



8th Annual

LSSU Women's Softball Clinic 2007



Dec. 27-29, 2007; For girls grades 5-12
LSSU Student Activities Center

Pitching Clinic: Dec. 27, 1-5 PM; \$15

Instruction will be given for both advanced and beginning pitchers. Proper grips and mechanics will be taught, along with drills designed to enhance speed and accuracy. Players will have the opportunity to learn various movement pitches.

Softball Skills Camp for Champs

December 28, 9 AM to Noon, 1-4 PM, \$20

Pizza will be provided for lunch. Fundamental throwing, infielding, base running and sliding will be taught. Detailed instruction will be given on all positions.

Hitting Clinic

December 29, 9 AM to 1 PM, \$15

Hitting and bunting instruction along with drills to help improve various aspects of hitting.

If attending all three sessions of the clinic, the cost is \$35 per player. If more than one player from the same family attend the entire clinic, the cost for the first player is \$35 and the cost for each additional player is \$10. Clinic t-shirts will be available for \$5.

What to wear: Gym clothes, no jeans, tennis shoes

What to bring: Yourself, a friend and a ball glove. Catchers must bring their own equipment.

Goals: Have fun, learn the game, improve your game in hitting, pitching, fielding, throwing and base running.

Mail form and payment to: LSSU Women's Softball, 650 W. Easterday Ave., Sault Ste. Marie, MI 49783

Return by Dec. 12, 2007

2007 LSSU Softball Clinic Registration Form



Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Grade: _____ T-shirt \$5: (youth L) (adult S) (adult M) (adult L) (adult XL)

I understand that Lake Superior State University, or any of its employees, will not be held responsible for injuries or loss of property while my child is attending the program. I authorize the director and staff to act for me in an emergency requiring medical attention. My child is medically fit to participate in the program.

Return by Dec. 12, 2007