



MEN'S INDOOR TRACK & FIELD ALL-TIME TOP 10

Long Jump

Everald Facey	24' 8 1/2"	1994
Kyle Clayton	24' 4 1/2"	2010
John Kahn	23' 8"	1992
Bill Yinger	23' 5 1/4"	1998
Shaun Adair	23' 1 3/4"	2006
Mike Smith	23' 1 1/4"	1996
Al Roy	22' 9"	1975
Dan Murdock	22' 7 3/4"	1995
Julian Delgado	22' 7"	2011
Sean Callahan	22' 6 1/4"	1997

Triple Jump

Matt Rutt	50' 5 1/4"	1997
John Gilbert	48' 4 1/2"	1975
Steve Ekema-Agbaw	48' 2 1/4"	2006
Tim Jenkins	47' 9"	1992
Adam Jones	47' 2 1/4"	2009
Jeff Sejour	47' 2"	2004
Bradley Williams	47' 1"	2010
Mark Torstenson	46' 2"	1989
Mike Smith	46' 1 1/4"	1995
Nick Orzol	46' 1/2"	2011

High Jump

Matt Rutt	6' 11"	1997
John Gilbert	6' 9"	1975
Bill Yinger	6' 7"	1997
Jason Knight	6' 7"	1991
Ed Klotz	6' 7"	1975
Rob Baroska	6' 6"	2002
Rhett Heyward	6' 5 3/4"	1969
Matt Shaia	6' 4 3/4"	2009
Adam Callaghan	6' 4"	2004
Chris Nixon	6' 4"	2003
Peter Crampton	6' 4"	1970

Pole Vault

Ted Bell	16' 6 1/2"	1984
Nick Henderson	15' 9"	2011
Bill Winkler	15' 6 1/2"	1986
Mark Brault	15' 5"	2003
Dave Jones	15' 4"	1978
Ron Harris	15' 3 3/4"	1978
Michael Thompson	15' 3"	2011
Mike Muller	15' 0"	1987
Greg Stripe	14' 9"	2011
Jeff Losco	14' 6"	1991
Mike Eddo	14' 6"	1988

55M Dash

Machel Morrison	6.32	2003
Everald Facey	6.38	1995
Kyle Clayton	6.39*	2010
James Strada	6.42*	2004
Herb Kennedy	6.42	2003
Kris Carey	6.44	2003
Jon Apostoles	6.44	2001
Will Braswell	6.48*	2007
Marc Davis	6.48	1994
Jerome Rudolph	6.53*	2011

**converted from 60M*

200M Dash

Kyle Clayton	21.65	2010
Nick DeRosa	21.90	2010
Marc Davis	22.07	1994
Machel Morrison	22.10	2003
Herb Kennedy	22.25	2002
Jon Apostoles	22.33	2003
Andre Alleyne	22.35	2007
Adam Ballester	22.41	2010
Sean Callahan	22.44	1999
Chris Nixon	22.52	2004

400M Dash

Bill Kovalczyk	48.14*	1978
Dave Pesce	49.28*	1985
Brian Meyers	49.38	1998
Jon Apostoles	49.51	2003
John Farkas	49.70	2003
Sean Callahan	49.91	1998
Rodney Bronson	49.94	1998
Mark Ziegler	50.04*	1977
Nick DeRosa	50.09	2010
Rich Cross	50.24*	1975

**converted from yds*

500M Run

Brian Meyers	1:04.31	2000
Richard Jackson	1:04.32	2005
Rodney Bronson	1:04.51	1996
Sean Casey	1:04.68	2009
Brian Vail	1:04.72	2005
Ryan McVeigh	1:06.14	2011
Bill Leonard	1:06.26	2011
Reggie Clay	1:06.50	2003
Dan Eagleson	1:06.64	1998
Chris Therkorn	1:06.72	1999

35lb weight

Steve Feldman	61' 7"	1976
Eoin Walshe	56' 9 1/4"	1983
Jon Rowe	56' 8 1/2"	2005
Tyler Jones	55' 8 1/2"	2007
Paul Steed	54' 3"	1986
Jim Fischer	54' 1 1/4"	2002
Dave Silberstein	52' 6"	1984
Connor McGee	51' 10 1/2"	2010
Mike DeGregorio	51' 7 1/4"	2005
Larry Ellenburg	51' 5"	1996

