



# High School XC Classic

Rim Rock Farm • Lawrence, Kansas • September 27, 2008

We hope that your team will be able to participate in the premier high school cross country meet held in the Midwest. The Rim Rock Farm High School Cross Country Classic is hosted by Lawrence High School and the University of Kansas on the beautiful Rim Rock Farm course designed by Bob Timmons (retired University of Kansas XC/Track & Field Coach). There is perhaps no other course in the United States as specifically dedicated to the sport of cross country as the Rim Rock Farm course. The meet has grown every year and features the best high school cross country programs from the region. The meet has grown so much that four years ago we added an extra boy's and girl's varsity race in order to accommodate the increased interest in the meet. There is now a boy's and girl's elite "GOLD" section, a large school varsity "CRIMSON" race, and a smaller school varsity "BLUE" race in addition to two divisions for the boy's and girl's junior varsity races and one "C" race per gender. This has been done to accommodate the increased interest in our meet and to give as many athletes as possible an opportunity to race on a great course in a safe and competitive manner. Please refer to the following directions on the entry requirements for the "GOLD," "CRIMSON," and "BLUE" races. Send questions to Debbie Luman at (785) 864-3486 or [dluman@ku.edu](mailto:dluman@ku.edu).

## Time Schedule

8:30 AM Boy's "Crimson & Blue" JV Race 5 K (max of 7 athletes per team) 30 Team Limit

9:00 AM Boy's "Gold" JV Race 5 K (max of 7 athletes per team) 30 Team Limit

9:30 AM Girl's "Crimson & Blue" JV Race 4 K (max of 7 athletes per team) 30 Team Limit

9:50 AM Girl's "Gold" JV Race 4 K (max of 7 athletes per team) 30 Team Limit

10:15 AM Girl's "Blue" Varsity Race 4 K (max. of 7 athletes per team) 30 Team Limit

10:45 AM Girl's "Crimson" Varsity Race 4 K (max of 7 athletes per team) 30 Team Limit

11:15 AM Girl's "Gold" Varsity Race 4 K (max of 7 athletes per team) 30 Team Limit

11:45 AM Boy's "Blue" Varsity Race 5 K (max. of 7 athletes per team) 30 Team Limit

12:15 PM Boy's "Crimson" Varsity Race 5 K (max of 7 athletes per team) 30 Team Limit

12:45 PM Boy's "Gold" Varsity Race 5 K (max of 7 athletes per team) 30 Team Limit

1:20 PM Girl's C-Team 4 K (max of 7 athletes) 30 Team Limit

1:40 PM Boy's "C" Race 4 K (max of 7 athletes) 30 Team Limit

## Packet Pick-Up

Friday, September 26th at the cross country course – from 3:00pm until 6:00pm

Saturday, September 27th at the cross country course – starting at 7:00am

## Course Maps

Maps will be available in your team packets. Course maps are also available at [www.kuathletics.com](http://www.kuathletics.com) on the cross country page. Please note that it may be necessary to change the course if weather conditions dictate.

## Entry into the Varsity "GOLD," "CRIMSON," and "BLUE" Races

The concept behind creating three varsity races was to allow more schools to participate in a championship-type race with schools of similar sizes and abilities with more trophies and medals on the line. Therefore, the "CRIMSON" race was designed for the larger schools and the "BLUE" race was designed for the smaller schools. In Kansas terms, 6A/5A schools would be for the most part "CRIMSON," all others are "BLUE." The newer "GOLD" division was created to keep the large school races safe and competitive. It is reserved for the top teams from the previous year's large school divisions or exceptional small school teams. Based on the success of last year's meet, we will again allow coaches to request their division. **You must complete the Request for Division in 2008 form and fax to 785-864-5525 by noon on Wednesday, September 3rd.** The Games Committee will make the final decisions concerning divisions and post this at [www.kuathletics.com](http://www.kuathletics.com) by noon on Tuesday, September 9th.

The GOLD division is intended for most large sized schools, very good mid-sized schools, and elite smaller schools. Most teams here have placed in the top ten of the larger classes in their state or have placed top-20 in the Rim Rock GOLD Division or top-10 in the CRIMSON Division in 2007.

The CRIMSON division is intended for some large sized schools, good mid-sized schools, and strong smaller schools. Most teams here placed in the top-30 of the CRIMSON Division or top-5 in the BLUE Division in 2007.

The BLUE division is intended for developing large schools, many mid-sized schools and most small sized schools. In Kansas terms, these schools are mostly 4A and smaller. No large school JV teams may compete in the varsity BLUE division.

We certainly understand that teams can change quite a bit from year to year, and know that your honest evaluation of your team will help us divide the large fields that attend the Rim Rock Farm XC Classic.

## JV and C –Team Races

You must race your varsity team in the varsity races, your JV teams in the JV races, and your C –Team in the C – Team races. The JV races will be divided into two sections, a "GOLD" JV division and a "CRIMSON AND BLUE" JV division according to team placement in the varsity division, without exception. The C – Team race will combine teams from all divisions and limited to the first 30 teams.

