

**2004-05 Houston Cougars Swimming and Diving Best Times & Marks**  
**2004-05 Results (6-11 overall, 0-1 C-USA dual meets)**  
**20<sup>th</sup> Nationally at 2005 NCAA Championships**

<u>Date (Day)</u>	<u>Opponent</u>	<u>Site</u>	<u>Time</u>
Oct. 15 (Fri.)	<b>TEXAS</b>	CRWC NATATORIUM	L, 115-123
Oct. 16 (Sat.)	<b>RICE</b>	CRWC NATATORIUM	L, 124-168
Oct. 28 (Thur.)	* TCU	CRWC NATATORIUM	L, 140-156
Nov. 12 (Fri.)	at Centenary	Shreveport, La.	W, 116-50
Nov. 13 (Sat.)	at Louisiana-Monroe	Monroe, La.	W, 153-62
<b>Nov. 19-21 (Fri.-Sun.)</b>	<b>UH FALL INVITATIONAL</b>	<b>CRWC NATATORIUM</b>	<b>2<sup>nd</sup> of 4 teams</b>
	<i>Rice 1,366, <b>Houston 796</b>, New Orleans 208, Incarnate Word 200</i>		
Nov. 20-21 (Sat.-Sun.)	at Texas A&M Invitational (diving only)	College Station, Texas	No team score
Dec. 3-4 (Fri.-Sat)	at Kansas	Lawrence, Kan.	L, 83-267
Dec. 3-4 (Fri.-Sat.)	vs. Harvard	Lawrence, Kan.	L, 63-287
Dec. 31 (Fri.)	at Duke Kahanamoku Sprint Meet	Honolulu, Hawai'i	No team score
Jan. 3 (Mon.)	vs. Arkansas	Honolulu, Hawai'i	W, 60-44
Jan. 3 (Mon.)	vs. Pacific	Honolulu, Hawai'i	L, 29-65
Jan. 14 (Fri.)	at North Texas	Denton, Texas	W, 157.5-114.5
Jan. 14 (Fri.)	vs. SMU	Denton, Texas	L, 129-139
Jan. 21 (Fri.)	at Incarnate Word	San Antonio, Texas	W, 73-62
Jan. 28 (Fri.)	at LSU	Baton Rouge, La.	L, 31-82
Jan. 28 (Fri.)	vs. Rice	Baton Rouge, La.	L, 35-76
Jan. 29 (Sat.)	at New Orleans	New Orleans, La.	W, 34-25
<b>Feb. 5 (Sat.)</b>	<b>TEXAS A&amp;M</b>	<b>CRWC NATATORIUM</b>	<b>L, 38-88</b>
<b>Feb. 5 (Sat.)</b>	<b>MIAMI (Fla.)</b>	<b>CRWC NATATORIUM</b>	<b>L, 46-78</b>
<b>Feb. 23-26 (Wed.-Sat.)</b>	<b>C-USA CHAMPIONSHIP</b>	<b>CRWC NATATORIUM</b>	<b>5<sup>th</sup> of 7 teams</b>
	<i>Tulane 729, TCU 719.50, East Carolina 542.50, Louisville 487.50, <b>Houston 441</b>, Cincinnati 341, Saint Louis 241.50</i>		
March 11-13 (Fri.-Sun.)	at NCAA Zone Diving Championships	College Station, Texas	All Day
March 17-19 (Thur.-Sat.)	at NCAA Championships	West Lafayette, Ind.	20 <sup>th</sup> of 39 teams
	<i>Georgia 609.5, Auburn 492, Arizona 440, Florida 355, Stanford 313, Texas 218, SMU 170, California 149, Indiana 112, USC 108, Wisconsin 107, Arizona State 90, Penn State 87, Texas A&amp;M 84, Michigan 84, Hawai'i, 68, Purdue 59, UCLA 52, Kentucky 52, <b>Houston 47</b>, Alabama 44, Maryland 40, Iowa 36, Tennessee 32, Notre Dame 32, Virginia 21, Miami (Fla.) 19, Richmond 15.5, Rutgers 13, Virginia Tech 12, Florida State 11, Ohio State 10, Cincinnati 9, Clemson 6, South Carolina 6, Harvard 4, Northwestern 4, New Mexico 2, Illinois 1</i>		
April 1-6 (Fri.-Wed.)	at USA Swimming Spring Nationals & World Championship Trials	Indianapolis, Ind.	All Day

\* indicates Conference USA opponent

Home meets listed in **BOLD CAPS** and are held at the Campus Recreation & Wellness Center Natatorium.

