



WOMEN'S INDOOR TRACK & FIELD ALL-TIME TOP 10

201b WT

Ashley Harbin	66' 2 1/4"	2008
Rhonda Snyder	56' 8 1/2"	2001
Osasumwen Izevbogie	56' 6 1/2"	2008
Penny Erisman	55' 11"	1991
Rachel Pena	51' 5 1/2"	2011
Tonia Simmons	51' 1 1/2"	1990
Larissa Bellamy	51' 1/2"	2004
Vicky Melroy	50' 11"	2009
Liz Graybill	50' 6"	2010
Kelsey Slater	50' 2 3/4"	2010

SHOT PUT

Osasumwen Izevbogie	48' 1 3/4"	2008
Hope McCorkle	47' 5"	1998
Rhonda Snyder	46' 4"	2001
Pam Glennon	44' 4"	2008
Larissa Bellamy	42' 5 1/2"	2003
Andrea Cerbie	41' 8 3/4"	2007
Penny Erisman	41' 6 3/4"	1988
Rachel Pena	41' 1 3/4"	2011
Noreen Chamberlain	40' 5"	1988
Debbie Cooper	39' 11"	1985

POLE VAULT

Daria Szkwarko	11' 5 1/4"	2006
Elise Buffinton	11' 3 3/4"	2011
Rebecca Slotkin	11' 3 3/4"	2011
Brooke Kohler	11' 3 3/4"	2010-2011
Jennifer Kihm	11' 3 3/4"	2010
Ambyr Craw	11' 3 3/4"	2002
Kim Miller	11' 0"	2000
Kelly Hinkel	10' 10"	2008
Olivia Tusinski	10' 10"	2001-02
Tobie Langsam	9' 10"	2007

LONG JUMP

Jessica Buzzell	18' 9 3/4"	2008
Kerriann Borke	18' 7 1/4"	2011
Jodi Bruder	18' 6"	2000
Emily Cholak	18' 5"	2008
Joelle Neilson	18' 4 1/2"	2010-2011
Stephanie Hazlett	18' 2 1/4"	2010
Sharon Lukenda	18' 1/4"	1984
Jody Walsh	17' 8"	1999
Noreen Chamberlain	17' 7 3/4"	1987
Shannon Brennan	17' 7"	1994

55M DASH

Tina Beth Pina	7.17	1993
Jill Corey	7.21	1999
Sharon Lukenda	7.24	1984
Asia Hollis	7.26	2008
Kelly Clyde	7.27 *	2011
Janica Austin	7.29	2008
Medinah Salahm	7.31	1998
Suzette Francois	7.34	1986
Vanessa Youngs	7.36	2007
Kisha Thomas	7.40	2005

**converted From 60 Meters*

55M HURDLES

Janica Austin	8.09 *	2008
Noreen Chamberlain	8.16	1988
Sharon Lukenda	8.18	1984
Jayne O'Brien	8.32	1986
Jessica Buzzell	8.38 *	2009
Debbie Linton	8.40	1986
Kristen Kalinowski	8.47 *	2008
Carrie Strong	8.51	1999
Jodi Bruder	8.54	2000
Jennifer White	8.58	2003

**converted From 60 Meters Hurdles*

200M DASH

Kelly Clyde	25.43	2011
Janica Austin	25.51	2008
Medinah Salaam	25.66	1998
Asia Hollis	25.73	2008
Suzette Francois	25.79	1986
Sharon Lukenda	26.14 *	1986
Vanessa Youngs	26.16	2006
Kelly Clyde	26.24	2010
Jill Corey	26.26	1998
Tina Beth Pina	26.37	1990

** Converted from Yards*

400M DASH

Kate Evangelista	57.57	2003
Janica Austin	57.72	2008
Asia Hollis	57.90	2008
Natalie Bosserman	57.99	2002
Sadie Wetherbee	58.71	2001
Dorothea Sepulveda	58.95	1989
Elizabeth Rybas	59.09	2006
Adedayo Adu	59.19	2011
Megan Matusky	59.40	2010
Suzette Francois	59.50	1985
Jayne O'Brien	59.50	1984

TRIPLE JUMP

Emily Cholak	38' 4 1/4"	2008
Kelly Barrett	38' 4 1/4"	1999
Kerriann Borke	38' 3/4"	2011
Shannon Brennan	37' 9 1/4"	1994
Jody Walsh	37' 4"	1999
Noreen Chamberlain	37' 0"	1988
Danielle Hasiuk	36' 11"	2000
Colleen Becker	36' 9 3/4"	2002
Laura Lindquist	36' 6 3/4"	1997
Joelle Neilson	36' 5"	2010

