

## UH All-Comers Meet Meet Information

**DATE:** Saturday, February 16th, 2008

**SITE:** Yeoman Field House, University of Houston Athletics/Alumni Center 3100 Cullen Blvd., Houston, TX

**SCHEDULE:** See <http://uhcougars.cstv.com/sports/c-track/hou-c-track-body.html>

**FACILITY:** Yeoman Field House has a flat, six lane, 200-meter oval with an eight lane straightaway. The track and runways are Mondo Super-X. Throwing surfaces are plywood.

**PARTICIPANTS: This meet will be contested in three divisions:**

1. **High School:** High school aged athletes (9, 10,11, 12 grades) representing their school, youth club or competing as unattached athletes. Any athlete who is registered for the meet and is not in high school will not be allowed to compete and their entry fee will not be refunded
2. **College and Unattached:** College/University, unattached and post collegiate athletes.
3. **Masters:** Athletes older than 40 years of age.

**The University of Houston reserves the right to bar any Athlete, Club, Team, Organization, School or Institution from competing in the UH All Comers meet.**

**ENTRY PROCEDURE: NOTE WE ARE NO LONGER DOING RACE DAY ENTRIES!**

- **Individuals/Unattached athletes/Masters athletes and Unattached relays:** Entries must be completed using the Direct Athletics website ([www.directathletics.com](http://www.directathletics.com)). Once entries are completed payment will be due (please see entry fee information below). Entries and events may be changed/updated until the deadline at which point entries will be final and no changes will be allowed.
- **Youth/Club Teams:** Entries must be completed using the Direct Athletics website ([www.directathletics.com](http://www.directathletics.com)). Once entries are completed payment will be due (please see entry fee information below). Entries and events may be changed/updated until the deadline at which point entries will be final and no changes will be allowed.
- **High School Teams:** Entries must be completed using the Direct Athletics website ([www.directathletics.com](http://www.directathletics.com)). High Schools may pay their entry fee at packet pickup Saturday Morning. Entries may be changed/updated until the deadline at which point entries will be final and no changes will be allowed. The entry fee charged will be calculated based on the number of athletes/relays and events entered. Please do not enter anyone who does not intend to run no refunds will be given.
- **College and University teams:** Entries must be completed using the Direct Athletics website ([www.directathletics.com](http://www.directathletics.com)). High Schools may pay their entry fee at packet pickup Saturday Morning. Entries may be changed/updated until the deadline at which point entries will be final and no changes will be allowed. The entry fee charged will be calculated based on the number of athletes/relays and events entered. Please do not enter anyone who does not intend to run no refunds will be given.

**ENTRY DEADLINE:** ENTRIES MUST BE RECEIVED BY WEDNESDAY FEBRUARY 13TH 2008 AT 5:00P.M.

**ENTRY FEE:** The entry fee is \$15 per athlete per event \$20 per relay with a maximum of \$450 dollars will be for college/university and high school teams only. Men's and Women's teams are separate. Club teams individual/unattached and masters athletes must pay their entry fee to Direct Athletics with a credit or debit card at the time of entry. College and University teams may pay their entry fee on the day of the meet. The entry fee charged will be calculated based on the number of athletes/relays and events entered. If you fail to bring entered athletes to the meet, your fee will not be adjusted. No refunds will be given.

**MEET FORMAT:** There will be three divisions:

- One division will consist of collegiate and open/unattached athletes.
- The second division will consist of high school/youth athletes.
- The third division will consist of masters athletes.

There will be qualifying heats in the 60m dash and the 60m hurdles, with the eight fastest preliminary times advancing to the final. In other running events, we will run seeded heats against time with the fastest heats first. Athletes will be seeded according to entry mark. Please be honest about your entries and use FAT marks. Hand timed entries will be adjusted. We reserve the right to not use blocks on slower heats if time requires. We also reserve the right to decline entries in all divisions and events.

