



## 2010-11 WOMEN'S INDOOR TRACK & FIELD SEASON BESTS

<b>60m</b>	<b>Time</b>	<b>Meet</b>	<b>1000m</b>	<b>Time</b>	<b>Meet</b>
Kelly Clyde	7.79	Dual	Julissa Muschlitz	3:07.09	PLC
Krista Woodward	8.66	Dual	Sarah Welsh-Huggins	3:07.89	LCRU
Jennifer Kihm	8.90	Dual	Shannon McCartan	3:15.57	LCRU
			Kelly Callahan	3:17.24	NYRR
			Kara Falvey	3:28.24	Dual
<b>200m</b>					
Kelly Clyde	25.43	PLC	<b>1 Mile Run</b>		
Adedayo Adu	26.54	LCRU	Rose Willey	5:19.92	Great Dane
Kathryn White	27.29	PLC	Elizabeth Troisi	5:32.12	MH
Megan Matusky	27.35	LCRU	Julissa Muschlitz	5:35.49	Great Dane
Jennifer Kihm	31.25	Dual	Hallie Farber	5:35.68	MH
			Shannon McCartan	5:45.39	Dual
<b>300m</b>					
Adedayo Adu	42.80	Princeton	<b>3000m</b>		
Megan Matusky	43.42	Princeton	Rose Willey	10:11.12	LCRU
Kathryn White	43.48	Princeton	Lauren Kelly	10:38.71	Dual
Kelly Clyde	43.64	Princeton	Elizabeth Troisi	11:11.93	Dual
Chelsea Marone	44.30	Princeton	Tracey Kelly	11:43.61	Dual
<b>400m</b>					
Adedayo Adu	59.19	Great Dane	<b>5000m</b>		
Megan Matusky	59.83	Great Dane	Lauren Kelly	17:46.69	LCRU
Kathryn White	1:00.84	NYRR	Elizabeth Troisi	18:27.20	LCRU
Chelsea Marone	1:01.18	Great Dane			
Kelly Senters	1:01.99	Great Dane	<b>60m Hurdles</b>		
Annie Aaroe	1:08.46	Dual	Kerriann Borke	9.31	MH
			Stephanie Hazlett	9.39	Dual
			Kelly Senters	12.99	Dual
<b>500m</b>					
Chelsea Marone	1:19.80	LCRU	<b>4x400m Relay</b>		
Kelly Senters	1:21.70	NYRR	Kelly Clyde	3:57.16	PLC
Jennifer St. Onge	1:27.71	NYRR	Adedayo Adu		
Katherine Piazza	1:31.51	Dual	Chelsea Marone		
			Megan Matusky		
<b>600m</b>					
Kelly Senters	1:41.33	Princeton	<b>4x800m</b>		
Annie Aaroe	1:48.08	Princeton	Kelly Senters	9:55.18	PLC
Elizabethann Coradino	1:48.81	Princeton	Sarah Welsh-Huggins		
Kara Falvey	1:50.50	Princeton	Megan Muschlitz		
			Annie Aaroe		
<b>800m</b>					
Allison Hawkey	2:18.27	PLC	<b>DMR</b>		
Kelly Senters	2:21.08	LCRU	Sarah Welsh-Huggins	12:34.91	PLC
Annie Aaroe	2:26.51	PLC	Kathryn White		
Elizabethann Coradino	2:27.60	LCRU	Allison Hawkey		
Jennifer St. Onge	2:27.93	LCRU	Lauren Kelly		
Julissa Muschlitz	2:30.40	Covert			
Kara Falvey	2:31.16	LCRU			
Kelly Callahan	2:31.68	LCRU			
Katie Piazza	2:32.84	LCRU			
Shannon McCartan	2:38.31	MH			

<b>Long Jump</b>	<b>Distance</b>	<b>Meet</b>
Kerriann Borke	18' 7 1/4"	MH
Joelle Neilson	18' 4 1/2"	NYRR
Stephanie Hazlett	17' 10 1/4"	Dual
Krista Woodward	15' 4"	Princeton

<b>Triple Jump</b>		
Kerriann Borke	38' 3/4"	PLC
Joelle Neilson	36' 1 1/2"	Dual
Krista Woodward	31' 10 3/4"	Princeton

<b>High Jump</b>		
Krista Woodward	5' 2 1/4"	Covert
Stephanie Hazlett	4' 11 3/4"	Dual

<b>Pole Vault</b>		
Brooke Kohler	11' 3 3/4"	LCRU
Elise Buffinton	11' 3 3/4"	PLC
Rebecca Slotkin	11' 3 1/4"	Dual
Jennifer Kihm	10' 10"	LCRU

<b>Shot Put</b>		
Rachel Pena	41' 1 3/4"	LCRU
Gwen Steckel	36' 2 3/4"	Dual
Stephanie Hazlett	33' 7 1/2"	Dual

<b>Weight Throw</b>		
Rachel Pena	51' 5 1/2"	LCRU
Gwen Steckel	49' 9"	LCRU
Danyelle Dell'Olio	35' 7 3/4"	Dual

<b>Pentathlon</b>		
Stephanie Hazlett	3074 pts	PLC

Princeton = 12/11/10 Princeton Invite

Gotham = 1/14/11 Gotham Cup (NYC Armory)

NYRR = 1/15/11 NYRR Collegiate Invite (NYC)

Great Dane = 1/21/11 at NYC Armory

MH = 1/22/11 Mountain Hawk at Lehigh University

Dual = 1/29/11 Lafayette-Lehigh Dual (Lehigh)

Covert = 1/5/11 Invite at Lehigh University

LCRU = 2/11/11 Lafayette-Rider Invite (NYC)

P.L.C. = 2/18-20/11 Patriot League Champs (Navy)

IC4A = 3/6-7/10 Eastern Champs (Boston University)