

Men's Indoor Track & Field Personal-Best List

Updated: Feb. 20, 2012

Kayode Adegoke

60M 6.91
200M 21.92

Javar Cruz

400M 50.27
200M 23.22
500M 1:06.32

Jake DeJaegher

HJ 6-06.75
LJ 21-05.25

Kevin Fisch

PV 14-11.00
LJ 19-06.75
HJ 6-02.75
Shot 35-10.00
55H 7.19
Pentathlon 2952
Heptathlon 4389

Kevin Forde

800M 2:00.98
Mile 4:28.00

Tim Glover

Shot 43-01.75

Christopher Hamilton

500M 1:03.81
800M 1:52.49

Drew Holl

HJ 7-00.50

Scott Janusick

n/a n/a

Thomas Jean

PV 14-11.00

Curt Jensen

Shot 59-08.50
Weight 61-02.75

Tyler Knight

TJ 49-04.50
LJ 21-04.00
60M 7.07
HJ 6-00.75
200M 22.61

Coty Kramer

200M 22.42
400M 48.99
60M 7.05

Mike Kroeger

Weight 41-01.50
Shot 48-07.25

Chris McIntyre

Shot 55-11.00
Weight 51-04.50

Akil Mills

Weight 66-02.25
Shot 49-05.00

Kris Mizel

TJ 48-01.25

John Navarro

3,000M 8:33.03
5,000M 15:10.27
Mile 4:14.41

Fabian Norgrove

200M 22.08
400M 48.15
600M 1:20.77

Griffin Nykaza

800M 2:00.57

Chase Pavelonis

PV 15-09.00

Brian Pflederer

n/a n/a

Josh Pope

60H 8.29
60M 7.38

Avery Queen

200M 23.86
400M 52.91

Adam Rasche

Shot 45-02.50
Weight 48-09.50

Wade Reeves

3,000M 8:49.19
Mile 4:29.09
5,000M 15:15.31

Steven Regan

800M 1:50.21
Mile 4:14.88

Tyler Rippel

800M 1:56.32

Alexander Roark

200M 22.95
400M 50.20

Jon Roberts

3,000M 8:31.00
5,000M 14:59.36
Mile 4:12.37

Ryan Rutherford

3,000M 8:39.81
Mile 4:21.00
5,000M 15:20.43

Andrew Sandoval

Mile 4:22.60
800M 2:02.45
3,000M 8:43.05

Nathan Schreiber

55M 6.75
60M 7.11
200M 22.85

Sean Senf

3,000M 9:03.63

Kendric Smith

55H 6.75
60H 7.98
Shot 40-09.75
LJ 21-02.50
PV 10-06.25
Pentathlon 3516
Heptathlon 4671

Mat Smoody

800M 1:51.09
600M 1:21.41

Ben Sparkman

55M 6.53
60M 6.97
200M 22.52

Erik Stanton

Mile 4:23.94
800M 2:02.41

Drake Stuedemann

400M 51.66
60H 8.53
55H 7.95

Pat Trofimuk

Shot 50-02.50
Weight 58-11.25

Luke Wielgopolan

Weight 59-05.00
Shot 43-04.75

Matt Wiggen

800M 1:58.36
600M 1:24.97

Anthony Wirth

Shot 51-01.00
Weight 45-04.25

Mike Ziegler

PV 16-00.75



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Women's Indoor Track & Field Personal-Best List

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Ruth Allen

n/a..... n/a

Becky Anderson

High Jump..... 5-06.00
400M..... 1:00.80
200M..... 27.96

Jontaye Bonds

55M..... 7.71
60M..... 8.18
200M..... 27.48

Rachael Brewer

3,000M..... 10:01.24
5,000M..... 17:30.26
Mile..... 5:03.59

Kim Christensen

800M..... 2:19.45
Mile..... 5:12.52

Jenna Combs

55H..... 9.05
60H..... 9.18
400M..... 58.84
PENT..... 2,836

Mahnker Dahnweih

Shot..... 43-07.75
Weight..... 55-01.00

Shandel Ellis

200M..... 24.67
400M..... 56.44

Stephanie Fisher

400M..... 1:03.36
60H..... 9.55

Jordan Frey

400M..... 59.89

Rachelle Harbert

PV..... 12-03.50

Amy Harvoth

HJ..... 5-06.00

Whitney Haskett

HJ..... 4-11.75

Hilary Hobler

60M..... 8.00
LJ..... 18-07.75

Domonique Jefferson

LJ..... 16-09.25
60M..... 8.15
200M..... 27.45

Jen Jenkins

LJ..... 18-04.25
TJ..... 37-04.50
60M..... 7.99

Printassia Johnson

60M..... 7.90
200M..... 25.54

Ashley Kamin

3,000M..... 10:11.63
5,000M..... 18:14.52
Mile..... 5:07.00

Jil Kerkman

800M..... 2:12.69
600M..... 1:35.10
500M..... 1:17.77

Rachel Kreuzer

PV..... 10-06.25

Geena Loesch

600M..... 1:40.01
800M..... 2:15.35

Alia McAfee

60M..... 7.60
200M..... 25.02
400M..... 56.06
600M..... 1:38.35
500M..... 1:15.87

Kelly McShea

n/a..... n/a

Shannon Nemetz

800M..... 2:24.25
Mile..... 5:09.80
3,000M..... 10:42.90

Leigh Petranoff

n/a..... n/a

Aisha Praught

3,000M..... 9:35.03
5,000M..... 17:24.25
Mile..... 4:41.49

Amanda Rafidia

HJ..... 5-03.00

Kendall Rush

TJ..... 38-07.50
LJ..... 17-07.50
200M..... 27.13

Sade Sealy

200M..... 24.33
400M..... 54.79
800M..... 2:17.00
500M..... 1:13.94

Elise Sigg

Mile..... 4:53.49
3,000M..... 9:43.97
5,000M..... 16:46.37

Brittany Smith

Shot..... 56-04.75
Weight..... 68-10.50

Breanna Staples

800M..... 2:17.45
600M..... 1:39.85

Taylor Stephenson

800M..... 2:22.87

Emily Swift

PV..... 11-11.75

Brea Tinney

Mile..... 5:24.15
3000M..... 10:46.65

Jianna Williams

Weight..... 60-01.25
Shot..... 40-10.25

Lita Wynne

TJ..... 37-00.50
LJ..... 18-08.00
60M..... 8.39

Tori Ziegler

Shot..... 50-11.75
Weight..... 62-02.25

Kristen Zillmer

800M..... 2:17.87
Mile..... 4:59.13
3,000M..... 10:00.02



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