

2004 HOUSTON WOMEN'S OUTDOOR TRACK AND FIELD RESULTS

2004 Schedule and Team Results

Date	Meet	Site	Place-Points
March 19-20	Texas Southern Relays	Houston, Texas	Second (182 points)
March 26-27	LSU Relays	Baton Rouge, La.	no team scoring
March 31-April 3	Texas Relays	Austin, Texas	no team scoring
April 10	Texas A&M Invitational	College Station, Texas	no team scoring
April 17	at LSU Alumni Gold Invitational	Baton Rouge, La.	no team scoring
April 22-24	Penn Relays	Philadelphia, Pa.	no team scoring
April 24	Rice All-Comers	Houston, Texas	no team scoring
May 1	Tom Tellez Invitational	Lewis/Tellez Complex	no team scoring
May 6	Sam Houston State Tune Up	Huntsville, Texas	no team scoring
May 13-15	Conference USA Championships	Louisville, Ky.	First (121 points)
May 28-29	NCAA Regional Championships	College Station, Texas	23rd (12 points)
June 9-13	NCAA Outdoor Championships	Austin, Texas	no points
June 25-27	USA Junior Olympics	College Station, Texas	
July 9-18	USA Olympic Team Trials	Sacramento, Calif.	

100 Meters (11.78)

UH Record: 11.11, Jackie Washington (1983); **C-USA Meet Record:** 11.45, Karine Black, South Florida (2001)

Time	Athlete	Meet
11.40w	LaDedra Guy	2nd at Tom Tellez Invitational (May 2)
11.40w	LaDedra Guy	6th at Midwest Regional Championships (May 28-29)
11.43	LaDedra Guy	prelims at Midwest Regional Championships (May 28-29)
11.45	LaDedra Guy	1st at Conference USA Championships (May 13-15)
11.46w	Lisa Wilson	4th at Tom Tellez Invitational (May 2)
11.57	LaDedra Guy	prelims at NCAA Championships (June 9-13)
11.61w	Lisa Wilson	prelims at NCAA Championships (June 9-13)
11.63w	LaDedra Guy	1st at LSU Alumni Gold Invitational (April 17)
11.63w	LaDedra Guy	8th at Texas A&M Invitational (April 10)
11.67	Lisa Wilson	prelims at Conference USA Championships (May 13-15)
11.75	Lisa Wilson	prelims at Midwest Regional Championships (May 28-29)
11.77	Lisa Wilson	4th at Conference USA Championships (May 13-15)
11.79	LaDedra Guy	prelims at Texas Relays (April 2)
11.86w	Lisa Wilson	3rd at LSU Alumni Gold Invitational (April 17)
11.89	Lisa Wilson	prelims at Penn Relays (April 23)
11.90	LaDedra Guy	2nd at TSU Relays (March 19-20)
12.07w	Lisa Wilson	prelims at Texas A&M Invitational (April 10)
12.07	LaDedra Guy	8th at LSU Relays (March 26-27)
12.18	Lisa Wilson	prelims at Texas Relays (April 2)
12.24	Shay Coles	15th at LSU Alumni Gold Invitational (April 17)
12.32	Lisa Wilson	prelims at LSU Relays (March 26-27)
12.33	Lisa Wilson	7th at TSU Relays (March 19-20)
12.30	Shay Coles	prelims at TSU Relays (March 19-20)
12.35	Shay Coles	8th at TSU Relays (March 19-20)
12.55	Shay Coles	prelims at LSU Relays (March 26-27)
13.26	Shay Coles	prelims at Texas A&M Invitational (April 10)

200 Meters (23.96)

UH Record: 22.68, Jackie Washington (1986); **C-USA Meet Record:** 23.21, Hellena Wrappah, Southern Miss (2000)

Time	Athlete	Meet
23.48	LaDedra Guy	prelims at NCAA Championships (June 9-13)
23.48w	LaDedra Guy	2nd at Tom Tellez Invitational (May 2)
23.49	LaDedra Guy	prelims at Midwest Regional Championships (May 28-29)
23.55	LaDedra Guy	2nd at Conference USA Championships (May 13-15)
23.59	LaDedra Guy	3rd at LSU Alumni Gold Invitational (April 17)
24.27w	Keisha Howard	7th at Tom Tellez Invitational (May 2)
24.42w	Renee Clarke	9th at Tom Tellez Invitational (May 2)
24.47	Keisha Howard	prelims at Conference USA Championships (May 13-15)
24.65	Keisha Howard	8th at Conference USA Championships (May 13-15)
24.80w	Lisa Wilson	13th at Tom Tellez Invitational (May 2)
25.13	Renee Clarke	22nd at LSU Alumni Gold Invitational (April 17)
25.15	Lisa Wilson	prelims at Conference USA Championships (May 13-15)
25.21	Renee Clarke	prelims at Conference USA Championships (May 13-15)
25.54w	Tiffany Abney	21st at Tom Tellez Invitational (May 2)

