

**University of Houston Cross Country
Cross Country Relay
September 1, 2006**

- When: Friday September 1, 2006
- Schedule: 6:30 p.m. - Both men and women's relays begin.
- Site: Buffalo Bayou Park
Allen Parkway at Montrose near the American General Tower.
- Directions: Race begins near the bayou at the corner of Allen Parkway and Montrose. From I-45 north or south exit Allen Parkway and Proceed west to Montrose. Go across the light at Montrose to drop athletes off at the course site. Continue down Allen Parkway and u-turn at Waugh to park in the American General lot on the far east side.
- Race Distance: Men – 8 Mile Relay – Two men each running two miles twice.
Women – 6 Mile Relay – Two women teams each running 1 1/5 Miles twice.
- Entry Procedure We will enter all relay teams at Allen Parkway on race day. Each Team will be given a bib number for their anchor leg and a baton.
- Entry Limit: There will be not limit to the number of relay teams you can enter.
- Entry Fee \$10.00 per relay team
- Scoring: This will be a non-scored meet. Results will be completed immediately following the meet.
- Awards: Top three relay teams for both men and women will receive t-shirts.

**If you need additional meet information please contact T. Fuqua
at 713-743-9465 or e-mail at tfuqua@uh.edu**