



2012 WRESTLING CAMPS

The University of Illinois is one of the nation's premier wrestling programs.

Register now, space is limited!



INDIVIDUAL WRESTLING CAMP—ONE WEEK ONLY!

June 10-14

Open to any and all boys ages 8-18

CAMP FEATURES

- Individual tourney on Thursday
- Wrestling fundamentals such as takedowns, set-ups, riding ability, escape techniques, pinning combinations, and live wrestling.
- Recreational activities.
- Weight training instruction.
- Current Illini wrestlers are counselors.
- To guarantee personalized instruction, enrollment for each session is limited.

CAMP FORMAT

Camp will begin Sunday and end Thursday at noon. The Illinois Wrestling camp schedule will include technique sessions, live wrestling, weight training, running and organized recreation times. The objective of the Illinois Wrestling Camp is to teach wrestlers what we consider to be the proper way to train to be successful while also learning new techniques to develop skills. An individual tourney takes place on Thursday.

CAMP FEES

Resident - \$425: Fee includes four nights lodging, meals, instruction and camp t-shirt.

Commuter - \$275: Fee includes three lunches, instruction and camp t-shirt.

REGISTRATION: Check in the first day of camp. The first meal is breakfast on Monday. Last meal is breakfast on the last day of camp. Specific check in/out information will be sent with confirmation and can be found on the website: www.fightingillini.com/camps.

NECESSETIES: Please bring wrestling shoes, gym shorts, sweat socks, T-shirts, head gear and knee pads. Bring your own swimming suit, bed linens, pillow, toiletries, towels, washcloths and soap.

CAMP DAILY SCHEDULE

7:30-8:30 a.m.	Breakfast
9-11 a.m.	Technique Instruction
Noon-1:30 p.m.	Lunch/Free Time
2-4 p.m.	Technique/Live Wrestling
4-5 p.m.	Recreation
5-6:30 p.m.	Dinner/Free Time
7-9 p.m.	Organized Activities/Technique/ Strength Training

TEAM CAMP— TWO SESSIONS!

June 17-21 or June 24-28

Open to any and all High School Teams

CAMP INFORMATION

The University of Illinois wrestling team camp has been very popular. The competition camp offers emphasis on the dual-meet format and the development of each wrestler's individual skills. Along with valuable match experience, your team will learn to apply solid fundamental techniques. The five-day camp features:

- Weight classes to be determined by coaches.
- Illinois wrestlers serve as counselors and referees.
- Unlimited number of wrestlers per team, 10 athlete minimum.
- Concludes with an individual tournament on the last day of camp.

CAMP FEES (A deposit per team is required)

RESIDENT - \$405: Fee includes four nights lodging, meals, instruction and camp t-shirt.

COMMUTER - \$285: Fee includes three lunches, instruction and camp t-shirt.

COACHES: Two coaches admitted free with the registration of a full team. **Note:** If you anticipate bringing 2 teams, please make sure to specify prior to camp. Please be accurate as possible with your total number of participants.

REGISTRATION: Check in the first day of camp. The first meal is dinner on the first day of camp. Last meal is breakfast on the last day of camp. Specific check in/out information will be sent with confirmation and can be found on the website: www.fightingillini.com/camps.

NECESSETIES: Please bring team singlets, wrestling shoes, gym shorts, sweat socks, T-shirts, head gear and knee pads. Bring your own swimming suit, bed linens, pillow, toiletries, towels, washcloths and soap.

TEAM CAMP SCHEDULE

SUNDAY

3-5 p.m.	Registration
5-6:30 p.m.	Dinner/Free Time
7-9 p.m.	Technique
9:30 p.m.	Coaches Meeting/Social
11 p.m.	Lights Out

MONDAY-WEDNESDAY

6:45 a.m.	Wake up
7-8:30 a.m.	Breakfast
9-10 a.m.	Technique
10-11 a.m.	Dual Meet
11:30 a.m.-1 p.m.	Lunch
1-2 p.m.	Free Time
2-4 p.m.	Dual Meets (2 matches)
5-6 p.m.	Dinner/Free Time
7-8 p.m.	Technique
8-9 p.m.	Dual Meet
9:30 p.m.	Coaches Social
11 p.m.	Lights Out