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400 Meters (54.51/54.1)

UH Record: 51.73, Michele Collins (1993); **C-USA Meet Record:** 52.90, Courtnie Ratliff, Houston (2002)

Time	Athlete	Meet
53.71	Keisha Howard	prelims at Midwest Regional Championships (May 28-29)
54.32	Keisha Howard	3rd at Tom Tellez Invitational (May 2)
54.35	Keisha Howard	7th at LSU Alumni Gold Invitational (April 17)
54.40	Keisha Howard	prelims at Conference USA Championships (May 13-15)
54.75	Keisha Howard	2nd at Conference USA Championships (May 13-15)
55.47	Keisha Howard	9th at Midwest Regional Championships (May 28-29)
55.69	Renee Clarke	14th at LSU Alumni Gold Invitational (April 17)
55.75	Renee Clarke	prelims at Conference USA Championships (May 13-15)
55.77	Renee Clarke	6th at Conference USA Championships (May 13-15)
56.23	Keisha Howard	1st at TSU Relays (March 19-20)
56.37	Renee Clarke	10th at LSU Relays (March 26-27)
56.55	Renee Clarke	9th at Tom Tellez Invitational (May 2)
56.69	Keisha Howard	13th at LSU Relays (March 26-27)
56.94	Jennifer Hunt	19th at LSU Relays (March 26-27)
57.20	Jennifer Hunt	13th at Tom Tellez Invitational (May 2)
57.50	Tiffany Abney	prelims at TSU Relays (March 19-20)
57.63	Renee Clarke	2nd at TSU Relays (March 19-20)
57.96	Tiffany Abney	prelims at Conference USA Championships (May 13-15)
58.12	Jennifer Hunt	3rd at TSU Relays (March 19-20)
58.22	Tiffany Abney	21st at Tom Tellez Invitational (May 2)
58.42	Tiffany Abney	4th at TSU Relays (March 19-20)

800 Meters (2:10.29/2:10.0)

UH Record: 2:03.80, Theresa Fuqua (1988); **C-USA Meet Record:** 2:06.57, Vernetta Rolle, Houston (1998)

Time	Athlete	Meet
2:13.10	Crystal Freeman	1st at Sam Houston Tune Up (May 6)
2:13.76	Crystal Freeman	2nd at Tom Tellez Invitational (May 2)
2:13.81	Jennifer Hunt	2nd at Sam Houston Tune Up (May 6)
2:14.50	Crystal Freeman	9th at LSU Alumni Gold Invitational (April 17)
2:15.10	Jennifer Hunt	12th at LSU Alumni Gold Invitational (April 17)
2:15.12	Crystal Freeman	4th at Texas A&M Invitational (April 10)
2:16.55	Crystal Freeman	10th at LSU Relays (March 26-27)
2:17.66	Jennifer Hunt	prelims at Conference USA Championships (May 13-15)
2:19.12	Jennifer Hunt	14th at Texas A&M Invitational (April 10)
2:19.97	Crystal Freeman	6th at TSU Relays (March 19-20)
2:20.18	Crystal Freeman	prelims at Conference USA Championships (May 13-15)

1500 Meters (4:29.12/4:28.8)

UH Record: 4:16.50, Theresa Dunn-Fuqua (1986); **C-USA Meet Record:** 4:17.99, Hanne Lyngstad, Tulane (1998)

Time	Athlete	Meet
4:56.50	Jessie Oakes	19th at LSU Alumni Gold Invitational (April 17)
4:58.02	Julie Perez	12th at Tom Tellez Invitational (May 2)
4:58.68	Julie Perez	11th at Texas Relays (April 1)
4:59.80	Julie Perez	19th at LSU Relays (March 26-27)
5:02.20	Julie Perez	12th at Rice Twilight (April 24)
5:03.60	Jessica Oakes	15th at Tom Tellez Invitational (May 2)
5:03.71	Cynthia Silva	26th at LSU Relays (March 26-27)
5:04.26	Julie Perez	21st at Conference USA Championships (May 13-15)
5:05.35	Julie Perez	25th at LSU Alumni Gold Invitational (April 17)
5:13.01	Terie Littlepage	30th at LSU Alumni Gold Invitational (April 17)
5:13.89	Cynthia Silva	33rd at LSU Alumni Gold Invitational (April 17)
5:16.44	Cynthia Silva	prelims at Conference USA Championships (May 13-15)
5:17.39	Terie Littlepage	17th at Tom Tellez Invitational (May 2)
5:18.01	Cynthia Silva	18th at Tom Tellez Invitational (May 2)
5:20.79	Cynthia Silva	34th at Texas A&M Invitational (April 10)

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3,000-Meter Steeplechase (10:57.18/10:56.9)

