



Illinois State Swimming & Diving

2006-2007 Final Best List

50-yard Freestyle

Kyle Pullman	23.89	02/08/07
Katie Borkovec	24.53	12/01/06
Valerie Zaleski	24.62	02/08/07
Tiffany Rentner	24.96	02/08/07
Jena Allie	25.02	02/08/07
Jessica Santi	25.12	12/01/06
Alexis Roseman	25.74	12/01/06
Lisa Hanrahan	26.19	12/01/06

100-yard Freestyle

Kyle Pullman	52.14	12/03/06
Katie Borkovec	53.53	12/03/06
Valerie Zaleski	53.75	12/03/06
Jena Allie	54.10	02/10/07
Tracy Deyell	54.22	02/10/07
Jessica Santi	54.79	12/03/06
Jamie Haseman	54.97	10/21/06
Lisa Hanrahan	55.22	02/08/07
Rebekah Layman	55.33	10/21/06
Christine Steinbach	56.58	10/21/06
Erin Woodruff	56.62	01/15/07
Tiffany Rentner	56.75	10/27/06
Jenny Klicka	56.86	12/02/06
Ashley Paulson	57.79	09/30/06
Alison Wippermann	58.28	09/30/06
Kristin DeKeyrel	59.48	02/10/07

200-yard Freestyle

Kyle Pullman	1:54.91	02/09/07
Katie Borkovec	1:55.62	02/09/07
Jamie Haseman	1:55.66	12/02/06
Christine Steinbach	1:56.72	12/02/06
Rebekah Layman	1:56.98	12/02/06
Jenny Klicka	1:57.11	12/02/06
Erin Woodruff	2:00.44	01/15/07
Jena Allie	2:00.60	12/02/06
Amy Werkema	2:01.15	02/09/07
Casey McKittrick	2:04.35	11/03/06
Jessica Santi	2:05.21	12/02/06
Kristin DeKeyrel	2:09.34	02/09/07

500-yard Freestyle

Jamie Haseman	5:06.33	02/08/07
Christine Steinbach	5:08.21	12/01/06
Jenny Klicka	5:09.27	12/01/06
Rebekah Layman	5:11.80	01/27/07
Erin Woodruff	5:14.97	02/08/07
Amy Werkema	5:19.11	02/08/07
Casey McKittrick	5:22.59	10/13/16
Kyle Pullman	5:32.98	09/30/06
Kristin DeKeyrel	5:37.55	02/08/07

1000-yard Freestyle

Jenny Klicka	10:36.44	11/03/06
Christine Steinbach	10:37.74	12/03/06
Jamie Haseman	10:38.89	10/27/06
Rebekah Layman	10:39.25	10/13/06
Amy Werkema	10:47.99	01/27/07
Erin Woodruff	10:50.84	02/10/07
Caitlin Falconer	11:33.23	01/20/07
Lisa Eppenbaugh	11:48.56	09/30/06
Kristin DeKeyrel	12:11.58	09/30/06

1650-yard Freestyle

Rebekah Layman	17:37.71	02/10/07
Christine Steinbach	17:43.49	12/03/06
Jamie Haseman	17:47.09	02/10/07
Amy Werkema	17:54.28	01/27/07
Erin Woodruff	18:00.84	02/10/07
Jenny Klicka	18:10.21	01/20/07
Caitlin Falconer	19:10.38	01/20/07

100-yard Breaststroke

Tracy Deyell	1:07.15	02/09/07
Allison Fishbein	1:08.15	02/09/07
Rebekah Layman	1:08.97	02/08/07
Valerie Zaleski	1:09.57	02/09/07
Caitlin Falconer	1:10.23	12/01/06
Erin Woodruff	1:11.90	12/02/06
Tiffany Rentner	1:12.96	01/27/07
Lisa Hanrahan	1:14.16	02/09/07

200-yard Breaststroke

Tracy Deyell	2:25.37	02/08/07
Allison Fishbein	2:28.02	02/10/07
Rebekah Layman	2:33.61	10/13/06
Erin Woodruff	2:34.34	11/03/06
Caitlin Falconer	2:35.92	10/27/06
Tiffany Rentner	2:39.96	02/10/07
Valerie Zaleski	2:40.50	09/30/06

100-yard Butterfly

Tracy Deyell	58.46	02/09/07
Lisa Hanrahan	58.61	02/09/07
Rebekah Layman	59.92	12/01/06
Catherine Danenhower	1:00.61	12/01/06
Jamie Haseman	1:01.36	12/01/06
Alison Wippermann	1:01.61	10/27/06
Tiffany Rentner	1:01.93	02/09/07
Casey McKittrick	1:03.92	01/15/06
Caitlin Mattingly	1:04.49	12/02/06
Alexis Roseman	1:04.72	10/13/06
Katherine Smith	1:04.78	02/09/07

