

Section 5 Table of Contents

Athletic Awards/Leadership Development

NCAA Awards and Scholarships

- Special Assistance Fund
- Opportunity Fund
- NCAA Degree Completion Scholarship

Conference Awards

- Male and Female Big West Scholar-Athlete
- Team Grade Point Average Awards
- Academic All –Conference Award

Department and University Awards

- Presidents List
- Dean’s List
- Academic All – Stars Halftime Salute
- Student-Athlete Academic Honors Luncheon
- Team GPA Awards
- Beach Pride Award
- Athletic Department Degree Completion/Fifth Year Aid

Champs/Life Skills

- Student Athlete Advisory Committee (SAAC)
- Leadership Educational Program/
TANTALUM Cup
- Mandatory Educational Enrichment Programs
- Senior Excellence Program
- Making Wise Beach Choices
- Leadership opportunities for Student Athletes:
 - Career and Sports Forum
 - Division I Regional Leadership Conference
 - Apple Conference
- Take Care of your teammates
 - Gold Games
 - All Department BBQ

Long Beach State Student-Athlete Handbook

Athletic Awards & Leadership Development

NCAA Awards, Conference Awards & Scholarships

A list of specific Awards and scholarships available to student athletes through the NCAA can be found on your [BeachBoard](#) page or at www.ncaa.org.



NCAA Awards and Scholarship

- **Summer School Athletic Aid** – For the student athlete whose sport or athletic department pays for summer school, in order to receive athletic aid, you must follow these guidelines:

1. Advance-register for classes during Advance Registration in April
2. Work with the BAC to determine what class is necessary for summer school. The classes must be working towards your eligibility.
3. Notify the BAC and the Compliance Office of any changes in schedule, housing, attendance, etc.
4. Be committed to attending each class session and setting aside enough time to complete all the required coursework and academic support efforts necessary for successful completion of the course.
5. Academic support plans are determined, if necessary, by your Bickerstaff Academic Center academic counselor.
6. Complete the summer course work (for each class) with a grade of "C" or better*.
7. You will be required to sign a contract with the athletic department prior to any financial assistance being granted.
8. Dropping a class – Prior to dropping a class you must meet with MaryAnn Tripodi, Associate Athletic Director for Compliance and Student Services to determine the ramifications for stipends and housing if you are to drop the class. Stipends and housing may only be received if you are in class.

*If you fail to fulfill all of the above Summer School obligation(s) by:

- Not completing the study lab requirements; or

- Not completing the summer semester with a grade of "C" or better; or
- Not completing the class (drop or withdrawal)

Then you will be responsible for reimbursing the Athletic Department for any Athletic Aid that was awarded for the summer semester.

- **Special Assistance Fund** -This fund helps student-athletes pay for clothing and shoe expenses; expendable course supplies; medical and dental costs not covered by insurance; and costs related to family emergencies.

You must be a student-athlete who is receiving a Federal Pell Grant or athletic aid **and** who demonstrates financial need (as long as funds remain available for the year). You must complete a FAFSA to determine if you demonstrate financial need. International students must have their financial need determined by the International Student Scholar Services Office.

- **Opportunity Fund**
This fund was created by the NCAA to promote student-athlete well-being. Long Beach State uses these funds to benefit as many student athletes as possible. Uses include but not limited to the funding are the Academic Luncheon, Summer School, 5th year degree completion, medical expenses etc.
- **Degree Completion Awards / Fifth-year Aid**

NCAA Degree Completion- The NCAA established this program to assist student-athletes who have exhausted their eligibility for institutional financial aid (in five years). Applicants must have completed eligibility for athletics-related aid at a Division I member institution before applying and must be within 30 semester hours of their degree requirements.

Student-athletes receiving the award will receive an amount equivalent to tuition and fees, and they will also receive a book allowance based on the number of hours in which they are enrolled.

The program is administered by the NCAA Degree Completion Scholarship consultants.

