



Jayhawk Memories



Here's what former KU swimmers & divers are saying about our program:

KU *I had the wonderful opportunity to swim for the University of Kansas from 2002-2006. I could not have asked for better coaches, teammates, support staff, and what I received for an education. I had some of the best memories of my life as a member of the KU swim team, and it made me who I am today. Swimming for a Big 12 school is an amazing experience, but being a Jayhawk and representing the University of Kansas was truly priceless.*



Gina Gnatzig

Kansas '06

KU Record: 500 Free

KU *There are so many unique and wonderful things about coming to school here. KU has provided me with a great college experience and has taught me how to balance academics and athletics successfully. Being a member of the Jayhawk swimming and diving team is in large part why my experience has been so great. Clark and Jen have done so much for me in the years I have been here, not only in the pool but in all aspects of student life. Most importantly, being on this team meant sharing these experiences with a group of girls, who are not only my teammates but my friends for life. I could not have asked for a better place to be!*



Danielle Herrmann

KU Pharmacy '11

Volunteer Assistant Coach

NCAA Qualifier
KU Records: 100 Breast, 200 Breast, 200 IM

KU *I was recruited by more than 20 different Division I universities when I was applying to college. Through my experiences, I found that many of them offered me what I was looking for, but it became clear to that I was looking for something more than just a good program and quality school. What I was searching for was a group of people, who would serve as a family that would help me grow as a person, a swimmer and a student. After speaking with Clark and Jen for the first time, it did not take long to realize that these people were the ones I needed to trust in and believe. Once I stepped foot on campus, my experiences were much more than I could have imagined. Girls on the team were welcoming and nice, coaches were respectful and dedicated, and the place was beautiful and felt like home.*

There are a lot of great universities out there, but if you are looking for something special, then KU is the place. The experience that you get in Lawrence is truly unforgettable and touches your heart. Even now, I miss it all, every single aspect of my life as a student-athlete. I just wish I had another four years to do it all over again!



Maria Mayrovich
Kansas '08
NCAA Qualifier
KU Records: 200 Free

KU *Swimming at KU was an experience unlike any other. A few of the adjectives that I could use to describe my career as a Jayhawk would include exciting, challenging, rewarding, and character building. Not only did swimming at KU give me life-long friends, but it provided me with the tools to further my career after college. I cannot tell you how many people I have met that have been so impressed that I swam for the University of Kansas.*

There is simply no better place to be a collegiate athlete than at KU. The support system in place for gave me what I needed to succeed inside the

pool and out. I am so proud to say that I was swimmer at KU, I feel so lucky to have been and to always be a Jayhawk. Rock Chalk!



Emily Rusch
Kansas '06
Team Captain
Consultant, Omnium Corp

KU *Swimming for KU is an experience that I will treasure because it is one that I don't think I will ever fully be able to experience again. It gave me an outlet in which to compete, the ability to travel, an amazing support system and the most wonderful friends I could ever imagine. Being a part of the KU swimming and diving team transformed my college career into more than just receiving my diploma. It made me realize that I was a part of something bigger: a team surrounded by a supportive athletic community and an incredible college with proud alumni all over the world.*



Jenny Short
Kansas '07
NCAA Qualifier
Team Captain

KU *Inside the KU swimming and diving program, you will find an environment that gives you a chance to reach your potential in the water and in the classroom. A high priority is put on preparing you for life after graduation. I believe that my coaches, teammates and the university as a whole brought out the best in me and in return, helped me become a better swimmer, but most importantly a better person. Sharing in the rich KU traditions and becoming a part of the Jayhawk community is something I will keep close to my heart forever.*



Jes Brozek

Kansas '08

Numerous All-Academic Big 12

2nd year-KU Med

KU *I came into KU with very little diving experience and left as an NCAA participant. I truly don't believe I could have accomplished all I did both athletically and academically at any place other than the University of Kansas. I chose KU not only for its swimming and diving program, but also what I could get inside the classroom. I was a journalism major and enjoyed all my classes in the J-School. I got a ton of one-on-one time with my professors and was able to secure an internship the summer before my senior year as well as a full time position once I graduated, in New York City.*

As far as my diving went, I did not have much experience with basic drills, and Eric patiently coached me through everything I needed to learn. By the end of my junior year I had a full 2 1/2 list on 3 meter including a front 3 1/2. I tried things I never thought I would have enough confidence to do, but it was so easy for me to trust Eric and his coaching, that trying new skills wasn't as difficult as I once thought it might be. For me, I needed a lot of positive reinforcement, and that's exactly what Eric provided. He knew when to push me harder and when to back off a little. Additionally, it was so nice to have a coach who cared about me as more than just an athlete because he was interested in my academics as well as my family, and was always there for any kind of life advice I might have needed. He is someone I truly respect as both a coach and a person, and someone I anticipate being a part of my life for a very long time.



Meg Proehl

Kansas '10
NCAA qualifier
Numerous Academic All-Big 12 Selection

KU *I am forever a Jayhawk and forever changed because of my experience swimming for the University of Kansas. This incredible program gave me the opportunity to maximize my potential not only as a swimmer, but as a student and as an individual. The coaches and the staff are truly unique because they care about each and every person that is a part of the Jayhawk family. Excellence is something that is not only expected of student-athletes here, but is demonstrated to us by our support staff on a daily basis. The University of Kansas is a place where I established life-long relationships, while working hard in the pool and in the classroom. It is also somewhere that I will always cherish because I have learned and grown so much through all of my hard work, competition and fun. Rock Chalk Jayhawk!*



Amanda Maez
Kansas '12
2010-11 Academic All-American
Numerous Academic All-Big 12 Selection