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Dear Student-Athletes:

I would like to welcome our returning student-athletes back to campus and also welcome all freshmen and transfer student-athletes to our Fighting Illini Family! You have been given the opportunity and responsibility to continue the longstanding tradition of athletic and academic success of our student-athletes at Illinois.

It is the mission of the Academic Services staff to help you balance your athletic, academic, and social responsibilities so that you perform at the highest level possible in every aspect of your life. Our goal as an athletic department is to produce and support the best student-athletes in the country. Your coaches and trainers are committed to helping you achieve success athletically. The Irwin Academic Services Center will provide individual guidance to make sure you are achieving academic success. The directors and advisors at Irwin will be with you every step of the way as you work each day to reach your goals.

Achieving excellence as both a student and an athlete is possible through hard work and dedication. The University of Illinois Student-Athlete Handbook is one tool that can help you on your journey towards success. This handbook has been produced to assist you in managing your time and will help improve your organizational skills. You will find detailed information about the resources available to you at Illinois which will assist you in your success. This includes services provided through our athletic department, department policies, and campus services. The reference section at the back of the handbook provides tips and strategies for managing your time, setting goals for yourself, improving your study skills, and planning your career options. I also encourage you to regularly visit your team’s academic advisor to ensure that you are doing everything you can to be a successful student-athlete.

We are so excited to have you at Illinois! We look forward to supporting you and working together to help you reach your goals. Let’s make 2013-14 a year to remember for Illini Athletics.

GO ILLINI!

Mike Thomas
Director of Athletics
MISSION STATEMENT:
The mission of the University of Illinois (“University”) Division of Intercollegiate Athletics (“DIA”) is to provide a superior experience for all of our student-athletes and create the highest quality athletic program that will support and enhance their ability to compete for championships in the Big Ten Conference (the “Big Ten”) and the National Collegiate Athletic Association (the “NCAA”).

CRITERIA FOR EXCELLENCE:
The following criteria for excellence will guide all of DIA’s efforts to achieve its mission:

- Integrity
  *Our successes will be achieved through honest and ethical efforts.*

- Academic Performance
  *Student-athletes will be supported and encouraged to achieve their full academic potential.*

- Financial Health and Stability
  *DIA will make sound financial decisions to sustain fully funded and nationally competitive programs.*

- Championship Programs
  *Programs and student-athletes will be provided with the resources needed to achieve at the highest levels.*

- Equity and Diversity
  *DIA will achieve diversity, equity and fairness in the number and quality of opportunities available to student-athletes.*

- Facilities
  *Excellent facilities will enhance our student-athletes’ experience and create in each sport a “home court advantage.”*

- Student-Athlete Welfare
  *DIA programming for student-athletes will protect and enhance their physical and educational well-being and provide them with opportunities for leadership and personal development.*

- Engagement
  *Student-athletes will be provided with opportunities to engage all our constituent groups in a positive manner.*

RIGHTS AND RESPONSIBILITIES OF STUDENT ATHLETES:

Overall Responsibilities:
Admission to the University and its baccalaureate programs is a privilege which must be earned by each student’s academic promise and continuing performance. Representing the University in intercollegiate competition is also a distinct privilege and it too must be earned and maintained by promise and continuing performance.

Student-athletes who participate in intercollegiate athletics are highly visible representatives of their team, DIA, the University as well as of the missions and goals of each of these entities. Therefore, student-athletes must conduct themselves with integrity, sportsmanship and character and must uphold the University’s and DIA’s high ethical and moral standards at all times, whether they are on the field or court, in the classroom or in the community.

Student-athletes must understand and follow the rules and regulations governing all University students, found in the Student Code (a copy of which is available on the University’s website), as well as any rules and regulations established by their college and the departments from which they take courses. Student-athletes must also understand and comply with the rules, regulations and requirements of their team, DIA, the Big Ten and the NCAA.

NOTE: Student-athletes also enjoy all rights and privileges common to all University students.

Sportsmanship Policy:
Student-athletes represent the mission and goals of this athletic program and their conduct is a direct reflection upon DIA and the University. Student-athletes are expected to uphold the high standards required by the University and DIA on the playing field, as well as in the classroom, and in the community.

Academic Responsibilities and Integrity:
The primary purpose of DIA is to have all student-athletes pursue and obtain an academic degree. To achieve this goal, student-athletes must attend class on a regular basis, complete all classroom assignments, and conduct themselves in all academic matters in ways that are consistent with acceptable classroom performance. Student-athletes must give their full cooperation and attention to college, departmental, and DIA personnel in all academic matters.
Students at the University must share in the values common to all members of the University community. These values include “the freedom to learn, free and open expression within limits that do not interfere with the rights of others, free and disinterested inquiry, intellectual honesty, sustained and independent search for truth, the exercise of critical judgment, respect for the dignity of others, and personnel and institutional openness to constructive change.” [Student Code Preamble].

In order to protect the atmosphere of distinguished education and research found at the University, all students are expected to “refrain from infractions of academic integrity,” such as:

- **Cheating:** “Using or attempting to use in any academic exercise materials, information, study aids, or electronic data that the student knows or should know is unauthorized.”
- **Plagiarism:** “Representing the words or ideas of another as one’s own in any academic endeavor.”
- **Fabrication:** “Unauthorized falsification or invention of any information or citation in an academic endeavor.”

[Student Code 1-402].

**RESPONSIBILITIES OF COACHES:**

Coaches also have responsibilities in a number of areas. They have the responsibility to represent DIA, the University, and the State of Illinois in a manner that will enhance the athletic program and promote confidence in the program. They have a responsibility to all student-athletes to take a sincere interest in their academic and athletic activities and ensure that they are all treated with fairness and provided with the optimal opportunity to excel. Finally, coaches must operate all programs and activities within the rules and regulations of the University, DIA, the Big Ten and the NCAA.

**ACADEMIC SERVICES**

DIA is committed to providing an academic support program to assist student-athletes with their transition into college and to help them achieve academic, athletic and personal success. The Academic Services staff, which includes full-time counselors, learning specialists, graduate assistants and a sports nutritionist, provides continuous support to student-athletes through graduation, job placement, or graduate school.

**IRWIN ACADEMIC SERVICES CENTER:**

Located at 402 East Armory Avenue, the Irwin Academic Services Center is the home to many of the support services for student-athletes discussed below; the Center’s primary business number is (217) 333-2240.

*Some services for football student-athletes are also available at Memorial Stadium.

*The Irwin Academic Services Center has the following hours of operation:*

- **Monday – Thursday** 8:30 am - 11:00 pm
- **Friday** 8:30 am - 5:00 pm
- **Saturday** 10:00 am - 5:00 pm
- **Sunday** 11:00 am - 11:00 pm

**STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC):**

Two student-athletes from each of the University’s varsity athletic teams serve on this committee designed to allow student-athlete input on NCAA, Big Ten and University policies regarding the welfare of student-athletes. The SAAC provides recommendations to DIA administration on improving student life within DIA, represents DIA at various campus and community functions, takes the lead on organizing community service events like the SAAC Clothing Drive and Jock Jams variety show, and, when necessary, meets with campus leaders on issues affecting students.
DOUGLAS C. ROBERTS ILLINI LIFE SKILLS:
Balancing academics and athletics is challenging and requires effort. Student-athletes should remember that the skills that have made them successful as athletes, such as commitment, discipline, determination, and hard work are also going to help them achieve academic, personal and professional success.

The Douglas C. Roberts Illini Life Skills Program, winner of the prestigious Program of Excellence Award by the Division 1A Athletic Directors Association in 2005, is the primary program through which high-quality support is provided to our student-athletes. The Life Skills Program strives to support student-athlete development in the following five areas:

- Academic Excellence
- Athletic Excellence
- Personal Development
- Career Development
- Community Service

COMMITMENT TO ACADEMIC EXCELLENCE:
In order to promote and support the academic progress of student-athletes toward intellectual development and academic excellence towards the goal of graduation, the Illini Life Skills Program offers the following support:

- Academic Counseling. Academic services counselors are assigned to work with specific athletic teams and to help those teams’ student-athletes balance academics with the demands of a competitive Division I athletic schedule and the student-athletes’ personal growth. The athletic academic counselor also assists student-athletes with designing academic plans to ensure that they are making sufficient progress towards a degree for eligibility purposes.

- Learning Specialist. Learning specialists serve as valuable resources for student-athletes who have or think they might have a learning disability, ADHD or any other condition that might impact their educational performance. First, learning specialists can assist student-athletes and athletic academic counselors in identifying possible learning disabilities and conditions and in coordinating appropriate testing. Second, if student-athletes do have a learning disability or condition, the learning specialist will work closely with these student-athletes to identify any necessary accommodations, assistive technology, and resources; develop effective strategies and academic support plans to facilitate their academic success; act as their liaison with the Disability Resources and Educational Services (DRES); and assist them with understanding applicable policies and procedures for individuals with disabilities. Student-athletes may also make an appointment with a learning specialist to help them gain insight into their learning styles, help them develop academic strategies and support them in identifying appropriate academic services.

- Monitoring academic progress. Athletic academic counselors regularly meet with student-athletes to monitor their academic performance. Twice each semester, academic progress reports are sent to the instructors of all student-athletes in an effort to gain additional information concerning their progress towards a degree.

- Study Table Program. In an effort to ease the transition to college life and to ensure academic success, student-athletes at the University of Illinois have supervised study table hours. Weekly requirements are set by team coaches and academic counselors.

- Computer access. The Irwin Academic Services Center is home to three computer labs equipped with computers, printers and scanners. An additional lab is located in the football stadium academic center. Lab monitors and IT staff are available to assist student-athletes with the use of DIA computers. Academic counselors also have laptops available for student-athletes to use when they are away from campus for athletic competitions.

- CHAMPS 101: Freshman Success Seminar. At the start of the fall semester, all first-year University student-athletes participate in this credit course designed to assist them in making a successful transition into college. Sessions on study skills such as note-taking, test-taking, writing essay exams or papers, time management, and communication with professors are provided.

- Life Skills workshops. Other academic workshops, open to all student-athletes, are offered periodically throughout the year. Student-athletes are encouraged to contact the Life Skills Coordinator to learn about the current year’s offerings.

- Tutoring program. The Tutoring Program offers student-athletes the opportunity to receive academic assistance to encourage successful class performance. Tutors supplement the student-athletes’ own study skills, help the student-athletes understand course content, and help them develop successful course strategies. Drop-in tutoring and review sessions prior to exams are offered for some of the more frequently taken courses. Student-athletes request tutor appointments online through Grades First.

- Game Theory Group. Academic Services has partnered with The Game Theory Group to provide a comprehensive development program called, the Game Plan, to prepare student-athletes for their professional careers. All freshmen student-athletes complete an I Start Strong Assessment in their fall semester to help them: recognize their strengths and interests and align their choices of classes, majors, and career choices. The Game Plan curriculum also provides course modules on time management and study skills for freshmen student-athletes. Athletic academic counselors can access the student application exercises in order to provide feedback and support to individual student-athletes as they complete their assigned modules.
COMMITMENT TO ATHLETIC EXCELLENCE:
The University strives to provide athletic programs that are broad-based, equitable, and dedicated to the well-being of the student-athlete. DIA is committed to the athletic excellence of its sports teams and each individual student-athlete. This commitment is apparent in the construction of new facilities, the hiring of the best coaches available, and by supporting our athletic teams and student-athletes through the following Illini Life Skills programs:

- Illini Leadership Academy. As one of the nation’s premier leadership development programs in collegiate athletics, the Illini Leadership Academy will develop, challenge and support student-athletes and coaches in their continual quest to become world class leaders in athletics, academics and life. The academy provides comprehensive and cutting edge leadership development programming through interactive workshops, 360 degree feedback, one-on-one coaching, peer mentoring and educational resources.

- Illini Life Skills workshops. Workshops are provided each year to assist student-athletes in achieving peak performance in their current sports and to prepare them for life after sports. Workshops are also available to help student-athletes who have the opportunity to continue competing in their sport professionally prepare for that process.

COMMITMENT TO PERSONAL DEVELOPMENT:
A fundamental component of the Illini Life Skills Program is fostering the development of emotional well-being and personal growth in our student-athletes. Examples of programming efforts listed below focus on assisting student-athletes in developing well-balanced, healthy lifestyles, while also encouraging leadership abilities and decision-making skills.

- Illini Sports Nutrition. Recognizing that nutrition plays a key role in enhancing student-athletes’ athletic performance and competitive successes, Illini Sports Nutrition helps student-athletes learn the many benefits of a well-balanced, high-energy diet (such as decreasing their risk of injury, helping to boost their lean muscle mass, and maintaining optimal body composition).

- Illini Fuel Stops. Illini Fuel Stops are also held once a month in the Irwin Illini Life Skills Center to provide student-athletes with opportunities to take a break from studying and taste test easy, nutritious snacks that they can quickly prepare for themselves at home.

- Personal Growth Workshops. Workshops, designed to educate student-athletes on important personal growth issues, include: Freshmen Leadership, Leasing an Apartment, Living on a Limited Budget, Salsa Dancing, Best Frozen Meals, High Energy Snacks, Budgeting for freshmen: Transitioning from Dorm to Apartment; Stress Management, and the Supermarket Tour.

- Student-Athlete Advisory Committee. As discussed earlier, this organization helps student-athletes develop their leadership skills by taking an active role in policy making that directly affects their well-being and activities.

COMMITMENT TO CAREER DEVELOPMENT.
A key goal of DIA is helping student-athletes develop the knowledge and skills they will need to have rewarding careers and productive lives after they leave the University. Working closely with the University’s Career Center, the Illini Life Skills Program’s Athletic Career Services helps prepare our student-athletes for the end of their intercollegiate athletic careers and life after college by providing them with the following types of programs:

- Workshops. Starting their freshman year, student-athletes are encouraged to participate in self-exploration workshops about career choices to assist them with finding the right major for them. Recent examples of such workshops include:
  
  | Dress for Success | Mock Interviewing |
  | Resume Preparation | Business Etiquette |
  | Interview Skills Training | Graduate School |
  | Job Search Skills | Preparing for Life after Sports |
  | Career Networking | Internships |

- Degree Completion Program. DIA has created opportunities for fifth-year student-athletes who have exhausted their athletic eligibility to continue their involvement in intercollegiate athletics through its Degree Completion program. Student-athletes are assigned to special projects assisting the various departments within DIA which allows them increased exposure to a work environment.

- Game Plan. This progressive curriculum, delivered in an interactive web-based format, focuses on communicating and applying simple disciplines important to a student’s success. During their academic career, student-athletes will complete course modules on resume writing, building a network and developing job search skills. Academic counselors provide feedback and support to individual student-athletes as they complete these modules.

- Career Athletes. Career Athletes is a career networking organization that provides current and former student-athletes with comprehensive career education through resume development, job search tips, professional interviewing advice, and career coaching. Career Athletes provides a medium for student-athletes to search for jobs with a variety of companies and to maintain communication with teammates, alumni, and DIA, even after their playing days are over.
• **Illini Career Networking Forum.** Each spring, Career Athletes assists DIA in hosting a career fair to provide student-athletes the opportunity to network with recruiters interested in hiring them for internships and full-time positions. Select recruiters take part in a “Meet the Experts” panel discussion to help educate and prepare the student-athletes for the job search process. Student-athletes also participate in round table discussions with the recruiters on topics such as resume development, proper dress and interviewing.