THURSDAY

6:45 a.m.	Wake up
7-8:30 a.m.	Breakfast
9 a.m.	Individual Tournament

CAMP COUNSELORS



JORDAN BLANTON
2010 NCAA All-American
2x NCAA Qualifier
3x IL state champion



BJ FUTRELL
2011 NCAA All-American
NCAA Qualifier
2x IL state champion



CONRAD POLZ
2010 Jr. World team member
3x IL state champion
Jr. National runner-up



TONY DALLAGO
2011 NCAA Qualifier
PA state champion
3x PA state medalist



MARIO GONZALEZ
IL state champion
3x IL state medalist



ERIC TERRAZAS
2011 NCAA Qualifier
2x IL state medalist



JACKSON MORSE
2011 NCAA Qualifier
Intermat #1 national recruit,
152 lbs
3x MI state champion



LOGAN ARLIS
2x IL state medalist



DARYL THOMAS
Folkstyle national champion
IL freestyle state champion



KYLE DOOLEY
IL state champion



PAT WALKER
IL state runner-up



CALEB ERVIN
2x KY state champion
NHSCA National champion



JESSE DELGADO
CA state champion
Jr. national champion
NWCA National Collegiate
Open champion

FACILITIES

Huff Hall (training facility)

Located on the third floor of Huff Hall, the Fighting Illini wrestling team has one of the largest practice facilities in the country. This facility has 6,100 square feet of mats that run wall to wall. Large windows line the south wall of the facility to provide plenty of natural light and ventilation.



Huff Hall (competition facility)

Athletic competitions in Huff Gymnasium date back to the 1920's when it was the original venue for Fighting Illini Basketball. Over nine decades later and several modernizations, this 4,500 seat venue is still being used today as a Fighting Illini venue for wrestling, volleyball and gymnastics.



Bromley Hall

Wrestling campers stay in the modern, air-conditioned Bromley Residence Hall. The boys are served all-you-can-eat meals and may enjoy Bromley's indoor pool, TV lounge and game room.

ATTENTION CAMPERS

General camp information along with a statement, a confirmation letter, a map with directions and a medical release form are mailed upon the enrollment. Please allow 5-7 days processing prior to the mailing of confirmation materials. If you prefer to pay by Visa, MasterCard, Discover or American Express, please complete the credit card information required on the application or visit our website at www.fightingillini.com/camps. If you prefer to pay by check, please make checks payable to the 'University of Illinois' and write the participant's FULL NAME on the check. Please mail the completed application form and FULL payment to the processing center, **University of Illinois, Office of Sport Camps & Clinics, P.O. Box 3264, Springfield, IL 62708-3264.**

CANCELLATION/REFUND/NSF POLICY: ALL refund requests need to be submitted in writing using the 'Refund Request Form' found on the website or by calling the camps office (217-244-7278). Your camp cost, less a \$50 non-refundable cancellation fee, is refunded without question if you cancel at least one week prior to the registration date. At any time after that date, refunds (less the \$50 non-refundable fee) are made for medical reasons only and a signed statement from your physician must accompany the written request. If a cancellation request is not received by the last day of instruction, a refund is not issued. Campers who must leave during camp due to an illness or injury verified by our medical personnel will receive a refund (written request is necessary). Refunds are not given to campers who voluntarily leave camp or who are sent home for disciplinary reasons. **REFUNDS, FOR ANY REASON, ARE NOT ISSUED AFTER AUGUST 31, 2012.** NSF Checks submitted to the office are subject to a \$30 return check fee. This fee is assessed in addition to the face value of the check.

CAMPER DESCRIPTION: *Commuter Camper* is defined as a camper that is not staying in the residence hall. This camper participates in all camp activities. They must provide their own transportation to and from camp each day. Lunch is included in the commuter fee for those camps where meals are served. Additional meals included in the commuter cost vary from camp to camp. Passes for the remaining meals are available for purchase anytime at the front desk of the residence hall. *Resident Camper* is defined as a camper staying overnight for the duration of camp. All meals are included.

