

Johns Hopkins Women's Lacrosse 2008 Coaches Clinic

Youth, Club & High School Level Coaches

Location: Johns Hopkins University Recreation Center
Date: Saturday, December 13, 2008
Time: 9:00am-3:30pm
Cost: \$90 (Includes information packet with drills, breakfast and lunch)
Directors: Janine Tucker, Head Coach
Jo Mooney, Assistant Coach
Jen Kasper, Assistant Coach

The 2008 Johns Hopkins University Coaches Clinic will be an INDOOR clinic featuring intensive teaching sessions and skill & drill demonstrations by the 2009 Blue Jays. In addition to classroom sessions and chalk talks, you will have the opportunity to see the skills and drills come to life as the 2009 Blue Jays demonstrate: basic and advanced stick work, checking skills, dodging, shooting, center draw strategies & techniques, 1v1 defense and man up/man down strategies. The Johns Hopkins players will demonstrate the essential skills that every coach needs to know. Come out and join us for a fun day of lacrosse! Get yourself and your team ready for the spring season!

*****You will walk away with a detailed drills manual that you can immediately incorporate into your spring practices*****

Questions? Please Contact Janine Tucker at w lax@jhu.edu

Please make checks payable to JHU Lacrosse Camps, LLC

Name _____ School/Team _____

Address _____

Email _____ Phone # _____

In signing this application, I release Johns Hopkins University, the Johns Hopkins Women's Lacrosse Program and other involved parties from any claims or responsibility for injuries suffered in the clinic. I knowingly assume all risks associated with participation, even if arising from negligence of the participants or others, and assume full responsibility for my participation. I certify that I am in good physical condition and can participate in the JHU Coaches Clinic. Furthermore, I authorize the site director to request medical treatment as necessary to insure my well-being.

Participants Signature _____

Insurance Info/Policy # _____

Please mail registration to:
Johns Hopkins Women's Lacrosse
Attn: Janine Tucker – Athletic Center
3400 N. Charles Street
Baltimore, MD 21218

PLEASE MAKE CHECKS PAYABLE TO JHU Lacrosse Camps, LLC