**COMMITMENT TO COMMUNITY SERVICE.**
Recognizing the importance of student-athletes connecting to the world around them, the Life Skills Program presents student athletes with numerous opportunities to be involved in community service projects on campus, throughout the surrounding communities and around the world (our students have helped raise funds to build schools in Kenya and Ecuador). The SAAC, discussed earlier, takes an active lead in organizing many of these projects, including the following:

• **Hometown Heroes.** This community outreach program provides student-athletes with opportunities to serve our community and individuals who are in need through a variety of projects with local schools, nursing homes, hospitals, and community organizations.

• **Reading Illini.** This outreach program is designed to assist local elementary schools in promoting the importance of literacy to their students. Student-athletes interact with elementary school students one-on-one or in small groups, readings books, or playing word games with a goal of helping students improving their reading skills and vocabulary in a positive, fun environment.

• **Jock Jams.** The Jock Jams variety show, where many of our student-athletes put on various types of skits and performances, raises money for local charities, such as the Daily Bread Soup Kitchen, Special Olympics of Illinois, and Student-Athletes Leading Social Change (SALSC).

• **SAAC Clothing Drive.** Each November, the SAAC organizes a clothing drive and donates all clothing collected to a local shelter.

**ILLINI LIFE SKILLS TEAM COMPETITION.**
In this friendly competition between all DIA athletic teams, student-athletes are awarded points in six categories: Academic Achievement, Athletic Achievement, Community Outreach, Student-Athletes Supporting Student-Athletes, SAAC Participation/Communication, and Personal Development. The Douglas C. Roberts Illini Life Skills Team Competition Champion is recognized at the Scholar-Athlete Reception each spring.

**ACADEMIC EXPECTATIONS AND ELIGIBILITY**
Student-athletes must meet all University and college academic requirements as well as all eligibility rules established by the University, the Big Ten and the NCAA. If students have questions regarding these academic rules and requirements, they should consult with the Associate Athletic Director for Academic Services.

**ACADEMIC PROGRESS:**
Academic progress and eligibility are monitored by DIA. However, it is the responsibility of the student-athlete to ensure that applicable requirements are being met. For questions regarding eligibility requirements, student-athletes should consult with an academic counselor or the Associate Athletic Director for Academic Services.
ELIGIBILITY REQUIREMENTS (NCAA, BIG TEN CONFERENCE AND DIA):

- To be eligible to practice, compete, and receive aid, undergraduate students must remain enrolled in and complete a minimum of 12 semester hours.

- **Student-athletes whose hours drop below the twelve (12) hour minimum, become immediately ineligible, unless they are in their final semester of school and require less than twelve (12) hours to graduate.**

- To be eligible to compete the next academic semester, student-athletes must pass **at least** 6 degree-applicable hours each semester.

- To be eligible to compete the during the next academic year, student-athletes must **also** pass at least 18 degree-applicable hours during their fall and spring semesters of each academic year (not including summer terms).

- Prior to their third year of college enrollment, student-athletes must designate a program of studies leading towards a specific University baccalaureate degree (in other words, declare a major). After declaring a major, all hours used to determine a student-athlete’s eligibility must count towards degree requirements, as certified by the dean of the student-athlete’s college.

- To remain academically eligible for competition and aid, student-athletes must meet or exceed minimum grade point average (GPA) and progress towards degree requirements established by the NCAA and the Big Ten (see the table below). Academic counselors will discuss these requirements with student-athletes and assist with working to meet these requirements.

<table>
<thead>
<tr>
<th>BY THE END OF:</th>
<th>MINIMUM GPA</th>
<th>PROGRESS TOWARDS DEGREE - CREDIT HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Semester</td>
<td>N/A</td>
<td>carry 12 to completion</td>
</tr>
<tr>
<td>1st Year</td>
<td>1.80/4.00</td>
<td>24</td>
</tr>
<tr>
<td>2nd Year</td>
<td>1.90/4.00</td>
<td>40% of degree requirements</td>
</tr>
<tr>
<td>3rd Year</td>
<td>2.00/4.00</td>
<td>60% of degree requirements</td>
</tr>
<tr>
<td>4th Year</td>
<td>2.00/4.00</td>
<td>80% of degree requirements</td>
</tr>
</tbody>
</table>

CLASS ATTENDANCE, PARTICIPATION AND ABSENCES:

Student-athletes may be suspended from competition for one or more games, matches, meets or contests, if they fail to make a good-faith effort to complete the academic requirements of one or more their classes, as evidenced by unsatisfactory performance in their class(es) and:

- Unexcused absences from examinations, tests, or quizzes,

- Repeated failure to complete classroom assignments, or

- Repeated absences from class or required Study Table.

**Travel-related absences**: Student-athletes are expected to communicate with instructors prior to leaving campus for athletic competition. Travel verification letters for instructors are available from your academic counselor.

**Medical-related absences**: Letters for instructors verifying class absences due to medical reasons can be obtained from the attending staff member at the McKinley Student Health Center or from athletic trainers in the Sports Medicine Department.

RESIDENCY REQUIREMENTS:

**All student-athletes entering the University as a freshman**, must take and pass their first 24 hours of degree credit at the University. Transfer credit, advanced placement credit and CLEP credit will not count toward degree progress until after the student-athlete’s residency has been established. The residency rule does not apply to transfer students.

SUMMER SCHOOL POLICY:

The NCAA limits the number of hours a student-athlete may take during summer terms. As discussed in the Navigating the University Section, student-athletes are required to enroll in a minimum of 6 summer school hours to receive grant-in-aid for that summer. If a student-athlete fails to successfully complete enrolled summer hours, they may be required to reimburse the athletic department for summer tuition.

Summer coursework can be taken, at the student-athlete’s expense, at other institutions with prior approval. Please see an academic counselor for the paperwork to complete this process.
NAVIGATING THE UNIVERSITY

ACADEMIC COUNSELING (DIA-ASSIGNED):
DIA provides academic counseling to every student-athlete. Athletic academic counselors help student-athletes develop strategies that will assist them in balancing athletics, academic commitments, and personal commitments.

ACADEMIC ADVISING (DEPARTMENT-ASSIGNED):
Additionally, University students are assigned a departmental academic adviser to help guide them through the academic requirements of the University, their college, and their department. Advisers assist with the selection of courses and majors as well as making progress toward a degree. If student-athletes change colleges and/or majors, the University will reassign an appropriate adviser.

REGISTERING FOR COURSES:
Student-athletes register for classes using the UI Enterprise Self-Service, which can be accessed through any computer lab on campus, including DIA computer labs. All student-athletes must meet with their departmental academic adviser and an athletic academic counselor to discuss the upcoming semester before registration. More information regarding registration information dates, and deadlines can be found at the University’s course web site at: https://my.illinois.edu/

Early Enrollment
Continuing student-athletes who remain in good standing are able to advance enroll in courses for the upcoming term. Student-athletes are strongly encouraged to take advantage of this opportunity because it increases their chances of getting the courses they need for their selected course of study.

A “time ticket” will be e-mailed to the student-athlete’s University e-mail address on record approximately two weeks before the start of the Early Registration Period. The “time ticket” will list the assigned Earliest Registration Time (ERT), which offers student-athletes the date and time to access the UI Integrate system to register for the upcoming term.

SCHEDULE CHANGES:
Students also use the UI Enterprise Self-Service to make course adjustments, subject to campus and/or college policies. Before adding or dropping courses, student-athletes must first consult with their departmental academic adviser and then with their athletic academic counselor. Additionally, schedule changes after the designated add or drop deadline can only be made through a special petition to the dean of their respective college.

REMEMBER: Student-athletes must be enrolled in 12 semester hours at all times to maintain eligibility, unless a student-athlete is in their last semester and needs fewer than twelve hours to complete their degree.

REGISTRATION CHARGES, PAYMENTS & REFUNDS:
Tuition and fee assessments will appear on the Registration Statement of Charges and Aid which will be e-mailed to the student-athlete’s University e-mail address. Student-athletes are responsible for reviewing their bill and paying any tuition, registration charges and required University fees not covered by their athletic scholarship (such as the Student Organization Resource Fee and Krannert Fee). Student-athletes must also immediately report any discrepancies in their bill statement to the grant-in-aid specialist in the Irwin Academic Center.

Payment may be made online, by U.S. Mail, by using University drop boxes, or in person at Room 100 of the Henry Administration Building.
Tuition refunds might be available to student-athletes who withdraw from classes. Information regarding the collection of any refunds is published on the University’s course registration web site.

ENCUMBRANCES:
Student-athletes who owe money to the University or who fail to meet the academic obligations of their college may be encumbered. An encumbered student may not be allowed to participate in early registration, may have all of their courses dropped, may not be allowed to register for future classes or may not be allowed to obtain copies of their college transcripts until the encumbrance is cleared. Additionally, freshmen who have incomplete medical records will be encumbered for the second semester. Once their medical information has been updated, the encumbrance will be lifted.

Student-athletes on scholarship will have financial encumbrances deducted from their room and board checks prior to direct deposits into their student-athlete bank accounts.
CLASSIFICATION OF STUDENTS:
Classification of an undergraduate student is made by the Office of Admissions and Records based upon the number of credit hours earned, which includes credit earned by examination or accepted for transfer by the University, whether or not such credit is applicable to the degree program. Classification for registration, certification, and assessment purposes is based on the following scale:
- Freshman standing 0-29.9 hours
- Sophomore standing 30-59.9 hours
- Junior standing 60-89.9 hours
- Senior standing 90 hours or more

The above scale is based on a 15 hour enrollment per semester. Since classification is based solely on the number of credit hours achieved, the length of time enrolled does not always coincide with official class standing.

GRADES AND THE GRADING SYSTEM:
Grade Reports:
Grade reports are available to all students through their UI Enterprise Self-Service account after the end of each term of enrollment; freshmen will also receive official mid-semester grade reports. With limited exceptions, University policy prohibits the disclosure of grades to any individual other than the student without the student’s consent.

Grading Scale:
The University’s grading system is based on a four-point scale. The most commonly used symbols, quality points and explanations are as follows:

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Quality Points</th>
<th>Explanation</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>4</td>
<td>Excellent</td>
</tr>
<tr>
<td>A</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>A-</td>
<td>3.67</td>
<td></td>
</tr>
<tr>
<td>B+</td>
<td>3.33</td>
<td>Good</td>
</tr>
<tr>
<td>B</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>B-</td>
<td>2.67</td>
<td></td>
</tr>
<tr>
<td>C+</td>
<td>2.33</td>
<td>Fair</td>
</tr>
<tr>
<td>C</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>C-</td>
<td>1.67</td>
<td></td>
</tr>
<tr>
<td>D+</td>
<td>1.33</td>
<td>Poor</td>
</tr>
<tr>
<td>D</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>D-</td>
<td>.67</td>
<td></td>
</tr>
<tr>
<td>F</td>
<td>0</td>
<td>Failure</td>
</tr>
<tr>
<td>W</td>
<td>0</td>
<td>Approved withdrawal without credit</td>
</tr>
<tr>
<td>I</td>
<td>0</td>
<td>Incomplete, approved extension</td>
</tr>
<tr>
<td>S</td>
<td>0</td>
<td>Satisfactory</td>
</tr>
<tr>
<td>U</td>
<td>0</td>
<td>Unsatisfactory</td>
</tr>
<tr>
<td>CR</td>
<td>0</td>
<td>Credit earned</td>
</tr>
<tr>
<td>NC</td>
<td>0</td>
<td>No credit earned</td>
</tr>
<tr>
<td>PS</td>
<td>0</td>
<td>Test-based credit</td>
</tr>
</tbody>
</table>

NOTE: The decision to use the “plus” and “minus” grading scale will be at the discretion of the individual department.
CALCULATING GRADE POINT AVERAGE (GPA):
The basic formula for determining GPA is: Total Quality Points/Total Graded Hours of Enrollment = GPA.

The example below demonstrates how GPA is calculated:

<table>
<thead>
<tr>
<th></th>
<th>Hours</th>
<th>Grade</th>
<th>Quality Points</th>
<th>Quality Points x Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Astr 100</td>
<td>3</td>
<td>B</td>
<td>3</td>
<td>3 x 3 = 9</td>
</tr>
<tr>
<td>Ger 101</td>
<td>4</td>
<td>A</td>
<td>4</td>
<td>4 x 4 = 16</td>
</tr>
<tr>
<td>Phil 100</td>
<td>3</td>
<td>B+</td>
<td>3.33</td>
<td>3 x 3.33 = 9.99</td>
</tr>
<tr>
<td>Rhet 105</td>
<td>4</td>
<td>A-</td>
<td>3.67</td>
<td>4 x 3.67 = 14.68</td>
</tr>
</tbody>
</table>

1. Determine the number of Quality Points received for each class completed. This can be done by multiplying the classes’ hours (the second column above) by the quality points earned by the grade received in the class (the fourth column above). In the example above, this student earned a “B” grade in the three (3) hour Astr 100 class. So, multiplying the three (3) hours assigned to the class by the three (3) Quality Points the student received for receiving a “B” grade, means the student earned nine (9) total quality points for Astr 100 (the fifth column above).

2. Add the total number of quality points earned in all the classes taken during the time frame to determine the Total Quality Points (here, one semester). In this example, the Total Quality Points is 49.67 (9 + 16 + 9.99 + 14.68) for the four classes.

3. Add the total number of hours completed and assigned a grade during the time frame to find the Total Graded Hours of Enrollment. Here, the student’s Total Graded Hours of enrollment is 14 hours.

4. Finally, to find the GPA, divide the Total Quality Points earned during the time frame (here, 49.67) by the Total Graded Hours of Enrollment in the time frame (here, 14) to get the GPA (here, 3.55).

Thus, 49.67 (Total Quality Points)/14 (Total Graded Hours of Enrollment) = 3.55 GPA

*To compute the cumulative GPA, all graded hours would be included from each semester.

**Note:** Courses with grades of S, U, CR, NC and PS are assigned no quality points as defined in chart on page 11. Therefore, they are not included in Total Graded Hours, which means they are not used to calculate GPA. However, these courses will count when calculating the total hours completed. For eligibility purposes, incomplete grades are computed as failing grades until the course is completed and a grade is reported.

CREDIT/NO CREDIT GRADING OPTION:
The University also offers a credit/no credit grading option which allows students to explore areas of academic interest that they might otherwise avoid for fear of poor grades. Students must achieve a grade of “C-” or better to receive credit for a course when this option is chosen. Instructors are not informed of the student’s decision to exercise this option because it is a department/college procedure. However, because there might be consequences and departmental regulations regarding this option, student-athletes should talk to a departmental academic adviser and athletic academic counselor before pursuing this option for any classes.

