



Youth as Strength!

Good Bye!

This year is a year of the remake. You might have a hard time recognizing the face of UIC Gymnastics with such a big impact group of seniors leaving last year.



They are all moving into the "real world as Jackie is finishing her Nursing, Alyson her Psych/Criminal Justice and Stacey her Movement Sciences degree. Jenn graduated at the end of the summer and is now working in the UIC performance laboratory. Their record of 4 Conference Championships and 3 Illinois Classics and 3 appearances at NCAA's they will always carry with them.

Summer camp

The 13th Annual UIC gymnastics summer camp was a great success. Once again we were sorry to have to turn away campers as it filled up...we only have so much space. We had lots of familiar faces back working camp as well as Pam (Swan) returned from Washington. Former UIC gymnast Megan Fey and Shannon O'Brien joined us for the first time and Vero did her 2nd camp. Randy was with us as usual, not so usual was that his daughter Aubrie joined the campers for

the week and had a blast!

Welcome to UIC!

Enough of living in the past however, last years recruiting brought seven new faces to the team.



We got some local talent from the American Academy with Kristen Kulinczenko, from GymKhana with Tristan Erlenbaugh, and from Ultimate Gymnastics with Beth Kliver (a former UIC camper). We also have several new faces from around the Nation. A sophomore transfer from North Texas in Brittany Daem, and freshman Sarah Jane Mayhan from Memphis, Tennessee, Ashley Thurston from Sylva, North Carolina and rounding out the group of newcomers is Annie Kachman from St Louis. We are very excited about this group and what they will bring to UIC. Their energy and drive will hopefully keep their learning curve steep as they adjust to life on their own and a whole new level of academics and gymnastics. They will all have a chance to experience baptism by fire, since we will rely on them out on the competition floor from the very beginning of the season.

Time to jell!

With a 50% new crew we knew we needed to take a look at what we could do to become a team as soon as possible. At our first team meeting we spent time getting to know each other outside of gymnastics but they also got a chance to work together over the class lines to develop posters that describes the kind of team they wanted to be part of. The results blew us away they know what they want and they were very inventive when it came to bringing their message to the rest of the team. We got the feeling right from the start that we were all on the same page. Now it was up to us coaches creating the plan that would make all this come true.

Camp Sunrise!

Well some of you alumni might recognize the title. We did enlist the help of some professionals at a team building camp in Bartlett, IL.



We spent the day together as a team calling each other by nicknames from our past and solving challenges together.

It brought out a lot of great discussion on how we function as a team when it comes down to either reaching goals or making decisions that will effect all of us.



We really believe that the experience will give us a strong base to stand on when we face adversity along our journey this year.

Upper classmen!

This is of course the crew that knows what this is all about and they are doing everything that they can make sure that their senior year will be a year to remember. Their resolve has been very apparent as they are being led by this year's co-captains Jessie Jaworowicz and Vero Meunier. They together with the other seniors Redg Charron and Holly Bruhn are really showing the freshman how to prepare step by step to be ready for the season. In the middle of the spectrum we have Rachael Zelinski with all her competitive experience as well as Jess Panos, Ashley Howe and Jamie Buckley that all got some great exposure last year that we count on them building on.

Campus changes!

There is no end to the changes around UIC and we hope that you all will have a chance to visit campus and see all of them. Halsted south of Roosevelt is like a different world with dorms, restaurants, coffee shops, and book stores. There is a brand new student recreation center across from Student Center East (former CCC). This will open in January or March....depending on who is telling the story. It will have an 80' climbing wall and lazy rivers and spinning studios just to mention a few of the treats for the students. There are new dorms and a convocation center coming on the corner of Halsted and Roosevelt. And pretty soon the west and east side of campus will have merged as Taylor Street is being

transformed as we speak!

PEB redone

Not to be outdone, Athletics is planning to completely revamp PEB. Baseball is first on the line since their own fundraising have netted several hundred thousand dollars to start the construction of a clubhouse with offices locker rooms and team rooms. The next part calls for a small arena for Volleyball and gymnastics and a new gym for us by an extension on the south side of the building. Locker rooms and a new expanded weight room are also in the plans. It will be a one of a kind building that much is clear

Homecoming


It is also time for you all to get your calendars out so that you can start planning to attend this year's homecoming. For now hold the date and we will get back with you in the near future of the details of the festivities. The date is January 21st at 7pm. We will square off against Minnesota and the men will take on IOWA.

Mixed Team

Of course you will have a chance to get a preview of what this year will have to offer at the more laid back premier in December. So on December the 3rd at 2:00pm we will roll out the carpet and unveil this year's team. We would love to see you then and as usual we will have an informal get together after with some pizza and salads---so make sure you give us a call if you can join us!

Fundraising effort

As we head into the new year we also have to renew our efforts in the fund raising area and like everybody, we rely on our former gymnasts, coaches, parent, and supporters to help us out and show the administration that we have a supporting group out there. So keep

your eyes open and soon you will get a mailing outlining how you easily can make sure that your \$ goes straight to the Team  that you all have been part of!!!

2005-06 Schedule

Date	School	City	Stat	Time
3-Dec	Saturday	Mixed Team	UIC	IL 2:00pm
8-Jan	Sunday	WMU	Kalamazoo	MI 1:00 PM
15-Jan	Sunday	NIU with Ball State	DeKalb	IL 2:00pm
21-Jan	Saturday	Minnesota (COED IOWA)	UIC	IL 7:00pm
27-Jan	Friday	Denver University	Denver	CO 6:00pm
3-Feb	Friday	San Jose State (Quad Meet)	San Jose	CA 7:00pm
11-Feb	Saturday	SEMO (COED OSU)	UIC	IL 7:00pm
18-Feb	Saturday	TWU (Aerials club meet)	UIC	IL 7:00pm
25-Feb	Saturday	U of I (COED)	UIC	IL 7:00pm
3-Mar	Friday	at ISU	Normal	IL 7:00pm
5-Mar	Sunday	ISU (COED TEMPLE)	UIC	IL 2:00pm
10-Mar	Friday	Auburn	Auburn	AL 7:00pm
18-Mar	Saturday	Illinois Classic: at ISU	Normal	IL 7:00pm
25-Mar	Saturday	MIC at SEMO	Cape Girardeur	MO 1:00pm
8-Apr	Saturday	NCAA Regionals at Arkansas	Fayetteville	AR 6:00pm

Follow the Flames on the Web!



We will continue to keep you updated on how we are doing through our web site at www.uicflames.com. Here you can find bios, pictures, results, records, notes, & newsletters!

Peter Jansson
839 W. Roosevelt Rd.
Chicago, IL 60608
312-996-3557
pjansson@uic.edu