

University of Houston



Cougar Classic Cross Country Carnival

- When:** Saturday August 22, 2009
- Schedule:**
- | | |
|------------------------|---------------------------|
| 7:30 am Freshmen Girls | 9:15 am Sophomore Girls |
| 7:50 am Freshman Boys | 9:35 am Sophomore Boys |
| 8:05 am Senior Girls | 9:50 am Junior High Girls |
| 8:25 am Senior Boys | 10:00 am Junior High Boys |
| 8:40 am Junior Girls | 10:30 am AWARDS CEREMONY |
| 9:00 am Junior Boys | |
- Site:** The course will be at the University of Houston's Intramural Fields. Course located off I-45, northeast corner of Cullen Blvd. & Elgin St.
- Race Distance:** Junior High races will be approximately 1600 meters (1 Loop)
High School races will be approximately 3200 meters (2 Loops)
- Entry Limit:** There is no limit on the number of entries allowed in any classification.
- Entry Fee:** \$10.00 for individual or unattached athletes
\$50.00 per boy's team and \$50.00 per girl's team.
Please notify us in advance if you will be mailing your check.
Make checks payable to "University of Houston" attention Ryan Turner.
- Entry Deadline:** Entries need to be emailed to Ryan Turner by **August 21, 2009 – Thursday at 5:00 pm**. Email address is located on lower portion of entry form. Packet Pickup: Packet pickup will be available the morning of the meet at the course beginning at 6:30 am.
- Scoring:** Team places will be determined by the aggregate time of each school's five fastest runners, regardless of grade classification. Junior high races will not be scored.
- Awards:**
1. Medals for the first 15 individuals in each race.
Note: Places 4-15 will receive their medals in the finish line chute. All other awards will be handed out at the Awards Ceremony.
 2. Team plaques will go to the top three teams in the High School Divisions.
 3. An overall award will go to the top female and top male performer from the meet.
- T-Shirts:** T-shirts will be sold on site for \$10.00.
We will have concession available on site.
- Directions:** From I-45 exit either Cullen Blvd. or Elgin St. Exits.
- Parking:** Busses need to park in the lots to the south of Elgin Street.

Head Cross Country/Asst. Track & Field Coach
University of Houston

