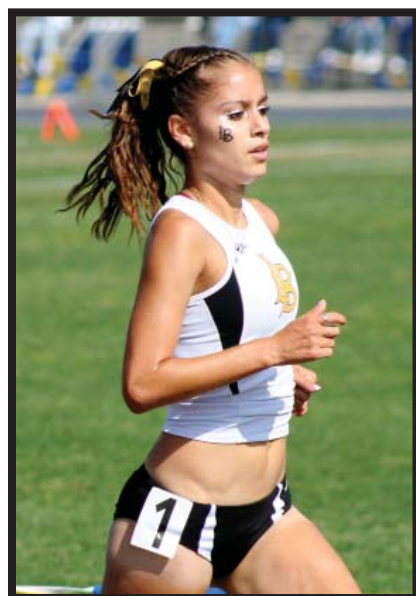
1.	LeGretta Hinds (1994)	13.49
2.	Shakina Phillips (2012)	13.52
3.	Riley Cooks (2016)	13.59
4.	Amber Clark (2014)	13.68
5.	Ambre' Thompson (1993)	13.77
6.	Erricka Feazell (2007)	13.80
7.	Phylicia Johnson (2011)	13.86
8.	Elijah McDonald (2015)	13.87
9.	Maureen McGee (1979)	13.94#
10.	Ami Ice (1989)	13.95
	Lori Smith (1981)	13.95

400m Hurdles

1.	LeGretta Hinds (1996)	57.53
2.	Asa Carlsson (1997)	57.64
3.	Ami Ice (1988)	57.82
4.	Faye Paige (1982)	58.21
5.	Shakina Phillips (2012)	59.89
6.	Cathy Bower (1981)	60.26
7.	Kristen Kiefer (2008)	60.61
8.	Patty Cape (1978)	61.34#
9.	Brianna Wilson (2015)	61.41
10.	Taylor Lorack (2015)	61.66

4x100m Relay

1.	Howell, Branker, Winfield, White (2007)	44.86
2.	Chambers, Davis, Carney, Cooks (2016)	45.28
3.	Garrido, Branker, Mobley, White (2008)	45.41
4.	Ka. Goosby, Kr. Goosby, Chambers, Carney (2015)	45.44
5.	Deardorff, Branker, Smith, White (2005)	45.50
6.	Askew, Ka. Goosby, Kruthers, Cooper (2014)	45.61
7.	Cooper, Ka. Goosby, Wright, Askew (2013)	45.86
8.	Reneau, Knighten, Bedford, Buchanan (1999)	45.87
9.	Carney, Chambers, Davis, Knox (2016)	45.89
	Knight, Mobley, Thompson, Mosley (1993)	45.89



LONG BEACH STATE WOMEN'S OUTDOOR ALL-TIME TOP 10

4x400m Relay

1.	Cooper, Kruthers, Askew, Wright (2014).....	3:39.65
2.	Askew, Cooper, Wright, Lorack (2013)	3:41.24
3.	Winfield, Fairweather, White, Deardorff (2005)	3:41.88
4.	Askew, Lorack, Kruthers, Cooper (2014).....	3:44.54
5.	White, Branker, Howell, Winfield (2007).....	3:44.64
6.	Winfield, Fairweather, Ross, Deardorff (2005).....	3:44.70
7.	Knighen, Bedford, Buchanan, Renau (1999).....	3:45.02
8.	Wilson, Askew, Chambers, Harris (2015).....	3:45.42
9.	White, Branker, Kholev, Howell (2007).....	3:45.52
10.	Askew, Phillips, Barnard, Wright (2012).....	3:45.55

High Jump

1.	Joni Huntley (1978).....	6-04.00
2.	Tayyiba Haneef (2001).....	6-02.00
3.	Shelly Fehrman (1984).....	6-00.50
4.	Lori Svoboda (1992).....	6-00.00
5.	Kristy Kierulff (1997).....	5-11.50
6.	Fern Simon (1978).....	5-11.00
7.	Katrina Graves-Johnson (2012).....	5-10.75
8.	Emily Forsythe (2002).....	5-10.50
9.	Loni Buettner (1993).....	5-10.00
	Chandra Roberts (1983).....	5-10.00

Pole Vault

1.	Connie Jerz (2002).....	13-04.25
2.	Kayla Kamaka (2014).....	13-01.50
	Jill Reynolds (2007).....	13-01.50
4.	Jodi Lambert (2016)	12-10.00
5.	Christina Lee (2001).....	12-05.50
6.	Kennedy Krueger (2016)	12-04.00
	Marylou Badillo (1997).....	12-04.00
8.	Amanda Klinchuch (2013).....	12-03.50
9.	Amber Britt (2015).....	12-01.50
	Katelyn Beighton (2009).....	12-01.50

