



May 10-12, 2007 → Houston, TX → Hosted by Rice

2007 C-USA OUTDOOR TRACK AND FIELD Rice Soccer/Track Stadium

SCHEDULE OF EVENTS

THURSDAY MAY 10, 2007

9:00 AM	Heptathlon	Day 1
9:30 AM	Decathlon	Day 1
4:00 PM	Hammer-Women	Final
6:00 PM	Hammer-Men	Final
8:00 PM	10,000-Men	Final
8:45 PM	10,000-Women	Final

FRIDAY, MAY 11

Multi-Events

9:30 AM	Decathlon	Day 2
10:00 AM	Heptathlon	Day 2

Running Events

5:45 PM	1500-Women	Prelims
6:00 PM	110 Hurdles-Men	Prelims
6:10 PM	100 Hurdles-Women	Prelims
6:25 PM	400-Men	Prelims
6:35 PM	400-Women	Prelims
6:50 PM	100-Men	Prelims
7:00 PM	100-Women	Prelims
7:15 PM	800-Men	Prelims
7:25 PM	800-Women	Prelims
7:40 PM	400 Hurdles-Men	Prelims
7:50 PM	400 Hurdles-Women	Prelims
8:05 PM	200-Men	Prelims
8:15 PM	200-Women	Prelims
8:30 PM	3000 Steeple-Men	Final
8:50 PM	3000 Steeple-Women	Final

Field Events

3:00 PM	Javelin-Women	Final
4:30 PM	Shot Put-Men	Final
4:30 PM	Long Jump-Women	Final
5:30 PM	Pole Vault-Men	Final
6:00 PM	Shot Put-Women	Final
7:00 PM	Javelin-Men	Final
7:30 PM	High Jump-Women	Final
7:30 PM	Long Jump-Men	Final

SATURDAY, MAY 12

Running Events

6:00 PM	4 x 100 Relay-Men	Final
6:05 PM	4 x 100-Women	Final
6:15 PM	1500-Men	Final
6:25 PM	1500-Women	Final
6:35 PM	110 Hurdles-Men	Final
6:45 PM	100 Hurdles-Women	Final
6:55 PM	400-Men	Final
7:00 PM	400-Women	Final
7:10 PM	100-Men	Final
7:15 PM	100-Women	Final
7:25 PM	800-Men	Final
7:30 PM	800-Women	Final
7:40 PM	400 Hurdles-Men	Final
7:50 PM	400 Hurdles-Women	Final
8:00 PM	200-Men	Final
8:05 PM	200-Women	Final
8:15 PM	5,000-Men	Final
8:40 PM	5,000-Women	Final
9:05 PM	4 x 400-Men	Final
9:10 PM	4 x 400-Women	Final

Field Events

4:30 PM	Triple Jump-Men	Final
5:00 PM	Discus-Men	Final
6:00 PM	Pole Vault-Women	Final
6:30 PM	Triple Jump-Women	Final
7:00 PM	High Jump-Men	Final
7:00 PM	Discus-Women	Final

All times are Central.

CHAMPIONSHIP RECORDS

Men's

<u>Event</u>	<u>Champion</u>	<u>Time/Distance</u>
100M Dash	Churandy Martina, UTEP	9.76 (2006)
200M Dash	Churandy Martina, UTEP	20.33 (2006)
400M Dash	Chris Jones, Houston	45.33 (1998)
800M Dash	Karim Alston, Houston	1:48.81 (1998)
1500M Run	Pablo Solares, Rice	3:44.43 (2006)
5000M Run	Amos Kiygeon, Tulane	14:09.30 (1999)
10,000M Run	Herbert Mwangi, TCU	29:43.67 (2002)
110M Hurdles	David Payne, Cincinnati	13.68 (2004)
400M Hurdles	Greg Christie, Houston	50.05 (2000)
3000M		
Steeplechase	Paul Mutai, Tulane	8:53.79 (1996)
4x100M Relay	UTEP	39.11 (2006)
4x400M Relay	TCU	3:05.09 (2003)
High Jump	Mickael Hanany, UTEP	2.30m/7-06.50" (2006)
Pole Vault	Jonathan Miller, USF	5.30m 17.04.50" (2004)
Long Jump	Rephel Martin, Charlotte	8.05m w:2.3/26-05" (2000)
Triple Jump	Mickael Hanany, UTEP	16.39m w:2.3/53-09.25" (2006)
Shot Put	John Davis, Houston	19.09m/62-07.75" (1998)
Discus	John Davis, Houston	59.40m/194-10" (1997)
Hammer	Carey Ryan, DePaul	64.81/212-07" (2002)
Javelin	Nathan Junius, Tulane	73.26m/240-04" (2000)
Decathlon	Jason Wilson, Southern Miss	7521 (2000)

