



# HEAD COACH PAUL MONIAK

## EIGHTH SEASON • NORTHERN ILLINOIS (1990)

### THREE-TIME HORIZON LEAGUE COACH OF THE YEAR

**Paul Moniak** continues to lead the University of Illinois at Chicago men's and women's swimming and diving programs to new heights of success as he enters his eighth season at the helm.

In seven years as head coach of the Flames, Moniak has taken UIC's aquatic squads from middle-of-the-pack status to serious Horizon League title contention.

Under Moniak, both the men's and women's teams have gained major ground in talent level, depth, and overall preparation, and the proof is in the numbers. In the past seven seasons various school records have been shattered countless times, including NCAA 'B' cut times by Andrew Schmitt in the 200-yard butterfly last season and Blake Booher's 50-yard freestyle mark in 2007.

Last season, the Flames claimed two Horizon League event titles and had 14 top-three finishes at the championships. Andrea Giczewski capped off a stellar career with victories in both the 50- and 100-yard freestyle, setting a league championship record in the longer event.

Moniak's 2007-08 campaign saw nine school records become even quicker, with Giczewski lowering the 50, 100 and 200 free marks. Kelly Hashoian took control over the long distance-events in her first season as a Flame, setting new standards in the 500, 1000 and 1650 free throughout the year. Giczewski, Hashoian, Emily Hare and Kathryn McLeland also broke the 800 free relay record. On the men's squad, Andrew Schmitt demolished the 200 fly record, then joined up with Dan Hare,

Evan Dunn and Brian Anderson to break the two-year old 800 free relay record.

In 2007, the Flames took home six league event championships, led by Booher, the school record holder in the 50-yard free. Both the men's and women's 200 and 400 free relays were victorious at the championships, with the women's squads setting new league records at the meet. In that season alone Moniak led the Flames to All-Horizon League honors in 10 events while setting 14 new school records.

In 2004-05, both the men's and women's swimming and diving teams at UIC achieved big-time goals, as the men's team finished third in the Horizon League for the school's highest finish since 1994 and the women's team accumulated the most points at the league championships since 1999. Moniak's superb effort in 2004-05 earned the UIC head coach Horizon League Men's Swimming Coach of the Year honors.

In seven years, Moniak has been recognized as the league's swimming coach of the year three times. Along with his 2005 award, Moniak was also the Horizon League Women's Swimming Coach of the Year in his first season with UIC, as well as the conference's Men's Coach of the Year in 2003.

A tireless worker who combines meticulous preparation with a cool demeanor, Moniak has recruited and coached top talent from the Chicagoland area, the Midwest and beyond.

Moniak has built a solid foundation for the UIC swimming and diving program ever since his arrival in 2001. His desire to recruit student-athletes who are committed to both the classroom and the pool is unwavering, UIC has now earned the CSCAA academic recognition eight times in six years under Moniak.

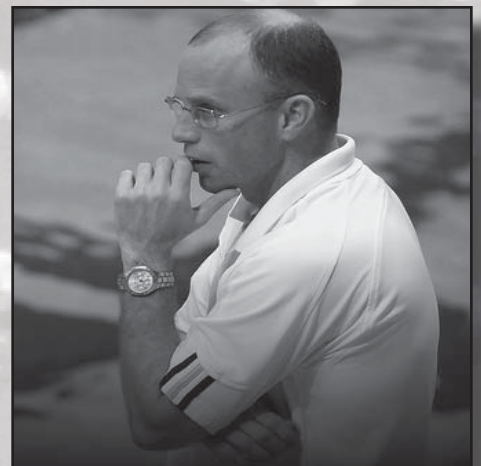
Moniak came to UIC after a two-year stint as an assistant coach at the University of the Pacific, where he coached NCAA Championship qualifiers, school

record holders and swimmers with Olympic Time Trial standards for the Tigers. Before Pacific, Moniak served as an assistant coach for Milwaukee from 1991-1999.