CHALLENGING ALLEGED CAPRICIOUS GRADES:
The University has developed procedures through which students can challenge grades they feel are capricious, meaning that: (a) the grade received by the student was based on something other than the student’s performance in the class; (b) the grade received by the student was based on a more demanding standard than the standard other students were held to; and (c) the grade received by the student represented a substantial departure from the instructor’s previously announced standards.

Student-athletes who question a grade they receive should first consult with their instructor and request verification of that grade. If the student and the instructor cannot arrive at a mutually agreeable solution, the student can file an appeal with the department or unit executive officer (or his or her designee). A more thorough discussion of this appeal process can be found in the University’s Student Code. If student-athletes feel that they received a capricious grade in a course, they are encouraged to consult with their departmental academic adviser or athletic academic counselor to determine their best course of action.
NONTRADITIONAL COURSES:
The University of Illinois has established basic policies and procedures for certain nontraditional courses such as distance-learning, correspondence, extension, independent study or any other course or credit that is not earned in a face-to-face classroom environment with regular interaction between the instructor and the student or that is not a structured online course with specific start and end dates. It should be recognized by all student-athletes that correspondence courses are not recommended for the purpose of improving grade point average or meeting additional hours required for eligibility for competition. Therefore, a deficiency in GPA or required hours for competition should be satisfied by attending summer school as opposed to taking one of the nontraditional courses mentioned above, specifically when a traditional course is available.

The University of Illinois has established the following basic policies in regards to the aforementioned types of nontraditional courses.

1. Students may not complete more than three lessons per week.
2. Lessons must be graded and returned before further lessons may be submitted.
3. A student must be enrolled in the course a minimum of six weeks before a final exam can be scheduled.
4. Final exams are not scheduled until all graded lessons have been returned to the student for review.
5. Nontraditional courses do not count as enrolled hours and are only recorded upon completion of the final exams.

DIA does not believe the above conditions are conducive to a student-athlete’s successful completion of requirements which may be necessary to obtain eligibility. Student-athletes are strongly discouraged from attempting nontraditional courses as a solution for correcting an eligibility deficiency.

DECLARING A MAJOR:
Remember, to maintain eligibility, student-athletes must declare a major prior to the beginning of their fifth academic semester. Declaring a major requires formal application for a specific baccalaureate degree program or approval for the coursework and program leading to the designated degree program. Student-athletes should discuss the procedures and requirements for declaring a major with their departmental academic adviser as well as their athletic academic counselor. If student-athletes decide to change a major, they should discuss their plans with an academic counselor prior to making any final decisions so that satisfactory progress may be monitored.

In most colleges, students may declare a major upon entering the University. However, a number of colleges also offer a general program of study for those students who choose not to declare a specific major upon admission.

CHANGING COLLEGES OR CURRICULUM:
Students may change colleges after their first year of enrollment. Prior to changing colleges, however, student-athletes should first meet with their athletic academic counselor to discuss what impact such a change might have on their eligibility. Student-athletes should also meet with the departmental academic advisor in the college they are considering transferring to in order to determine that college’s specific admission requirements and college change procedures. The academic advisers of their newly chosen college can also help ensure a smooth transition.

Students may initiate an inter-college transfer during the following periods within each term:
- Two weeks prior to the beginning of the Early Registration Period for each term. (Curriculum changes will not be allowed after early registration begins.)
- One week prior to the start of instruction for the term and through the first week of instruction.
- Other times designated by the specific college or department.

COLLEGE DEGREE AUDITS (PROGRESS TOWARDS DEGREE):
Following the conclusion of each academic year, each college will conduct an audit of all courses taken to determine whether each course taken by student-athletes fulfill degree requirements. These audit hours, not the total hours earned by a student-athlete, are used to determine continuing eligibility. This means, student-athletes should always be aware of the total audit hours and, when enrolling for courses, should choose courses that will allow continual progress towards a degree. Student-athletes are strongly encouraged to discuss all course selections with their departmental academic adviser and athletic academic counselor.

Failure to Make Satisfactory Progress Towards a Degree – Possible Outcomes: Undergraduate Students
Failure to make satisfactory progress toward a degree might result in the dean of a college placing a student on one of several types of probation or, in extreme cases, dropping the student from the University.
Reasons a Student Might be Placed on Probation (Probation Codes):

1 - A beginning freshman must earn at least a 2.0/4.0 in his/her first semester or the student will be placed on level 1 probation.
1A - A student with at least a 2.0 cumulative average, who did not earn at least a 2.0 semester GPA, will be placed on level 1A probation and will be required to achieve a 2.0 GPA during the next semester.
1B - A student with a cumulative average between 1.75 and 1.99 will be placed on level 1B probation and will be required to achieve a 2.25 GPA during the next semester.
1C - A student with a cumulative average less than 1.75 will be placed on level 1C probation and will be required to achieve a 2.33 GPA during the next semester.
1G, 1H, 1P, 1T - A student may be placed on probation at any time, and be required to obtain an established GPA, if the dean of the college judges that the student’s academic performance warrants such action. This “discretionary probation” may be level 1G, 1H, 1P, or 1T.

Note: Unless approved by a student’s college dean, grades earned in courses taken at another educational institution may not be used by that student to clear probationary status.

Additionally, transfer hours below “C” level may result in probationary status if the student total cumulative GPA is less than 2.0.

Reasons a Student Might be Dropped from the University of Illinois (Drop Codes):

17 - The student fails to earn at least a 1.0 (D) GPA in any academic semester, not including the summer.
17 - The student on probation fails to earn the established semester GPA unless the student achieves at least a 2.0 GPA during the semester or the student’s cumulative GPA reaches a 2.0.
18 - The student fails to make satisfactory progress toward a degree (such as repeated failure of a required course or failure to meet other conditions of progress towards degree).
18 - A non-degree or part-time student fails to complete conditions for admission or progress toward degree.

CODE OF CONDUCT AND CATEGORIES OF MISCONDUCT

CODE OF CONDUCT

Student-athletes are subject to the rules and regulations that govern all students at the University, as stated in the Student Code, which can be found online at: http://admin.illinois.edu/policy/code/. Each year, student-athletes should review the Student Code to make sure they understand their rights and responsibilities as a University student. Violations of the Student Code could result in discipline such as: reprimand, censure, conduct probation, suspension, and dismissal from the University as well as denial of future admission to the University.

In addition to these University sanctions, DIA reserves the right to take additional sanctions against student-athletes who fail to abide by any of the rules, regulations or requirements governing their conduct, as described below.

LEVELS OF MISCONDUCT:

DIA has identified two levels of misconduct (Category I Misconduct and Category II Misconduct). Engaging in such misconduct may result in student-athletes not being allowed to fully participate in the University’s intercollegiate athletic program.

Category I Misconduct:

Category I Misconduct is defined by DIA as any:

- Violation of a criminal law that is classified as a felony by the State of Illinois.
- Violation of a term of probation or other condition imposed by a court in a criminal proceeding.
- Serious violation of a term of probation or other condition imposed by a University official or a DIA administrator.

Preliminary Action:

The director of athletics (“director”) or the director’s designee may take preliminary action to temporarily suspend a student-athlete from participation in practice or competition and/or access to any athletic department services when the director has verified that a felony charge or charges have been filed against a student-athlete or when there is specific and credible information (for example, arrest records, statements of law enforcement officers, University records, third-party or witness statements, or admission by the student-athlete) for reasonably believing that the student-athlete may have committed a Category I Misconduct.

Sanctions for Category I Misconduct:

The director, in consultation with the Faculty Athletics Representative (FAR) and/or the appropriate University officials, will determine from specific and credible information whether there is a reasonable basis for concluding that the student-athlete has committed a Category I misconduct. Thereafter, the Director shall suspend the student-athlete from participation in practice, competition, and/or from receiving services provided by DIA. Furthermore, the Director may pursue revocation or modification of any athletically-related financial aid received by the student-athlete in accordance with NCAA and University procedures.
Category II Misconduct

Category II Misconduct is defined as any:

- Violation of a criminal law that is not classified as a felony by the State of Illinois, including laws pertaining to alcohol (such as driving while under the influence or possession of alcohol under the legal age).
- Violation of a term of probation imposed by a University official or DIA administrator that does not constitute a Category I Misconduct.
- Violation of a University discipline (such as a violation of terms of probation or suspension).
- Violation of University or DIA policies, rules, and/or regulations, including violations of the Student Code, violations of the University’s rules regarding academic integrity, and willfully giving false and/or malicious information to University officials or police officers.

Preliminary Action:
The director or the director’s designee will determine from specific and credible information that there is a reasonable basis for concluding that the student-athlete has committed Category II misconduct. The Director shall determine the appropriate sanction after consulting with the student-athlete’s Head Coach and assigned Sports Administrator. The Director may also consult with the FAR and appropriate University officials for recommendations regarding the appropriate sanction(s).

Sanctions for Category II Misconduct:
If a student-athlete commits a Category II Misconduct, sanctions that may be taken against the student-athlete include, but are not limited to: warning, reprimand, probation with or without conditions, requirements for restitution, conditions to encourage personal rehabilitation (e.g., counseling and community service), conditions related to satisfactory academic performance, suspension from practice, suspension from the competition, suspension from access to DIA services, and, if the student-athlete’s conduct is severe or frequent enough, dismissal.

Notice
If the University has a reasonable belief that a student-athlete committed Category I or Category II misconduct that is sufficiently serious to warrant a suspension of 10 days or more, the director or the director’s designee shall take the following action before making a determination that the student-athlete has committed the misconduct in question: (i) notify the student-athlete and University officials of the specific charge(s) of misconduct and substantiation concerning the charges; and (ii) provide an opportunity for a meeting at which the student-athlete may explain the circumstances, orally or by submission of a written statement.

The director shall notify the student-athlete and appropriate University officials, in writing, of any decision to impose sanctions based on the alleged misconduct. If sanctions are imposed, the written notice shall include a complete description of the appeal procedures available to the student-athlete.

APPEAL PROCEDURE FOR SANCTIONS FOLLOWING COMMISSION OF CATEGORY I OR CATEGORY II MISCONDUCT:

Step 1: To appeal sanctions imposed by the director or the director’s designee for committing Category I or Category II Misconduct, student athletes may submit, in writing, an appeal to the director or the director’s designee. In this written appeal, student-athletes must provide a full explanation of the basis for their appeal. The director or the director’s designee shall issue a written statement with the director’s decision.

Step 2: If student-athletes wish to continue to appeal the director’s decision after it has been issued, student-athletes must submit a request for a hearing before the Disciplinary and Welfare Athletic Review Panel (members of this panel include appointees from the Chancellor’s Office, the Director of Athletics’ Office, the Athletic Board, the Faculty Athletics Representatives, and an officer of the SAAC Committee). Requests for appeal to the Athletic Review Panel must be submitted within five (5) University business days of the issuance of the director’s decision. Following the hearing, the Athletic Review Panel will provide the student-athlete with a written decision.

Step 3: If student-athletes are not satisfied with the decision of the Athletic Review Panel, they may appeal the Athletic Review Panel’s decision to the Office of the Chancellor within five (5) University business days following receipt of the written decision. The Office of the Chancellor shall render a decision within thirty (30) calendar days.

REQUEST FOR REVIEW BASED ON SUBSTANTIAL CHANGE IN CIRCUMSTANCES:
If there is a substantial change in circumstances affecting student-athletes who have been suspended from participation in practice, competition, and/or services provided by DIA, they may petition the director to review their suspension, based on the changed circumstances. Such petitions may include written statement in support of the request. Thereafter, the director shall consult with the FAR and other appropriate University officials on whether the suspension should be modified. If circumstances warrant a change in a suspension, a student-athlete may be reinstated by the director of athletics to resume participation in practice, competition, and/or services provided by DIA.

Dismissal or reduction of a criminal charge is a change of circumstances that may or may not justify revision of a suspension from participation in practice, competition, and/or services by DIA depending on the facts underlying the dismissal or reduction of charges.
KEY POLICIES GOVERNING STUDENT-ATHLETE CONDUCT

SUBSTANCE ABUSE (DRUG AND ALCOHOL PROGRAM):

Use of alcohol and drugs can impair mental and physical performance and have a negative effect on the health and safety of student-athletes. The use of unauthorized drugs not covered by the team physician, the abuse of alcohol or the use of illegal drugs by student-athletes shall be grounds for disciplinary action. Student-athletes may be suspended from the team by the head coach and from further practice and/or competition until the problem has been resolved.

Education:

DIA has educational programs in place for student-athletes to increase their awareness of the dangers of drug and alcohol use and abuse. All DIA coaches attend lectures where the Drug Testing Policy and Procedures are explained.

Treatment Program:

Student-athletes desiring substance abuse treatment are encouraged to utilize the resources available to all University of Illinois students, such as the Counseling Center and the McKinley Health Center. Student Health Insurance also covers some off-campus resources which can be accessed by student-athletes through referrals from the team physician or the McKinley Health Center. Student-athletes can utilize these resources before, during or after the drug testing program.

If the student-athlete has negative drug screens for a total of 12 months and the medical care team feels the student-athlete no longer requires drug counseling and treatment, further care may be at the student-athlete’s own expense. Such expenses can also be paid through the appropriate sport program’s budget as determined by DIA. Student-athletes can be discharged from treatment at the discretion of the medical treatment team when counseling and treatment requirements have been met.

Drug Testing:

DIA’s Drug and Alcohol program includes a drug testing program administered under the authority of the team physician. All student-athletes shall submit urine specimens to be analyzed under medical procedures designated by the team physician at various intervals throughout the year. DIA uses drug testing in its Drug and Alcohol program in order to: (1) to protect the health and safety of its student-athletes; (2) to identify substance abusers and to provide counseling and treatment for them; (3) to serve as a deterrent to drug use by the student-athlete; and (4) to promote education of the student-athlete;

METHOD OF DRUG TESTING

Tests will be conducted for street drugs such as amphetamines, cocaine, marijuana, synthetic cannabinoids, and PCP as well as anabolic steroids and other so-called “performance enhancing” drugs. Alcohol related blood, breath, and urine testing may also be conducted in some cases to evaluate treatment compliance or suspected problems.

The testing may occur at any time, announced or unannounced.

New student-athlete testing results will commence for student-athletes when their respective team reports for their first official practice prior to the start of classes or after the first day of fall or spring classes, whichever occurs earlier.

A certified athletic trainer or other professional staff will collect the urine specimens.

The urine specimens will be transported to a licensed laboratory for analysis. Appropriate precautions will be observed to correctly identify the urine specimens, assure accuracy and maintain confidentiality of test results.

CONFIDENTIALITY

Confidentiality of the information and documents resulting from the student-athlete’s participation in this medical program will be in accordance with the law. During the course of the examination, the team physician will acquire information necessary to enable the physician to professionally serve the patient. The medical records are not subject to review by any person other than the physician and the patient and shall remain in the custody of the physician. The medical information (including urine specimens, codes and other identification of specimens and test results) shall remain confidential information. The team physician may inform only the student-athlete, his/her parents (when appropriate), his/her athletic trainer, his/her head coach, his/her sport program administrator, the athletic director, and other medical treatment personnel of the test results. Those notified shall not inform any other person of the test result.

