

Tom Tellez Invitational Track and Field Meet
April 18-19, 2008
Meet Information

- DATE:** Friday and Saturday, April 18-19, 2008
- SITE:** Carl Lewis/Tom Tellez International Track and Field Complex, University of Houston 3100 Cullen Blvd., Houston, TX
- FACILITY:** Lewis/Tellez track 400-meters with eight lanes. The track and runway surfaces are Martin ISS 2000. Throwing rings are concrete.
- ENTRY PROCEDURE:** All entries must be completed using the Flash Results Texas website, <http://www.flashresults.com/flashtexas/>. Updated meet information will be posted at www.uhcougars.com. Please check back regularly for additional updates and information
- ENTRY DEADLINE:** Entries will close on Wednesday April 16 2008 at 5:00 PM.
- ENTRY FEE:** The entry fee is \$150 per team (\$300 for combined programs). Checks can be made payable to "University of Houston." You may make you payment when you arrive on Saturday. Individual/unattached entries will be accepted. Unattached athletes will be charged a entry fee of \$20.00. The Individual/unattached athlete entry fees must be paid by cash or cashier's check. **NO PERSONAL CHECKS WILL BE ACCEPTED.** All individual/unattached athletes must present a valid or current USATF card when they pay their entry fees.
- MEET FORMAT:** The meet will be contested with seeded heats against time with the fastest heat run first.
- SCORING:** This meet will be scored on a 10-8-6-4-2-1 basis, with a maximum of two scorers per school, per event.
- RULES:** NCAA rules will apply to collegiate events.
- PARTICIPANT ENTRY:** All team personnel must enter through the north gate.
- SPECTATOR ENTRY:** Spectators should enter through the north gate. Admission is \$5.00.
- WARM-UP AREA:** The grass fields on the south and west sides of the track facility can be utilized as the warm-up area. Trainers may set up behind the bleachers on the backstretch.
- CHECK-IN:** The clerk of the course will be located on the east end of the straightaway. Athletes must check-in 20 minutes before their event.
- HEAT SHEETS/RESULTS:** Heat sheets will be included in the packet. Results will be posted after each event is final on the boards near the entrance gate. Final results will be available 20 minutes after the final event is completed. Results will also be available on the UH athletics website at www.uhcougars.com.
- IMPLEMENTS:** Implements will be certified in the hallway just inside of the Yeoman Fieldhouse. Implements will be impounded and taken to the ring by meet officials.

If you have any questions, please email Ryan Turner at ryanturner@uh.edu.

**Tom Tellez Invitational
April 18-19, 2008
Schedule of Events**

Friday Field Events

3:00	Javelin	(women/men)	Final
3:00	Pole Vault	(men/women)	Final
5:00	Shot Put	(men/women)	Final

Saturday Running Events

11:00a.m.	5000M	(women/men)	Final
1:00	4x100M	(women/men)	Final
1:15	1500M	(women/men)	Final
1:40	100M Hurdles	(women)	Final
2:00	110M Hurdles	(men)	Final
2:20	400M	(women/men)	Final
2:40	100M	(women/men)	Final
3:00	800M	(women/men)	Final
3:40	400IH	(women/men)	Final
4:05	200M	(women/men)	Final
4:25	3000MSC	(women/men)	Final
5:10	4x400M	(women/men)	Final

Saturday Field Events

9:00	Hammer	(women/men)	Final
11:30	Long Jump	(women)	Final
1:30	Long Jump	(men)	Final
1:30	High Jump	(women/men)	Final
2:00	Discus	(men)	Final
4:00	Discus	(women)	Final
3:00	Triple Jump	(men)	Final
5:00	Triple Jump	(women)	Final