DEFENDING CHAMPIONS

Men's

<u>Event</u>	<u>Champion</u>	<u>Time/Distance</u>
100M Dash	Churandy Martina, UTEP	9.76*
200M Dash	Churandy Martina, UTEP	20.33*
400M Dash	Carey LaCour, Houston	46.34
800M Dash	Elias Koech, UTEP	1:50.13
1500M Dash	Pablo Solares, Rice	3:44.43*
3000M		
Steeplechase	Patrick Mutai, UTEP	9:11.16
5000M Run	Mircea Bogdan, UTEP	14:42.59
10,000M Run	Japheth Ng' Ojoy, UTEP	30:14.06
100M Hurdles	Ricky Wilson, Tulsa	13.99
400M Hurdles	Ricky Wilson, Tulsa	53.48
4x100M Relay	UTEP	39.11
	Yinka Bello, Daniel Ward, John Alipio, Churandy Martina	
4x400M Relay	UTEP	3:09.33
	John Alipio, Elias Koech, Dominic Tanui, Daniel Ward	
High Jump	Mickael Hanany, UTEP	2.30m/7-06.50"
Long Jump	Mickael Hanany, UTEP	7.83m/25-08.25"
Triple Jump	Mickael Hanany, UTEP	16.39m/53-09.25"
Shot Put	Jonathan Reeves, Houston	18.44m/60-06.00"
Discus	Correy Harrison, UTEP	57.74m/189-05"
Hammer	Eric Frasure, East Carolina	64.34m/211-01"
Javelin	Alex van der Merwe, UTEP	65.18m/213-10"
Pole Vault	Tom Rusteberg, Houston	4.90m/16-00.75"
Decathlon	Ryan Walsh, Rice	7,196

* C-USA Championship Record

CHAMPIONSHIP RECORDS

Women's

<u>Event</u>	<u>Champion</u>	<u>Time/Distance</u>
100M Dash	Ebonie Floyd, Houston / Oludamola Osayomi, UTEP	11.13 (2006)
200M Dash	Helena Wrappah, Southern Miss	23.21 (2000)
400M Dash	Keisha Howard, Houston	52.11 (2005)
800M Dash	Vernetta Rolle, Houston	2:06.27 (1998)
1500M Dash	Hanne Lyngstad, Tulane	4:17.99 (1998)
3000M	Hanne Lyngstad, Tulane	9:35.79 (2000)
3000M		
Steeplechase	Brianna Dahm, Marquette	10:01.77 (2002)
5000M Run	Maria Otto, USF	16:34.07 (1999)
10,000M Run	Tara Quinn, USF	35:05.71 (2002)
100M Hurdles	Jenny Adams, Houston	13:05 w:1-1 (2000)
400M Hurdles	Alicia Cave, Houston	57.67 (2005)
4x100M Relay	TCU	44.25 (2002)
4x400M Relay	Houston	3:35.31 (2006)
High Jump	Gaelle Niare, SMU	1.92m (6-03.50") (2006)
Long Jump	Jenny Adams, Houston	7.26m (23-10") (1999)
Triple Jump	Kerine Black, USF	13.26m w:1.0 (43-06") (2000)
Shot Put	Chandra Brewer, USF	16.57m (54-04.50) (2005)
Discus	Dayana Octavien, USF	58.44m (191-09") (2004)
Hammer	Dayana Octavien, USF	63.97m (209-10") (2004)
Javelin	Catherine Betz, Tulane	63.18m (207-03") (1999)
Pole Vault	Rachel Greff, Rice	4.12m (13-06.25) (2006)
Heptathlon	Krystal Ward, Houston	5,536 (2005)

DEFENDING CHAMPIONS

Women's

<u>Event</u>	<u>Champion</u>	<u>Time/Distance</u>
100M Dash	Ebonie Floyd, Houston	11.13
200M Dash	Ebonie Floyd, Houston	22.66
400M Dash	Olatunde Okusanya, UTEP	52.97
800M Dash	Fatimoh Muhammed, UTEP	2:11.14
1500M Dash	Callie Wells, Rice	4:34.51
3000M		
Steeplechase	Kate Gorry, Rice	10:56.15
5000M Run	Marissa Daniel, Rice	17:24.98
10,000M Run	Elizabeth Ambrus, UAB	35:39.04
100M Hurdles	Raquel Washington, Southern Miss	13.11
400M Hurdles	Raquel Washington, Southern Miss	59.05
4x100M Relay	Southern Miss	44.60
	Tanika Liburd, Raquel Washington, Tori Wells, Angela Johnson	
4x400M Relay	Houston	3:35.31
	Keisha Howard, LaDedra Guy, Octavia Garrett, Ebonie Floyd	
High Jump	Gaelle Niare, SMU	1.92m/6-03.50"
Long Jump	Tanika Liburd, Southern Miss	6.33m/20-09.25"
Triple Jump	Caresir Hamilton, Houston	13.22m/43-04.50"
Shot Put	Gail Lee, Memphis	15.98m/52-05.2"
Discus	Krystal Robinso, Rice	55.94m/183-0"
Hammer	Nina Schvedoff, UTEP	56.04m/183-10"
Javelin	Erma-Gene Evans, UTEP	55.00m/180-05"
Pole Vault	Rachel Greff, Rice	4.12m/13-06.25"
Heptathlon	Ashley Reyer, Southern Miss	5,392