UH Record: 10:38.40, Jessica Oakes (2002); **C-USA Meet Record:** 10:43.04, Briana Dahm, Marquette (2001)

Time	Athlete	Meet
11:43.10	Jessica Oakes	17th, CW event at Penn Relays (April 22)
11:54.92	Jessica Oakes	13th at Conference USA Championships (May 13-15)
12:11.07	Jessica Oakes	17th at Texas Relays (April 2)
12:16.08	Terie Littlepage	14th at Conference USA Championships (May 13-15)
12:17.86	Terie Littlepage	7th at Texas A&M Invitational (April 10)
12:29.29	Terie Littlepage	3rd at LSU Relays (March 26-27)
12:31.20	Terie Littlepage	9th at Rice Twilight (April 24)

3,000 Meters

UH Record: 9:17.01, Nora Collas (1984)

Time	Athlete	Meet
12:14.17	Terie Littlepage	17th at TSU Relays (March 19-20)

5,000 Meters (16:56.43/16:56.1)

UH Record: 15:45.00*, Nora Collas (1984); **C-USA Meet Record:** 16:34.07, Maria Otto, South Florida (1999)

Time	Athlete	Meet
19:15.92	Jessie Oakes	10th at LSU Relays (March 26-27)

100-Meter Hurdles (13.95)

UH Record: 12.86, Jenny Adams (2000); **C-USA Meet Record:** 13.10, Jenny Adams, Houston (2000)

Time	Athlete	Meet
13.25w	Alicia Cave	prelims at Conference USA Championships (May 13-15)
13.29w	Alicia Cave	4th at Tom Tellez Invitational (May 2)
13.37	Alicia Cave	prelims at Midwest Regional Championships (May 28-29)
13.39w	Alicia Cave	prelims at NCAA Championships (June 9-13)
13.45w	Alicia Cave	5th at LSU Alumni Gold Invitational (April 17)
13.46	Alicia Cave	2nd at Conference USA Championships (May 13-15)
13.55w	Alicia Cave	5th at Midwest Regional Championships (May 28-29)
13.76	Alicia Cave	prelims at LSU Relays (March 26-27)
13.78	Alicia Cave	prelims at Texas Relays (April 2)
13.83	Alicia Cave	1st at TSU Relays (March 19-20)
13.90	Alicia Cave	5th at LSU Relays (March 26-27)
14.08w	Jaketa West	6th at Tom Tellez Invitational (May 2)
14.12w	Rachel Easley	7th at Tom Tellez Invitational (May 2)
14.17w	Jaketa West	prelims at Conference USA Championships (May 13-15)
14.38	Jaketa West	6th at Conference USA Championships (May 13-15)
14.19	Jaketa West	11th at LSU Alumni Gold Invitational (April 17)
14.36w	Rachel Easley	prelims at Conference USA Championships (May 13-15)
14.53	Rachel Easley	8th at Conference USA Championships (May 13-15)
14.57	Jaketa West	prelims at Texas Relays (April 2)
14.64	Jaketa West	4th at TSU Relays (March 19-20)
14.73	Rachel Easley	14th at LSU Alumni Gold Invitational (April 17)
14.76	Rachel Easley	7th at TSU Relays (March 19-20)
14.88	Jaketa West	prelims at LSU Relays (March 26-27)
15.02	Rachel Easley	prelims at LSU Relays (March 26-27)
15.09w	Krystal Ward	13th at Tom Tellez Invitational (May 2)
15.26	Caresir Hamilton	prelims at TSU Relays (March 19-20)
15.42	Krystal Ward	prelims at LSU Relays (March 26-27)
15.46	Krystal Ward	prelims at TSU Relays (March 19-20)
15.49w	Nichole Brundage	15th at Tom Tellez Invitational (May 2)
15.79	Caresir Hamilton	12th at TSU Relays (March 19-20)
15.98	Nichole Brundage	25th at LSU Relays (March 26-27)

400-Meter Hurdles (1:00.82/1:00.5)

UH Record: 56.97, Sandra Cummings-Glover (1991); **C-USA Meet Record:** 57.89, Nadja Peterson, Tulane (2001)

Time	Athlete	Meet
58.06	Alicia Cave	2nd at Tom Tellez Invitational (May 2)
58.43	Alicia Cave	2nd at LSU Alumni Gold Invitational (April 17)
58.44	Alicia Cave	prelims at Midwest Regional Championships (May 28-29)
58.52	Alicia Cave	prelims at Texas Relays (April 1)
58.99	Alicia Cave	7th at Texas Relays (April 3)
59.12	Alicia Cave	prelims at Conference USA Championships (May 13-15)
59.54	Alicia Cave	2nd at Conference USA Championships (May 13-15)
59.54	Alicia Cave	1st at TSU Relays (March 19-20)
1:02.56	Jaketa West	5th at LSU Alumni Gold Invitational (April 17)

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400-Meter Hurdles continued...