All times are Central and subject to change.

## 2004-05 Houston Cougars Swimming & Diving Best Times & Marks

### 50-YARD FREESTYLE (22.88 / 23.56: UH Record 22.71)

23.98	Kristin Bay	Nov. 19	Houston
24.64 (S)	Meagan Wien	Feb. 23	Houston
25.09	Jenny Hagen	Nov. 19	Houston
25.12	Stacey Williams	Feb. 5	Houston
25.55	Tatjana Banjeglav	Nov. 19	Houston
25.57	Amy Duke	Nov. 19	Houston
25.90	Kat Lau	Feb. 24	Houston
26.13	Szintia Szanto	Jan. 21	San Antonio, Texas
26.14	Amanda Rutter	Nov. 19	Houston
26.23	Natalie Davies	Nov. 13	Monroe, La.
26.33	Nicole Vaiana	Dec. 31	Honolulu, Hawai'i
26.40 (S)	Alejandra Salazar	Nov. 13	Monroe, La.
27.13	Liz Goeggel	Nov. 19	Houston
27.28	Astrid Calderon	Nov. 15	Houston
27.54 (S)	Melissa Wright	Oct. 16	Houston
28.02	Vicki Blocker	Dec. 31	Honolulu, Hawai'i

### 100-YARD FREESTYLE (49.78 / 51.27: UH Record 49.82)

52.71	Kristin Bay	Nov. 21	Houston
53.36 (S)	Meagan Wien	Nov. 21	Houston
53.90	Amy Duke	Nov. 21	Houston
54.44	Nicole Vaiana	Oct. 28	Houston
54.45	Stacey Williams	Oct. 28	Houston
54.51	Jenny Hagen	Feb. 26	Houston
55.85	Alejandra Salazar	Nov. 12	Shreveport, La.
56.08 (S)	Tatjana Banjeglav	Nov. 21	Houston
56.53	Amanda Rutter	Nov. 21	Houston
57.21	Szintia Szanto	Nov. 12	Shreveport, La.
57.88	Melissa Wright	Oct. 16	Houston
1:00.07 (S)	Liz Goeggel	Nov. 20	Houston
1:01.41 (S)	Vicki Blocker	Jan. 21	San Antonio, Texas

### 200-YARD FREESTYLE (1:47.61 / 1:50.83: UH Record 1:48.59)

1:54.93	Stacey Williams	Nov. 20	Houston
1:55.05 (S)	Nicole Vaiana	Feb. 23	Houston
1:56.51	Jenny Hagen	Nov. 20	Houston
1:57.47	Alejandra Salazar	Nov. 12	Shreveport, La.
1:57.48	Szintia Szanto	Nov. 12	Shreveport, La.
1:58.38	Kristin Bay	Oct. 15	Houston
2:00.36	Meagan Wien	Nov. 20	Houston
2:02.69 (S)	Tatjana Banjeglav	Nov. 20	Houston
2:04.44	Liz Goeggel	Nov. 20	Houston
2:08.18	Vicki Blocker	Jan. 21	San Antonio, Texas

### 500-YARD FREESTYLE (4:45.46 / 4:54.02: UH Record 4:50.89)

5:02.18	Marit Bloemer	Feb. 24	Houston
5:10.31	Nicole Vaiana	Nov. 19	Houston
5:12.13	Alejandra Salazar	Nov. 19	Houston
5:17.47	Szintia Szanto	Oct. 15	Houston
5:17.81	Jenny Hagen	Nov. 19	Houston
5:23.60	Liz Goeggel	Feb. 24	Houston
5:44.32	Randee Billips	Nov. 12	Shreveport, La.
5:44.50	Amanda Rutter	Oct. 15	Houston
5:46.85	Tatjana Banjeglav	Nov. 13	Monroe, La.
5:54.39	Natalie Davies	Nov. 19	Houston

### 1,000-YARD FREESTYLE (UH Record 9:59.73)

10:21.48 (S)	Marit Bloemer	Feb. 26	Houston
10:43.20	Alejandra Salazar	Oct. 16	Houston
10:48.92	Jenny Hagen	Oct. 15	Houston
10:51.49	Nicole Vaiana	Oct. 15	Houston
11:08.36	Melissa Wright	Oct. 28	Houston
11:21.73	Liz Goeggel	Feb. 5	Houston
12:24.79	Amanda Rutter	Oct. 28	Houston
13:08.53	Astrid Calderon	Oct. 15	Houston

### 1,650-YARD FREESTYLE (16:23.54 / 16:53.04: UH Record 16:51.88)

17:12.19	Marit Bloemer	Feb. 26	Houston
18:00.32	Alejandra Salazar	Nov. 21	Houston
18:36.24	Liz Goeggel	Dec. 3	Lawrence, Kan.