200-yard Butterfly

Tracy Deyell	2:06.35	02/10/07
Rebekah Layman	2:10.45	12/03/06
Catharine Danenhower	2:13.02	02/10/07
Lisa Hanrahan	2:13.30	02/10/07
Jamie Haseman	2:13.42	01/27/07
Kristin DeKeyrel	2:14.73	10/13/06
Alison Wippermann	2:17.27	02/10/07
Tiffany Rentner	2:18.66	11/03/06
Caitlin Mattingly	2:21.66	12/03/06
Katherine Smith	2:24.26	02/10/07

100-yard Backstroke

Catharine Danenhower	1:00.57	12/02/06
Jena Allie	1:01.66	02/08/07
Casey McKittrick	1:01.82	02/09/07
Alexis Roseman	1:02.29	12/01/06
Brittany Byrd	1:02.42	02/09/07
Katherine Smith	1:09.44	02/09/07
Jennifer Durrant	1:10.70	02/09/07

200-yard Backstroke

Casey McKittrick	2:11.58	02/10/07
Catharine Danenhower	2:11.88	12/03/06
Brittany Byrd	2:12.05	02/10/07
Jenny Klicka	2:12.56	12/03/06
Jena Allie	2:18.70	01/27/07
Alexis Roseman	2:21.82	09/30/06
Jennifer Durrant	2:30.69	02/10/07
Katherine Smith	2:34.33	09/30/06

200-yard IM

Rebekah Layman	2:08.88	12/01/06
Catharine Danenhower	2:10.21	12/01/06
Alison Wippermann	2:15.16	02/08/07
Jenny Klicka	2:15.36	10/21/06
Christine Steinbach	2:15.44	10/27/06
Allison Fishbein	2:15.60	12/01/06
Tracy Deyell	2:15.67	10/27/06
Erin Woodruff	2:16.03	12/01/06
Brittany Byrd	2:17.93	12/01/06
Caitlin Mattingly	2:21.66	12/01/06
Caitlin Falconer	2:22.17	02/08/07
Katherine Smith	2:26.84	12/01/06

400-yard IM

Rebekah Layman	4:33.71	12/02/06
Tracy Deyell	4:36.92	12/02/06
Christine Steinbach	4:42.66	02/09/07
Jenny Klicka	4:44.44	01/20/07
Alison Wippermann	4:46.94	02/09/07
Catharine Danenhower	4:47.97	01/20/07
Allison Fishbein	4:50.63	09/30/06
Brittany Byrd	4:50.79	02/09/07

One-meter Diving

Katelyn Prorok	258.48	02/09/07
Katie Janonis	243.84	02/09/07
Katie Zaumseil	222.37	01/15/07
Liza Perrino	220.14	02/09/07
Annette Danilowski	191.85	02/10/07
Elizabeth Herner	187.87	01/15/07

Three-meter Diving

Katie Janonis	272.70	02/10/07
Katelyn Prorok	258.50	02/10/07
Liza Perrino	222.60	01/27/07
Katie Zaumseil	211.75	02/10/07
Annette Danilowski	187.64	01/15/07
Elizabeth Herner	185.17	01/15/07

200-yard Freestyle Relay

Pullman, Borkovec, Rentner, Zaleski
1:37.23 02/08/07

300-yard Freestyle Relay

Borkovec, Zaleski, Allie, Pullman
2:39.43 10/07/06

400-yard Freestyle Relay

Haseman, Borkovec, Layman, Pullman
3:38.68 02/10/07

800-yard Freestyle Relay

Borkovec, Layman, Deyell, Haseman
7:44.54 12/02/06

1000-yard Freestyle Relay

Steinbach & Haseman
10:30.71 10/07/06

200-yard Medley Relay

Allie, Deyell, Hanrahan, Pullman
1:49.03 02/09/07

400-yard Medley Relay

Danenhower, Deyell, Hanrahan, Pullman
3:58.22 02/08/07

400-yard Fly Relay

Deyell, Layman, Hanrahan, Haseman
4:06.63 10/07/06

400-yard Back Relay

Roseman, Byrd, McKittrick, Danenhower
4:12.74 10/07/06

400-yard Breast Relay

Fishbein, Deyell, Layman, Zaleski
4:45.23 10/07/06