Time	Athlete	Meet
1:02.71	Jaketa West	3rd at Tom Tellez Invitational (May 2)
1:03.01	Rachel Easley	4th at Tom Tellez Invitational (May 2)
1:03.44	Rachel Easley	prelims at Texas Relays (April 1)
1:03.48	Tiffany Abney	8th at LSU Alumni Gold Invitational (April 17)
1:03.58	Jaketa West	prelims at Texas Relays (April 1)
1:04.88	Jaketa West	7th at LSU Relays (March 26-27)
1:05.17	Jaketa West	prelims at TSU Relays (March 19-20)
1:05.72	Jaketa West	5th at TSU Relays (March 19-20)
1:06.55	Rachel Easley	prelims at TSU Relays (March 19-20)

4x100 Relay (46.00/45.7)

UH Record: 43.84, Tara Mastin, Jackie Washington, Carol Lewis, Michele Glover (1983); **C-USA Meet Record:** 44.25, TCU (2002)

Time	Team	Meet
44.84	Houston (Cave, Wilson, Howard, Guy)	prelims at Midwest Regional Championships (May 28-29)
45.03	Houston (Cave, Wilson, Howard, Guy)	6th at Midwest Regional Championships (May 28-29)
45.23	Houston (Cave, Wilson, Howard, Guy)	1st at LSU Alumni Gold Invitational (April 17)
45.25	Houston (Cave, Wilson, Coles, Guy)	2nd at Texas A&M Invitational (April 10)
45.51	Houston (Cave, Wilson, Howard, Guy)	2nd at Conference USA Championships (May 13-15)
45.51	Houston (Cave, Wilson, Coles, Guy)	7th at Texas Relays (April 3)
45.64	Houston	3rd, college division at Penn Relays (April 23)
45.67	Houston	1st at Tom Tellez Invitational (May 2)
45.78	Houston (Cave, Coles, Guy, Wilson)	2nd at TSU Relays (March 19-20)

4x400 Meter Relay (3:43.03/3:42.7)

UH Record: 3:30.72, Angelia Johnson, Cynthia Jackson, Drexel Long, Michele Collins (1993); **C-USA Meet Record:** 3:37.80, Tulane (1999)

Time	Team	Meet
3:37.38	Houston	1st at Sam Houston Tune Up (May 6)
3:39.85	Houston	5th, college division at Penn Relays (April 24)
3:40.66	Houston (Hunt, Freeman, Abney, Howard)	1st at LSU Alumni Gold Invitational (April 17)
3:41.83	Houston	3rd at Conference USA Championships (May 13-15)
3:44.67	Houston (Cave, Guy, Clarke, Howard)	1st at TSU Relays (March 19-20)
3:47.05	Houston (Hunt, Abney, Guy, Freeman)	8th at Midwest Regional Championships (May 28-29)
3:47.95	Houston	1st at Tom Tellez Invitational (May 2)

4x200 Relay

Time	Team	Meet
1:37.57	Houston (Coles, Guy, Hamilton, Howard)	2nd at TSU Relays (March 19-20)

800-Meter Sprint Medley Relay

Time	Team	Meet
1:46.57	Houston	6th at LSU Relays (March 26-27)

1600-Meter Sprint Medley Relay

Time	Team	Meet
4:01.88	Houston (Guy, Wilson, Hunt, Freeman)	7th at Texas Relays (April 2)
4:05.39	Houston (Abney, Clarke, Howard, Hunt)	3rd at TSU Relays (March 19-20)

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High Jump (1.73, 5-8)

UH Record: 1.88m (6-2.00) Jolanda Jones (1986); **C-USA Meet Record:** 1.77m (5-9.75) Nadia Smith, Tulane (1996)

Metric	English	Athlete	Meet
1.74	5-8.50	Caresir Hamilton	12th at Midwest Regional Championships (May 28-29)
1.73	5-8.00	Krystal Ward	3rd at LSU Relays (March 26-27)
1.73	5-8.00	Caresir Hamilton	1st at Tom Tellez Invitational (May 2)
1.73	5-8.00	Caresir Hamilton	6th at Texas Relays (April 2)
1.69	5-6.50	Caresir Hamilton	5th at LSU Alumni Gold Invitational (April 17)
1.69	5-6.50	Krystal Ward	21st at Midwest Regional Championships (May 28-29)
1.68	5-6.25	Caresir Hamilton	7th at Conference USA Championships (May 13-15)
1.68	5-6.25	Caresir Hamilton	2nd at TSU Relays (March 19-20)
1.64	5-4.50	Nichole Brundage	3rd at TSU Relays (March 19-20)
1.63	5-4.25	Krystal Ward	t11th at Conference USA Championships (May 13-15)
1.63	5-4.25	Nichole Brundage	t11th at Conference USA Championships (May 13-15)
1.58	5-2.25	Nichole Brundage	5th at Tom Tellez Invitational (May 2)
1.56	5-1.25	Nichole Brundage	11th at LSU Relays (March 26-27)
1.53	5-0.25	Nichole Brundage	12th at Rice Twilight (April 24)

