



UNIVERSITY OF HOUSTON

COUGAR CLASSIC CROSS COUNTRY CARNIVAL

SATURDAY AUGUST 28, 2010

- SCHEDULE:**
- | | |
|------------------------|---------------------------|
| 7:30 am Freshmen Girls | 9:15 am Sophomore Girls |
| 7:50 am Freshman Boys | 9:35 am Sophomore Boys |
| 8:05 am Senior Girls | 9:50 am Junior High Girls |
| 8:25 am Senior Boys | 10:00 am Junior High Boys |
| 8:40 am Junior Girls | 10:30 am AWARDS CEREMONY |
| 9:00 am Junior Boys | |
- SITE:** The course will be at the University of Houston's Intramural Fields. Course located off I-45, northeast corner of Cullen Blvd. & Elgin St.
- RACE DISTANCE:** Junior High races will be approximately 1600 meters (1 Loop)
High School races will be approximately 3200 meters (2 Loops)
The course is run on St. Augustine grass; weather permitting we will mow it short to help the course run faster than in past years.
- ENTRY LIMIT:** There is no limit on the number of entries allowed in any classification.
- ENTRY FEE:** \$15.00 for individual or unattached athletes
\$60.00 per boy's team and \$60.00 per girl's team.
Make checks payable to "University of Houston" attention Ryan Turner.
Note: We recognize that some school districts do not cut checks until September, with prior notification we will accept late payment from schools that have this issue. Contact Ryan Turner in advance if your school wishes to pay in September.
- DEADLINE:** Entries need to be emailed to Ryan Turner at ryanturner@uh.edu by **August 26, 2010 – Thursday at 5:00 pm.**
- PACKET PICKUP:** Packet pickup will be available the morning of the meet at the course beginning at 6:30 am.
- SCORING:** Team places will be determined by the aggregate time of each schools five fastest runners, regardless of grade classification. Junior high races will not be scored.
- AWARDS:**
1. Medals for the first 15 individuals in each race.
Note: Places 4-15 will receive their medals in the finish line chute. All other awards will be handed out at the Awards Ceremony.
 2. Team plaques will go to the top three teams in the High School Divisions.
 3. An overall award will go to the top female and top male performer from the meet.
- T-SHIRTS:** T-shirts will be available for \$10.00.
- DIRECTIONS:** From I-45 exit either Cullen Blvd. or Elgin St. Exits.
- PARKING:** Busses need to park in the lots to the south of Elgin Street.
- ENTRY PROCESS:** Email the following information to ryanturner@uh.edu to enter the meet.
1. School name
 2. Athlete Name
 3. Athlete Gender
 4. Athlete Grade