PHYSICIAN-PATIENT CONFERENCE

The team physician will meet privately with the student-athlete to discuss positive test results and provide the student-athlete an opportunity to comment on the test results or medical findings and, in particular, to explain why a false positive test result may have been received. The team physician shall give those comments such consideration as may be appropriate in arriving at medical conclusions.

PRESCRIPTION DRUGS

Student-athletes who are taking drugs pursuant to a prescription from a physician may register this fact with the team physician in writing. This information helps enable the team physician to determine the medical qualification of a student-athlete to participate in the sports program. Further, it is possible that some prescription drugs may result in a positive test in this program.

PRIOR DISCLOSURE OF THE USE OF A PRESCRIPTION DRUG HELPS AVOID A FALSE POSITIVE TEST RESULT
MEDICALLY QUALIFIED TO PARTICIPATE
Under medical regulations established by the Big Ten, the team physician has final authority to determine whether the student-athlete is medically qualified to participate in practice and competition. The team physician’s decision shall be made bearing in mind one of the fundamental purposes of the program, namely, protection of the student-athlete’s health and safety.

OUTCOMES FOLLOWING A POSITIVE DRUG TEST:
Student-athletes who test positive for any of the following substances are subject to medically appropriate actions (including mandatory treatment), increased levels of drug testing and appropriate disciplinary action, up to and including dismissal from their team: marijuana; synthetic cannabinoids; benzodiazepines; barbiturates; opioids; cocaine; amphetamines; heroin; other stimulant-type drugs not prescribed by a licensed practicing medical provider; anabolic steroids; and other performance-enhancing drugs. Alcohol-related incidents involving legal action (such as a DUI charge or citations for public intoxication or underage drinking) may also subject student-athletes to these actions.

DIA is in the process of reviewing and renewing its Drug and Alcohol Program policy. More specific descriptions of the outcomes for positive drug tests will be included in any revised policy. Student-athletes will receive a copy of the revised policy once it has been completed.

REFUSAL TO PARTICIPATE
Student-athletes who refuse to participate in any part of the drug testing program or any other medical procedure under the authority of the team physician will be withheld from practice and competition in all varsity intercollegiate sports.

SCHOLARSHIPS AND FINANCIAL AID
Renewals of financial assistance are not automatic. A tender may not be renewed if the student-athlete is suspended from an athletic team for participating in the use of, sale of, or distribution of any narcotic drug or controlled substance.

STUDENT-ATHLETE HAZING POLICY:
Hazing is strictly prohibited and will not be tolerated among or between student-athletes.

In the section 1-302(d) of the Student Code, the University defines hazing as “any action taken or situation created for the purpose of initiation into, admission into, affiliation with, or as a continued membership in, a group or organization, to produce physical discomfort or injury, mental discomfort, embarrassment, or ridicule.”

Examples of hazing include, but are not limited to, the following:
- Use of alcohol;
- Paddling in any form;
- Creation of excessive fatigue;
- Physical and psychological shock;
- Wearing of apparel which is conspicuous or not in good taste;
- Engaging in public stunts;
- Degrading or humiliating games and activities; or
- Any activities which are not consistent with the academic mission, organizational ritual or policy, applicable state or local law, DIA policies or Big Ten and NCAA rules or regulations.

An individual’s willing participation in an activity does not justify participation in or sponsorship of the activity.

Any violation of this policy should be reported to DIA, Dean of Students, or the Office for Student Conflict Resolution.

Note: Hazing activities may also violate the Illinois Hazing Act 720 ILCS 120/0.01

Sanctions
Any activity or language that amounts to hazing in violation of the above policy is subject to investigation and possible sanction by the University and/or DIA.

Sanctions imposed by the director of athletics may include but are not limited to, the following:
- Written notification from the director of athletics to the student-athlete outlining the hazing policy.
- Suspension from the team for a prescribed period.
- Indefinite suspension from the team.
- Dismissal from the team.
- Non-renewal or reduction of athletic grant-in-aid.
GAMLING, BRIBERY AND OTHER SPORTS WAGERING ACTIVITIES:
Sports wagering is a serious issue that can have tragic consequences for student-athletes who participate in such activities. Student-athletes are strictly prohibited from participating, directly or indirectly, in any gambling activity involving intercollegiate or professional athletics.

Prohibited sport wagering activities include, but are not limited to:
- Putting up anything of value (money, merchandise, gift certificates, meals) in order to potentially win anything else of value. Examples of this type of prohibited wagering include, but are not limited to:
  - Betting with a bookie or with your friends, family or teammates;
  - Participating in fantasy leagues;
  - Participating in internet contests and betting pools; and
  - Participating in March Madness or other similar brackets.
- Providing any information concerning intercollegiate competition to any individual involved in gambling activities. (Thus, student-athletes and their families should be alert for individuals who are inquiring about the expectations of the team or the status of a key player for an upcoming competition); and
- Engaging in activities designed to influence the outcome of an intercollegiate contest or in an effort to affect win-loss margins (“point shaving”).

Sanctions:
Gambling on intercollegiate athletic events or bribing participants is against federal, state, and local laws, contrary to NCAA rules and carries stiff penalties for offenders. Per NCAA rules, any violation of the rules regarding gambling by prospective or enrolled student-athletes will result in a loss of eligibility for further intercollegiate competition for a minimum of one season. Involvement in point shaving or wagering on DIA teams will result in student-athletes losing all remaining regular-season and post-season eligibility in all sports.

Student-athletes may be expelled from the University for failure to report a solicitation to be a party to sports bribery or if they become agents of the gambling industry through the process of distributing handicap information or handling bets. Finally, student-athletes engaged in point shaving, bribery and other activities might be subject to criminal fines and incarceration.

SOCIAL NETWORKING POLICY
Public Media – Public media refers to techniques used to communicate messages (dissemination of fact, opinion, and entertainment) and whose mission is to serve or engage a public. Public media domains include print outlets (such as newspapers, books, magazines, posters, flyers, etc.), traditional public and commercial broadcasts (such as TV, radio, film), digital (such as the Internet, e-mail, social networks, podcasting, chat rooms and blogging), and any new platforms and distribution mechanisms to expand reach and engage audiences (listeners, users).

When utilizing any public media outlets, student-athletes are expected to conduct themselves responsibly as members of their respective team, DIA, and our University.

Social Networks – Social network sites such as Facebook, MySpace, and Twitter and any other new digital platforms and distribution mechanisms facilitate student communicating with others. Participation in such networks has both positive appeal and potentially negative consequences. It is important that our student-athletes be aware of these consequences and exercise appropriate caution if they choose to participate.

Student-Athletes are not restricted from using any on-line social network sites and digital platforms (such as the Internet, e-mail, podcasting, chat rooms, and blog sites). However, users must understand that any content they make public via on-line social networks or digital platforms is expected to follow acceptable social behaviors and also to comply with federal government, State of Illinois, University, DIA, Big Ten and NCAA rules and regulations.

Facebook and similar directories are hosted outside the University server. Violations of University policy (e.g., harassing language, University alcohol or drug policy violations, etc.) or evidence of such violations in the content of on-line social networks or digital platforms are subject to investigation and sanction under the University’s Student Code, DIA policies, and other University policies. Matters may also be pursued by law enforcement officers and student-athletes may be sued in a civil proceeding for abusive or false statements made about another person.

It is incumbent upon student-athletes to be aware of University regulations. Ignorance of these regulations does not excuse student-athletes from adhering to them.
GUIDELINES
The following guidelines are intended to provide the framework for student-athletes to conduct themselves safely and responsibly in an on-line environment. Student-athletes at Illinois should:

1. Be careful with how much and what kind of identifying information is posted on on-line social network sites. Virtually anyone with an e-mail address can access social networking pages. It is unwise to make available information such as full date of birth, social security number, address, resident hall room number or other home addresses, phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All can facilitate identity theft or stalking. Facebook and other sites provide numerous privacy settings for information contained in its pages; use these settings to protect private information.

2. Be aware that potential current and future employers often access information placed on on-line social network sites. Student-athletes should think about the impact any information posted on Facebook or similar directories might have on prospective employer’s image of them. The information posted is considered public information. Student-athletes should maintain a self-image that they can be proud of several years from now.

3. Be careful in responding to unsolicited e-mails asking for passwords or PIN numbers. Reputable businesses do not ask for this information in e-mails.

4. The University respects its students’ freedom to examine and discuss all questions of interest to them and permits them to express their opinions publicly and privately as guaranteed by the First Amendment and the Student Code. However, not all speech is protected speech. Speech that is threatening, vulgar, lewd, or that invades the rights of others will not be protected, even if done in an on-line social network forum.

CONDUCT
The University and DIA prohibit inappropriate behavior that seriously undermines the goals and integrity of the University and the mission of DIA when utilizing public media outlets. It is important that student-athletes recognize the power of public media domains and the potentially negative image that they can portray about student-athletes, coaches, the athletics program, and the University.

Student-athletes are expected to communicate about their teammates and coaches respectfully while using on-line social networks or any public media domain. Examples of disrespectful comments and behavior that will not be tolerated are:

1. Derogatory language and personal comments about their teammates or coaches; other Illinois student-athletes or coaches; student-athletes, coaches, athletics administrators or representatives of other universities or colleges; University faculty or staff; or other athletics officials, administrators, or representatives.

2. Threats to any person.

3. Comments that create a serious danger to the safety of another person or that make a credible threat of serious physical or emotional injury to another person.

4. Incriminating photos or statements depicting violent conduct; hazing; sexual harassment; gambling; vandalism; stalking; underage drinking; selling, possessing, or using controlled substances; or any other illegal or prohibited conduct.

If student-athletes are found to be inappropriately using an on-line social network, they will be in direct violation of this policy and subject to the appropriate sanctions administered by the University and/or DIA.

Sanctions
Any activity or language in violation of the above policy is subject to investigation and possible sanction by the University and/or DIA, as well as civil authorities.

Sanctions imposed by the director of athletics may include, but are not limited to, the following:

• Written notification to the student-athlete outlining the policy and requiring that content in violation of this policy be removed or the social network account be deactivated;

• Temporary suspension from the team until prescribed conditions are met;

• Suspension from the team for a prescribed period;

• Indefinite suspension from the team;

• Dismissal from the team; or

• Non-renewal or reduction of athletic grant-in-aid.
SPORTS MEDICINE/ATHLETIC TRAINING SERVICES

DIA is concerned with the health care of all its student-athletes. The Sports Medicine/Athletic Training Program is primarily responsible for the delivery of the health care system to these student-athletes. This includes prevention, evaluation, treatment and rehabilitation of injuries or illnesses sustained during practices or games.

Good facilities with certified athletic trainers are available for the prevention, evaluation, treatment and rehabilitation of injuries or illnesses sustained during practices or games. Should it be necessary to utilize specialists, excellent consultants are available in all areas.

EVALUATION:

Physical Examinations — Student-athletes must have a physical examination by a team physician, a sickle cell status, and medical insurance form on file before participating in any intercollegiate sport at the University. The final decision on physical qualifications or reason for rejection shall be the responsibility of the team physician. It is the policy of the NCAA that only one athletic physical exam is required during a college sports career. All eligible student-athletes who are returning will complete a health questionnaire and will have their previous medical history reviewed by the athletic training staff and team physicians.

TREATMENT:

DIA is responsible for services administered to student-athletes who are injured in a practice and/or competition. The word injury applies only to those ailments that are caused by the participation in a practice or competition.

Out-of-Sport Injury or Illness — DIA is not responsible for any injury or illness not caused by the participation in a practice or competition, such as the removal of tonsils or appendix by surgical procedure. However, the sports medicine department may review, on a case-by-case basis, any medical services or fees incurred during the time student-athletes are not participating in their sport.

Unauthorized Equipment — The use of unauthorized equipment not approved by the athletic training staff shall be grounds for disciplinary action. Student-athletes may be suspended from the team by the head coach and from further practice and/or competition until the problem has been resolved.

Injury/Illness — All injuries received during practice or competition must be reported to the athletic training room within three days of the injury, where an examination will take place and treatment prescribed.

Referral/Consultation — The team’s physicians have at their disposal medical consultants in every field of the medical profession. If student-athletes are sent to a medical consultant, they will be given a referral form or a phone call will be made on their behalf to arrange for an appointment. If, for any reason other than a life-threatening situation, student-athletes go to a doctor or hospital without prior approval of the team physicians or the athletic training staff, the student-athletes will be responsible for those fees incurred.

McKinley Student Health Service — The student health service provides Preventive Health Awareness and Health Education Programs for all students.

Team Physicians — Team physicians pride themselves on their availability to the student-athletes. Team physicians play an integral part in the overall administration of the sports medicine program and always have the best interest of the student-athletes at heart. Team physicians assist in providing a quality health care system for all student-athletes and as well as sustaining a strong rapport between the University and the medical community. Team physicians conduct a medical clinic daily.

Dental Care — All dental injuries are to be reported to the athletic training staff during practice or competition where such injuries take place or immediately thereafter. Routine dental care, such as routine examinations, dental cavities, wisdom tooth extractions, etc., will be reviewed on a case-by-case basis by the sports medicine department. DIA will be responsible for all dental problems caused by an injury while participating during official Illinois-supervised practice and/or competition.

Eye Glasses and Contact Lenses — All athletic eye glasses must be safety glasses with shatter proof lenses and frames. Contact lenses will be purchased for student-athletes who, in the opinion of the individual sports athletic trainer, are in definite need of them for practice and competition. Replacement of lost lenses will be furnished by DIA only if they are lost or damaged during practice or competition. If student-athletes lose or break their lenses, they must report the loss or break during that practice. Student-athletes are highly encouraged to carry a contact lens insurance policy.

Hospitalization and Surgery — If student-athletes require either hospitalization or surgery, the team physician or the athletic trainer will call the student-athlete’s parents and advise them of the information concerning the case.

Payment of Medical Bills Program — DIA’s program for paying student-athletes medical bills is an excess coverage. Any claim for benefits must first be filed with the student-athlete’s family group insurance and then filed with the University student insurance program. After all insurance benefits have been exhausted and the claim has been paid or denied according to the explanation of benefits, the DIA will pay any remaining amounts up to the limits of the program. If a student-athlete has family group insurance coverage, it must be utilized prior to filing with the student insurance. The premiums do not rise in cost when you file a claim.

Every student-athlete is automatically enrolled in the university student insurance program regardless of whether they have family group insurance. If an individual has previously signed a waiver for student insurance, it must be rescinded so that the student insurance will be reinstated. Any individual who does not have an insurance policy will not be issued equipment and will not be allowed to participate in organized athletics.
The DIA athletic insurance program covers injuries sustained by a student-athlete only during official Illinois-supervised practice and/or competition. Any injury must be reported by the student-athlete and evaluated by the sports medicine staff within three days of the injury, or within 24 hours of receiving emergency care. After evaluation, the student-athlete may be referred to a specialist in the local medical community. If a student-athlete wishes to seek other medical attention (i.e., Physical therapy, etc.), prior written approval must be obtained from the sports medicine staff. Unapproved consultations or treatments are not covered by DIA.