Pole Vault (3.75, 12-3.50)

UH Record: 4.15m (13-7.25) Rhian Clarke (2000); **C-USA Meet Record:** 3.80m (12-5.50) Rhian Clarke, Houston (2001)

Metric	English	Athlete	Meet
3.60	11-9.75	Jessica Edwards	5th at Conference USA Championships (May 13-15)
3.45	11-3.75	Jessica Edwards	3rd at Tom Tellez Invitational (May 2)
3.45	11-3.75	Jessica Edwards	5th at LSU Alumni Gold Invitational (April 17)
3.45	11-3.75	Jessica Edwards	5th at Texas A&M Invitational (April 10)
3.45	11-3.75	Jessica Edwards	2nd at LSU Relays (March 26-27)

Long Jump (5.93, 19-5.50)

UH Record: 7.04m (23-1.25) Carol Lewis (1985); **C-USA Meet Record:** 6.35m (20-10), Jenny Adams, Houston (1999)

Metric	English	Athlete	Meet
5.86w	19-2.75	Caresir Hamilton	8th at Tom Tellez Invitational (May 2)
5.78w	18-11.75	Krystal Ward	10th at Tom Tellez Invitational (May 2)
5.76	18-10.75	Ashley George	8th at LSU Relays (March 26-27)
5.74	18-10.00	Caresir Hamilton	11th at Texas A&M Invitational (April 10)
5.65	18-06.50	Caresir Hamilton	11th at LSU Relays (March 26-27)
5.55	18-02.50	Caresir Hamilton	11th at LSU Alumni Gold Invitational (April 17)
5.54	18-2.25	Caresir Hamilton	4th at TSU Relays (March 19-20)
5.49	18-0.25	Krystal Ward	18th at LSU Relays (March 26-27)
5.45	17-10.75	Caresir Hamilton	14th at Conference USA Championships (May 13-15)
5.43	17-9.75	Rachel Easley	6th at TSU Relays (March 19-20)
5.39	17-8.25	Krystal Ward	7th at TSU Relays (March 19-20)
5.37	17-7.50	Rachel Easley	24th at Texas A&M Invitational (April 10)
5.27w	17-3.50	Nichole Brundage	13th at Tom Tellez Invitational (May 2)
5.24	17-2.25	Nichole Brundage	28th at Texas A&M Invitational (April 10)
5.19	17-0.50	Nichole Brundage	11th at TSU Relays (March 19-20)
5.13	16-10.00	Kelli Williams	31st at Texas A&M Invitational (April 10)
5.10	16-8.75	Rachel Easley	17th at Tom Tellez Invitational (May 2)
5.02	16-5.75	Ashley George	14th at TSU Relays (March 19-20)

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Triple Jump (12.26, 40-2.75)

UH Record: 12.92 (43-4.75) Starlie Graves (1992); **C-USA Meet Record:** (13.26) 43-6 Kerine Black, USF

Metric	English	Athlete	Meet
12.56w	41-2.50	Caresir Hamilton	3rd at Midwest Regional Championships (May 28-29)
12.34	40-6.00	Caresir Hamilton	2nd at LSU Relays (March 26-27)
12.32	40-5.00	Caresir Hamilton	3rd at Conference USA Championships (May 13-15)
12.25	40-2.25	Caresir Hamilton	2nd at Texas A&M Invitational (April 10)
12.13	39-9.75	Caresir Hamilton	7th at Penn Relays (April 23)
11.63	38-2.00	Rachel Easley	15th at Penn Relays (April 23)
11.60w	38-00.75	Rachel Easley	8th at Texas A&M Invitational (April 10)
11.58	38-0.00	Rachel Easley	6th at LSU Relays (March 26-27)
11.57	37-11.25	Rachel Easley	1st at TSU Relays (March 19-20)
11.49	37-8.50	Kelli Williams	2nd at TSU Relays (March 19-20)
11.28	37-00.25	Kelli Williams	8th at LSU Alumni Gold Invitational (April 17)
11.25w	36-11.00	Kelli Williams	7th at Tom Tellez Invitational (May 2)
11.08w	36-4.25	Kelli Williams	14th at Texas A&M Invitational (April 10)
11.02	36-2.00	Kelli Williams	10th at LSU Relays (March 26-27)

Shot Put (14.24, 46-8.75)

UH Record: 16.22m (53-2.75) Cheryl Klein (1987); **C-USA Meet Record:** 14.49m (47-6.50) Shola Kadiri, Louisville (2000)

