



25 Conference Team
Championships

238 Conference
Champions

40 NCAA
Individual Champions

312 NCAA
All-Americans

25 Olympians



UNIVERSITY OF HOUSTON



TRACK & FIELD AND DISTANCE CAMP

JUNE 22-25, 2009



Proud member of Conference USA

University of Houston Coaching Staff



Leroy Burrell

Head Track & Field Coach
Sprints, Hurdles
11th Season

14 Time C-USA Coach of the Year
1992 Olympic Gold Medalist
2 Time 100m World Record Holder



Kyle Tellez

Associate Head Track & Field Coach
Mult-events, Pole Vault, High Jump
18th Season * 18th Overall



Ryan Turner

Head Cross Country Coach
Asst. Track & Field Coach
Mid-Distance, Distance
Camp Director

2nd Season * 8th Overall



Will Blackburn

Asst. Track & Field Coach
Throws, Long Jump, Triple Jump
8th Season * 8th Overall



Floyd Heard

Asst. Track & Field Coach
Sprints

8th Season * 8th Overall

UNIVERSITY OF HOUSTON

TRACK & FIELD AND DISTANCE CAMP

JUNE 22-25, 2009

Camp Director Ryan Turner ryanturner@uh.edu

Location University of Houston Tom Tellez International Track & Field Complex located behind the Athletics Alumni Center at 3100 Cullen Blvd on the University of Houston Campus.

Session I June 22-25 (Monday – Thursday) 9:00 am – 12:00 noon Grades 4-12
 Sprints/Hurdles Distance/Cross Country

Session II June 22-25 (Monday – Thursday) 1:00 pm – 4:00 pm Grades 4-12
 (you may check more than one event group)
 Pole Vault High Jump
 Long Jump/Triple Jump Throws

Cost \$175 for Session I or II, \$275 for both sessions
 (Lunch will be provided for campers who stay for both sessions)
 Groups of 5 or more will receive \$25 discount per camper (must be mailed together)
 Make checks payable to the "University of Houston" (Memo Track & Field Camp)
 Athletes may participate in one or multiple event areas with in each session.
 Please indicate which event area or areas you would like to attend.

Registration Deadline Deadline is June 21, 2009
 On-site and late registration is available with an additional \$25.00 fee
 We urge all campers to pre-register.

The objective of this camp is to acquaint the campers entering grades 4-12 with all aspects of training for maximum performance in their respective event areas. Campers will be taught progressive training methods in each event area. They will be exposed to the latest research in training, flexibility, weight training methods and techniques to all events in track & field. UH head coach Leroy Burrell and the UH Coaching staff, along with several world class athletes will provide personalized instruction. This camp offers from basic to advanced technique and training methods for athletes in the specific event areas. Athletes will be instructed by the University of Houston Track & Field Coaching Staff as well as other collegiate coaches from across the nation. This includes general training and specific technique of Sprints, Hurdles, Jumps, Throws, Pole Vault, and Distance Running. Each camper will receive instructional materials, T-shirt, refreshments, and prize drawings.

Name: _____ SS# _____ - _____ - _____ Date of Birth: _____
 Street: _____ City: _____ State: _____ Zip: _____
 Phone: (____) _____ Email (print clearly): _____ Cell: (____) _____
 T-Shirt Size: _____ Age: _____ Height: _____ Weight: _____ Check One: Male Female
 Grade (Fall '08): _____ School Attending: _____

Method of Payment: Cashier's Check Check # _____ (\$25 charge on returned checks)

I hereby authorize the staff of the University of Houston Track & Field Camp, and it's affiliates, to act for me according to their best judgment in any emergency requiring attention. I hereby waive and release the University of Houston Track & Field Camp, it's affiliates, coaches, and facilities of all legal responsibility in the event of an injury to my child. I know of no mental or physical problems that might affect my child's ability to safely participate in this program. I will be responsible for any medical or other charges in connection with his or her attendance at the program. Any health or medical problems concerning my child have been listed on the area provided: _____

Insurance Company: _____ Policy #: _____

Parent/Guardian Signature: _____ Date: _____

Social Security #: _____

Mail completed application & payment to: Ryan Turner, University of Houston Track & Field
 3100 Cullen Blvd., Houston, TX 77204-6002