Long Jump

1.	Sherron Walker (1978).....	21-00.00
2.	Joni Huntley (1978).....	20-03.50
3.	Cathy Roberts (1988).....	20-02.25
4.	Chandra Roberts (1983).....	20-01.50
5.	Maureen Wiley (1987).....	20-01.00
6.	Marion Reneau (2000).....	19-11.00
7.	Taylor Jackson (2015).....	19-10.75
8.	Phylicia Johnson (2011).....	19-08.75
9.	Ambre Thompson (1992).....	19-06.50
10.	Allison Foster (2016)	19-05.25

Triple Jump

1.	Miia Mobley (2008).....	41-01.00
2.	Jasmine Bass (2015)	40-11.50
3.	Gladys Iwuaba (2002).....	40-10.25
4.	Megan Irely (2004).....	40-06.25
5.	Chandra Roberts (1984).....	40-02.50
6.	Tisha Uwadiale (2007).....	40-00.75
7.	Cathy Roberts (1988).....	39-08.50
8.	Phylicia Johnson (2012).....	39-08.00
9.	Goziam Okolie (2013).....	39-07.00
10.	Holly Lipscomb (2004).....	39-06.50
	Marquita Knight (1993).....	39-06.50

Shot Put

1.	Peggy Pollock (1983).....	57-00.75
2.	Ramona Pagel (1982).....	55-04.00
3.	Annie McElroy (1982).....	52-02.75
4.	Emily Dole (1978).....	51-06.50
5.	Serena Boykin (2002).....	50-07.25
6.	Jacque Norton (1986).....	49-08.50
7.	Adara Newidouski (1998).....	49-08.25
8.	Melanie Samvalian (2014).....	48-02.50
9.	Fatima Vergara (2016)	47-03.75
10.	Jessica Rotter (2016)	47-01.00

Discus

1.	Jennifer Onyeagbako (2007).....	179-04
2.	Jacque Norton (1986).....	174-03
3.	Katelyn Ciarelli (2008).....	171-05
4.	Leslie Horner (1981).....	167-11
5.	Brianna Viltz (2016)	167-00
6.	Celeste Paquette (1990).....	166-01
7.	Ramona Pagel (1981).....	165-09
8.	Adara Newidouski (1998).....	161-05
9.	Pat Shaw (1981).....	161-03
10.	Fatima Vergara (2016)	159-04

Hammer

1.	Fatima Vergara (2016)	199-08
2.	Jennifer Onyeagbako (2009).....	199-05
3.	Marina Shelton (2015)	195-11
4.	Stephanie Sampson (2004).....	193-05
5.	Alexandra Cervantes (2013).....	179-09
6.	Shari Harris (2012).....	173-00
7.	Samantha Meredith (2004).....	171-10
8.	Chaylene Bruggeman (2015)	171-09
9.	Katelyn Ciarelli (2006).....	171-04
10.	Shannon Daniels (2002).....	170-07

Javelin Throw (1999 IAAF Specs.)

1.	Randi Hicks (2010).....	170-11
2.	Kim Heinz (2007).....	169-04
3.	Alex Shaw (2008).....	167-05
4.	Tara Ross (2011).....	163-08
5.	Samantha Young (2005).....	158-10
6.	Tiffany Forbito (2014)	157-04
7.	Ami Goldhammer (2006).....	155-02
8.	Riley Cooks (2016)	146-06
9.	Nina Grubbs (2004).....	144-02
10.	Marion Reneau (1999).....	142-01

Javelin Throw (Pre-1999)

1.	Jacque Nelson (1980).....	173-11
2.	Kelly Camarigg (1978).....	167-04
3.	Jacque Norton (1986).....	155-04
4.	Ana Marie Gill (1990).....	152-03
5.	Sheila Beuler (1986).....	149-00
6.	Ami Ice (1991).....	145-02
7.	Lisa Reslock (1990).....	142-05
	Peggy Pollock (1982).....	142-05

Heptathlon

1.	Riley Cooks (2016)	5,569
2.	Ami Ice (1991).....	5,521
3.	Marion Reneau (1999).....	5,375
4.	Sara Macey (2012).....	5,160
5.	Phylicia Johnson (2011).....	5,116
6.	Kristen Kiefer (2012).....	5,023
7.	Taylor Jackson (2013).....	4,963
8.	Jamie Cuthbert-Allen (2006).....	4,955
9.	Lori Smith (1981).....	4,912
10.	Ami Goldhammer (2004).....	4,838

- Converted hand times
Current 49ers in **bold**.