The DIA program for paying student-athletes’ medical bills is an accident policy and thus does not cover the following:

- An injury sustained in an activity, which is not associated with a Illinois-supervised intercollegiate activity and/or competition
- A chronic or recurrent injury, which was, sustained prior to or outside of participation in athletics at Illinois
- Any degenerative or overuse problem as diagnosed by a physician
- Any sickness or illness (prescriptions will be covered if needed)

The DIA does not assume any financial responsibility for any bills. The student-athlete and/or student-athlete’s family are ultimately responsible for payment pending the insurance company’s decision. However, if the proper referral and insurance procedures are followed, DIA will pay the remaining amounts generated from the care of an athletic injury and thus minimize the out-of-pocket expenses to the student-athlete. If student-athletes receive any bills, they should forward the bills to the sports medicine department as quickly as possible so that bills may be processed in a timely manner. DIA will not be responsible for the payment of any medical bills or outside medical treatment incurred 52 weeks after the date of the initial injury unless a specific extension request by the student-athlete is initiated and approved by the team physician, head trainer and director of athletics.

ATHLETIC TRAINING

Athletic Training Rooms — The Main Training Room is located in the northeast tower of Memorial Stadium. Huff Hall Athletic Training Room is located in the northeast corner of the basement. Other satellite athletic training rooms are available at the various practice facilities.

Treatment of athletic injuries prescribed by the team physician will be done daily. Treatment times will be scheduled by the team’s athletic trainer. It is the student-athlete’s responsibility to be present at the scheduled time, unless arrangements are made in advance.

All student-athletes must participate in practice and games except when declared unable to participate by the head athletic trainer or his/her designated representative or the team physician.

All student-athletes must follow all instructions of the head athletic trainer or his/her designated representative in all matters regarding the care and prevention of athletic injuries. In case of a serious injury or disability, the team physician will make the final decision as to whether or not an individual is able to participate.

If emergency treatment is required when a student-athlete is injured during scheduled practice or competition when the training room is closed, the sports medicine staff must be contacted. If a member of the sports medicine staff cannot be reached, the student-athlete should go immediately to the student health center or local emergency room.

If a life-threatening situation exists, call 911 or 9-911 from an on-campus phone and then call a member of the sports medicine staff.

STUDENT-ATHLETE PREGNANCY POLICY AND GUIDELINES:

DIA will not discriminate against or punish a female student-athlete who becomes pregnant. Pregnancy places unique challenges on student-athletes. DIA has instituted this policy and guidelines for the protection of the student-athlete and her developing fetus.

What to Do if Student-Athletes Become Pregnant:

Pregnant student-athletes are encouraged to be forthright about their circumstances and to seek counsel and medical care. As soon as a student-athlete learns that she is pregnant, she should notify her coach, head athletic trainer, sport administrator or the director of athletics as well as her personal physician/OBGYN, family or others who are important to her. This notification is necessary so that appropriate medical and emotional support can be made available. The coach, athletic trainer, and others who are informed are encouraged to maintain confidentiality.

Training and Competition:

DIA reserves the right to restrict a student-athlete’s continued participation in competitive sports, based on consultation with the student-athlete, the coach, medical personnel and others. Assessing the risk of strenuous activity in pregnancy is difficult.

When making such decisions, these individuals shall use the following guidelines:

- The safety to participate in each sport must be dictated by the movements and physical demands required to compete in the sport. Many medical experts recommend that women avoid participating in competitive contact sports after the 14th week of pregnancy. Athletic activities associated with a high risk of falling should be avoided during pregnancy.
- Women who have medical conditions that place their pregnancies at high risk for complications should avoid physical activity until consultation with their obstetrician. The student-athlete should be aware of the warning signs to terminate exercise while pregnant: vaginal bleeding, shortness of breath prior to exercise, dizziness, headaches, chest pain, calf pain or swelling, pre-term labor, decreased fetal movement, amniotic fluid leakage and muscle weakness.
Counseling and discussion involving the pregnant student-athlete and a certified physician, written consent from the student-athlete’s physician, and consultation with our certified head athletic trainer and director of athletics or designee must all occur before a determination is made whether to permit the student-athlete’s participation in practice and/or competition during pregnancy.

Status on the Team and Athletic Grant-In-Aid:
The pregnant student-athlete’s athletic grant-in-aid, team membership status, benefits, or responsibilities will not be withdrawn during the period of the award because of pregnancy. The student-athlete’s physician and head athletic trainer will determine whether or not the student-athlete is cleared to return to participation following pregnancy. NCAA rules permit a one-year extension of the five-year period of eligibility for female student-athletes for reasons of pregnancy. If the student-athlete chooses not to continue participating, it will be considered a voluntary withdrawal from the program and athletic aid will not be renewed for the following academic year.

Confidential Counseling:
It is important for the student-athlete to have appropriate counseling regarding her medical condition and risk of injury to themselves and to the fetus. The team physician will provide counseling referrals for student-athletes who are pregnant. Such referrals could be through the McKinley Health Center, the University Counseling Center or other health care professionals as deemed necessary by the team physician.

Medical Expenses:
DIA is not obligated to cover any medical expenses associated with the student-athlete’s pregnancy. All medical expenses that are a result of pregnancy are the responsibility of the student-athlete. It is recommended that if a student-athlete becomes pregnant she should refer to the “Student Injury and Sickness Insurance Plan” brochure published by the University Student Insurance Office.

COMPLIANCE

While enrolled at the University, student-athletes must always be alert to possible situations that may affect their eligibility. Understanding the appropriate application of NCAA rules to real-life situations is not always easy. However, student-athletes must be able to recognize when they are involved in a situation where NCAA rules might apply and must remember to contact the appropriate coach or the compliance office for assistance. Student-athletes who lack this sort of awareness or who fail to seek guidance from the appropriate person, are destined to encounter problems.

The information presented in this section addresses some general rules and situations. For questions regarding NCAA or Big Ten rules, always contact the compliance office directly. The compliance office is counting on everyone to do their part to uphold the integrity of the varsity teams, DIA, and the University.

AMATEURISM

Student-athletes must maintain their amateur status to be eligible to compete in intercollegiate athletics. Therefore, student-athletes may not accept payment of any kind, directly or indirectly, for participating in their sport. Student-athletes may, however, receive actual and necessary expenses for practice and/or competition from the University. In rare situations, they may also receive money from their respective sport’s national governing body or an amateur sports club, depending upon the type of competition and the circumstances related to each competition. Student-athletes and their parents should check with their head coach or the compliance office before accepting such assistance.

Student-athletes cannot be compensated for the value that they may bring to an employment opportunity because they are a recognizable University student-athlete. This includes all employment arrangements such as summer jobs, internships, and sport camps operated by the University, high schools, or other private entities. It is also not permissible for student-athletes to make appearances that may imply endorsement of a commercial enterprise or product. Examples include an appearance at a grand opening of a sporting goods store, or referring to an advertiser during a radio interview. Modeling that a student-athlete may have done prior to collegiate enrollment may be continued with certain restrictions, but must be cleared with the compliance office.

EMPLOYMENT

NCAA rules provide specific criteria that must be met regarding student-athletes’ employment during the academic year, which is defined as the entire time period beginning on the first day of fall semester classes and ending on the last day of spring semester classes or the day of a student-athlete’s last final exam (whichever occurs later). In order to ensure compliance with the NCAA rules in this area, student-athletes must receive written permission to work from the compliance office PRIOR TO commencing any kind of employment at any time during the academic year. Forms that student-athletes can use to initiate the process of securing written approval are available from the compliance office. If the request is approved, a compliance office representative will meet with the student-athlete to provide a written description of how NCAA rules apply to the student-athlete’s specific employment arrangement.
EXTRA BENEFITS

It is not permissible for student-athletes, or their relatives and friends, to receive any kind of “extra benefit” or “preferential treatment” that is not made available and provided to the general public or the general student body under the same terms and conditions in which it is made available and provided to student-athletes or their relatives and friends.

It is not permissible to accept such “extra benefits” or “preferential treatment” from staff members, representatives of the institution’s athletics interests (i.e., “boosters”), business owners, or other individuals.

Specifically, the NCAA defines an extra benefit as “any special arrangement by an institutional employee or a representative of the institution’s athletics interests to provide a student-athlete or the student-athlete’s relative or friend a benefit not expressly authorized by NCAA legislation”. Preferential treatment is receiving a benefit, discount or service based on an individual’s athletic reputation or skill or pay-back potential as a professional athlete.

Receipt of a benefit by student-athletes or their relatives or friends is not a violation of NCAA legislation if it is demonstrated that the same benefit is generally available to the institution’s students or their relatives or friends or to a particular segment of the student body (e.g., foreign students, minority students) determined on a basis unrelated to athletic ability.

Examples of Extra Benefits:

The NCAA Manual specifically identifies several types of “extra benefits” that are not permitted. An all-inclusive list is not provided here, or in the NCAA Manual, but some examples include:

- **Discounts and Credits**

  Student-athletes and their relatives and friends may not receive a special discount, payment arrangement or credit on a purchase (e.g., greens fees, court time, airline ticket, clothing, rent, food) or a service (e.g., laundry, haircut, dry cleaning) unless it is offered and made available to the general public or the general student body under the same terms and conditions in which it is made available and provided to the student-athlete and their relatives and friends. Discounts or credits provided to student-athletes and their relatives and friends that are based upon the student-athlete’s participation in athletics, athletic ability, or notoriety achieved as a result of athletics are not permissible.

- **Free or Reduced-Cost Services**

  An athletics representative may not provide a student-athlete or their relatives and friends with professional services (for which a fee normally would be charged) without charge or at a reduced cost except as permitted by a specific NCAA rule. Professional services provided at less than the normal rate or at no expense to student-athletes and their relatives and friends are considered an extra benefit unless they are available on the same basis to the general student body.

  Services provided to enrolled student-athletes such as the availability of tutors at no cost, academic counseling, and the availability of private computer labs in the Irwin Academic Center are examples of benefits that are permitted by NCAA rules.

- **Student-Athletes Selling Items Received for Participation in Intercollegiate Athletics**

  Student-athletes shall not sell any item received for intercollegiate athletics participation or exchange or assign such an item for another item of value, even if the student-athletes’ name or picture does not appear on the item received for intercollegiate athletics participation.

- **Telephone and Credit Cards**

  Student-athletes and their relatives and friends cannot use a telephone or credit card for personal reasons without charge or at a reduced cost.

- **Entertainment Services**

  Student-athletes and their relatives and friends cannot receive services (e.g., movie tickets, dinners, use of car) from commercial agencies (e.g., movie theaters, restaurants, car dealers) without charge or at reduced rates, or free or reduced-cost admission to professional athletics contests from professional sports organizations, unless such services also are available to the student body in general.

  With regard to “preferential treatment”, NCAA rules state that student-athletes and their relatives and friends cannot receive “preferential treatment, benefits or services because of the student-athlete’s athletics reputation or skill or pay-back potential as a professional athlete, unless such treatment, benefits or services are specifically permitted under NCAA legislation.”

It is important to understand that if student-athletes or their relatives and friends receive an “extra benefit” or “preferential treatment” as defined by the NCAA, the student-athlete’s eligibility will be adversely affected. In all cases, the value of the extra benefit, or what was received as a result of preferential treatment, must be repaid if it is found that a violation of NCAA rules occurred. In many cases, the student-athlete will also be suspended and withheld from one or more future competitions.
REPRESENTATIVES OF ATHLETICS INTERESTS
Student-athletes and their relatives may come into contact with representatives of the institution’s athletics interests. These individuals are often referred to as “boosters”. The NCAA defines a “Representative of Athletics Interests” or a “booster” as anyone who has, at any time:
1. Been a member of a sports booster club, such as the “Rebounders” or “Quarterback Club”;
2. Made a donation to any of the University men’s or women’s athletic programs;
3. Assisted in the recruitment of prospective student-athletes;
4. Arranged for or provided summer employment for enrolled student-athletes;
5. Assisted in providing any benefit to enrolled student-athletes or their families;
6. Been involved in promoting the University athletic program;
7. Purchased season tickets for University athletic events.
These representatives’ activities and their interaction with student-athletes and student-athletes’ relatives and friends are strictly regulated by NCAA rules.

PRACTICE AND COMPETITION TIME
Student-athletes’ participation in mandatory countable athletically-related activities is limited to a maximum of four (4) hours per day and twenty (20) hours per week when the student-athletes’ sport is “in season”. Examples of countable athletically-related activities include: practice; competition; mandatory strength training or conditioning; individual workouts required or supervised by a coach; captain’s practices; and mandatory or supervised film or videotape reviews.

Examples of activities that are not countable include: training table; physical rehabilitation; dressing; taping; academic study hall; compliance meetings; academic tutoring sessions; travel to and from practice and competition; medical exams or treatments; and voluntary workouts supervised only by strength and conditioning staff members.
During the declared playing season, student-athletes must be given a minimum of one day off per week on which no countable athletically-related activities can occur. A day of competition counts as three hours, regardless of the actual duration of the competition and the “pre-and post-game” activities. Practice may not be conducted following a competition on the same day that the competition occurs and may not occur between midnight and 5 am.

Student-athletes’ participation in countable athletically-related activities that occur during their sport’s “off-season” during the academic year is limited to eight hours per week. Such participation is limited to mandatory strength training and conditioning. Two of the eight hours per week may be spent on individual skill instruction in all sports. This skill instruction can involve no more than four team members at any one time at any location, prior to September 15 and after April 15. While such skill instruction is not permitted in football during the off-season, eligible football student-athletes can watch video with their coaches for up to two of the eight hours permitted each week during the off-season during the academic year.

During the academic year outside the declared season, student-athletes must be given a minimum of two days off per week on which no countable athletically-related activities may occur. No athletic activity may be required during a vacation period outside a student-athlete’s sport’s season.

NCAA rules prohibit a student-athlete from missing class for the purpose of participation in any practice activities, except when a team is traveling to an away-from-home contest and the practice is in conjunction with the contest. These rules apply whether or not the class instructor monitors attendance or approves of the missed class time.

TEAM TRAVEL
When a student-athlete makes the team’s travel squad, his or her transportation, lodging, and meals will be provided when traveling to away-from-home competitions. Student-athletes will be responsible for personal hotel charges on team trips, such as long distance calls or room service. Personal hotel charges must be paid at the front desk before the team checks out of the hotel.

TICKET POLICY
In sports for which the University charges a fee for admission, each eligible student-athlete in that sport may reserve complimentary admission for a maximum of four (4) guests through the athletics ticket office website (www.playerguest.com). A guest may not be designated by more than one student-athlete to receive a complimentary admission for any one game. Instructions on how to access and navigate this website are located in all of the student-athlete computer labs.

Student-athletes may not go to a coach, manager, or staff member to receive an admission under any circumstances. In addition, a coach, manager, or staff member may not ask to use any of the student-athlete’s complimentary admissions.