[Click here to download the Fall/Spring 2009-10 Application](#)

[Click here to contact the NCAA regarding this scholarship program.](#)

Long Beach State Student-Athlete Handbook

Conference Awards

Male and Female Big West Scholar Athlete

Each year Long Beach State selects one male and one female Big West Scholar-Athlete



of the year. Honorees are announced on March 1, and they receive a plaque at a breakfast held in conjunction with the Big West Basketball Tournament. To be eligible for the Big West Scholar-Athlete Award, you must have lettered in a varsity sport during the previous season of competition and a) have achieved a minimum grade point average of 3.0 over in at least 24 semester grade units at the member institution during their previous two semesters of attendance; or b) 3.2 GPA in at least 12 units or 3.4 GPA in nine graded units in the event the students have been in attendance at the member institution for less than two semesters

The Big West Male and Female Scholar-Athlete are selected by a committee comprised of the Faculty Athletic Representative, Sr. Associate Athletic Director/SWA, Associate Athletic Director for Compliance, CHAMPS/Life Skills Coordinator, a student athlete, and Assistant Athletic Director for Sports Information

Team Grade Point Average Awards

The conference presents an award to the team in each Big West Conference championship sport that annually achieves the highest overall cumulative grade point average. The award is calculated at the conclusion of the academic year and the deserving teams are honored at the following year's Scholar-Athlete Luncheon.

Academic All-Conference Award

The conference sponsors an annual Academic All-Conference team in each conference sport. Student Athletes are named to the Academic All-Conference Teams for their respective sports if the following standards are met:

1. Student-athlete must carry a minimum 3.20 cumulative institutional grade point average (no rounding),
2. Student athlete must have completed one full academic year at the member institution prior to the season for which the award is being received (at least a sophomore academically), and

3. Student athlete must have competed in at least 50 percent of the institution's contests in the student-athlete's respective sport.
4. All student athletes honored shall receive a certificate appropriate for framing, as well as recognition in the form of a media release.



Department and University Awards

President's List

A student will be placed on the President's list each fall and spring term in which the student completes 12 or more graded course units and obtains a term GPA within the range of 3.75 to 4.0. The student will be given a certificate for each term in which this honor is received and a notation will be made on the student's transcript. Students earning less than 12 graded course units per fall or spring term will be placed on the President's List in the spring term of the academic year in which they accumulate 12 or more graded course units with an academic year GPA of 3.75 to 4.0.

Dean's List

A student will be placed on the Dean's list each fall and spring term in which the student completes 12 or more graded course units and obtains a term GPA within the range of 3.5 to 3.74. The student will be given a certificate for each term in which this honor is received and a notation will be made on the student's transcript. Students earning less than 12 graded course units per fall or spring term will be placed on the Dean's List in the spring term of the academic year in which they accumulate 12 or more graded course units with an academic year GPA of 3.5 to 3.74.

Long Beach State Student-Athlete Handbook

- **Academic All-Star Half-Time Salute**

You are an Academic All-Star if you earn a 3.0 GPA or higher in a semester. A reception for the Academic All-Stars and faculty is held prior to a game where the All-Stars are introduced at halftime. This allows our fans to see the large number of student athletes with GPA's of 3.0 or above, while also promoting pride the student athletes should feel about this accomplishment. Academic All-Stars are also asked to invite one of their outstanding professors to honor and recognize the support that the faculty provides to athletes. This allows us the opportunity to recognize them as Most Valuable Professor (MVP).

In addition to being recognized during a game, all student athletes will be invited to attend the student athlete Academic Honors Luncheon.

- **Student Athlete Academic Honors Luncheon**

Each spring a luncheon is held to honor all of our graduating seniors and outstanding academics. During the luncheon the seniors will receive a medallion honoring them for their outstanding performance on and off the playing field. At the luncheon we also recognize HEADS UP! Mentors, Academic All-Stars*, Big West Academic Honors and MPSF Academic Honors, Male and Female Big West Scholar Athlete, and those receiving any other academic awards that are sport-specific.

Coaches are asked to adjust practices to allow those Student athletes being honored.

- **Team GPA Award**

The Athletic Department established an award that is given each semester to the team with the highest GPA. The award is given out two times each year, once at the all department BBQ held in the fall and again at the Academic Luncheon held in the spring.