Besides coaching at the collegiate level, Moniak has also served as the Associate Head Coach for Tiger Aquatics in Stockton, Calif., from 1999-2001, and as the Age-Group Coach for the North Shore Swim Club in Whitefish Bay, Wis., from 1994-1999.

Along with his coaching duties for the Flames, Moniak coaches the Chicago Masters Swim Club.

Before his coaching career, Moniak was a collegiate standout at Northern Illinois University, where he was a Midwest Conference finalist in the 100-yard and 200-yard breaststroke events and earned the 1989 "Workhorse Award." Prior to his college career, Moniak was part of an All-American 200-yard medley relay team at Hinsdale Central High School.



### The Moniak File

#### Team Records

Season	Men	Women
2001-02	2-11/Fifth	5-9/Fourth
2002-03	3-8/Fifth	2-10/Fourth
2003-04	7-6/Fourth	6-7/Fourth
2004-05	7-3/Third	6-5/Fourth
2005-06	7-3-1/Third	5-8/Fourth
2006-07	5-4/Fourth	5-5/Fourth
2007-08	7-3/Fourth	6-6/ Fourth
<b>Totals</b>	<b>38-38-1</b>	<b>35-50</b>



## ASSISTANT COACH EMILY COCKS

### SECOND SEASON • MICHIGAN (2000)

Emily Cocks enters her second season as an assistant coach for the UIC swimming and diving program.

Cocks brings outstanding credentials into her first venture as a collegiate assistant coach. As a swimmer for the University of Michigan from 1995-2000, she was a three-time

NCAA Qualifier in the 100-yard breaststroke.

During her senior campaign in 2000, she earned an All-American Honorable Mention for her role on the Wolverines' 200 medley relay.

Prior to joining UIC's coaching staff, Cocks worked with the Wolfpack Aquatic Club, a Chicago-based youth swim team where she assisted members with stroke mechanics. She has also worked with multi-sport athletes as a triathlon coach for Visionquest Coaching, located in Chicago.

Cocks graduated from Michigan in 2000 with a bachelor's degree in sociology with a concentration in law. She has worked as a paralegal in Chicago for the past five years.

A native of Albion, Michigan, Emily is an avid triathlete and competes in national and international events. Throughout the 2008 season, she had six top five finishes, including being the Elite Amateur runner-up at the Spirit of Racine Half-Ironman race and was the first female finisher, second overall, at the TriAmerica Michigan City Triathlon.



## DIVING COACH SUSAN BROMBERG

### FIRST SEASON • ILLINOIS (1983)

Susan Bromberg joins the Flames for her inaugural season as the head diving coach for the UIC swimming and diving program.

Bromberg arrives to UIC with over 20 years of coaching experience in the Chicagoland area.

Over the past seven years, Bromberg has served as the diving coach for Lake Forest College in Lake Forest, Ill. She was named the NCAA Division III Women's Coach of the Year in 2006 after coaching two Forester student-athletes to All-American finishes at the national championships that season.

Bromberg's athletes amassed 10 All-American accolades and nine Midwest Conference championship titles.

Prior to her position at Lake Forest, Bromberg served as the diving coach at Highland Park High School for a decade. She also spent time at Deerfield, Regina Dominican and Maine East high schools.

Bromberg also serves as the diving coach for the Windy City club team, and has presided over the Illinois Diving Association since 2004. She also has served on the NCAA Division III diving selection committee for the past three years.

A graduate of the University of Illinois at Urbana-Champaign, Bromberg earned her degree in health education in 1983.



## UNDERGRADUATE ASSISTANT COACH DAN HARE

A three-time school record-holder, Dan Hare will join the UIC swimming and diving program as an undergraduate assistant coach after a successful four-year career for the Flames.

The 2007-08 squad MVP, Hare earned multiple Horizon League honors during his tenure, including guiding the first-place 200-yard and 400-yard freestyle relays at the 2007 league championships.

Hare set the school record in the 200 back, and was a member of the record-setting 400 and 800 freestyle relays.

The Lockport, Ill. native is completing his degree requirements for a bachelor of science in biology.