All guests of student-athletes must present proper identification at the complimentary admission receiving area. Examples of proper identification include a student ID, a driver’s license, a social security card, or a picture ID. If acceptable ID is not presented, admission will be denied.

Any potential guest appearing at the complimentary admission receiving area but not listed will be denied a complimentary admission and be required to purchase a ticket (if available).
Student-athletes may not sell or exchange a complimentary admission for any item of value. Any violation of these rules will jeopardize the student-athlete’s eligibility with the NCAA. In addition, the University will impose a three-game suspension of privileges for the first offense. Any subsequent offense will result in the loss of complimentary admissions for the entire year.

All students are admitted free into all sports other than football, men’s basketball, women’s basketball and volleyball. Big Ten rules require every person, regardless of age, to have a ticket to enter football and men’s basketball events. Complimentary admissions for these events are provided only for men’s football and men’s basketball student-athletes.

IN INVOLVEMENT WITH RECRUITS

Student-athletes may write to prospects to encourage their enrollment at Illinois, but it may not be done at the direction and/or the expense of the University. Student-athletes may not telephone recruits, but may accept telephone calls made at the prospect’s expense during the recruit’s senior year.

Student-athletes are also prohibited from making any public statements about recruits. This includes, but is not limited to, statements to members of the media and postings on websites such as Twitter or Facebook about the recruit’s athletic ability, or the likelihood that the recruit will attend the University.

Student-athletes may be asked by a coach to host a recruit who is on an official visit to our campus. While serving as a host, student-athletes may be given host money for the purpose of entertaining the recruit. Host money may be used for food, arcades, movies, theaters, bowling, and other activities, but may not be used to purchase souvenirs or apparel items (e.g., hats, t-shirts, etc.) for the recruit. The use of alcohol, drugs, sex, gambling or any criminal activity should never be used as recruiting devices. Student-athletes may transport the recruit to activities within a 30-mile radius of campus, but must not allow the recruit the use of a car. The University cannot provide the use of a car to student-athletes for the purpose of hosting a recruit. Student-athletes will receive a list of host instructions when given host money by the coach.

When hosting prospective student-athletes on-campus for recruiting visits, student-athletes are expected to abide by all University, Big Ten and NCAA rules as well as all local, state and federal laws. Participation in impermissible activities, either by the student hosts or the recruits, may result in the loss of athletic scholarship and/or termination from the team for the student hosts.

AGENTS AND ADVISORS

The NCAA strictly regulates interaction with agents, advisors, and their representatives, or “runners” as they are commonly called. Student-athletes are permanently ineligible for participation in an intercollegiate sport if they have ever agreed (in writing or even just verbally) to be represented by an agent or advisor in the marketing of their athletic ability. Student-athletes and their relatives and friends are also prohibited from receiving any kind of benefit or expense, such as transportation or clothing, from agents, advisors and their representatives. The NCAA considers violations of these rules to be among the most serious. Such violations result in student-athletes being withheld from competitions and have often resulted in student-athletes being declared permanently ineligible for all further intercollegiate competition.

The involvement of agent and advisor representatives, or “runners”, is an ever-growing concern in sports that have professional leagues. These individuals will often not tell the student-athletes or the student-athletes’ relatives and friends that they are being paid and supported by an agent. The “runner” may offer gifts, benefits or services to student-athletes and their relatives and friends, then later attempt to steer student-athletes and the student-athletes’ family toward employing a certain agent or financial advisor.

“Runners” can be former college athletes, current or former professional athletes, or even apparent friends. But do not be fooled. These individuals are surreptitiously jeopardizing the student-athlete’s eligibility and unethically attempting to manipulate some financial decisions that are very important to the student-athlete and his or her family. They are essentially trying to enrich themselves at the student-athlete’s expense.

DIA attempts to ensure that student-athletes and their families have the opportunity to make sound and carefully considered decisions related to potential professional athletics careers. It is important that these decisions be made in a protected environment that is free from the many unscrupulous influences in the highly competitive field of athlete representation. This is accomplished by the enforcement of a departmental policy that applies to agents and advisors.

The Policy

DIA policy prohibits any kind of in-person, telephonic, and/or electronic communication between agents, financial advisors and/or their representatives and any student-athlete, their parents, legal guardians, and/or relatives until the student-athlete has exhausted his or her eligibility, without the express written authorization of the Associate Athletic Director or the designee employed in the Irwin Academic Center. Such authorization can be provided only by the Associate Athletic Director for Compliance or his or her designee and is provided only for in-person on-campus communication and telephonic communication that must occur in the presence of the Associate Athletic Director for Compliance or his or her designee or the associate athletic director for compliance.

The policy also prohibits all direct correspondence and all other forms of written communication between agents, financial advisors and/or their representative with any student-athlete, their parents, legal guardians and/or relatives prior to the time when the student-athlete exhausts his or her eligibility.
Student-athletes, their parents, legal guardians and/or their relatives must immediately report any in-person, telephonic, and/or electronic communication made by agents, financial advisors and/or their representatives if the communication is in violation of the policy. They must also immediately report the receipt of any correspondence and/or any other form of written communication from agents, financial advisors and/or their representatives if the correspondence and/or written communication are received in violation of the policy. Such reporting must be made to the student-athlete’s head coach, academic counselor, the compliance office, or directly to the Associate Athletic Director for Compliance or his or her designee.

If a student-athlete or the student-athlete’s family member wishes to communicate with an agent, financial advisor, or one of their representatives in any manner (e.g., in-person, via telephone, fax, letters, e-mail, etc.) the student-athlete must make the request to the Associate Athletic Director for Compliance or his or her designee who will facilitate all related arrangements.

It should be noted that adherence to the policy does not result in a ban on communication with agents and financial advisors. Rather, the policy permits communication with agents and advisors if the communication occurs under specified conditions.

TRANSFER RULES

If a student-athlete decides to transfer to another school after attending the University, there are some important things to take into consideration. The following is a summary, but should not be considered a substitute for the actual wording of the transfer rules that are found in the NCAA and conference manuals. It is important for student-athletes to consult DIA’s compliance office and the compliance office at the school to which they intend to transfer, to discuss all applicable NCAA and conference rules that may affect eligibility.

• Coaches or staff members of another NCAA member institution may not make contact with any student-athlete until they have received a written letter from the University giving them permission to do so.

• If a student-athlete has signed a National Letter of Intent to attend the University, transferring before the completion of one academic year here could result in the loss of one year of intercollegiate eligibility.

• Big Ten rules may affect a student-athlete’s eligibility to compete and/or receive athletic aid when transferring from one Big Ten institution to another.

NCAA transfer rules require a student-athlete transferring to another four-year school to fulfill a residence requirement of one full academic year at the next institution before becoming eligible for competition. However, there are exceptions that allow a student-athlete to be immediately eligible at the next institution. The most common of these is the “one-time transfer exception.” If transferring to another NCAA Division I institution, a student-athlete must be eligible upon departing University to receive athletically related financial aid at the new institution.

The one-time transfer exception can be used only if the student-athlete has not already transferred from a four-year school to the University of Illinois or to any other four-year school.

The one-time transfer exception cannot be used if the student-athlete transferring will participate in Division I baseball, basketball or Division I (FBS) football.

To receive this “one-time transfer exception,” a student-athlete must maintain good academic standing and meet all satisfactory progress requirements. DIA must be able to certify that student-athletes transferring to another school would have been eligible under NCAA and Big Ten rules had they remained enrolled at the University. In addition, DIA must consent to the application of the transfer exception. Such consent is granted at the discretion of the head coach and the director.

If student-athletes need summer school hours to meet progress-toward-degree requirements to ensure their academic eligibility, prior approval of the University academic officials is required if these summer school courses will be taken at another institution.

If student-athletes transfer from Illinois to another NCAA member school at midyear, and has already competed for their team here during the sport’s traditional season, they are not eligible to compete in that same sport at the next school attended during the traditional season of the same academic year.

In general, if student-athletes transfer from the University to a two-year college and enroll full-time there, the student-athletes must then graduate from the two-year college and earn at least 24 semester or 36 quarter hours at the two-year college before competing for another four-year school. These hours must be transferable degree credit to the next four-year college the student-athletes attend and they must earn a cumulative minimum GPA of 2.0 if they wish to have the opportunity to then attend another four-year school and be immediately eligible to compete.

Transfer Grievances

Step 1: Student-athletes who have a complaint related to a transfer issue must first attempt to resolve the issue with their head coach.

Step 2: If a satisfactory outcome is not reached after Step 1, student-athletes may submit a written request to the director or the director’s designee. All written requests must include a full explanation of the complaint and the specific action requested. All written requests must be addressed by the director or the director’s designee and a decision to grant or deny the student-athletes’ request must be communicated within five (5) University business days. If the complaint is resolved to the student-athlete’s satisfaction through Step 2, a written statement that defines the agreement will be issued by the director to the student-athlete and head coach.
Step 3: If a satisfactory outcome is not reached after Step 2, the student-athlete may request a hearing. The request for a hearing must be made in writing to the director or the director’s designee. The hearing must be conducted and written results of the hearing must be provided within fifteen (15) University business days from receipt of the written request and must be heard by the Transfer Athletic Review Panel (see below). The student-athlete requesting the hearing will be provided with the opportunity to actively participate in the hearing (e.g., in person, via telephone). The decision of the Transfer Athletic Review Panel will be final.

Transfer Athletic Review Panel
This panel hears cases related to transfer issues and is composed of personnel from outside the DIA. Members are appointed from the following offices and/or committees: Chair of the Athletic Board or designee; Faculty Athletics Representative; and an officer of the Student-Athlete Advisory Committee (SAAC).

FINANCIAL ASSISTANCE
Many student-athletes at the University will receive some form of financial assistance. The source of this assistance might be institutional (from the University itself) or non-institutional (from a source outside of the University). However, any financial assistance received by a student-athlete, regardless of the source, must comply with the rules and regulations of the NCAA, the Big Ten and the University. These rules and regulations govern: the amount of financial assistance that can be provided to student-athletes; the process of offering and accepting offers of financial assistance; and the length of time financial assistance may be offered to student-athletes.

The University, DIA and our student-athletes all share the responsibility of making sure that these rules and regulations are followed.

TYPES OF FINANCIAL ASSISTANCE:

Institutional Financial Aid:
Institutional financial aid is considered all funds administered by the University or aid from government or private sources where the University is responsible for administering the funds. Examples of institutional financial aid include: scholarships, grants, tuition waivers, employee-dependent tuition waivers (e.g. lessened tuition when one of the student-athlete’s parents work for the University) and loans.

Receiving financial assistance from DIA is a privilege that student-athletes must earn by participating to the best of their ability, not only on the playing field, but in the classroom as well. In order to maintain their athletic institutional aid, student-athletes must be responsible members of the team and responsible citizens of the University community.

Non-Institutional Financial Aid:
Although student-athletes may receive financial aid that is not administered by the University, to remain eligible for competition, the non-institutional financial aid must meet certain criteria:

First, it might not be considered pay or promise of pay for athletic skills (a term defined by the NCAA).

Second, the funds can only be received from: (a) someone upon whom the student-athlete is naturally or legally dependent; (b) awarded solely for non-athletic ability reasons; or (c) awarded through an established and continuing program to aid students, so long as the recipient’s choice of college or university is not restricted by the individual or group providing the financial aid and that donor has no direct connection to the University.

NOTE: NCAA rules limit the types of scholarships received from any source outside of the University. To comply with these rules, such scholarships should always be awarded through the University. Either the awarding agency can forward the scholarship check directly to the Student Financial Aid Office (which is the preferred approach) or, if the awarding agency sends the scholarship check directly to the student-athlete, the student-athlete must deliver the check to the Student Financial Aid Office. Failing to comply with these steps is a violation of NCAA rules and can lead to a student-athlete being determined ineligible to compete.

LIMITS ON FINANCIAL ASSISTANCE:
With limited exceptions, the NCAA prohibits student-athletes from accepting financial aid beyond the value of the student-athlete’s tuition and fees, room and board and required course-related books (the NCAA calls the total amount for all these expenses “a full-grant-in-aid”). Student-athletes who receive more financial assistance than their full-grant-in-aid value and who do not meet one of the NCAA’s exceptions will NOT be eligible to participate in intercollegiate athletics.

Financial aid that must be considered when determining whether a student-athlete’s financial aid exceeds the value of a full grant-in-aid, includes, but is not limited to, the following types of financial aid:

• All Institutional Financial Aid and scholarships, except for honorary academic awards or research grants;

• All government grants for educational purposes (i.e., Monetary Award Program Grant or other state grants), except for certain types of grants like: Pell Grant, Montgomery GI Bill, AmeriCorps Programs, Military Reserve Training Programs, U.S. Government Entitlement Programs, Vocational Rehabilitation for Service-Disabled Veterans Program, and State Grants for Disabled Veterans;
• All gifts given to a student-athlete following completion of eligibility in appreciation for, or in recognition of the student athlete’s athletic accomplishments;
• All stipends, bonuses or salary (no matter when received or contracted for) from a professional sports organization;
• All other income (no matter when received or contracted for) from participation in an athletic event;
• Any loans, except legitimate loans which are based upon a regular repayment schedule, available to all students and administered on the same basis for all students, such as Federal Direct Subsidized or Unsubsidized loans, Perkins loans, and University of Illinois Long Term Loans.

QUESTIONS REGARDING NON-INSTITUTIONAL FINANCIAL AID:
Student-athletes are responsible for ensuring that they do not jeopardize their eligibility by accepting unauthorized financial aid. If coaches or student-athletes have any question as to whether accepting any non-institutional financial aid or funding would be allowed under the rules established by the NCAA, they must contact the compliance office for clarification before accepting such an award as the consequences can be severe. Student-athletes, who receive non-permissible aid, may have their eligibility be suspended until the aid is either returned or is re-routed through the Office of Student Financial Aid.

Student-athletes who are uncertain as to the legitimacy of financial aid should consult the grant-in-aid specialist in the Academic Services Office or Office of Student Financial Aid.

MONITORING FINANCIAL AID:
To ensure compliance with all NCAA and Big Ten financial aid requirements, all financial aid received by a student-athlete must be monitored by the institution and included in the individual’s grant-in-aid limitation calculation. One way DIA monitors such financial aid issues is by requiring student-athletes to complete the Big Ten Statement of Financial Support, on which they will list financial aid received from outside sources and compensation received from summer and school-year employment. This form is completed during the compliance “check-in” meeting for each individual team.

INCOMING FRESHMEN ELIGIBILITY FOR FINANCIAL AID AND ASSISTANCE:
Incoming freshmen with no previous full-time college attendance must meet certain NCAA grade point average, test score and high school course requirements to be eligible for athletically-based institutional aid. Individuals who do not meet these NCAA academic requirements can only receive non-athletic institutional financial aid based solely on their financial need.