Metric	English	Athlete	Meet
14.32	46-11.75	Tinisha Wesley	4th at Conference USA Championships (May 13-15)
14.18	46-6.25	Tinisha Wesley	15th at Midwest Regional Championships (May 28-29)
13.99	45-10.75	Tinisha Wesley	1st at Sam Houston Tune Up (May 6)
13.91	45-7.75	Tinisha Wesley	6th at LSU Alumni Gold Invitational (April 17)
13.90	45-7.50	Tinisha Wesley	2nd at Tom Tellez Invitational (May 2)
13.87	45-6.25	Tinisha Wesley	10th at Texas Relays (April 1)
13.87	45-6.25	Tinisha Wesley	5th at LSU Relays (March 26-27)
13.73	45-0.00	Tinisha Wesley	6th at Texas A&M Invitational (April 10)
13.09	42-11.50	Allie Booker	11th at Conference USA Championships (May 13-15)
11.49	37-8.50	Krystal Ward	10th at Tom Tellez Invitational (May 2)

Discus (46.58, 152-10)

UH Record: 54.18m (177-9) Cheryl Klein (1986); **C-USA Meet Record:** 47.28m (155-1) Katie Wimberger, Marquette (1998)

Metric	English	Athlete	Meet
51.28	168-3	Allie Booker	2nd at Conference USA Championships (May 13-15)
50.14	164-6	Allie Booker	8th at Midwest Regional Championships (May 28-29)
48.79	160-1	Allie Booker	1st at Tom Tellez Invitational (May 2)
46.41	152-3	Laura Yelverton	4th at Conference USA Championships (May 13-15)
46.41	152-3	Laura Yelverton	3rd at Tom Tellez Invitational (May 2)
44.72	146-9	Allie Booker	3rd at TSU Relays (March 19-20)
44.51	146-0	Allie Booker	8th at LSU Relays (March 26-27)
42.58	139-8	Allie Booker	10th at LSU Alumni Gold Invitational (April 17)
42.42	139-2	Tinisha Wesley	11th at LSU Alumni Gold Invitational (April 17)
42.13	138-2	Tinisha Wesley	4th at TSU Relays (March 19-20)
42.03	137-11	Laura Yelverton	11th at LSU Relays (March 26-27)
41.56	136-4	Tinisha Wesley	13th at LSU Relays (March 26-27)
41.53	136-3	Laura Yelverton	12th at LSU Alumni Gold Invitational (April 17)
41.10	134-10	Laura Yelverton	6th at TSU Relays (March 19-20)
39.16	128-6	Tinisha Wesley	10th at Tom Tellez Invitational (May 2)
38.01	124-8	Tinisha Wesley	16th at Conference USA Championships (May 13-15)

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Hammer (52.84, 173-4)

UH Record: 51.40 (168-8) Shayla Bowman (2003); **C-USA Meet Record:** 53.12m (174-3) Shola Kadiri, Louisville (2001)

Metric	English	Athlete	Meet
54.07	177-5	Shayla Bowman	1st at LSU Relays (March 26-27)
51.76	169-10	Shayla Bowman	2nd at Tom Tellez Invitational (May 2)
50.96	167-2	Shayla Bowman	2nd at TSU Relays (March 19-20)
50.78	166-7	Shayla Bowman	21st at Midwest Regional Championships (May 28-29)
49.51	162-5	Shayla Bowman	3rd at Conference USA Championships (May 13-15)
45.06	147-10	Allie Booker	9th at Conference USA Championships (May 13-15)
43.88	143-11	Allie Booker	4th at LSU Relays (March 26-27)
41.23	135-3	Laura Yelverton	13th at Conference USA Championships (May 13-15)
40.32	132-3	Allie Booker	3rd at Tom Tellez Invitational (May 2)
39.52	129-8	Laura Yelverton	4th at Tom Tellez Invitational (May 2)
37.68	123-7	Laura Yelverton	12th at LSU Relays (March 26-27)
33.89	111-2	Allie Booker	9th at LSU Alumni Gold Invitational (April 17)

Javelin (42.61, 139-10)

UH Record: 59.44m (195-0) Dana Olson (1982); **C-USA Meet Record:** 63.18m (207-3) Catherine Betz, Tulane (1999)

Metric	English	Athlete	Meet
38.59	126-7	Tinisha Wesley	5th at Conference USA Championships (May 13-15)
37.90	124-4	Tinisha Wesley	3rd at TSU Relays (March 19-20)
36.53	119-10	Krystal Ward	8th at Conference USA Championships (May 13-15)
35.65	116-11	Tinisha Wesley	5th at Tom Tellez Invitational (May 2)
34.03	111-8	Tinisha Wesley	10th at LSU Alumni Gold Invitational (April 17)

Heptathlon (5,500 points/5,000 points)

UH Record: 6,068, Jolanda Jones (1987); **C-USA Meet Record:** 5,361, Hope Sinclair, Southern Miss (2001)