- RULES:** With the exception of the field events NCAA rules will apply for both divisions. In the horizontal jumps and throws each competitor will be given 2 jumps and throws to advance to the top 12. The 12 remaining competitors will be given 1 additional jump or throw to advance to the top 8. The 8 remaining competitors will be given 3 additional jumps or throws. In the vertical jumps each competitor will be given 2 misses at each height until the field is reduced to 12 competitors or less, at which time each competitor will be given 3 misses at each height.
- PARTICIPANT ENTRY:** All team personnel (athletes and coaches) must enter through the south side entrance to the field house. All others must enter through the front door of the Athletics/Alumni Center. Coaches of individual/unattached athletes will not be permitted to enter unless they can present a USATF membership card or UIL coaches card. Coaches may purchase a coach's pass at the door for \$6.00. Only Collegiate coaches or coaches with a coach's pass will be allowed onto the infield.
- SPECTATOR ENTRY:** Spectators must enter through the front door of the Athletics/Alumni Center. Admission is \$5.00 for adults, \$3.00 for children (5-12), admission is free for children 4 and under. Our facility does have a set seating capacity and once it is reached spectators will only be allowed in as people depart the facility. There will be no access to the balcony. This area is for University of Houston staff and officials only.
- WARM-UP AREA:** General warm-up can be done outside (either on the outdoor track or grass field), if weather permits. In the event of inclement weather, athletes will be able to warm-up inside at the discretion of meet management. Inside the field house, the SportCourt area at the end of the track can be used for stretching. Trainers should set up in this area. SPIKES MAY NOT BE WORN ON THE SPORTCOURT AREA!
- CHECK-IN:** The clerk of the course is located at the end of the straightaway, adjacent to the door that leads to the outdoor track. Athletes must check-in 20 minutes before their event and will be escorted to the line. At the check in center, all athletes will be provided a wristband one color will represent collegiate athletes and the other high school. All athletes will receive a competing credential at packet pick-up. Athletes must show their wristbands to the clerk of the course. Once competition starts, no one will be allowed to compete who has not checked in.
- HEAT SHEET & RESULTS:** Heat sheets will be in each team's packet, prior to the first event. Heat sheets will also be posted in the warm-up area. Results will be posted after each even is final on the windows of the Strength and Conditioning Center. Final results will be available 20 minutes after the final event is completed. They will also be available on the UH athletics website at [www.UHcougars.com](http://www.UHcougars.com).
- IMPLEMENTS:** Implements will be certified in the garage adjacent to the weight room from 7:00 a.m-9:00 a.m. Implements will be impounded and taken to the ring by meet officials. Only soft-shelled indoor shots and weights may be used. For the collegiate and open division, collegiate weight implements will be used as well as collegiate heights for hurdles. The High School division will use high school implements. Competitors must bring their own implements. Implements may be collected at the conclusion of the event.

If you have any questions, please contact Ryan Turner at [ryanturner@uh.edu](mailto:ryanturner@uh.edu). Or contact our office at 713-743-9376.

**UH All-Comers Meet  
February 16, 2008  
University of Houston Yoeman Field House  
Meet Schedule**

**Field Events:**

9:00	Men Women	Long Jump (Infield Pit) Long Jump (Infield Pit)	Trials & Finals Trials & Finals	9 advance 9 advance
9:00	Boys Girls	Long Jump (B Pit) Long Jump (B Pit)	Trials & Finals Trials & Finals	9 advance 9 advance
1:00	Men Women	Triple Jump Triple Jump	Trials & Finals Trials & Finals	9 advance 9 advance
3:00	Boys Girls	Triple Jump Triple Jump	Trials & Finals Trials & Finals	9 advance 9 advance
8:00	Women Men	Weight Throw Weight Throw	Trials & Finals Trials & Finals	9 advance 9 advance
10:00	Women	Shot Put	Trials & Finals	9 advance
1:00	Men Girls Boys	Shot Put Shot Put Shot Put	Trials & Finals Trials & Finals Trials & Finals	9 advance 9 advance 9 advance
8:00	Girls	Pole Vault	Final	
10:00	Boys	Pole Vault	Final	
1:00	Women	Pole Vault	Final	
3:00	Men	Pole Vault	Final	
10:00	Women	High Jump	Final	
12:00	Men	High Jump	Final	
1:30	Girls	High Jump	Final	
3:30	Boys	High Jump	Final	

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**Running Events:**

11:00	Girls	Distance Medley Relay	Final	
	Women	Distance Medley Relay	Final	
	Boys	Distance Medley Relay	Final	
	Men	Distance Medley Relay	Final	
	Girls	60m Hurdles	Heats	8 advance
	Women	60m Hurdles	Heats	8 advance
	Boys	60m Hurdles	Heats	8 advance
	Men	60m Hurdles	Heats	8 advance
	Masters Women	60m	Heats	8 advance
	Masters Men	60m	Heats	8 advance
	Girls	60m	Heats	8 advance
	Women	60m	Heats	8 advance
	Boys	60m	Heats	8 advance
	Men	60m	Heats	8 advance
	Girls	Mile	Final	
	Women	Mile	Final	
	Boys	Mile	Final	
	Men	Mile	Final	
	Masters Women	400m	Final	
	Masters Men	400m	Final	
	Girls	400m	Final	
	Women	400m	Final	
	Boys	400m	Final	
	Men	400m	Final	
	Girls	60m Hurdles	Final	
	Women	60m Hurdles	Final	
	Boys	60m Hurdles	Final	
	Men	60m Hurdles	Final	
	Masters Women	60m	Final	
	Masters Men	60m	Final	
	Girls	60m	Final	
	Women	60m	Final	
	Boys	60m	Final	
	Men	60m	Final	
	Girls	800m	Final	
	Women	800m	Final	
	Boys	800m	Final	
	Men	800m	Final	
	Masters Women	200m	Final	
	Masters Men	200m	Final	
	Girls	200m	Final	
	Women	200m	Final	
	Boys	200m	Final	
	Men	200m	Final	
	Girls	3000m	Final	
	Women	3000m	Final	
	Boys	3000m	Final	
	Men	3000m	Final	
	Girls	4x400m Relay	Final	
	Women	4x400m Relay	Final	
	Boys	4x400m Relay	Final	
	Men	4x400m Relay	Final	

Running Events will be on a rolling schedule. Please be prepared for your events