### 100-YARD BUTTERFLY (53.75 / 55.36: UH Record 54.11)

57.36	Szintia Szanto	Nov. 19	Houston
58.03	Stacey Williams	Feb. 25	Houston
58.86	Vicki Blocker	Feb. 25	Houston
59.44	Kat Lau	Feb. 25	Houston
59.94	Jenny Hagen	Feb. 25	Houston
1:00.85	Kristin Bay	Jan. 21	San Antonio, Texas
1:01.80	Amanda Rutter	Nov. 19	Houston
1:03.59	Meagan Wien	Oct. 28	Houston
1:03.76	Alejandra Salazar	Nov. 13	Monroe, La.
1:05.65	Randee Billips	Jan. 21	San Antonio, Texas
1:08.68	Melissa Wright	Oct. 28	Houston

### 200-YARD BUTTERFLY (1:58.11 / 2:01.65: UH Record 1:57.88)

2:04.10	Szintia Szanto	Feb. 26	Houston
2:08.51	Stacey Williams	Nov. 21	Houston
2:12.81	Jenny Hagen	Jan. 28	Baton Rouge, La.
2:15.34	Kat Lau	Jan. 28	Baton Rouge, La.
2:16.20	Alejandra Salazar	Oct. 15	Houston
2:21.14	Randee Billips	Nov. 13	Monroe, La.
2:21.28	Amanda Rutter	Nov. 21	Houston
2:35.78	Melissa Wright	Oct. 16	Houston

### 100-YARD BACKSTROKE (54.47 / 56.10: UH Record 56.19)

57.81 (S)	Kristin Bay	Nov. 19	Houston
1:01.10 (S)	Marit Bloemer	Feb. 26	Houston
1:01.14	Vicki Blocker	Nov. 20	Houston
1:02.25	Stacey Williams	Nov. 12	Shreveport, La.
1:02.45 (S)	Nicole Vaiana	Oct. 16	Houston
1:02.58	Szintia Szanto	Jan. 21	San Antonio, Texas
1:03.40	Nicole Vaiana	Jan. 21	San Antonio, Texas
1:05.97	Natalie Davies	Nov. 20	Houston
1:07.85	Amanda Rutter	Nov. 20	Houston
1:07.92 (S)	Natalie Davies	Nov. 21	Houston
1:07.95	Astrid Calderon	Oct. 16	Houston
1:08.21	Natalie Davies	Oct. 16	Houston
1:12.17 (S)	Melissa Wright	Oct. 28	Houston

### 200-YARD BACKSTROKE (1:58.24 / 2:01.78: UH Record 2:03.02)

2:05.44	Marit Bloemer	Feb. 26	Houston
2:09.07	Stacey Williams	Jan. 28	Baton Rouge, La.
2:10.22	Vicki Blocker	Nov. 21	Houston
2:12.07	Kristin Bay	Nov. 13	Monroe, La.
2:13.16	Nicole Vaiana	Feb. 26	Houston
2:20.48	Natalie Davies	Nov. 21	Houston
2:27.29	Melissa Wright	Oct. 28	Houston
2:28.75	Astrid Calderon	Nov. 21	Houston

### 100-YARD BREASTSTROKE (1:02.00 / 1:03.86: UH Record 1:04.86)

1:06.92	Szintia Szanto	Nov. 20	Houston
1:07.92	Jenny Hagen	Feb. 25	Houston
1:08.08	Randee Billips	Feb. 25	Houston
1:09.45	Tatjana Banjeglav	Feb. 25	Houston
1:13.94	Vicki Blocker	Jan. 21	San Antonio, Texas
1:20.70 (S)	Melissa Wright	Oct. 15	Houston

### 200-YARD BREASTSTROKE (2:14.25 / 2:18.27: UH Record 2:19.14)

2:20.44	Szintia Szanto	Nov. 21	Houston
2:28.98	Randee Billips	Nov. 13	Monroe, La.
2:32.23	Jenny Hagen	Feb. 26	Houston
2:33.10	Tatjana Banjeglav	Nov. 21	Houston
2:49.18	Melissa Wright	Oct. 15	Houston

