

## BLACK and GOLD INTERSQUAD

December 10, 2011

Long Beach State

| PLACE NAME                | AFFIL. | MARK | Rank | GOLD | BLACK |
|---------------------------|--------|------|------|------|-------|
| <b>150 METERS (WOMEN)</b> |        |      |      |      |       |
| 1 Cooper, Emily           | Gold   | 18.6 | #7-T | 9    |       |
| 2 Goosby, Kayla           | Black  | 19.0 |      |      | 8     |
| 3 Lars, DeShane'          | Black  | 19.2 |      |      | 7     |
| 4 Izquierdo, Wendy        | Gold   | 19.3 |      | 6    |       |
| 5 Bruce, Ritia            | Gold   | 19.4 |      | 5    |       |
| 5 Johnson, Phylcia        | Gold   | 19.4 |      | 4    |       |
| 7 Okonkwo, Nkechi         | Gold   | 19.5 |      | 3    |       |
| 8 Goosby, Kristina        | Black  | 19.7 |      |      | 2     |
| 9 Graves-Johnson, Katrina | Gold   | 20.0 |      | 1    |       |
| <b>150 METERS (MEN)</b>   |        |      |      |      |       |
| 1 Landry-Zapien, Elijah   | Black  | 16.2 |      |      | 4     |
| 2 Alade, Nathan           | Gold   | 16.5 |      | 3    |       |
| 3 Ruffaine, Joe           | Gold   | 16.7 |      | 2    |       |
| 4 Fox, Dillon             | Gold   | 17.2 |      | 1    |       |
| <b>300 METERS (WOMEN)</b> |        |      |      |      |       |
| 1 Cooper, Emily           | Gold   | 40.3 | #3   | 4    |       |
| 2 Lars, DeShane'          | Black  | 42.0 |      |      | 3     |
| 3 Goosby, Kayla           | Black  | 45.1 |      |      | 2     |
| 4 Goosby, Kristina        | Gold   | 46.1 |      | 1    |       |
| <b>300 METERS (MEN)</b>   |        |      |      |      |       |
| 1 Lockett, Jahmani        | Gold   | 34.5 | #10  | 6    |       |
| 2 Glasgow, Cameron        | Black  | 34.6 |      |      | 5     |
| 3 Landry-Zapien, Elijah   | Black  | 35.5 |      |      | 4     |
| 4 Alade, Nathan           | Gold   | 35.6 |      | 3    |       |
| 5 Kriakin, Anthony        | Black  | 35.9 |      |      | 2     |
| 6 Ruffaine, Joe           | Gold   | 36.7 |      | 1    |       |
| <b>500 METERS (WOMEN)</b> |        |      |      |      |       |
| 1 Askew, Jasmine          | Black  | 77.1 | #2   |      | 4     |
| 2 Wright, Saedra          | Black  | 77.2 | #3   |      | 3     |
| 3 Hairanian, Chelsea      | Gold   | 77.7 | #4   | 2    |       |
| 4 Kruthers, Alex          | Gold   | 79.3 |      | 1    |       |
| <b>500 METERS (MEN)</b>   |        |      |      |      |       |
| 1 Van Boxtel, Bryce       | Black  | 66.7 |      |      | 3     |
| 2 Kriakin, Anthony        | Black  | 67.5 |      |      | 2     |
| 3 Lockett, Jahmani        | Gold   | 71.7 |      | 1    |       |

