

LONG BEACH STATE

# WHAT YOU SHOULD KNOW

**NCAA  
RULES AND  
REGULATIONS**

***The  
Beach.***

*Common Questions and  
Misconceptions, Definitions,  
and Advice For Dealing With  
Potential and Current Long  
Beach State Student-Athletes.*



Dear Alumni, Faculty, and Friends:

Long Beach State is proud to be a longstanding member of the National Collegiate Athletic Association (NCAA), a voluntary association of approximately 1,200 institutions, conferences, organizations and individuals devoted to the sound administration of intercollegiate athletics.

Long Beach State shares the NCAA's goal of maintaining intercollegiate athletics as an integral part of the educational program and the athlete as an integral part of the student body. Our program has fully adopted NCAA eligibility rules, and continually strives to uphold the standards for scholarship, sportsmanship and amateurism as established nationwide by the NCAA and set forth in the constitution and bylaws of the Association.

We encourage our alumni, faculty, and friends to join us in upholding these principles and to take personal responsibility for conformity with established NCAA standards. The following information is provided as a general reference for supporting Long Beach State Athletics within NCAA guidelines.

Please join us in our efforts to ensure a successful career at Long Beach State for our student-athletes, and to maintain a high standard of ethical conduct for our athletic programs.

## **DEFINITIONS**

### **Representative of the University's Athletics Interests**

#### **(A Booster)**

Anyone who is or has been a member of any organization promoting Long Beach State Athletics.

Anyone who has ever made a donation to the Athletic Department, men's or women's athletic program, or any booster organization.

Anyone who has assisted in evaluating or recruiting prospects.

Anyone who has ever helped to arrange or have provided employment to enrolled student-athletes and prospects.

Anyone who has otherwise promoted the University's athletics program.

### **Revocation or Withholding of Privileges**

As a representative of the University's athletics interests, you are subject to the NCAA, Big West Conference, and Long Beach State rules. Long Beach State is held responsible for your actions.

NCAA rules mandate that the University withhold any benefits or privileges provided to a representative of athletic interests who is involved with an NCAA violation.

### **Prospective Student-Athlete**

A "prospect" is a student who has started classes for the ninth grade. A student who has not started classes for the ninth grade becomes a "prospect" if the student receives any benefits that the institution does not provide to prospective students in general. The University requests that you treat ALL students as prospects.

### **Student-Athlete**

A prospect becomes a student-athlete when he/she report for practice or attend his/her first day of class (whichever comes first) at a two- or four-year institution.

### **Contact**

A contact is any face-to-face encounter between a prospect or the prospect's parent or legal guardian and an institutional staff member or athletics representative during which any dialogue occurs in excess of an exchange of a greeting. Any such face-to-face encounter that is prearranged or that takes place on the grounds of the prospect's educational institution or at the site of organized competition or practice involving the prospect shall be considered a contact, regardless of the conversation that occurs.

### **Recruiting**

Recruiting is any solicitation of a prospect or the prospect's family by a University staff member or by a representative of the university's athletic interests for the purpose of securing the prospect's enrollment at the University and/or participation in the athletic program.



## **BASIC RULES**

### **REPRESENTATIVES SHOULD KNOW PERTAINING TO PROSPECTS**

#### **No Contact With Prospects**

Athletics representatives of an NCAA Division-I institution are prohibited from making in-person on or off-campus recruiting contacts, as well as written or telephone communications with a prospect or the prospect's parents or relatives.

#### **No Contact With Prospect's School or Staff**

Athletics representatives may NOT contact the prospect's coach, principal, or counselor in an attempt to evaluate a prospect or visit the prospect's institution to pick up films or transcripts pertaining to the evaluation of the prospect.

#### **Attendance at Prospect's Events**

Athletics Representatives may attend events (e.g., contests, banquets) where prospects are present on his or her own initiative, subject to the understanding that the representative may NOT contact the prospect or the prospect's parents or relatives.

#### **Inform Long Beach State Coaches**

Only Long Beach State coaches who have passed the NCAA Recruiting Rules Examination may be involved in the recruitment process for a sport. There may be no recruiting contacts made by boosters.

*Athletics representatives may inform the Long Beach State coaches of prospects in their area by contacting them and sending newspaper clippings with the names of particular prospects.*

#### **Pre-Established Relationship**

Athletics representatives who have pre-established relationships with prospects, their parents and relatives may continue normal contacts with the understanding that such contacts are not made for recruiting purposes and are not arranged by members of the institution's coaching staff.

#### **Employment for Prospects**

Athletics representatives may arrange employment for prospective student-athletes under certain conditions. The prospect may not begin the job until after the completion of the prospect's senior year in high school. Compensation must be based on work actually performed and at a rate commensurate with the going rate in the locality for services of like character. Any benefits provided for prospective student-athletes in your employment (e.g., transportation) must be the same as provided for all other employees.

## **BASIC RULES**

REPRESENTATIVES SHOULD KNOW  
PERTAINING TO STUDENT-ATHLETES



### **Benefits or Special Arrangements**

Athletics representatives may NOT provide any benefits or special arrangements (e.g., transportation, room, board, local or long distance telephone calls) to an enrolled student-athlete, his or her parents, relatives, or friends.

### **Employment for Enrolled Student-Athletes**

Athletics representatives must first receive prior approval from the appropriate administrator of the Long Beach State Athletics Department in order to arrange for employment for enrolled student-athletes. NCAA rules require that the student-athlete and the employer sign a written statement prior to the commencement of employment confirming that the employment satisfies the conditions as stated in the NCAA manual. Compensation must be based on work actually performed and at a rate commensurate with the going rate in the locality for services of like character.

