



# BEACH TRACK & FIELD INVITATIONAL

Hosted by Long Beach State  
@ Cerritos College in Norwalk, CA

(\*Final Schedule will be posted at: <http://www.longbeachstate.com/sports/c-track/lbst-c-track-body.html> on 4/13/12 @ 10:00pm)

## Friday, April 20, 2012 FIELD EVENTS TIME SCHEDULE

<u>Time</u>		<u>Group</u>	<u>Event</u>	
12:00	pm	Women's	Hammer Throw	(South ring on South field)
12:00		Women's	Hammer Throw (Invite-Top 28)	(North ring on South field)
2:30		Men's	Hammer Throw	(South ring on South field)
2:30		Men's	Hammer Throw (Invite-Top 26)	(North ring on South field)

## Saturday, April 21, 2012 FIELD EVENTS TIME SCHEDULE

<u>Time</u>		<u>Group</u>	<u>Event</u>	
9:00	am	Women's	Pole Vault-Flight 3	(North runway on the outfield)
9:00		Men's	Pole Vault-Flight 2	(East runway on infield)
9:15		Men's	High Jump-Flight 2	(North pit on infield)
9:30		Women's	Long Jump (Invite-Top 18, 9 to Finals)	(Center pit on West runway)
9:30		Women's	Long Jump	(North pit on West runway)
9:45		Women's	Javelin	(West runway on to South field)
9:45		Men's	Javelin	(East runway on to South field)
10:00		Men's	Shot Put (Invite-Top 18, 9 to Finals)	(North ring on NW corner of Track)
10:00		Men's	Shot Put	(East ring on SE corner of South field)
11:00		Men's	Pole Vault (Invite-Top 9)	(East runway on infield)
11:15		Men's	High Jump (Invite-Top 9)	(North pit on infield)
12:15	pm	Women's	Shot Put (Invite-Top 18, 9 to Finals)	(North ring on NW corner of Track)
12:15		Women's	Shot Put	(East ring on SE corner of South field)
12:30		Men's	Long Jump (Invite-Top 18, 9 to Finals)	(Center pit on West runway)
12:30		Men's	Long Jump	(North pit on West runway)
12:30		Women's	Pole Vault (Invite-Top 9)	(East runway on infield)
12:45		Women's	High Jump (Invite-Top 9)	(North pit on infield)
1:00		Men's	Pole Vault-Flight 3	(North runway on the outfield)
2:15		Women's	High Jump-Flight 2	(West pit on North infield)
2:15		Women's	High Jump-Flight 3	(East pit on North infield)
2:30		Men's	Discus-Flight 1	(South ring on South field)
2:30		Men's	Discus-Flight 2	(North ring on South field)
2:30		Men's	Discus (Invite-Top 18, 9 to Finals)	(North ring on West field)
2:30		Women's	Pole Vault-Flight 2	(East runway on infield)
3:00		Women's	Triple Jump	(North pit on West runway)
3:00		Men's	Triple Jump	(Center pit on West runway)
5:00		Women's	Discus-Flight 1	(South ring on South field)
5:00		Women's	Discus-Flight 2	(North ring on South field)
5:00		Women's	Discus (Invite-Top 18, 9 to Finals)	(North ring on West field)

## TRACK EVENTS TIME SCHEDULE

<u>Time</u>		<u>Group</u>	<u>Event</u>
10:00	am	Women's	3,000 m Steeple Chase
10:20		Men's	3,000 m Steeple Chase
10:55		Women's	4 x 100 m Relay
11:05		Men's	4 x 100 m Relay
11:20		Women's	1500 m
12:00	pm	Men's	1500 m
12:40		Women's	100 m (West straightaway)
12:45		Women's	100 m Hurdles (East straightaway)
1:05		Men's	100 m (West straightaway)
1:10		Men's	110 m High Hurdles (East straightaway)
1:30		Women's	400 m
2:05		Men's	400 m
2:40		Women's	800 m
3:10		Men's	800 m
3:35		Women's	400 m Hurdles
4:05		Men's	400 m Int. Hurdles
4:20		Women's	200 m
4:45		Men's	200 m
5:05		Women's (Sect. B)	5,000 m
5:35		Men's (Sect. B)	5,000 m
5:55		Women's	4 x 400 m Relay
6:10		Men's	4 x 400 m Relay
6:25		Women's (Sect. A)	5,000 m
6:50		Men's (Sect. A)	5,000 m