Online registration and camp information:

www.fightingillini.com/camps

For more information phone: 217-244-7278

MAIL TO PROCESSING CENTER:
University of Illinois
Sport Camps & Clinics
P.O. Box 3264
Springfield, Illinois 62708-3264

FOR OFFICE USE ONLY
Camp _____ Type _____
Payment _____
Document _____

2012 Wrestling Individual Camp Application

(Please print)

Camper's Name _____
Parent/Guardian's Name _____
Home Phone _____ Emergency Phone _____
Email Address _____
Address _____
City _____ State _____ Zip _____
Date of Birth _____ 2012-2013 Grade _____
2012-2013 School _____
Coach's Name _____

Are you a returning Fighting Illini Camper? Yes No
T-Shirt Size (adult): small medium large x-large

"I hereby acknowledge that participation in the camp and related activities involves an inherent risk of physical injury or loss that might be sustained by my child. In consideration for accepting my child into the camp, I assume all risk of injury and loss that may be suffered by me or my child and release and forever discharge the Board of Trustees of the University of Illinois, its officers, employees and agents from any and all known liability of whatever kind or nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen body and personal injuries, including death, property damage and the consequences therefore resulting from the registrant's participation in or involvement with this camp or presence on University property, including any failure of equipment or defect in the premises, except to the extent caused solely by the willful and wanton conduct of the University.

I give permission to the University of Illinois to take photographs and videos of my child during the course of the camp activities. These photographs may be used for publicity purposes by the University of Illinois."

Parent / Legal Guardian signature _____

Resident \$425 Commuter \$275

METHOD OF PAYMENT:

Cash Check (payable to University of Illinois) Money Order
Credit Card: MasterCard Visa Discover American Express

Credit Card # _____ Exp. Date _____ V-code _____

MAIL TO PROCESSING CENTER:
University of Illinois
Sport Camps & Clinics
P.O. Box 3264
Springfield, Illinois 62708-3264

FOR OFFICE USE ONLY
Camp _____ Type _____
Payment _____
Document _____

2012 Wrestling Team Camp Application

APPLICATION COMPLETED BY COACH

High School Name _____
School Address _____
City _____ State _____ Zip _____
Coach's Name _____
Coach's Home Phone _____
Coach's Cell Phone _____
Coach's Email Address _____
Coach's Address _____
City _____ State _____ Zip _____

Please check the camp(s) you wish to attend:

June 17-21 June 24-28

Fees: Resident Team: \$405/person
 Commuter Team: \$285/person
\$ _____ deposit enclosed

Complete and return the application and team roster with deposit amount.

METHOD OF PAYMENT:

Cash Check (payable to University of Illinois) Money Order
Credit Card: MasterCard Visa Discover American Express

Credit Card # _____ Exp. Date _____ V-code _____

Team Camp Tentative Roster

TEAM: _____

Name	Weight Class	Approximate Weight
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____
13. _____	_____	_____
14. _____	_____	_____
15. _____	_____	_____

COACHES: (Two coaches per team free)

1. _____
2. _____
3. _____
4. _____

Complete and return the application and team roster with ENTIRE deposit amount.



UNIVERSITY OF ILLINOIS 2012 SUMMER CAMPS

WRESTLING CAMPS

JUNE 10-14 • Individual Camp
JUNE 17-21 • Team Camp 1
JUNE 24-28 • Team Camp 2

www.fightingillini.com/camps



University of Illinois
Division of Intercollegiate Athletics
Office of Sport Camps & Clinics
1700 South Fourth Street
Champaign, IL 61820

For more information or to register,
visit our website at
www.fightingillini.com/camps
or e-mail us at sumcamps@illinois.edu

CAMP DIRECTORS



Jim Heffernan
Head Coach

- 2nd year head coach at Illinois
- Two-time NCAA Assistant of the Year
- 1986 NCAA Champion
- Four-time All-American



Mark Perry
Associate Head Coach

- Two-time NCAA Champion at Iowa
- Four-time All-American



Jeremy Hunter
Assistant Coach

- 10th year at Illinois
- NCAA Champion
- Three-time All-American
- Four-time Pennsylvania State Champion



Cory Cooperman,
Assistant Coach

- Three-time All-American
- Four-time Preps National Champion