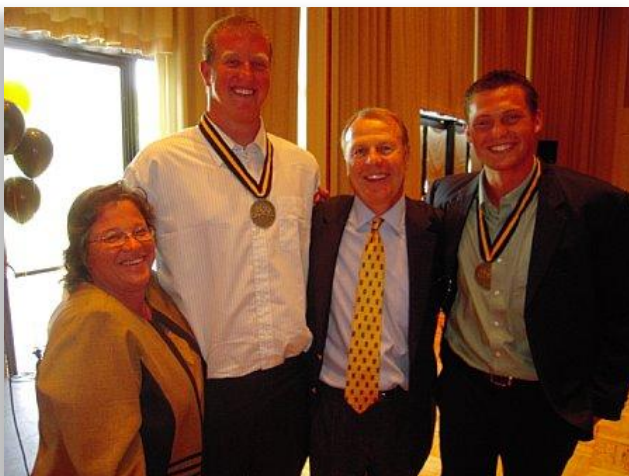
- **The Annual Beach Pride Award**

This award is presented each year at the Academic Luncheon held in the spring. The award is given to an individual or organization for outstanding leadership and school spirit.

- **Degree Completion Awards / Fifth-year Aid**

The Athletics Department provides student-athletes with an opportunity to compete for financial assistance after completing their eligibility. Awards will be equal to the cost of in-state tuition, fees and potentially books.

All students in the Degree Completion Program will be assigned an internship in the Athletics Department with the number of hours to be determined by the amount of the grant (approximately 75-150 hours per semester). In addition, you will also need to attend Senior Excellence classes two times a month for an hour and a half throughout the term of your scholarship. The time you spend in the Senior Excellence classes will count toward your overall intern hours needed to meet your scholarship, adding approximately ten hours. These classes are designed to enhance the transition to "life after sports", by providing

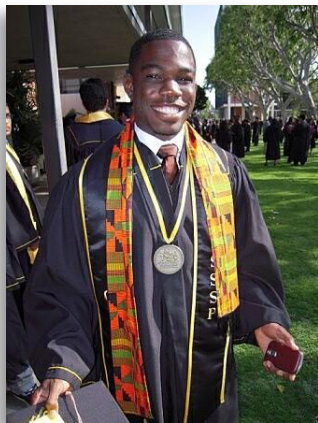


Long Beach State Student-Athlete Handbook

education on the skills necessary to succeed outside of the classroom and field of sports.

In order to be eligible for consideration for the Degree Completion Program, the student-athlete must:

1. Have or will file a Request to Graduate;
2. Be making satisfactory progress and be within one year (30 units) of completing the requirements for a bachelor's degree;
3. Have exhausted eligibility within five years of the initial date of full-time enrollment and not received more than four years of athletic financial aid;
4. Have a 2.0 LBSU cumulative GPA and not be on athletic or academic probation;
5. Have completed 24 units toward satisfactory progress during the final year of eligibility, including summer school;
6. Enroll in at least 12 units but not more than 18 units each semester of the award unless he/she is in the final semester;
7. Have competed two (2) years at LBSU; and
8. Have no eligibility remaining in his/her major sport and will not be competing in a second intercollegiate sport.



Notification of approval or denial will be made by April 1 for fall semester and November 1 for the spring semester.

CHAMPS/Life Skills

The purpose of the CHAMPS/Life Skills program is to prepare student-athletes for the challenges of life during and after college athletics and guide them toward their graduation day. CHAMPS/Life Skills was developed for student-athletes to enhance the qualities and skills necessary for their high level of achievement in athletics and academics, applying these skills to "life" situations. The Life Skills program was developed to help student athletes not only make the transition from college to professional life in the work world, but also to make meaningful contributions to their communities by encouraging the development of character, integrity, and leadership skills.

CSULB has one full-time staff employee that oversees the implementation and execution of the following CHAMPS/Life Skills programs for the student-athletes':

- Student-Athlete Advisory Committee (SAAC)
- Leadership Excellence Program (TANTALUM Cup)
- Community service
- Educational enrichment programs
- Senior Excellence Program
- Leadership opportunities for student-athletes

Over the years 2007-2010 this area will also oversee a grant awarded from the NCAA on alcohol awareness called *Making Wise Beach Choices*.