Points	Athlete	Meet
5329	Krystal Ward	1st at LSU Alumni Gold Invitational (April 17)
5173	Krystal Ward	1st at Conference USA Championships (May 13-15)
4553	Nichole Brundage	8th at Conference USA Championships (May 13-15)
4434	Nichole Brundage	6th at LSU Alumni Gold Invitational (April 17)

2004 HOUSTON MEN'S OUTDOOR TRACK AND FIELD RESULTS

2004 Schedule and Team Results

Date	Meet	Site	Place-Points
March 19-20	Texas Southern Relays	Houston, Texas	third (107 points)
March 26-27	LSU Relays	Baton Rouge, La.	no team scoring
Mar. 31-April 3	Texas Relays	Austin, Texas	no team scoring
April 10	Texas A&M Invitational	College Station, Texas	no team scoring
April 17	LSU Alumni Gold Invitational	Baton Rouge, La.	no team scoring
April 22-24	Penn Relays	Philadelphia, Pa.	no team scoring
April 24	Rice All-Comers	Houston, Texas	no team scoring
May 2	Tom Tellez Invitational	Lewis/Tellez Complex	no team scoring
May 6	Sam Houston State Tune Up	Huntsville, Texas	no team scoring
May 13-15	Conference USA Championships	Louisville, Ky.	second (120 points)
May 28-29	NCAA Regional Championships	College Station, Texas	10th (30.25 points)
June 9-13	NCAA Outdoor Championships	Austin, Texas	31st (8 points)
June 25-27	USA Junior Olympics	College Station, Texas	
July 9-18	USA Olympic Team Trials	Sacramento, Calif.	

100 Meters (10.50)

UH Record: 9.94, Leroy Burrell (1989); **C-USA Meet Record:** 10.20, Llewellyn Bredwood, South Florida (1998)

Time	Athlete	Meet
10.37w	Stanford Routt	1st at Tom Tellez Invitational (May 2)
10.39	Stanford Routt	2nd at Conference USA Championships (May 13-15)
10.45w	Preston Perry	4th at Texas A&M Invitational (April 10)
10.48w	Preston Perry	4th at LSU Alumni Gold Invitational (April 17)
10.50w	Preston Perry	prelims at Midwest Regional Championships (May 28-29)
10.50w	Brandon Womack	2nd at Tom Tellez Invitational (May 2)
10.50w	Preston Perry	2nd at Tom Tellez Invitational (May 2)
10.51w	Brandon Womack	prelims at Midwest Regional Championships (May 28-29)
10.52w	Carey LaCour	5th at LSU Alumni Gold Invitational (April 17)
10.53	Brandon Womack	6th at Conference USA Championships (May 13-15)
10.63	Preston Perry	8th at Conference USA Championships (May 13-15)
10.66	Preston Perry	4th at LSU Relays (March 26-27)
10.68	Stanford Routt	prelims at Penn Relays (April 23)
10.81	Brandon Womack	prelims at LSU Relays (March 26-27)
10.94	Brandon Womack	prelims at Texas A&M Invitational (April 10)
11.04w	Ronald Broadnax	24th at Tom Tellez Invitational (May 2)

200 Meters (21.19)

UH Record: 19.75, Joe DeLoach (1988); **C-USA Meet Record:** 20.55, Llewellyn Bredwood, South Florida (1998)

Time	Athlete	Meet
20.03w	Stanford Routt	1st at Midwest Regional Championships (May 28-29)
20.20w	Stanford Routt	2nd at NCAA Championships (June 9-13)
20.38w	Stanford Routt	1st at LSU Alumni Gold Invitational (April 17)
20.60	Stanford Routt	2nd at Conference USA Championships (May 13-15)
20.65w	Carey LaCour	1st at Tom Tellez Invitational (May 2)
20.69w	Stanford Routt	2nd at Tom Tellez Invitational (May 2)
20.84	Carey LaCour	prelims at NCAA Championships (June 9-13)
20.87w	Preston Perry	prelims at Midwest Regional Championships (May 28-29)
20.99	Carey LaCour	4th at Conference USA Championships (May 13-15)
21.04w	Carey LaCour	prelims at Midwest Regional Championships (May 28-29)
21.10w	Preston Perry	8th at Tom Tellez Invitational (May 2)
21.71	Michael Francis	prelims at Conference USA Championships (May 13-15)
21.97	Preston Perry	prelims at Conference USA Championships (May 13-15)
22.09	Michael Francis	15th at LSU Alumni Gold Invitational (April 17)
22.45	Milton Manson	30th at Tom Tellez Invitational (May 2)

400 Meters (47.26/47.0)

UH Record: 44.92, Chris Jones (1997); **C-USA Meet Record:** 45.38, Chris Jones. Houston (1997)