## **Entry Fee**

The entry fee is \$100.00 per team. There is no limit on the number of levels in which your team competes (Varsity, JV, and C-team). **Boy's teams and girl's teams from the same school are considered two separate teams.** If bringing six or fewer athletes, the entry fee is \$15 for each athlete. A late fee of \$50 will be charged to any team accepted to the meet after the Wednesday, **September 3rd deadline** for division and parking forms. Make your checks payable to: Kansas Athletic, Inc. 1651 Naismith Dr. Lawrence, KS 66045. **You must pay by the time of packet pickup to enter the race without exception.**

## **Awards**

Custom Rim Rock Farm Classic medals will be presented to the top 25 finishers in each varsity, JV, and C –Team race. The winning team in each varsity race will receive a team championship trophy. Second and third placed teams in varsity races will be given a team plaque. C-Team and JV team winners will also receive a plaque. Varsity and JV medals will be given out at the awards stand 30 minutes after each race throughout the day. C-Team medals are awarded at the end of the chute.

## **Entry Deadline**

Athlete entries must be made on-line at [www.directathletics.com](http://www.directathletics.com) by noon on Wednesday, September 17th, 2008. You must enter each athlete name, year, and gender in the Rim Rock Farm Classic on-line. You do not need to enter your athletes in a specific race for that day. You do not need to address divisions when entering on-line. If an athlete is entered on your roster for the Rim Rock Farm Classic by noon on Wednesday, September 19th, then he or she can race varsity, JV, or C-team for their gender. Visit [www.directathletics.com](http://www.directathletics.com) for your username, password, and specific entry instructions. Contact [support@directathletics.com](mailto:support@directathletics.com) with any questions about on-line entry. Parking and division forms are due via fax on Wednesday, September 3rd. Please include complete school address in registration.

## **Location**

Rim Rock Farm is the home course of the University of Kansas and was the site of the 2006 5A/6A State Championship and Sunflower League Meet. It is located on the 125-acre farm approximately 11 miles north of Lawrence, KS. It was also the home of the 1998 NCAA Divisions I and II Cross Country Championships and the 2003 and 2005 NJCAA National Cross Country Championships. It will host the 2006 Big 12 Conference Championships and 2007 USATF Junior Olympic Cross Country Championships.

## **PLEASE NOTE IMPORTANT DEADLINES**

WEDNESDAY, SEPT. 3rd -- Faxes concerning divisions must be faxed to 785-864-5525.

WEDNESDAY, SEPT. 3rd -- Faxes concerning parking passes must be faxed to 785-864-5525.

WEDNESDAY, SEPT. 17th -- Entries must be made on-line at [www.directathletics.com](http://www.directathletics.com).

## **Numbers**

All participants must wear their designated number on the **front** of their jersey. **Do not pin the bottom tear-away section of the bib to the uniform. This will be removed in the finish chute. USE FOUR PINS PLEASE.** Coaches, if you choose to give out the meet management assigned numbers differently from the published assignments, you must accept the responsibility for the subsequent errors in the results.

## **Results**

Unofficial results will be available as soon as possible following the conclusion of each race. Official results will be available as soon as possible following the last race. Official results will be posted at [www.directathletics.com](http://www.directathletics.com).

## **Inspection of the Course**

The course will be available for inspection on Friday afternoon – September 26, 2008 from 1 –6pm. The course will be closed promptly at 6pm on Friday night. No vehicles or bikes are allowed on the course or on the road leading to or near the cabin or barn.

## **Course Markings**

The running path will be mowed. In addition, the course will be marked with painted lines/arrows and monitored in specific areas. It is the runners' responsibility to know the course and run the correct path. There have been changes to all courses since last year to make better use of Rim Rock Farm.

## **Course Rules**

A list of course rules for teams visiting Rim Rock Farm are included in this mailing. These rules must be followed for the safety of athletes and spectators, for teams to be allowed to compete in this meet, and for this event to continue its many successes. Please read these rules to your team and distribute them to parents and fans and bring a signed copy with you when you come to pick up your packet.

## **Team Tents**

There will be designated areas for team tents - please restrict your team tents to these areas only.

## **Parking**

Due to the increased attendance and traffic at the meet, we have had to lease additional parking areas to accommodate all fan, team, and official parking. **In order to offset this additional expense, we have no choice but to initiate a parking fee of \$5 per car for fan parking. Please announce this to your fans and parents so that they are prepared to pay for parking as they exit their cars once parked in the field.** Unfortunately, there is no alternative parking location. Any vehicles parked along any private driveway, any road in Jefferson County, or in any undesignated field will be towed immediately at the owner's expense. The county sheriff's office will be present to ticket and tow all illegally parked vehicles.

This parking fee will allow us to keep the Rim Rock Farm Classic as an inclusive event for all teams and their fans. We certainly appreciate your understanding with this important matter. Team bus and

van parking fees are considered included in your meet registration fee. Please encourage your fans to carpool to the meet to save time in traffic and expense!

Parking on Friday:

**School Buses** – facing north along the east side of the road adjacent to the starting area. All pedestrian traffic must go from bus door immediately to the grass and through the gates.

**Van Parking** – Only in the area immediately north of the course. Come in the gate to the farm and park to the right only.

Parking on Saturday:

**School Buses** – facing north along the east side of the road adjacent to the starting area. All pedestrian traffic must go from the bus door immediately to the grass and through the gates. Those teams who did not reserve a bus pass in the spring may have to drop off and pick up athletes in the designated area if bus parking spots are no longer available.

**Van and Fan Parking** – will take place in areas immediately north of the fence to the north of the starting area and to the east of the course on the other side of the road.

**Some public parking is on leased private land –Please advise your supporters to be respectful of the parking areas! Let's keep this beautiful course and the surrounding area clean!!!**

**PLEASE DRIVE SLOWLY ON THE GRAVEL ROADS. DRIVING OVER 15 MPH LEADS TO DUST THAT COVERS THE COURSE, NEIGHBORS, AND RUNNERS!!**