[NCAA CHAMPS/Life Skills Link](#)

[Long Beach State CHAMPS/Life Skills Link](#)

Contact: Candice Chick, Advisor (cchick@csulb.edu)
562-985-8542

Application Process

Submit a Degree Completion Program application to the Associate Athletics Director for Compliance and Student Services with **(1) your academic plan signed by your BAC advisor, (2) one letter of recommendation from a coach or BAC advisor, and (3) a personal statement.**

Application deadline is **February 15** for fall semester and **September 15** for spring semester.

Your application will be reviewed by the Athletic Academic Committee. Applications recommended by the committee will be forwarded to the Director of Athletics for final approval.



Long Beach State Student-Athlete Handbook

Student Athlete Advisory Committee (SAAC)

The Student Athlete Advisory Committee (SAAC) is a committee made up of student athletes representing all 18 athletic teams assembled to ensure that your experience at Long Beach State is one that will expand you as an athlete and a person. The mission of SAAC is to:

- 1) Serve the communities that support us as well as other communities in need;
- 2) Provide student-athletes with opportunities to develop the skills and relationships necessary to achieve a competitive advantage in their professional field of choice; and
- 3) Strengthen the camaraderie of the student-athlete community by fostering the development of new student-athlete relationships as well as enhancing existing ones.
- 4) To provide a voice for the student athlete to the Administration on the welfare of the student athlete as well as issues that arise.

SAAC is the student-athlete voice within the NCAA structure to proposed NCAA legislation and any potential recommended NCAA legislation. SAAC is there to actively participate in the administrative process of the athletics programs and the NCAA.

Anyone is welcome to attend, but only SAAC representatives will have voting authority.

How are SAAC officers and SAAC representatives elected?

Two SAAC representatives from each team are appointed annually by the Head Coach.

SAAC officers consist of a Co - President, Vice-President, Secretary, Treasurer, Special Projects Manager, Community Service Coordinator, and Administrative Assistant. Each April, SAAC representatives nominate candidates to fill the positions and vote on those nominations in May. The elected officers serve a one-year term beginning in May.

When Does SAAC Meet?

SAAC meetings are held once a month. The day and time is determined by SAAC each year to meet the needs of those student athletes participating in SAAC. For specific dates and times see Candice Chick CHAMPS/Lifeskills Coordinator. The Executive Committee of SAAC meets



prior to the full SAAC meeting to prepare an agenda and talk over issues that may arise.

Responsibilities of SAAC representatives:

The SAAC representatives play an important and integral role for our campus because they are the voice of their respective teams to the SAAC Board and to Athletic Administration. SAAC is here to enhance the total student athlete experience by promoting opportunity, protecting student athlete welfare, and fostering a positive student athlete image.

[NCAA SAAC Link](#)

[Long Beach State SAAC Link](#)

Leadership Excellence Program – TANTALUM Cup

The [TANTALUM](#) "CUP" is an ongoing competitive game that is played by all the athletic teams at Long Beach State with the goal of fostering leadership development. This "game" promotes competition by giving the student athletes a chance to compete for points in various life skills categories. These categories focus on developing the individual, leadership, teamwork, supporting other athletes, and academic achievement. The Tantalum Cup is a way for the athlete's competitive side to be used towards developing their Life Skills. The winning team is announced at the end of the spring semester each year and is honored with the perpetuating Tantalum Cup and additional incentives.

[Tantalum Cup Link](#)

Long Beach State Student-Athlete Handbook

Be more concerned with your character than your reputation because your character is what you really are, while your reputation is merely what others think you are.

~ John Wooden~

Community Services



Long Beach State student athletes are always working with our local community. From helping educate our youth to helping make our community a

better place. Below are the events and activities Long Beach State has participated each year:

- Long Beach Marathon
- Beach Clean-up
- The reading program at a local elementary school
- Jog-a-thon at a local elementary school
- Sports Day at a local elementary school
- BLAST Community Day
- BLAST Mentoring program
- Canned Food Drive and food/clothing donation to the Long Beach Mission
- Adopt a Family program with the local YMCA in December
- Helping with the Cherishing the Children Project with Alumni
- National Student Athlete Day at the Baseball game

Make sure when you are asked to speak at any event while competing at Long Beach State or asked to help the community in any way that you, or your coach, has filled out the Student Athlete Request Form:

[Student Athlete Request Form Link](#)

Mandatory Educational Enrichment Programs

Long Beach State is committed to supporting the personal development of a well-balanced lifestyle for student-athletes. We cover a variety of programs to encourage emotional well-being, leadership, personal growth, and life skills. It is **mandatory** for each student-athlete to attend at least one enrichment program in the fall and in the spring. Failure to fulfill this requirement will render a student athlete ineligible for practice and competition until the requirement is met.

