

Dear Camper,
Welcome to our 22nd year of swimming camps at the University of Kansas. I invite you to join us for a memorable week of swimming. Our knowledgeable staff and KU student-athletes will make this a challenging and fun week. Don't miss it!

Coach Campbell



University of Kansas
Head Swimming Coach



The 2012 Jayhawk Swim Camp will be directed by University of Kansas Head Swimming Coach Clark Campbell. Also providing coaching and instruction will be KU Assistant Swim Coach Jen Fox, in addition to guest coaches as well as current and former KU Swimmers.

MISSION

Our goal is to provide a safe and creative learning environment for all athletes. New swimming experiences, new friendships and a high level of instruction will make this camp an unforgettable experience for everyone.

GET A JUMP ON THE SUMMER SEASON!



Jayhawk Swim Camp
Attention: Jen Fox
1651 N. Smith Drive
Lawrence, KS 66045

2012

JAYHAWK SWIM CAMP



DAY CAMP

Boys & Girls – Ages 9-18
May 28-June 2 – \$505

OVERNIGHT CAMP

Boys & Girls – Ages 9-18
May 28-June 2 – \$605

CAMP STAFF

CLARK CAMPBELL



Kansas head coach Clark Campbell is in his 10th season in Lawrence. In his first nine years, KU has never finished worse than fourth in the Big 12, while earning two top-three finishes.

The Jayhawks finished a successful 2010-11 season with a 10-5 dual record. KU had one representative at the NCAA Championships and another at the NCAA Zone 'D' Diving Championships. Seven of Campbell's swimmers were also named Honorable Mention for the Scholar All-America Individual Award as the team compiled a 3.15 cumulative GPA.

During his time at Kansas, Campbell has led his teams to a 72-31 record in dual meets and helped nine different swimmers reach the NCAA Championships. He is the second-longest tenured head coach in program history.

JEN FOX



As a former Jayhawk swimmer, assistant coach Jen Fox embarks on her ninth year at Kansas alongside head coach Clark Campbell. In addition to her duties as an assistant coach, Fox serves as the Recruiting Coordinator for the Jayhawks.

Collaboratively with Campbell and Diving Coach Eric Elliott, Fox helped lead Kansas to a 10-5 dual record during the 2010-11 season. KU had one representative at the NCAA Championships and another at the NCAA Zone 'D' Diving Championships. Fox saw five of her swimmers achieve Academic-All American status during the 2010-11 season.

DAILY SCHEDULE

- 7 a.m. Wake up and Breakfast
- 8:15 a.m. Stroke talk
- 9 a.m. In-water session (training or technique)
- 11:30 a.m. Lunch
- 12:30 p.m. Rest and relax
- 2 p.m. Performance talk
- 2:45 p.m. Dryland training
- 3 p.m. In-water session (opposite of a.m.)
- 5 p.m. Dinner
- 7 p.m. In-water session (starts/turns, fun activity)
- 10 p.m. Lights out

FEATURES

- Professional instruction and coaching
- Three water sessions per day focusing on technique, training and skills (starts and turns)
- Dryland and educational lectures daily
- 10:1 camper to counselor ratio
- Camp t-shirt and cap
- Camp swim meet on June 2 (9 a.m.)
- Optional personal video analysis (details on website)



QUESTIONS?

For all questions concerning Jayhawk Swim Camps, please contact Jen Fox at 785-864-4179 or via email at jafox@ku.edu

WWW.KUATHLETICS.COM



JAYHAWK SWIMMING AND DIVING

2012 JAYHAWK CAMP

Camper Name _____

Mailing Address _____

City _____ State _____ Zip Code _____

Phone _____ Date of Birth _____

**Make check payable to:
Jayhawk Swim Camp*

Roommate Request (optional) _____
**Send payment to:
1651 Naismith Drive
ATTN: Jen Fox
Lawrence, KS 66045*

Email Address _____

Shirt Size (Circle One): S M L XL
Male / Female Youth / Adult (Please Circle)

CAMP DETAILS

Location: University of Kansas
Date: May 28-June 2
Check In: 4-6 p.m. May 28 at Naismith Hall
Check Out: Noon on June 2 at Naismith Hall
Facilities: Robinson Natatorium (2 pools: 8 lanes x 25 m, 6 lane x 25 y and dive well)

Ability Level: Beginner (must have knowledge of all four competitive strokes and ability to swim 100 yards w/o stopping) to advanced swimmers. The camp is designed for competitive swimmers.

Housing: Campers will stay at Naismith Hall and will have 24-hour supervision by camp staff. Meals will be provided at Naismith Hall.

Ages: Nine years old through high school seniors.

Camp Tuition: \$605 (Overnight)
\$505 (Day)
\$300 (Water Sessions Only)