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| PLACE NAME                   | AFFIL. | MARK       | GOLD | BLACK |
|------------------------------|--------|------------|------|-------|
| <b>60 M HURDLES (WOMEN)</b>  |        |            |      |       |
| 1 Johnson, Phylcia           | Gold   | 8.5 #5-T c | 8    |       |
| 2 Phillips, Shakina          | Black  | 8.6 #7 c   |      | 7     |
| 3 Kiefer, Kristen            | Black  | 8.9        |      | 6     |
| 4 Clark, Amber               | Gold   | 9.0        | 5    |       |
| 4 Izquierdo, Wendy           | Gold   | 9.0        | 4    |       |
| 6 Macey, Sara                | Black  | 9.2        |      | 3     |
| 7 Welsh, Aiyana              | Black  | 9.3        |      | 2     |
| 8 Hamilton, Rebecca          | Gold   | 9.8        | 1    |       |
| <b>60 M HURDLES (MEN)</b>    |        |            |      |       |
| 1 Lawson, Chris              | Black  | 8.1 #8-T c |      | 6     |
| 2 Hines, Koree               | Gold   | 8.1 #8-T c | 5    |       |
| 3 DeMirjian, Garrett         | Gold   | 8.3        | 4    |       |
| 4 Garner, Thomas             | Black  | 8.5        |      | 3     |
| 5 Horist, Mark               | Black  | 8.7        |      | 2     |
| 6 Fox, Dillon                | Gold   | 8.7        | 1    |       |
| <b>300 M HURDLES (WOMEN)</b> |        |            |      |       |
| 1 Phillips, Shakina          | Black  | 44.7 #2    |      | 6     |
| 2 Kiefer, Kristen            | Black  | 45.2 #3    |      | 5     |
| 3 Clark, Amber               | Gold   | 47.3 #5    | 4    |       |
| 4 Welsh, Aiyana              | Black  | 48.7       |      | 3     |
| 5 Macey, Sara                | Black  | 49.1       |      | 2     |
| 6 Hamilton, Rebecca          | Gold   | 49.3       | 1    |       |
| <b>300 M HURDLES (MEN)</b>   |        |            |      |       |
| 1 Lawson, Chris              | Black  | 37.3 #2    |      | 5     |
| 2 Jeter, Sam                 | Gold   | 37.7 #3    | 4    |       |
| 3 Patrella, Ryan             | Black  | 39.9 #10   |      | 3     |
| 4 Talley, Jake               | Gold   | 40.0       | 2    |       |
| 5 Hines, Koree               | Gold   | 41.8       | 1    |       |
| Garner, Thomas               | Black  | DNF        |      |       |

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| PLACE                      | NAME                 | AFFIL. | MARK    |    | GOLD | BLACK |
|----------------------------|----------------------|--------|---------|----|------|-------|
| <b>800 METERS (WOMEN)</b>  |                      |        |         |    |      |       |
| 1                          | Kiefer, Kristen      | Black  | 2:27.9  |    |      | 1     |
| <b>800 METERS (MEN)</b>    |                      |        |         |    |      |       |
| 1                          | Van Boxtel, Bryce    | Black  | 1:58.8  |    |      | 1     |
| <b>1600 METERS (WOMEN)</b> |                      |        |         |    |      |       |
| 1                          | Thompson, Michelle   | Gold   | 5:15.7  | #4 | 3    |       |
| 2                          | Garcia, Prism        | Gold   | 5:28.4  |    | 2    |       |
| 3                          | Maddalone, Milanna   | Black  | 5:33.4  |    |      | 1     |
| <b>1600 METERS (MEN)</b>   |                      |        |         |    |      |       |
| 1                          | Hilbert, Gabe        | Black  | 4:23.8  | #8 |      | 3     |
| 2                          | Naaz, Connor         | Black  | 4:33.6  |    |      | 2     |
| 3                          | Wenberg, Karl        | Gold   | 4:34.6  |    | 1    |       |
| <b>3200 METERS (WOMEN)</b> |                      |        |         |    |      |       |
| 1                          | Randall, Annie       | Gold   | 11:17.7 |    | 5    |       |
| 2                          | Goto, Taylor         | Black  | 11:24.7 |    |      | 4     |
| 3                          | Trujillo, Alexis     | Gold   | 11:39.3 |    | 3    |       |
| 4                          | Gayton-Jacob, Andrea | Black  | 11:41.8 |    |      | 2     |
| 5                          | Tiapon, Kelsea       | Black  | 11:50.7 |    |      | 1     |
| <b>3200 METERS (MEN)</b>   |                      |        |         |    |      |       |
| 1                          | DeCastro, Steven     | Black  | 9:13.1  | #5 |      | 7     |
| 2                          | Dawson, Jake         | Gold   | 9:14.6  | #7 | 6    |       |
| 3                          | Kelley, Nick         | Gold   | 9:35.1  |    | 5    |       |
| 4                          | Pantoja, Cameron     | Black  | 9:36.1  |    |      | 4     |
| 5                          | Trejo, Arturo        | Gold   | 9:47.2  |    | 3    |       |
| 6                          | Christian, Parker    | Black  | 9:51.4  |    |      | 2     |
| 7                          | Bergstrom, Tim       | Black  | 9:55.8  |    |      | 1     |