Senior Excellence Program

The Senior Excellence Program is designed to help senior-level student-athletes make the transition to the next level - whether in sport, school, or the workplace. The Senior Excellence classes meet two times a month for an hour and a half during the fall and spring semesters. This program is open to all senior student athletes but is mandated for all Degree Completion recipients.



Making Wise Beach Choices

This program aims to inspire you to develop skills that will enable you to promote more positive social goals and healthy alternatives to your peers, on and off campus. The Making Wise Beach CHOICES Program addresses alcohol consumption and misuse, and promotes legal, healthy appropriate and safe alternatives through the following methods: peer education, social marketing, alternative alcohol-free activities, policy development, and data collection. This program is a NCAA awarded grant that will take place over the 2007-2010 years.

[NCAA Link to CHOICES Grant](#)

[Long Beach State Link to CHOICES Program](#)

Long Beach State Student-Athlete Handbook

Leadership Opportunities for Student Athletes

Student athletes interested in these opportunities should work with the CHAMPS/Life Skills Coordinator to determine their eligibility.

▪ Career in Sports Forum

NCAA Career in Sports Forum (Forum) is a four day event through which selected student-athletes will explore and be educated on careers in sports, with a primary focus on collegiate athletics. **This Forum will be provided to participants at no cost.** The NCAA will cover airfare, lodging and meals during the Forum. Through the use of dual tracks, participants will examine the key functions of a coach or administrator within sports. Foundational skills such as communication, networking, recruiting, managing culture, transitioning and budgeting will be covered with participants.

[NCAA Link to Career in Sports Forum](#)

[Long Beach State Link to Leadership Opportunities](#)

▪ Division I Regional Leadership Conference

The Division I Regional Leadership Conference is held every 3 years on the West coast and will be held again in the fall of 2011. By attending the conference, NCAA student-athletes, coaches and administrators will enhance their leadership skills and learn how to positively impact their campus, conference and communities in the future. Participants will also gain a greater understanding of the NCAA, the Division I governance and legislation process, and the Division I National Student-Athlete Advisory Committee. The Regional Leadership Conference provides numerous educational and critical issues sessions which impact the development and growth of student-athletes at the individual, campus, conference and national levels.

Using the knowledge gained at the conference, participants will set out to create positive and lasting change throughout the NCAA structure, their communities and the world. The NCAA Division I Regional Leadership Conference is FREE, fun and a great leadership-packed weekend!

[NCAA Link to Leadership Conference](#)

[Long Beach State Link to Leadership Conference](#)

▪ APPLE Conference

The Athletic Prevention Programming and Leadership Education (APPLE) conference provides training to an “athletic prevention team” on the APPLE model, a comprehensive design for improving substance abuse prevention programming and policies in the athletics department. The athletic prevention team may include, but is not limited to, athletics administrators, athletic trainers, life skills coordinators, coaches, and health educators and must include at least two student athletes. The seven impact areas are known as the “slices of the APPLE” and include recruitment practices; policies; drug testing; tobacco and other drug-education programs, sanctioning, referral and counseling, and exceptions and attitudes.



[Apple Conference Link](#)

[Long Beach State Link to Leadership](#)

Long Beach State Student-Athlete Handbook

Take Care of your Teammates

Gold Games

[Link to this year's Gold Games](#)

Each Head Coach, along with our Marketing staff, selects a date for their 'Gold Game'. A Gold Game is where all of our athletes rally in support for their teammates from another sport. Each Gold Game has a great student-athlete community spirit and provides a fantastic opportunity to highlight the excellent talents and abilities of all our Long Beach State athletes.



All Department BBQ

Each fall an event is coordinated for all athletic department staff members, and our student athletes to bring a feeling of community amongst athletic teams at Long Beach State. It is a great way for the athletes to get to meet the athletic staff and other athletes on campus in a relaxed, non-competitive setting. The SAAC is to participate in the development of the day's activities and then to run the event year.