Shot Put

Paul Steed	54' 5"	1986
Jim Fischer	53' 1 3/4"	2001
Tyler Jones	53' 3/4"	2007
Connor McGee	52' 2"	2008
Dave Silberstein	51' 3"	1984
Ray Sahadi	51' 3"	1977
Ken Phells	49' 0"	1976
Nelson Bonheim	47' 6 1/2"	1963
Mike DeGregorio	47' 6"	2005
Andrew Brown	47' 2"	2005
Woody Swan	47' 2"	1989

Pentathlon

Bill Yinger	3661 Pts	1999
Jerry Terry	3451 Pts	2000
Chris Nixon	3403 Pts	2003
Greg Staszowski	2904 Pts	2002

Heptathlon

Kyle Clayton	4769 Pts	2008
Kyle DeFranceschi	4301 Pts	2007
Nick Carboni	3958 Pts	2011
Kevin Lees	3888 Pts	2008
Ross Creed	3586 Pts	2004

4x400M Relay

	3:13.86	2003
<i>converted from yds.</i>	3:16.54	1977
	3:17.61	2011
<i>converted from yds.</i>	3:18.04	1978
	3:18.44	2002
	3:19.43	1999
	3:19.55	1996
<i>converted from yds.</i>	3:19.80	2001
	3:20.38	2010
	3:20.49	2000

1500M Run

Jeff Parker	3:51.50	1984
Warren Sayre	4:02.6	1990

800M Run

Pete Reynolds	1:52.19	2008
Brian Vail	1:52.77	2005
Warren Sayre	1:52.80	1993
Tom Fannon	1:52.94*	1977
Rob Blum	1:53.70	2009
Dave Strong	1:54.04*	1982
Chris Pregler	1:54.39	2010
Jonathan Barnes	1:54.54*	1968
Sean Casey	1:54.73	2008
Aaron Buchman	1:54.77	2008

converted from yds*1000M Run**

Warren Sayre	2:26.04	1991
Tom Kennedy	2:26.94	2004
Alex Wechsler	2:27.44	2006
Colin McDonough	2:27.58	2004
David Robinson	2:27.72	1996
Mike Kresloff	2:27.99	1991
Pete Reynolds	2:28.05	2008
Bob McGinty	2:28.79	1987
Dayne Mosconi	2:28.89	2011
Matt Taverna	2:29.00	2004
Matt DeBlander	2:29.37	2009

Mile Run

Ryan Stasiowski	4:09.45	2011
Jeff Parker	4:10.30	1982
Alex Wechsler	4:11.73	2007
Peter Tunnell	4:13.24	1980
Brian Corcoran	4:13.64	1991
Nitesh Kadakia	4:15.67	1998
David Robinson	4:16.08	1998
Dan Thomas	4:16.74	1970
Doug Walsh	4:16.96	1995
Bruce Bond	4:17.64	1989

3000M Run

David Robinson	8:17.44	1997
Nuno Santo	8:21.53	1994
Jeff Rios	8:25.54	1998
Jeff Parker	8:26.74*	1985
Dan Thomas	8:26.74*	1971
Gary Sluck	8:28.44	1992
Joe Sluck	8:28.44	1991
Dale Keenan	8:30.24*	1971
Dennis Walsh	8:31.75*	1980
David Biko	8:34.16	1997

**converted-2 miles*

4x800M Relay

7:32.00	2008
7:37.73	2003
7:38.02	2007
7:38.09	2009
7:39.57	2006
7:39.75	2004
<i>converted from yds.</i> 7:41.56	1998
7:42.63*	1999
7:43.44	1993
7:43.82	1992

DMR Relay

9:57.78	1993
10:01.91	1998
10:05.30	1985
10:05.81	2011
10:06.29	1998
10:09.48	2010
10:10.20	2007
10:11.69	1995
10:13.10	2009
10:14.20	1997

5000M Run

David Robinson	14:42.44	1997
Nuno Santo	14:48.86	1994
Jeff Parker	14:50.04*	1982
Dennis Walsh	14:53.24*	1981
Art Lathers	14:54.31	1999
Jeff Rios	14:55.94	1998
Jim Rosenhaus	14:57.24*	1985
Jason Lewis	15:05.37	1999
Ed Dutch	15:06.74	2007
Mark Kitz	15:10.00	2000
<i>*converted-3 mile</i>		

55M Hurdles

Sifiso Takirambudde	7.56*	2010
Kris Carey	7.58	2003
Larry Duttweiler	7.64	1979
John Reibold	7.74	1975
Paul Albright	7.74	1973
Peter Crampton	7.74	1970
Tom Blenk	7.78	2006
Al Cognigni	7.84	1982
Nick Blann	7.84	1975
Jim Harmon	7.84	1974
<i>*converted-60mH</i>		

* **Bold** indicates active