OFFERS (TENDERS) OF INSTITUTIONAL FINANCIAL ASSISTANCE:
Initial Tender and National Letter of Intent
a. A coach shall request a tender by completing an Initial Tender Request Form which is available from Academic Services.
b. The coach shall complete the form entirely and accurately.
c. If a prospect is a transfer student, it must be indicated if the prospect has or has not signed a National Letter of Intent at the previous institution.
d. If a dollar amount is being applied for a partial scholarship, the amount for the year and the semester shall be communicated by the coach to the Grant-In-Aid Specialist in Academic Services.
e. Before a tender can be processed, the signature of the Head Coach must be obtained.
f. The tender and National Letter of Intent will be returned to Academic Services unless otherwise indicated.
g. An initial tender which has been issued to an incoming student-athlete shall not be amended or modified, except as noted below, and may not be modified during the first year of the award. In the event a signed National Letter of Intent is declared null and void, an initial tender does not automatically become invalid and may not be modified upon re-issuance.

Note: An institution may modify only the date of issuance if a tender must be re-issued (e.g., because of non-receipt of the original tender). A tender modified by the date of issuance shall be so noted.

TERMS OF AWARDS:
Most awards of institutional athletic financial aid will be awarded for a length of time not to exceed a student-athlete’s five-year period of eligibility. However, individual coaches can receive permission from their Sports’ Administrators to offer their teams’ institutional financial aid awards on one-year basis.

INSTITUTIONAL FINANCIAL AID RENEWAL AND NON-RENEWAL PROCEDURES:
Returning student-athletes whose financial aid period is one academic year and who have eligibility remaining in the sport in which their financial aid was awarded will be notified in writing by July 1 if their athletic aid is to be renewed, reduced, or not renewed for the following year. Notification of athletic financial aid renewals will be made by Academic Services, and reductions and non-renewals will be made by the Office of Student Financial Aid.
Reasons for Reducing or Failing to Renew a Student-Athlete’s Institutional Financial Aid

If there is a reason to believe that a student-athlete is failing to meet any of the responsibilities placed upon him or her, it is within the authority of the student-athlete’s head coach and/or the director to authorize the cancellation of a grant-in-aid or the adjustment of the amount of aid provided. The head coach of the sport providing the grant-in-aid must initiate non-renewal or tender adjustment action.

Student-athletes who have been diagnosed by a medical staff member as unable to participate due to injury, illness or physical or mental condition need not continue to compete to earn renewal of their grant-in-aid. However, students cannot hope to keep an athletic grant-in-aid if they voluntarily withdraw from the athletic program or their absenteeism and uncooperative attitude abdicates their responsibilities.

RENEWAL TENDER AND CHANGE OF AID STATUS

a. Per NCAA Bylaws, the renewal of institutional financial aid for the fall semester shall be made on or before July 1 prior to the academic year in which it is to be effective. The associate director for academic services shall notify each head coach of this guideline prior to July 1 and shall ask each head coach to indicate whether a student-athlete’s financial aid is to be renewed, reduced, increased, or not renewed.

b. The associate director for academic services shall send a list of all student-athletes who received any form of athletic aid for the previous academic year to each head coach in the spring. If the degree of aid is to remain the same for the upcoming academic year, the head coach will simply initial the student-athlete’s name approving the renewal.

c. If the head coach wishes to make a change to the aid, the coach is required to fill out the Renewal Tender Request Form, a form that asks what aid should be offered and what period of time the change should be activated. A head coach may also put a “hold” on the scholarship in order to make a change at a later date.

d. The head coach must sign the renewal scholarship before returning it to Academic Services.

e. The same renewal procedure shall be used for scholarship renewals for the spring semester only for those 6th year student-athletes that have signed a semester by semester scholarship.

VOLUNTARY WITHDRAWALS FROM A TEAM:

If a student-athlete voluntarily withdraws from participation in a sport for personal reasons, the student’s grant-in-aid will be canceled at the conclusion of the semester in which the student ended his/her participation.

OUTSIDE AID

Any financial aid that is not permitted by NCAA legislation may be deducted from the athletic grant-in-aid or could render the student-athlete ineligible for intercollegiate athletics participation.

Each year during the compliance “check-in” meeting for each individual team, student-athletes will complete the Outside Scholarship Form. This form shall be one method by which non-institutional aid is monitored.

SUMMER SCHOOL AND FIFTH-YEAR AID:

DIA is committed to facilitating and supporting the educational pursuits of all of its student-athletes and may provide grant-in-aid for selected student-athletes who complete degree requirements during the University’s summer session or during their fifth-year of enrollment. Guidelines for receipt of summer term or fifth-year aid are as follows:

Summer School for Current Student-Athletes

Athletic aid will only be awarded with the approval of the head coach and director (or the director’s designee). Aid will be provided only to those student-athletes who meet NCAA and Big Ten requirements. Student-athletes who require summer school attendance in order to meet eligibility standards must have given their full cooperation to the college, department, and DIA personnel in all matters during the academic year.

Student-athletes receiving summer athletic aid must enroll in and carry to completion a minimum of three semester hours during Summer Session I and six semester hours during Summer Session II. Further, the credits must be countable toward the student-athlete’s degree.

Student-athletes who wish to attend summer school must discuss an academic plan of study for their degree pursuit with their athletic academic counselor. Student-athletes who wish to attend summer school because of scheduling conflicts, or to earn additional credit hours to meet graduation requirements, must submit their request in writing. To apply for financial aid for the summer, student-athletes must complete the Summer Athletic Aid Application, upon which they will list the courses they wish to take and the reasons they wish to take these courses. After completing the form, student-athletes should obtain the signatures of their coach and athletic academic counselor on the form. The form, with the signatures, should be delivered to the associate athletic director for academic services, Irwin Academic Services Bldg., 402 E. Armory, Champaign, IL 61820. All requests for summer attendance must be made in writing.

Student athletes who received an athletic scholarship for the preceding academic year must also have a signed athletic scholarship for each summer session before the first day of classes. These will be available to student-athletes for signature after their application for either, or both, Session I and Session II, has been approved by their head coach, their academic counselor, and the associate athletic director for academic services.
Subsequent to initial full-time enrollment, student-athletes may not receive athletic aid for attendance during a summer session unless they received such athletic aid during the previous academic year. Further, such aid may only be awarded in proportion to the amount of athletic aid received during the previous academic year.

An exception applies to the awarding of athletically related financial aid to a prospective student-athlete to attend an institution in the summer prior to the prospective student’s initial, full-time enrollment at the certifying institution.

*The Division of Intercollegiate Athletics reserves the right to have any or all requests for Summer School Grant-in-Aid reviewed by a committee appointed by the Director of Athletics.*

**Summer School for Incoming Student-Athletes:**

a. A coach shall request a summer tender by completing an Initial Summer Tender Request Form, which is available from Academic Services.
b. The coach shall complete the form entirely and accurately.
c. If a prospect is a transfer student, it must be indicated if the prospect has or has not signed a National Letter of Intent.
d. The student and the parents’ signatures must be obtained on the tender prior to the first day of summer session.
e. Aid will only be awarded with the approval of the head coach and athletic director or designee.
f. Aid will only be provided to student-athletes who meet NCAA and Big Ten requirements.
g. Incoming Student-Athletes will only be allowed to take Summer II term.

Student-athletes receiving Grants-In-Aid from DIA must enroll in and carry to completion six semester hours for Summer School, which counts toward the athlete’s degree.

**Fifth Year Aid**

DIA is committed to the educational pursuits of all student-athletes and will assist selected student-athletes in completing degree requirements in their fifth-year. However, fifth-year athletic aid is not automatic and will be awarded on a case-by-case basis. To receive fifth-year aid, a student-athlete must submit in writing a request for continuation of aid. This request must be submitted to, and supported by, the student-athlete’s head coach. Final approval will be made by the director (or the director’s designee). Fifth-year aid will only be approved for student-athletes who meet NCAA and Big Ten requirements for such aid. Further, fifth-year student-athletes who have exhausted eligibility must complete degree requirements in the shortest period of time possible. Before fifth-year athletic aid is awarded, a letter must be submitted to the Academic Services Office from the student-athlete’s college, which lists the remaining courses required for graduation as well as the college’s course requirements for graduation. Student-athletes who are exempt for medical reasons will be awarded fifth-year aid when extenuating circumstances prevent the student-athlete from completing degree requirements within a four-year period. Fifth-year aid for student-athletes who have exhausted their eligibility and/or who are exempt for medical reasons will only be awarded aid on a semester-by-semester basis. These student-athletes are also required to submit a letter from their respective colleges listing their course requirements each year. Student-athletes receiving fifth-year aid will be assigned to a unit in DIA for the semester per the degree completion program.

**FINANCIAL AID GRIEVANCES:**

Student-athletes shall be provided written notice of any termination, reduction or change in their grant-in-aid. If student-athletes wish to appeal a termination, reduction or change to a grant-in-aid award, they must use the following procedure:

a. First, the student-athlete must request, in writing, a meeting with the head coach within five days from the date of mailing of the notice of change. The coach shall grant a hearing to the student-athlete within 5 days from the date of mailing of the student-athlete’s request. After the hearing, the coach shall provide the student-athlete with his or her decision, in writing, within two days of the hearing.

b. If the student-athlete disagrees with the coach’s decision, the student-athlete may submit a written request for a hearing to the director. The request should be delivered to the director within five days of the date of mailing of the coach’s decision. An in-person hearing with the director, or the director’s designee, will be held within seven days of the date of mailing of such request. The director or the director’s designee shall, within five days after such hearing, provide to the student-athlete a written notice of the director’s decision.

c. If the student-athlete disagrees with the director’s decision, the student-athlete may request a hearing before the Financial Aid Review Committee. Notice of the student-athlete’s request for such a hearing must be mailed within ten days from the date the director’s decision was mailed to the student-athlete. Within fifteen days from the date of mailing of such request, the Financial Aid Review Committee shall provide to the student-athlete a written notice of the time and place of such hearing, which shall be conducted by said Committee in an informal manner. The Committee shall mail to the student-athlete a notice of its decision within fifteen days after the date of the hearing.
d. The decision of the Financial Aid Review Committee shall be final and binding upon the Division of Intercollegiate Athletics, the student-athlete and all others.

e. Each of the requests or decisions required under the foregoing procedure shall be in writing. Notice to the coach, the director of athletics, or the Financial Aid Review Committee shall be e-mailed directly or mailed to the Bielfeldt Athletic Administration Building, 1700 South Fourth Street, Champaign, Illinois 61820. Notice to the student-athlete shall be directly e-mailed and/or sent to the mailing address designated on the grant-in-aid acceptance, or any address subsequently filed by the student-athlete in writing with the director of athletics.

OTHER FINANCIAL AID MATTERS:

BOOK POLICY

Each term, coaches will receive instructions outlining the distribution of books for student-athletes who receive books as a part of their athletic scholarship. Each student-athlete receiving books will need to fill out an authorization form providing DIA permission to pull their schedules and order their books.

At the time of book pick-up, student-athletes must check the each bag of books they receive for accuracy and sign a form verifying receipt of all the correct textbooks and materials. **Student-athletes are responsible for returning all the books listed on the form. Assuring the accuracy of this list when the books are delivered to them ensures student-athletes will not be responsible for returning books that they never actually received!**

A book slip is required to obtain any required texts, readings, or materials that are not included in the bag of books received at the beginning of the semester. Student-athletes can obtain book slips by bringing copies of their schedule and class syllabi to Irwin 207b. After student-athletes receive a book slip for the extra materials, the book slip must be taken to the bookstore where the additional materials will be provided to them. Student-athletes are also responsible for returning all books/materials you have signed for, been reimbursed for, and/or charged using a book slip. ALL purchased texts, study guides, packets, CDs, workbooks, recorders, calculators, etc. must be returned to the Irwin Academic Services Center by 4pm on the last day of finals. Student-athletes may keep books only under the following circumstances: (a) the books are needed for an extension or a course through the Office of Continuing Education; (b) the books will be re-used by the student-athlete in a class the following session; or (c) the student-athletes buy the book for one-half the cost of the purchase (the student-athlete will be charged on their student account). ARRANGEMENTS FOR THESE CIRCUMSTANCES MUST BE MADE IN ADVANCE.

If books are not returned by the deadline listed in the previous paragraph, the student-athlete’s student account will be charged for one-half of the purchase price of the text(s).

ADDITIONAL SOURCES OF AID, WHEN NEEDED:

NCAA Special Assistance Fund

This Special Assistance Fund has been established from monies provided by the NCAA and is administered by the Big Ten. All student-athletes, including walk-ons and medical non-counters, who are Pell Grant recipients may apply for this fund. Applications are available at the Irwin Academic Center in Room 207b.

The NCAA has previously approved the following requests for funds:
• $500 a year to be used for clothing or other essential expenses (not entertainment);
• Medical and dental costs not covered by another insurance program: hearing aids, vision checks and contacts or eyeglasses, off-campus psychological counseling, dental checks and expenses;
• Cost of expendable academic course supplies, rental of non-expendable materials (e.g. computer equipment, cameras, field expenses) that are detailed in the Campus Timetable; and
• Cost of documented expense for travel related to a family emergency.

Student-Athlete Opportunity Fund (SAOF)

The Student-Athlete Opportunity Fund (SAOF) is intended to provide direct benefits to student-athletes or their families as determined by conference offices. As a guiding principle, the fund shall be used to assist student-athletes meet financial needs that arise in conjunction with participation in intercollegiate athletics or enrollment in an academic curriculum. All student-athletes, including walk-ons and medicals, are eligible for SAOF monies. For more information about SAOF funds, approved and prohibited uses, and the process for requesting SAOF monies, please see the grant-in-aid specialist located in the Academic Services Center.
DIA, BIG TEN, & NCAA AWARDS

DIA AWARDS:

**Varsity Awards:** Varsity awards shall be awarded each academic year by the Award Committee as a mark of athletic distinction in varsity sports.

Varsity awards are given as follows:

- **First year (of participation):** Wool Letter Jacket
- **Second year (of participation):** Letter Blanket
- **Third year (of participation):** Watch
- **Fourth year (of participation):** Varsity Ring or Framed Jersey

Student-athletes shall not receive more than one major award per academic year. A certificate(s) shall be presented to multi-sport student-athletes earning more than one award per academic year. General requirements pertaining for receiving athletic awards:

- The student-athletes must represent themselves, their sport, DIA and the University in a credible and complimentary manner;
- Student-athletes must adhere to all University, program and team rules and regulations;
- Student-athletes must demonstrate a genuine interest in and dedication to amateur athletics and the sport in which they are participating;
- Student-athletes must maintain academic eligibility throughout the semester(s) of their regular competitive season; and
- Student-athletes must be making normal progress toward a degree.

Process for recommending and awarding varsity awards:

All final recommendations for varsity awards shall be made through the director, based on the following guidelines:

- The initial recommendation for award consideration must be made by the head coach of the given sport in which the student-athlete has engaged.
- The head coach may recommend a first-year award be granted to a student-athlete with at least three years of competition whose cumulative record of achievements and services to the particular sport warrant such consideration. The head coach must supply supporting evidence with the recommendation.
- A coach may recommend an award be granted to a student-athlete whose potential for outstanding performance has been interrupted for reasons of injury or illness. Such a recommendation by a coach will have to be accompanied by strong supportive evidence.
- The head coach shall submit a list of all those student-athletes who in the coach’s opinion meet DIA’s requirements to receive such awards (listed above). If a head coach recommends that a student-athlete has not met the requirements for an athletic award, that coach should submit the reasons substantiating this decision.