**200-YARD INDIVIDUAL MEDLEY (2:00.67 / 2:04.29; UH Record 2:04.47)**

2:04.47	Szintia Szanto	Feb. 24	Houston
2:09.89	Stacey Williams	Feb. 24	Houston
2:14.73	Vicki Blocker	Feb. 24	Houston
2:15.74	Kristin Bay	Jan. 21	San Antonio, Texas
2:15.85	Randee Billips	Feb. 24	Houston
2:16.35	Jenny Hagen	Jan. 21	San Antonio, Texas
2:23.02	Meagan Wien	Nov. 12	Shreveport, La.
2:23.40	Tatjana Banjeglav	Dec. 3	Lawrence, Kan.
2:24.16	Liz Goeggel	Dec. 3	Lawrence, Kan.
2:27.58	Kat Lau	Jan. 21	San Antonio, Texas

**400-YARD INDIVIDUAL MEDLEY (4:15.93 / 4:23.60; UH Record 4:23.33)**

4:27.33	Szintia Szanto	Feb. 25	Houston
4:41.26	Vicki Blocker	Jan. 28	Baton Rouge, La.
4:42.17	Marit Bloemer	Feb. 5	Houston
4:49.27	Jenny Hagen	Dec. 4	Lawrence, Kan.
4:52.43	Vicki Blocker	Oct. 15	Houston
5:00.55	Randee Billips	Oct. 15	Houston
5:07.24	Melissa Wright	Oct. 15	Houston

**200-YARD FREESTYLE RELAY (1:31.01 / 1:33.74; UH Record 1:35.20)**

1:35.98	Wien, Williams, Hagen, Bay	Feb. 23	Houston
1:38.45	Wien, Williams, Vaiana, Bay	Nov. 19	Houston
1:38.69	Wien, Hagen, Williams, Bay	Feb. 5	Houston
1:40.67	Wien, Williams, Vaiana, Hagen	Jan. 14	Denton, Texas
1:40.82	Williams, Banjeglav, Vaiana, Bay	Jan. 21	San Antonio, Texas
1:41.25	Wien, Duke, Williams, Bay	Dec. 4	Lawrence, Kan.
1:41.91	Duke, Rutter, Banjeglav, Hagen	Nov. 19	Houston
1:42.04	Duke, Salazar, Banjeglav, Hagen	Oct. 28	Houston
1:42.89	Salazar, Blocker, Wien, Bay	Nov. 13	Monroe, La.
1:42.96	Duke, Szanto, Hagen, Williams	Nov. 13	Monroe, La.
1:43.45	Banjeglav, Rutter, Vaiana, Duke	Feb. 5	Houston
1:43.71	Bay, Duke, Williams, Wien	Nov. 12	Shreveport, La.
1:45.84	Rutter, Salazar, Lau, Duke	Jan. 14	Denton, Texas
1:46.30	Banjeglav, Hagen, Goeggel, Rutter	Dec. 4	Lawrence, Kan.
2:05.55	Wright, Davies, Calderon, Goeggel	Oct. 28	Houston

**400-YARD FREESTYLE RELAY (3:18.95 / 3:24.91; UH Record 3:26.72)**

3:31.62	Wien, Williams, Duke, Bay	Nov. 21	Houston
3:31.81	Wien, Bay, Williams, Vaiana	Feb. 26	Houston
3:36.33	Bay, Wien, Vaiana, Williams	Oct. 16	Houston
3:38.48	Wien, Vaiana, Williams, Bay	Jan. 28	Baton Rouge, La.
3:39.46	Wien, Duke, Williams, Bay	Dec. 3	Lawrence, Kan.
3:42.94	Salazar, Vaiana, Duke, Hagen	Nov. 12	Shreveport, La.
3:43.78	Banjeglav, Salazar, Szanto, Rutter	Nov. 21	Houston
3:48.09	Banjeglav, Rutter, Salazar, Hagen	Jan. 28	Baton Rouge, La.
3:51.99	Banjeglav, Rutter, Wright, Salazar	Oct. 16	Houston

**800-YARD FREESTYLE RELAY (7:11.65 / 7:24.59; UH Record 7:27.20)**

7:45.66	Salazar, Hagen, Szanto, Williams	Nov. 20	Houston
8:16.99	Banjeglav, Goeggel, Wien, Blocker	Nov. 20	Houston