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| <b>HIGH JUMP (WOMEN)</b>  |        |           |      |       |
| 1 Graves-Johnson, Katrina | Gold   | 5-8 #1    | 7    |       |
| 2 Coulter, Janelle        | Black  | 5-2       |      | 6     |
| 3 Macey, Sara             | Black  | 5-2       |      | 5     |
| 4 Johnson, Phylicia       | Gold   | 5-2       | 4    |       |
| 5 Kiefer, Kristin         | Black  | 5-0       |      | 3     |
| 6 Izquierdo, Wendy        | Gold   | 5-0       | 2    |       |
| 7 Longbothom, Shara       | Black  | 5-0       |      | 1     |
| <b>HIGH JUMP (MEN)</b>    |        |           |      |       |
| 1 Jenkins, Kevin          | Black  | 6-6 #9-T  |      | 4     |
| 2 Demirjian, Garrett      | Gold   | 6-2       | 3    |       |
| 3 Fox, Dillon             | Gold   | 5-10      | 2    |       |
| 4 Mah, Dominic            | Gold   | 5-8       | 1    |       |
| <b>POLE VAULT (WOMEN)</b> |        |           |      |       |
| 1 Kamaka, Kayla           | Gold   | 11-7 #6-T | 3    |       |
| 2 Culver, Carissa         | Black  | 11-7 #6-T |      | 2     |
| 3 Smith, Cheryl           | Black  | 11-1      |      | 1     |
| Klinchuch, Amanda         | Black  | NH        |      |       |
| <b>POLE VAULT (MEN)</b>   |        |           |      |       |
| 1 Wallace, Tyler          | Gold   | 16-2 #4   | 6    |       |
| 2 Hierholzer, Brandon     | Black  | 15-6 #5   |      | 5     |
| 3 Horist, Mark            | Black  | 15-6 #6   |      | 4     |
| 4 Stewart, Alex           | Black  | 15-0      |      | 3     |
| 5 Fox, Dillon             | Gold   | 14-6      | 2    |       |
| 6 Demirjian, Garrett      | Gold   | 13-6      | 1    |       |
| <b>LONG JUMP (WOMEN)</b>  |        |           |      |       |
| 1 Johnson, Phylicia       | Gold   | 18-3 #1   | 9    |       |
| 2 Okonkwo, Nkechi         | Gold   | 16-6      | 8    |       |
| 3 Bruce, Ritia            | Gold   | 16-3      | 7    |       |
| 4 Kiefer, Kristin         | Black  | 16-2.5    |      | 6     |
| 5 Hamilton, Rebecca       | Gold   | 15-9.5    | 5    |       |
| 6 Izquierdo, Wendy        | Gold   | 15-8.5    | 4    |       |
| 7 Okolie, Gozie           | Black  | 15-7      |      | 3     |
| 8 Macey, Sara             | Black  | 15-0      |      | 2     |

