



University of Houston Bayou City Championships Meet Information



- DATE:** Saturday, February 9, 2008
- SITE:** Yeoman Field House, University of Houston Athletics/Alumni Center 3100 Cullen Blvd., Houston, TX
- SCHEDULE:** See Attached
- FACILITY:** Yeoman Field House has a flat, six lane, 200-meter oval with an eight lane straightaway. The track and runways are Mondo Super-X. Throwing surfaces are plywood
- ENTRY PROCEDURE:** All entries should be completed using the Flash Results Texas website, at <http://www.flashresults.com/flashresults/>. Updated meet information will be posted at www.uhcougars.com. Please check back regularly for additional updates and information. This meet will be limited to 12 teams.
- ENTRY DEADLINE:** ENTRIES MUST BE RECEIVED BY WEDNESDAY FEBRUARY 6, 2008 AT 5:00P.M.
- ENTRY RESTRICTIONS:**
- 3 athletes per school in the pole vault
 - 4 per school in all other field events
 - 4 athletes per school in 200 and 400
 - 8 athletes per school in all other events
 - 2 relay teams per school
- ENTRY FEE:** The entry fee is \$450 per team (\$900 for both men and women). Checks should be made payable to "University of Houston." You may pay when you arrive on Saturday. Limited individual/unattached entries will be accepted. Please contact the University of Houston coaching staff for individual/unattached entries. Unattached athletes will be charged a \$25.00 entry fee. Unattached athletes entry fees must be paid in cash or cashiers check. NO PERSONAL CHECKS WILL BE ACCEPTED. All individual/unattached athletes must present a valid or current USATF card when they pay their entry fees.
- MEET FORMAT:** There will be qualifying heats in the 60m dash and the 60m hurdles, with the eight fastest advancing to the final. The next eight will advance to a consolation final. In other running events, we will run seeded heats against time with the fastest heats first.
- SCORING:** This will be a scored meet. It will be scored to eight places at 10-8-6-5-4-3-2-1. Open Athletes will advance to the B section final. Open athletes will not advance to the finals in field events.
- RULES:** NCAA rules will apply.
- PARTICIPANT ENTRY AND SEATING:** All team personnel (athletes, coaches, managers, trainers) must enter through the south side entrance of the field house. Athletes not competing must sit in the Athlete Seating located on the SportCourt.

SPECTATOR ENTRY: Spectators must enter through the front door of the Athletics/Alumni Center. Admission is \$5.00. Children 2 and under are free. Spectator seating is limited and available on a first come first serve basis. No spectator reentry is allowed.

WARM-UP AREA: General warm-up can be done outside (either on the outdoor track or grass field), if weather permits. In the event of inclement weather, warm-up will be permitted inside at the discretion of meet management. Inside the field house, the SportCourt area at the end of the track can be used for stretching. Trainers should set up in this area. **SPIKES MAY NOT BE WORN ON THE SPORTCOURT AREA!**

CHECK-IN: The clerk of the course is located at the end of the straightaway, adjacent to the door that leads to the outdoor track. Athletes must check-in 20 minutes before their event and will be escorted to the line. Unattached athletes will receive a wristband as proof of payment of entry fee and must present the wristband to the officials at check in.

HEAT SHEET & RESULTS: Heat sheets will be in each teams' packet, which will be available Saturday morning. They will also be available online Friday evening at <http://www.flashresults.com/flashtexas/> and <http://uhcougars.cstv.com/sports/c-track/hou-c-track-body.html>. Heat sheets will also be posted in the warm-up area. Results will be posted after each event is final on the windows of the Strength and Conditioning Center. Final results will be available 20 minutes after the final event is completed. They will also be available on the websites listed above.

IMPLEMENTS: Implements will be certified in the hallway adjacent to the weight room from 7:00 a.m.- 9:00 a.m. Implements will be impounded and taken to the ring by meet officials. Only soft-shelled indoor shots and weights may be used. Implements may be collected at the conclusion of the event.

If you have any questions, please email Will Blackburn at wblackburn@uh.edu or Ryan Turner at ryanturner@uh.edu. Or contact our office at 713-743-9376.

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February 9th, 2008**

Meet Schedule

Field Events:

8:00	Women	20-lb Weight Throw	Trials & Finals	9 advance
	Men	35-lb Weight Throw	Trials & Finals	9 advance
10:00	Women	Shot Put	Trials & Finals	9 advance
	Men	Shot Put	Trials & Finals	9 advance
10:00	Women	Long Jump (B section)	4 Jump Competition	
	Men	Long Jump (B section)	4 Jump Competition	
11:00	Women	Long Jump (A section)	Trials & Finals	9 advance
	Men	Long Jump (A section)	Trials & Finals	9 advance
3:00	Women	Triple Jump	Trials & Finals	9 advance
	Men	Triple Jump	Trials & Finals	9 advance
11:00	Women	Pole Vault	Final	
	Men	Pole Vault	Final	
12:30	Men	High Jump	Final	
	Women	High Jump	Final	

Running Events:

12:30	Women	5000m	Final	
1:00	Men	5000m	Final	
1:30	Women	Distance Medley Relay	Final	
1:45	Men	Distance Medley Relay	Final	
2:10	Women	60m Hurdles	Heats	16 advance
2:25	Men	60m Hurdles	Heats	16 advance
2:40	Women	60m	Heats	16 advance
2:55	Men	60m	Heats	16 advance
3:10	Women	Mile	Final	
3:25	Men	Mile	Final	
3:40	Women	400m	Final	
4:00	Men	400m	Final	
4:15	Women	60m Hurdles	Final	A and B Final
4:30	Men	60m Hurdles	Final	A and B Final
4:35	Women	60m	Final	A and B Final
4:40	Men	60m	Final	A and B Final
4:45	Women	800m	Final	
5:00	Men	800m	Final	
5:15	Women	200m	Final	
5:30	Men	200m	Final	
5:45	Women	3000m	Final	
6:00	Men	3000m	Final	
6:15	Women	4X400m Relay	Final	
6:30	Men	4X400m Relay	Final	

NOTE: In the Long Jumps, we will contest "A" and "B" sections. The A section will compete on the infield pit under normal rules. The B section will compete on the back straight and will use a four-jump competition format (each jumper gets 4 jumps). The men/women's field events will immediately follow each other. The women's shot put will immediately follow the men's weight throw.