**200-YARD MEDLEY RELAY (1:39.90 / 1:42/89; UH Record 1:45.56)**

1:47.14	Bay, Billips, Szanto, Wien	Feb. 25	Houston
1:47.67	Bay, Szanto, Williams, Wien	Nov. 20	Houston
1:50.41	Bay, Szanto, Blocker, Wien	Oct. 28	Houston
1:53.30	Blocker, Banjeglav, Rutter, Duke	Nov. 20	Houston
1:53.48	Bay, Billips, Blocker, Wien	Jan. 14	Denton, Texas
1:53.61	Bay, Szanto, Williams, Wien	Dec. 31	Honolulu, Hawai'i
1:54.25	Vaiana, Hagen, Lau, Rutter	Jan. 21	San Antonio, Texas
1:54.47	Williams, Hagen, Bay, Wien	Nov. 12	Shreveport, La.
1:55.73	Blocker, Billips, Salazar, Banjeglav	Jan. 21	San Antonio, Texas
1:56.39	Blocker, Banjeglav, Lau, Hagen	Dec. 31	Honolulu, Hawai'i
1:56.86	Rutter, Banjeglav, Billips, Duke	Oct. 28	Houston
1:59.53	Vaiana, Billips, Rutter, Duke	Dec. 31	Honolulu, Hawai'i
2:01.85	Rutter, Banjeglav, Lat, Goeggel	Jan. 14	Denton, Texas

**400-YARD MEDLEY RELAY (3:38.32 / 3:44.86; UH Record 3:49.50)**

3:55.79	Bay, Billips, Szanto, Williams	Feb. 24	Houston
3:56.46	Bay, Szanto, Williams, Vaiana	Nov. 19	Houston
3:59.66	Bay, Hagen, Szanto, Wien	Feb. 5	Houston
4:01.34	Bay, Billips, Szanto, Wien	Oct. 16	Houston
4:04.91	Blocker, Billips, Lau, Vaiana	Feb. 5	Houston
4:05.18	Blocker, Billips, Lau, Hagen	Jan. 28	Baton Rouge, La.
4:07.54	Blocker, Banjeglav, Hagen, Wien	Nov. 19	Houston
4:12.77	Vaiana, Banjeglav, Blocker, Hagen	Oct. 16	Houston
4:18.15	Blocker, Banjeglav, Rutter, Duke	Dec. 4	Lawrence, Kan.

**1-METER DIVING (255 dual / 265 6 optionals / 375 championship)****(UH Records 370.15 (6): 436.80 (10): 366.65 (Dual meet))**

517.25 (11)	Anna Kiess	March 11	College Station, Texas
455.95 (11)	Azul Almazan	March 11	College Station, Texas
430.75 (11)	Stephanie Mannella	March 11	College Station, Texas
315.38	Anna Kiess	Oct. 28	Houston
288.45	Azul Almazan	Oct. 28	Houston
285.30	Rachel Gitelson	Oct. 16	Houston
278.54	Stephanie Mannella	Oct. 16	Houston

**3-METER DIVING (270 dual / 280 6 optionals / 425 championship)****(UH Records 712.65 (11): 414.30 (Dual Meet))**

547.25 (11)	Azul Almazan	Feb. 24	Houston
466.80 (11)	Anna Kiess	Nov. 20	College Station, Texas
418.35 (11)	Rachel Gitelson	Nov. 20	College Station, Texas
413.75 (11)	Stephanie Mannella	Feb. 24	Houston
316.15	Azul Almazan	Jan. 14	Denton, Texas
313.20	Anna Kiess	Oct. 28	Houston
280.60	Rachel Gitelson	Jan. 14	Denton, Texas
261.45	Stephanie Mannella	Oct. 15	Houston

**PLATFORM DIVING (260 dual / 365 9 dives)**

**(UH Records 527.70 (11); 399.70 (9); 366.50 (Dual Meet))**

512.20	Azul Almazan	Feb. 26	Houston
478.95	Anna Kiess	March 19	West Lafayette, Ind.
403.35	Rachel Gitelson	March 13	College Station, Texas
316.95	Stephanie Mannella	Feb. 26	Houston

Event (NCAA Automatic Qualifying Time / NCAA Provisional Qualifying Time)

(S) indicates split time

() indicates number of dives.

No parentheses indicates six-dive competition.