**Scholar Athlete Reception:**

Every year a reception will be held to honor all graduating University student-athletes. Awards presented at the banquet include:

- Fighting Illini Newcomer Award
- Fighting Illini Spirit Award
- Outstanding Scholar-Athlete Award
- Outstanding Team GPA Award
- Dike Eddleman Athlete of the Year Award
- Big Ten Medal of Honor Awards
- Illini Life Skills Team Competition Award
- Illini Leadership Academy- Leader of Distinction Award
- Illini Leadership Academy-Leader of Merit Award

**Scholar-Athlete of the Week Award:**

DIA Academic Services presents this award to student-athletes who have a minimum of a 3.0 cumulative GPA or higher and who have had a noteworthy athletic performance in their respective sport.
BIG TEN AWARDS:

• **Wayne Duke Postgraduate Award**
  This award is given as an annual scholarship of $5000 recognizing one male and one female Big Ten senior student-athlete pursuing a postgraduate degree for achievements in academics, athletics, civic service, and leadership. Each Big Ten institution may nominate one male and one female student-athlete.

• **Big Ten Postgraduate Award**
  Each Big Ten institution will annually present two student-athletes (one male and one female) with one-time postgraduate scholarships of $7,500 each. The applicants will be evaluated based primarily on their achievements in academics.

NATIONAL AWARDS STUDENT-ATHLETES ARE ELIGIBLE TO WIN:

• **Academic All-Big Ten**
  Awarded each season to letter winners with a cumulative GPA of 3.0 or better who are in at least their second year of attendance at their institution.

• **Chi Alpha Sigma**
  Juniors and seniors who have earned a varsity letter and have a 3.4 or higher cumulative GPA are eligible.

• **Arthur Ashe Junior Sports Scholars Award**
  Award recognizes contributions of student-athletes of color who have completed one full academic year, have a GPA of 3.2 or better, and are active in community service.

• **Division 1 Degree Completion Award**
  Student-athletes who have exhausted their eligibility for institutional financial aid (in five years), are within 30 semester hours of completing their degree requirements may apply. Full-time students receive grants equal to a full athletics grant at the institution; part-time students receive tuition and an allowance for books.

• **The Freedom Forum-NCAA Foundation Sports-Journalism Scholarship**
  Eight $3,000 scholarships are awarded to college juniors pursuing careers in sports journalism and majoring in journalism, or who have experience in campus sports journalism. The scholarship is designed to foster freedoms of speech and press while promoting quality sports journalism education at the collegiate level.

• **GTE Academic All-American Teams**
  In order to be nominated, a student-athlete must be a starter or key reserve with at least a 3.20 GPA. Students are eligible only after reaching sophomore level in both athletic and academic standing. Junior college transfers are eligible after one academic year.

• **Jim McKay Scholarship**
  Annually awards a $10,000 postgraduate scholarship to one male and one female student-athlete in recognition of their outstanding academic achievement and potential to contribute to the sports communications industry. Eligible recipients must have an overall undergraduate grade-point average of 3.5 or better.

• **NCAA Ethnic Minorities and Women Enhancement Post Graduate Scholarships for Careers In Athletics**
  Twenty-six $6,000 scholarships (13 for ethnic minorities and 13 for women) are available annually to college graduates who will be entering the first semester of their initial post graduate studies.

• **NCAA Honors Program**
  * The Theodore Roosevelt Award recognizes former varsity letter winners in college who have become citizens of national recognition and of outstanding accomplishment.
  * The Today’s Top VIII awards honor eight outstanding senior student-athletes with a varsity letter.
  * The Silver Anniversary Award recognizes six distinguished former student-athletes on the 25th anniversary of their graduation.

• **NCAA Postgraduate Scholarship Program:**
  The NCAA awards 174 postgraduate scholarships annually to student-athletes who have excelled academically and athletically and who are in their final year of athletic eligibility. Student-athletes are nominated by their institution.

• **NCAA Walter Byers Postgraduate Scholarship Award:**
  This award recognizes and encourages excellence in academic performance by senior student-athletes. Recipients of the award must have a 3.5 grade-point average (4.0 scale), demonstrate evidence of superior character and leadership and show that participation in athletics has been a positive influence on their personal and intellectual development.
Fighting Illini student-athletes will always be a part of the Illinois athletic family and the Varsity “I” Association is a very exclusive group that consists of all former Illini athletes and letter winners from across the decades. Student-athletes’ time as an Illini student-athlete may only be a short few years, but they are an Illini for life. After leaving school, the Varsity “I” Association serves as a resource for former student-athletes, performing the following tasks:

- Making Varsity “I” a family;
- Helping members network with other follow Illini for jobs, moving-related questions, and general advice;
- Keeping student-athletes connected to their teammates and other Varsity “I” Association members through newsletters, reunions, tailgates and other activities;
- Keeping student-athletes connected to the Illinois athletic department; and
- Securing the future of the Varsity “I” family by supporting the current Illini student-athletes.

Coaches and administrators come and go, but the bonds of friendship with a student-athlete’s teammates and the Varsity “I” Association will always be there. As student-athletes leave school and move throughout their lives, they should make sure that Varsity “I” has their current contact information.

The Varsity “I” can be reached at:

217-333-7777
www.facebook.com/varsityI
www.twitter.com/varsityi

ATHLETIC ADMINISTRATION

/Area Code: 217/

DIRECTOR OF ATHLETICS...333-3631
ATLETIC DEPARTMENT ADMINISTRATION...333-3630
BUSINESS OFFICE ...244-4286
ASSEMBLY HALL...333-2923
COMPLIANCE...333-5731
CORPORATE RELATIONS...244-2474
EVENT MANAGEMENT...333-8839
TICKETING...333-9323
PUBLIC RELATIONS...244-6533
SALES AND MARKETING...244-0016
DEVELOPMENT OFFICE...333-6595
FACILITIES...333-2303
FOOTBALL OPERATIONS...333-1401
SPORTS MEDICINE...265-8059
STRENGTH AND CONDITIONING...244-5989
VARSITY ROOM...333-0117
VARSITY “I” ASSOCIATION...333-7777
EQUIPMENT...333-1498
ACADEMIC SERVICES...333-2240

FACULTY ATHLETICS REPRESENTATIVE

Matt Wheeler...333-2239
Christopher Span...333-9865
SPORTS

BASEBALL ......................................................................................................................................... 244-8144
BASKETBALL, MEN’S................................................................. 333-3400
BASKETBALL, WOMEN’S .......................................................... 333-8612
FOOTBALL .................................................................................. 333-1400
GOLF, MEN’S.............................................................................. 333-8604
GOLF, WOMEN’S ...................................................................... 333-8610
GYMNASTICS, MEN’S.............................................................. 333-7973
GYMNASTICS, WOMEN’S ....................................................... 333-7974
SOCCER .................................................................................... 333-4783
SOFTBALL .................................................................................. 265-8229
SWIMMING & DIVING............................................................... 333-7670
TENNIS, MEN’S.......................................................................... 333-7971
TENNIS, WOMEN’S ................................................................. 333-8622
TRACK & FIELD, MEN’S.......................................................... 333-2957
TRACK & FIELD, WOMEN’S .................................................. 244-8258
VOLLEYBALL ............................................................................. 333-8606
WRESTLING .............................................................................. 333-5853

CAMPUS RESOURCES

Admissions (admissions.illinois.edu) ........................................... 333-0302
Bus Service Information .......................................................... 384-8188
C.A.M.P.U.S........................................................................... 244-HELP
(Car Assistance Motorist Protection - A University Service)
Campus Police (dps.illinois.edu) .................................................. 333-1216
Campus Recreation (campusrec.illinois.edu) .......................... 333-3806
Career Center (careercenter.illinois.edu) ................................. 333-0820
Child Care Resource Service (ccrs.illinois.edu) ..................... 333-3252
CITES Help Desk (cites.illinois.edu) ......................................... 244-7000

Campus Information Technologies & Educational Services
Counseling Center ..................................................................... 333-3704
Counseling Center Crisis Line (After Hrs) ............................... 359-4141
Daily Illini .................................................................................. 337-8300
Dean of Students Office (www.odos.uiuc.edu) ....................... 333-0050
Dial-A-Nurse 24 hrs a day ....................................................... 333-2700
Division of Rehabilitation Education Services (disability.uiuc.edu) 333-1970
Emergency Dean (www.odos.illinois.edu/emergency/) .......... 333-0050
Financial Aid (www.osfa.illinois.edu/) ..................................... 333-0100
Graduate Studies (grad@illinois.edu) ....................................... 333-0035
Greek Affairs............................................................................ 333-7062
ID Card Office (icardhelp@uillinois.edu) ................................. 265-6464
Illini Union Bookstore (uofibookstore.illinois.edu) .................. 333-2050
Illinois Student Senate (iss.uiuc.edu) ....................................... 333-6543
International Student Affairs (iss.s.illinois.edu) ...................... 333-1303
Krannert Center for the Performing Arts (krannertcenter.com) 333-6280
McKinley Health Center (mckinley.illinois.edu) ....................... 333-2701

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Minority Student Affairs (www.omsa.illinois.edu/)...........................................................................................333-0054
Parking and Transportation (parking.illinois.edu)..............................................................................................333-3530
Residence Hall Information (housing@illinois.edu)............................................................................................333-7111
SAFERIDES ..........................................................................................................................................................265-7433
Safewalks ..............................................................................................................................................................333-1216
Student Accounts (studentaccounts@illinois.edu)..............................................................................................333-2180
Student Affairs (www.studentaffairs.illinois.edu)..................................................................................................333-1300
Student Conflict Resolution (conflictresolution.illinois.edu)..............................................................................333-3680
Student Insurance (si.uiuc.edu)..........................................................................................................................333-0165
Student Legal Services (www.odos.illinois.edu/sls/)............................................................................................333-9053
Study Abroad (www.studyabroad.illinois.edu).......................................................................................................333-6322
Tenant Union (www.tenantunion.illinois.edu).......................................................................................................333-0112
Undergraduate Records......................................................................................................................................333-0210
University Directory Assistance ..........................................................................................................................333-1000
Volunteer Programs (www.union.illinois.edu/ovp)..............................................................................................333-7424
Writer’s Workshop (www.cws.illinois.edu/workshop)..........................................................................................333-8796

UNDERGRADUATE COLLEGES & PROGRAMS

ACES (Agricultural, Consumer and Environmental Science)..............................................................................333-0460
AHS (Applied Health Sciences) ..........................................................................................................................333-2131
Architecture..........................................................................................................................................................333-1330
Art & Design........................................................................................................................................................333-0855
Business ..............................................................................................................................................................333-2747
Chemistry ...........................................................................................................................................................333-5071
Chemical Sciences ...............................................................................................................................................333-5070
Education ..............................................................................................................................................................333-0960
Engineering ..........................................................................................................................................................333-2151
FAA (Fine and Applied Arts)...............................................................................................................................333-6061
Labor and Employment Relations .....................................................................................................................333-1482
Law ....................................................................................................................................................................333-0931
LAS (Liberal Arts and Sciences) ..........................................................................................................................333-1705
  Transition Program ...........................................................................................................................................244-1588
Division of General Studies ..................................................................................................................................333-4710
Life Sciences and Integrative Biology ..................................................................................................................333-3044
Medicine .............................................................................................................................................................333-5465
Media ....................................................................................................................................................................333-2350
Music ....................................................................................................................................................................333-2620
Nursing ..................................................................................................................................................................333-2507
Social Work ..........................................................................................................................................................333-2261
Veterinary Medicine ............................................................................................................................................333-2760
WEB SITES

Assembly Hall.......................................................... www.uofiassemblyhall.com
Campus Recreation........................................................................www.campusrec.illinois.edu
Dining Services ......................................................................www.housing.illinois.edu/dining
Division of Intercollegiate Athletics ........................................www.fightingillini.com
Financial Aid ........................................................................www.osfa.illinois.edu
Illinois Leadership ................................................................www.illinoisleadership.illinois.edu
Illini Union ..............................................................................www.union.illinois.edu
Illini Union Bookstore ..........................................................www.uofibookstore.illinois.edu
Krannert Center for the Performing Arts .....................................www.krannertcenter.com
Library ..................................................................................www.library.illinois.edu
Local Weather ........................................................................www.atmos.uiuc.edu/weather
McKinley Health Center ..........................................................www.mckinley.illinois.edu
Carmike Beverly Cinema ..........................................................www.carmike.com
Savoy 16 ..................................................................................www.savoy16.com
MTD ......................................................................................www.cumtd.com
CITES Express Email ..............................................................www.cites.illinois.edu

EMERGENCY AND HEALTH NUMBERS

Police, Fire and Emergency (from campus phones 9-911) .......................................................... 911
Campus Fire (non-emergency) ......................................................... 333-2428
Campus Police (non-emergency) ....................................................... 333-1216
Champaign Fire ........................................................................... 333-8911
Champaign Fire Department (non-emergency) ............................. 403-7200
Urbana (non-emergency) ................................................................. 384-2420
Champaign Police ....................................................................... 351-4545
Champaign Police Department (non-emergency) ............................. 351-8911
Urbana Fire Department ................................................................ 384-2421
Urbana Police Department .......................................................... 384-2320
Carle Hospital (General Information) ........................................... 383-3311
Christie Clinic (General Information) ............................................ 366-1200
Presence Health (formerly Provena Hospital) – (General Information) ....................................................... 337-2000
McKinley Dial-A-Nurse ................................................................. 333-2700
MTD Safe Rides ........................................................................... 265-7433
Poison Control ........................................................................ 800-222-1222
Student Emergencies ................................................................ 333-0050
24 hour Rape Crisis Hotline .......................................................... 355-5203
24 hour Crisis Line at Community Elements ................................... 359-4141
LOYALTY SONGS

Illinois Loyalty
We’re loyal to you, Illinois,
We’re Orange and Blue, Illinois,
We’ll back you to stand ‘gainst the best in the land,
For we know you have sand, Illinois, Rah! Rah!
So crack out that ball, Illinois,
We’re backing you all, Illinois,
Our team is our fame protector,
On boys, for we expect a victory from you, Illinois!
Che-he! Che-ha! Che-ha-ha-ha! Go Illini, go!
Che-he! Che-ha! Che-ha-ha-ha! Go Illini, go!
Illinois! Illinois! Illinois!
Fling out that dear old flag of Orange and Blue,
Lead on our sons and daughters fighting for you,
Like men of old on giants placing reliance, shouting defiance,
Oskee-Wow-Wow!
Amid the broad green fields that nourish our land,
For honest labor and for learning we stand,
And unto thee we pledge our heart and hand,
Dear Alma Mater, Illinois

Hail to the Orange
Hail to the Orange,
Hail to the Blue,
Hail Alma Mater,
Ever so true!
We love no other
So let our motto be
Victory, Illinois! Varsity!