### **Occasional Meals**

Athletics representatives may provide an enrolled student-athlete, more than one student-athlete, or an entire team with an occasional family meal. The occasional meal may be catered, must be provided in an individual's home, and must be restricted to infrequent or special occasions. Friends and relatives of student-athletes may not attend. Only the representative that is hosting the meal function in their home may provide transportation to the student-athlete. Arrangements for team events must be made in advance with the head coach and the appropriate athletics administrator.

### **Length of Time**

NCAA rules regarding enrolled student-athletes remain in effect throughout the entire year including summer break. When student-athletes complete their final season of eligibility, they must abide by NCAA rules until the end of that academic year and/or until they are no longer receiving athletic financial aid.





## **MOST COMMONLY ASKED QUESTIONS**

**Once an individual has been identified as a booster, how long does he or she retain this identity?**

Forever.

**Are boosters allowed to entertain relatives and friends of a prospective student-athlete at any site off campus?**

No.

**May a booster pay in whole or in part registration fees associated with summer sports camps for a prospect?**

No.

**Is the contact rule applicable to established family friends or neighbors?**

No. However, it must be understood that such contacts may not be made for recruiting purposes and may not be initiated by the institution's coaching staff members.

**May a booster buy a prospect or an enrolled student-athlete a gift for a special occasion (i.e. birthday)?**

No.

**May a recruit call a booster?**

Yes, as long as the recruit initiated the conversation and an institutional staff member did not prearrange the call. The call must pertain to interests outside of the university and athletic programs. A booster must refer any questions about the institution's athletics program to the athletics department staff.

**May a booster attend a public event at which prospects are in attendance?**

Yes, but any contact with the prospect may not be prearranged by an athletics department staff member, and no attempt may be made to recruit the prospect.

**May a booster engage in evaluation activities on behalf of Long Beach State?**

A booster may view a prospect's contest on his or her own initiative as long as there is no contact with the prospect. The booster is also prohibited from contacting the prospect's coach, principal or counselor in an attempt to evaluate the prospect, as well as from visiting the prospect's educational institution to pick up film or transcripts pertaining to the evaluation of the prospect's academic or athletics ability.

**May a booster contact a prospective student-athlete and his or her legal guardian on an official visit to the campus?**

No.

**Are boosters allowed to provide free admission to Long Beach State's away-from-home contests to prospects, their friends or relatives?**

No.

**May a booster expend funds to entertain student-athletes and friends?**

No.

**May a booster pay or provide the actual and necessary expenses incurred by friends or relatives to visit an enrolled student-athlete?**

No.

**May a booster provide gifts or awards to a student-athlete for his or her athletic performance?**

No. The NCAA outlines specific awards legislation, therefore all awards must be approved by the institution.

**May a booster provide enrolled student-athletes with professional services for personal reasons?**

No. Professional services provided at less than normal or at no expense to a student-athlete are considered extra benefits.

**During an official visit to campus, may a booster entertain, buy a complimentary meal for or expend any funds on the prospective student-athlete, his or her legal guardian, relatives or friends?**

No. On an official visit to campus the prospect may only be entertained by the athletic department. The prospect may not be entertained by boosters. Absolutely no funds may be expended by boosters for the purposes of entertaining a prospect on his/her official visit.

**May a booster have a meal at a restaurant with an enrolled student-athlete's parent if each party pays for his/her own meal?**

Yes.



## COMPLIANCE

Compliance with NCAA regulations is of the highest priority for Long Beach State athletic programs. We need your assistance in complying with NCAA rules. When you are faced with a situation and unsure as to how to respond, we strongly urge you to contact our Compliance Director at (562) 985-8947 before acting. Your continued involvement and support of the 49er athletic programs is most appreciated.

Go Beach!

### LONG BEACH STATE UNIVERSITY

ATHLETICS DEPARTMENT  
TELEPHONE DIRECTORY

Athletic Department	.....(562) 985-4655
Compliance Office	.....(562) 985-8947
Fundraising Office	.....(562) 985-4662
Sports Information	.....(562) 985-7797
Ticket Office	.....(562) 985-4949

The logo for 'The Beach' is written in a bold, black, cursive script. The word 'The' is smaller and positioned above the 'B' in 'Beach'. The 'B' is the largest and most prominent letter, with a thick, textured appearance. The rest of the word 'Beach' follows in a similar cursive style, ending with a period.

## THINGS TO REMEMBER

### DO

1. Support our teams by attending and cheering at games.
2. Contribute money to the 49er Athletic Association for scholarships.
3. Arrange for summer employment of current student-athletes and prospects who have signed a National Letter of Intent. Make the Assistant Athletics Director for Compliance aware of these arrangements. Payment must be for actual work performed at the same rate of other employees.
4. Provide an occasional meal to a student-athlete or the entire team, as long as:
  - a) the meal is provided by an individual's home (it may be catered)
  - b) the meal is restricted to infrequent and special occasions .  
(Thanksgiving)
  - c) transportation is provided only if the meal is at the supporter's home.
5. View a prospect's athletic contest, as long as there is no contact with that prospect or the prospect's parents or relatives.

### DONT

1. Provide a prospect or current student-athlete, his/her friends or relatives with any benefit that is not authorized by NCAA legislation. This includes, but not limited to: loan or money, special discounts, free services, gifts and use of telephone or computer.
2. Make "in-person," on- or off-campus recruiting contacts or telephonic communications with a prospect or the prospect's relatives or legal guardians. "Pre-established" relationships with a prospect, their parents and relatives, may continue with the understanding that such contacts are not made for recruiting purposes and have not been arranged by members of the 49er coaching staffs.

*An individual becomes a prospective student-athlete when he/she begins ninth grade. He/she remains in that category until he/she attends his/her first practice or first class at Long Beach State.*