

KENTUCKY TRACK & FIELD 2012

UK VARSITY RECORDS - WOMEN

INDOOR RECORDS

Event	Record Holder	Time/Mark	Year
55 Meters	Michelle Brown	6.75	1997
55-Meter Hurdles	Michelle Williams	7.70	1998
60 Meters	Passion Richardson	7.34	1996
60-Meter Hurdles	Lutisha Shittu	8.25c	1999
200 Meters	Michelle Brown	23.32	1997
400 Meters	Jenna Martin	52.32	2008
800 Meters	Beth Heimann	2:05.72	2002
One-Mile	Lisa Breiding	4:38.37	1989
3,000 Meters	Valerie McGovern	9:05.74	1989
5,000 Meters	Valerie McGovern	15:48.17	1990
4x400m Relay	Martin, Shorter, Cabbler, Nwokey	3:35.40	2010
Distance Medley Relay	Patterson, Gordon, Heimann, Phillips	11:17.66	2004
Shot Put	Ashley Muffet	57-03.50	2010
20-lb. Weight	Kristin Smith	67-03.50	2010
High Jump	Raina Turner	6-00.00	1996
Long Jump	Ola Sesay	21-01.25	1999
Triple Jump	Simidele Adeagbo	43-09.25	2003
Pole Vault	Shelby Kennard	12-11.50	2011
Pentathlon	Precious Nwokey	4,185	2011



Samantha Stenzel



Ashley Trimble

OUTDOOR RECORDS

Event	Record Holder	Time/Mark	Year
100 Meters	Passion Richardson	11.31	1997
100-Meter Hurdles	Tonya Lowe	13.35	1984
200 Meters	Michelle Brown	23.30	1995
400 Meters	Jenna Martin	51.91	2007
400-Meter Hurdles	Meka Rembert	57.91	1996
800 Meters	Brooke Patterson	2:04.13	2004
1,500 Meters	Sherry Hoover	4:16.11	1988
Mile	Patricia Padorno	4:48.04	1987
3,000m Steeplechase	Andrea Halasek-Richardson	10:35.76	2008
5,000 Meters	Valerie McGovern	15:45.72	1990
10,000 Meters	Valerie McGovern	32:50.44	1991
4x100m Relay	Richardson, Stephens, Simmons, Brown	43.99	1996
4x400m Relay	Martin, Robinson, Nwokey, Shorter	3:34.12	2011
Shot Put	Ashley Muffet	54-02.50	2006
Discus	Ashley Muffet	187-08.00	2009
Javelin	Cindy Crapper	181-10.00	1982
Hammer	Kristin Smith	209-02.00	2009
High Jump	Raina Turner	6-00.50	1993
Long Jump	Ola Sesay	21-00.00	1999
Triple Jump	Simidele Adeagbo	44-00.50	2003
Pole Vault	Samantha Stenzel/Shelby Kennard	12-08.00	2011
Heptathlon	Precious Nwokey	5543	2010



Kristin Smith

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UK VARSITY RECORDS - MEN



Mikel Thomas



Rondel Sorrillo



Jose Acevedo

INDOOR RECORDS

Event	Record Holder	Time/Mark	Year
55 Meters	Tim Harden	6.06	1996
55-Meter Hurdles	Chuck Peters	7.44	1972
60 Meters	Tim Harden	6.54	1995
60-Meter Hurdles	Mikel Thomas	7.74	2009
200 Meters	Rondel Sorrillo	20.72	2009
400 Meters	Arnold Payne	45.75	1996
800 Meters	David Freeman	1:47.40	2003
Mile	Bob Whelan	3:58.77	1990
3,000 Meters	Benny McIntosh	7:59.10	1989
5,000 Meters	Vadim Nemad	13:59.57	1996
4x400m Relay	Harrison, Browning, Acevedo, Luna	3:05.87	2007
Distance Medley Relay	Landers, Johnson, Ciurlys, Freeman	9:35.41	2003
Shot Put	Jeff Chakouian	65-10.50	2001
35-lb. Weight	Andy Fryman	67-03.50	2008
High Jump	Eugene Grundy	7-04.50	1997
Long Jump	Andrew Channer	25-07.25	1998
Triple Jump	Dwight Phillips	51-04.50	1997
Pole Vault	Nathan Plager	17-05.50	1996

OUTDOOR RECORDS

Event	Record Holder	Time/Mark	Year
100 Meters	Tim Harden, Rondel Sorrillo	10.05	1995/2010
110 Hurdles	Mikel Thomas	13.57	2008
200 Meters	Rondel Sorrillo	20.29	2010
400 Meters	Hamil Grimes	45.74	1980
400 Hurdles	Jeff Ellis	49.96	1999
800 Meters	Sharif Webb	1:47.19	2011
1,500 Meters	Bob Whelan	3:40.56	1991
Mile	Martin Clark	4:01.80	1985
3,000m Steeplechase	George Yianellis	8:42.74	1993
5,000 Meters	Thomas Morgan	13:45.57	2004
10,000 Meters	Mark Nenow	28:32.00	1980
4x100m Relay	Lindsey, Jackson, Williams, Harden	38.81	1995
4x400m Relay	Browning, Harrison, Obeng, Acevedo	3:02.00	2008
Shot Put	Jeff Chakouian	66-03.00	2004
Discus	Rashaud Scott	216-02.00	2009
Javelin	Raymond Dykstra	247-05.00	2012
Hammer	Matt Kavanagh	221-04.00	1999
High Jump	Grant Lindsey	7-05.00	2008
Long Jump	Derrick Locke	25-03.25	2008
Triple Jump	Keenan Hall	51-07.00	2011
Pole Vault	Nathan Plager	17-05.50	1995
Decathlon	Jeff Huggins	7015	1973