

2010 Johns Hopkins Women's Cross Country Results/Statistics

2010 Schedule/Results

Date	Event/Opponent	Place/Score
Sept. 5	Baltimore Metro Invitational	1st/8 (23 points)
Sept. 18	Salty Dog Invitational	4th/6 (89 points)
Sept. 25	Towson Invitational (B)	2nd/8 (71 points)
	Williams Invitational (A)	3rd/19 (86 points)
Oct. 9	Disney Classic (A)	2nd/25 (81 points)
	Goucher Invitational (B)	3rd/10 (55 points)
Oct. 16	Gettysburg Invitational	14th/25 (328 points)
Oct. 30	Centennial Championships	1st/10 (28 points)
Nov. 13	NCAA Regional Championships	1st/45 (68 points)
Nov. 20	NCAA Championships	

2010 Top Times (5K Races)

Rk.	Name	Time	Course	Date
1.	Cecilia Furlong	17:53.40	Disney	10/8
2.	Laura Shegoski	18:07.70	Disney	10/8
3.	Cecilia Furlong	18:11.73	Baltimore Metro	9/5
4.	Megan Brower	18:18.30	Disney	10/8
5.	Megan Brower	18:36.20	Baltimore Metro	9/5
6.	Liz Provost	18:50.32	Baltimore Metro	9/5
7.	Liz Provost	18:51.40	Disney	10/8
8.	Shayna Rose	19:01.80	Disney	10/8
9.	Christina Valerio	19:03.60	Disney	10/8
10.	Elizabeth Laseter	19:11.30	Disney	10/8
11.	Shayna Rose	19:18.56	Baltimore Metro	9/5
12.	Elizabeth Laseter	19:35.86	Baltimore Metro	9/5
13.	Frances Dougherty	19:59.44	Baltimore Metro	9/5
14.	Katie Rownd	20:00.30	Disney	10/8
15.	Katie Rownd	20:12.50	Baltimore Metro	9/5

2010 Individual Results

Name	Sept. 3	Sept. 18 (6K)	Sept. 25 (Williams-6K)	Sept. 25 (Towson)	Oct. 9 (Disney)	Oct. 9 (Goucher)	Oct. 16 (Gettysburg)	Oct. 30 (Belmont-6K)	Nov. 13 (NCAA Reg.-6K)	Nov. 20
Maggie Ashton (Jr.)	21:08.56			20:51.40						
Kat Baselice (Jr.)	20:37.28	25:59.2		20:24.70	20:24.50			24:31.00		
Celeste Black (Fr.)	23:17.27	28:39.6		23:06.50		28:17.00	27:14.92	26:45.00		
Samantha Brandon (Fr.)										
Megan Brower (Fr.)	18:36.20	23:11.3	22:35		18:18.30			22:38.00	23:16.3	
Meghan Byrnes	22:04.76	27:14.2		21:58.60		26:54.60	26:45.09			
Deirdre Caffrey (Fr.)								24:47.00		
Stephanie Chung (Jr.)	21:26.50									
Holly Clarke (Fr.)	21:20.93	25:36.7	25:03			25:27.70		25:45.00		
Sydney Coates (Fr.)	20:50.07	25:05.0	24:54			25:58.40	25:06.56	26:51.00		
Cassie Cummings (Jr.)	21:26.50									
Jena Daya (Fr.)	21:04.47	26:27.1		21:09.10						
Frances Dougherty (Fr.)	19:59.44		25:13							
Marie Ferguson (So.)	21:06.54	26:19.5		21:18.80		26:38.20				
Abby Flock (Fr.)										
Cecilia Furlong (Jr.)	18:11.73	22:54.1	22:29		17:53.40			21:29.00	21:57.2	
Kimia Ganjaei (So.)	21:48.44	27:50.7		21:38.40		27:33.80	25:58.24	25:05.00		
Catherine George (Jr.)	25:17.12	29:58.1		23:54.50		30:30.00	29:15.20	28:13.00		
Emily Haight (So.)										
Courtney Harris (Sr.)							28:08.69	25:28.00		
Hannah Jannarone (So.)										
Laura Kranish (Sr.)		28:58.4		22:40.60		28:32.00	27:08.44	26:53.00		
Elizabeth Laseter (Sr.)	19:35.86	24:23.8	24:00		19:11.30			22:44.00	23:27.8	
Josephine Mintel (So.)	22:37.09	27:52.9		22:45.50		28:01.10	26:35.92	26:38.00		
Anne Monagle (So.)	20:54.33			20:28.70		25:41.00	24:54.14	23:40.00	23:56.1	
Lillian Murphy (Fr.)	23:18.93	29:59.3				27:45.90	26:21.09	24:59.00		
Rebecca O'Malley (Jr.)										
Jessica Oidtman (So.)	21:09.43	26:15.3		20:57.70						
Liz Provost (So.)	18:50.32	23:37.8	23:40		18:51.40			22:28.00	23:23.8	
Stephanie Rodas (Sr.)	23:13.25	28:07.4		22:25.90		27:40.90	26:45.70	25:55.00		
Shayna Rose (Fr.)	19:18.56		24:03		19:01.80			23:27.00		
Katie Rownd (Fr.)	20:12.50	25:19.1	24:39		20:00.30			25:01.00		
Nicole Sharer (Jr.)	22:02.53	28:56.3		22:47.20		28:49.00	27:09.48	26:52.00		
Lara Shegoski (Fr.)		23:07.7	22:56		18:07.70			22:00.00	22:20.4	
Maggie Shelton (Fr.)										
Eva Smith (Fr.)	25:19.52					33:33.00		30:43.00	22:33.9	
Christina Valerio (Sr.)	20:13.17	24:35.2	23:48		19:03.60			21:59.00		
Molly Van Doren (Fr.)	20:33.44	25:49.8		20:40.90			25:33.69	25:06.00		
Ashton Williams (Jr.)	20:37.28	26:08.7		20:41.40		26:13.10	25:55.99	24:13.00		
Total Participants:	81	115	210	75	221	105	290	167	314	