HIGH JUMP

Carrie Strong	5' 8 1/4"	1998
Kristen Kalinowski	5' 7 1/4"	2008
Beth Loretz	5' 6 1/2"	2000
Susan Waters	5' 6 1/2"	1998
Jessica Buzzell	5' 5"	2009
Leigh Kalinowski	5' 5"	2008
Jodi Bruder	5' 4"	1997
Maggie Gray	5' 4"	1990
Sharon Lukenda	5' 4"	1985
Jennifer White	5' 3 3/4"	2003

PENTATHLON

Sharon Lukenda	3544 Pts.	1984
Kristen Kalinowski	3539 Pts	2008
Carrie Strong	3534 Pts.	1999
Noreen Chamberlain	3351 Pts.	1987
Jennifer White	3179 Pts	2004
Jessica Buzzell	3166 Pts	2006
Stephanie Hazlett	3074 Pts	2011
Shannon Brennan	2979 Pts.	1994
Leigh Kalinowski	2962 Pts	2006
Kerriann Borke	2927 Pts.	2009

4 X 400M

	3:51.32	2004
	3:52.24	2002
	3:52.32	1986
	3:52.53	1987
<i>*converted from yds</i>	3:54.04*	1985
	3:57.16	2011
	3:57.53	2003
	3:57.60	2006
	3:57.73	1998
	3:58.03	2008

4 X 800M

	9:11.14	2004
	9:12.46	2006
	9:18.55	1997
	9:19.50	2002
	9:21.98	2008
	9:23.68	2000
	9:26.79	1998
	9:27.64	2007
	9:33.62	2003
	9:34.60	1989

500M RUN

Jayne O'Brien	1:14.34	1985
Deborah Fink	1:15.55	2006
Elizabeth Hallowell	1:15.73	2004
Carrie Strong	1:16.64*	1999
Debbie Linton	1:16.96	1986
Deborah Fink	1:17.56	2004
Kate Evangelista	1:17.99	2003
Anna Sherman	1:18.01	2001
Dorothea Sepulveda	1:18.58	1989
Kenda Roberts	1:18.84*	2000

800M RUN

Meghan Baker	2:12.45	2006
Deborah Fink	2:13.97	2006
Anna Sherman	2:15.36	2001
Kate Detterline	2:15.41	1998
Lauren McHale	2:17.00	2000
Colleen Gleeson	2:17.74	1997
Mary Beth Townsend	2:18.09	1991
Allison Hawkey	2:18.27	2011
Brittany Waldron	2:18.47	2005
Carrie Strong	2:18.83	1999

1000M RUN

Lauren McHale	2:54.61	2002
Anna Sherman	2:57.99	2002
Amy Lion	2:58.56	1999
Hannah Tuson	2:59.74	2004
Jeannine Sluck	2:59.74	1994
Julie Harms	2:59.89	2004
Brittany Waldron	3:00.59	2006
Sarah Welsh-Huggins	3:02.71	2009
Missy Pierce	3:03.03	1994
Nathalie Marquis	3:03.54	1990

MILE RUN

Nathalie Marquis	5:00.74*	1992
Lauren McHale	5:02.43	2001
Renee Robbins	5:02.71	1986
Margaret Bruno-Metzger	5:03.30	2009
Mary Beth Townsend	5:04.14*	1989
Meghan Baker	5:09.55	2006
Megan Smith	5:09.74	1997
Sharon Leddy	5:09.94	1985
Erin Wyble	5:11.45	2002
Julie Gloss	5:13.10	1992

converted from yds*3000M RUN**

Mary Beth Townsend	9:52.04	1991
Margaret Bruno-Metzger	9:57.23	2009
Katie Schultes	10:05.25	2006
Nathalie Marquis	10:09.20	1992
Rose Willey	10:11.12	2011
Megan Smith	10:15.18	1997
Laura Nann	10:15.21	2000
Beth Richey	10:15.56	1997
Taryn Landers	10:17.45	2005
Devon Landers	10:21.46	2003

DMR

11:52.82	1991
12:06.12	2002
12:08.32	1989
12:08.55	2001
12:15.24	1984
12:20.19	2007
12:20.84	1992
12:26.12	2008
12:27.01	2004
12:27.21	1997

1500M

Nathalie Marquis	4:42.24	1991
Renee Robbins	4:42.71	1986

* **Bold** indicates active

5000M RUN

Katie Schultes	17:09.33	2006
Mary Beth Townsend	17:12.96	1991
Renee Robbins	17:27.10	1986
Lauren Kelly*	17:46.69	2011
Rian Landers	17:51.96	2003
Laura Nann	17:53.76	2000
Megan Smith	18:06.78	1997
Julie Gloss	18:07.14	1994
Devon Landers	18:07.69	2003
Taryn Landers	18:10.49	2005

* *Converted from Hand Time*