

2010-2011 Walk-On Time Standards

An athlete should have achieved at least two of the following times to try out for the University of Houston Women's Swimming and Diving Team. The Coaching Staff makes all decisions about team membership. Direct all questions to Staff members. For Diving walk - on athletes please contact the Diving Coach.

Event(yards)	Time Standard
50 Freestyle	:25.80
100 Freestyle	:55.00
200 Freestyle	2:00.70
500 Freestyle	5:18.00
1000 Freestyle	10:55.00
1650 Freestyle	18:00.00
100 Backstroke	1:01.00
200 Backstroke	2:12.00
100 Breaststroke	1:11.50
200 Breaststroke	2:33.00
100 Butterfly	1:00.00
200 Butterfly	2:13.50
200 Individual Medley	2:19.50
400 Individual Medley	4:55.00