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|                                    |                      |             |             |              |   |
|------------------------------------|----------------------|-------------|-------------|--------------|---|
| 9                                  | Iwobi, Ilesha        | Black       | 13-11       |              | 1 |
| <b>LONG JUMP (MEN)</b>             |                      |             |             |              |   |
| 1                                  | Neizer, Manny        | Black       | 21-8.5      |              | 3 |
| 2                                  | Jenkins, Kevin       | Black       | 20-1        |              | 2 |
| 3                                  | Mah, Dominic         | Gold        | 17-1        | 1            |   |
| <b>PLACE NAME</b>                  | <b>AFFIL.</b>        | <b>MARK</b> | <b>GOLD</b> | <b>BLACK</b> |   |
| <b>TRIPLE JUMP (WOMEN)</b>         |                      |             |             |              |   |
| 1                                  | Okonkwo, Nkechi      | Gold        | 35-5        | 2            |   |
| 2                                  | Okolie, Gozie        | Black       | NM          |              | 1 |
| <b>TRIPLE JUMP (MEN)</b>           |                      |             |             |              |   |
| 1                                  | Neizer, Manny        | Black       | 49-1 #3     |              | 3 |
| 2                                  | Vaughan, Michael     | Gold        | 47-11 #7    | 2            |   |
| 3                                  | Jenkins, Kevin       | Black       | 45-7        |              | 1 |
| <b>SHOT PUT (WOMEN)</b>            |                      |             |             |              |   |
| 1                                  | Cervantes, Alexandra | Black       | 44-1 #8     |              | 2 |
| 2                                  | Harris, Shari        | Gold        | 36-10       | 1            |   |
| <b>SHOT PUT (MEN)</b>              |                      |             |             |              |   |
| 1                                  | Weintraub, Jacob     | Gold        | 57-5 #2     | 4            |   |
| 2                                  | Baez, Joel           | Black       | 51-2        |              | 3 |
| 3                                  | Fraser, Jacob        | Black       | 49-8.5      |              | 2 |
| 4                                  | Villalobos, Josh     | Gold        | 40-8        | 1            |   |
| <b>DISCUS (WOMEN)</b>              |                      |             |             |              |   |
| 1                                  | no entries           |             |             |              |   |
| <b>DISCUS (MEN)</b>                |                      |             |             |              |   |
| 1                                  | Baez, Joel           | Black       | 161-        |              | 3 |
| 2                                  | Weintraub, Jacob     | Gold        | 160-5       | 2            |   |
| 3                                  | Fraser, Jacob        | Black       | 155         |              | 1 |
|                                    | Villalobos, Josh     | Gold        | NM          |              |   |
| <b>JAVELIN (WOMEN)</b>             |                      |             |             |              |   |
| 1                                  | Hamilton, Rebecca    | Gold        | 111-3       | 5            |   |
| 2                                  | Izquierdo, Wendy     | Gold        | 108-10      | 4            |   |
| 3                                  | Kiefer, Kristin      | Black       | 108-7       |              | 3 |
| 4                                  | Macey, Sara          | Black       | 102-6       |              | 2 |
| 5                                  | Johnson, Phylcia     | Gold        | 99-7        | 1            |   |
| <b>JAVELIN (MEN) 5-step X-over</b> |                      |             |             |              |   |

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|                 |       |         |    |   |   |
|-----------------|-------|---------|----|---|---|
| 1 Woodruff, Ben | Gold  | 189-9.5 | #7 | 2 |   |
| 2 Horist, Mark  | Black | 160-7.5 |    |   | 1 |

**JAVELIN (MEN) Full Approach**

|                 |      |        |    |  |  |
|-----------------|------|--------|----|--|--|
| 1 Woodruff, Ben | Gold | 220-10 | #1 |  |  |
|-----------------|------|--------|----|--|--|

| NAME | AFFIL. | MARK |  | GOLD | BLACK |
|------|--------|------|--|------|-------|
|------|--------|------|--|------|-------|

|                        |       |         |    |   |   |
|------------------------|-------|---------|----|---|---|
| <b>HAMMER (WOMEN)</b>  |       |         |    |   |   |
| 1 Harris, Shari        | Gold  | 165-4.5 | #6 | 2 |   |
| 2 Cervantes, Alexandra | Black | 151-8.5 |    |   | 1 |

**HAMMER (MEN)**

|                    |       |         |    |   |   |
|--------------------|-------|---------|----|---|---|
| 1 Baez, Joel       | Black | 195-1.5 | #2 |   | 3 |
| 2 Villalobos, Josh | Gold  | 191-9   | #3 | 2 |   |
| 3 Fraser, Jacob    | Black | 143-7.5 |    |   | 1 |

TOTAL SCORES = 214 209