Time	Athlete	Meet
46.50	Carey LaCour	2nd at Tom Tellez Invitational (May 2)
46.62	Carey LaCour	3rd at Conference USA Championships (May 13-15)
49.22	Michael Francis	14th at Tom Tellez Invitational (May 2)
49.34	Michael Francis	19th at LSU Relays (March 26-27)
49.44	Michael Francis	prelims at Conference USA Championships (May 13-15)
50.66	Michael Francis	18th at LSU Alumni Gold Invitational (April 17)
51.09	Chris White	30th at LSU Relays (March 26-27)

2004 HOUSTON MEN'S OUTDOOR TRACK AND FIELD RESULTS

800 Meters (1:51.15)

UH Record: 1:48.81, Karim Alston (1998); **C-USA Meet Record:** 1:48.81, Karim Alston, Houston (1998)

Time	Athlete	Meet
1:52.40	Alex Winstel	2nd at Sam Houston Tune Up (May 6)
1:54.07	Sesar Figueroa	6th at LSU Alumni Gold Invitational (April 17)
1:54.17	Sesar Figueroa	3rd at Tom Tellez Invitational (May 2)
1:54.28	Sesar Figueroa	3rd at Texas A&M Invitational (April 10)
1:54.34	Chris White	7th at Sam Houston Tune Up (May 6)
1:54.44	Alex Winstel	10th at LSU Relays (March 26-27)
1:55.71	Chris White	5th at Tom Tellez Invitational (May 2)
1:55.84	Chris White	13th at LSU Alumni Gold Invitational (April 17)
1:56.70	Chris White	prelims at Conference USA Championships (May 13-15)
1:56.72	Alex Winstel	prelims at Conference USA Championships (May 13-15)
1:57.17	Alex Winstel	15th at LSU Alumni Gold Invitational (April 17)
1:57.52	Chris White	12th at Texas A&M Invitational (April 10)
1:57.67	Alex Winstel	14th at Texas A&M Invitational (April 10)
2:00.62	Chris White	15th at TSU Relays (March 19-20)

1500 Meters (3:50.00)

UH Record: 3:44.48, Pat Picciano (1988); **C-USA Meet Record:** 3:47.02, Amos Kipygeon, Tulane (1998)

Time	Athlete	Meet
3:51.83	Sesar Figueroa	1st at LSU Alumni Gold Invitational (April 17)
3:52.40	Sesar Figueroa	2nd at Conference USA Championships (May 13-15)
3:57.43	Alex Winstel	9th at Conference USA Championships (May 13-15)
3:57.44	Alex Winstel	4th at LSU Alumni Gold Invitational (April 17)
3:57.59	Alex Winstel	6th at Texas Relays (April 1)
4:04.44	Cole Dailey	16th at LSU Relays (March 26-27)
4:04.99	Brent Henson	13th at Texas Relays (April 1)
4:05.21	Maurillio Sanchez	3rd at Tom Tellez Invitational (May 2)
4:05.67	Maurillio Sanchez	19th at LSU Relays (March 26-27)
4:07.06	Brent Henson	14th at Texas A&M Invitational (April 10)
4:09.86	Brent Henson	7th at TSU Relays (March 19-20)
4:10.25	Cole Dailey	11th at LSU Alumni Gold Invitational (April 17)
4:12.54	Brent Henson	13th at LSU Alumni Gold Invitational (April 17)

3000 Meters

Time	Athlete	Place
8:57.03	Brent Henson	4th at Tom Tellez Invitational (May 2)

3,000 Meter Steeplechase (9:08.15)

UH Record: 8:46.3, Jeff Thompson (1977); **C-USA Meet Record:** 8:53.79, Paul Mutai, Tulane (1996)

Time	Athlete	Meet
9:21.12	Maurillio Sanchez	4th at Conference USA Championships (May 13-15)
9:37.32	Maurillio Sanchez	4th at Texas A&M Invitational (April 10)
9:37.40	Maurillio Sanchez	1st at TSU Relays (March 19-20)

5,000 Meters (14:25.00)

UH Record: 13:59.50*, Walter Bell (1986); **C-USA Meet Record:** 14:09.30, Amos Kipygeon, Tulane (1999)

Time	Athlete	Meet
15:02.95	Maurillio Sanchez	8th at Conference USA Championships (May 13-15)
15:07.62	Sesar Figueroa	10th at Conference USA Championships (May 13-15)
15:10.30	Brent Henson	6th at Rice Twilight (April 24)
15:12.42	Sesar Figueroa	1st at LSU Relays (March 26-27)
15:12.70	Maurillio Sanchez	7th at Rice Twilight (April 24)
15:13.13	Cole Dailey	14th at Texas Relays (April 1)
15:16.79	Brent Henson	2nd at LSU Relays (March 26-27)
15:24.51	Brent Henson	21st at Conference USA Championships (May 13-15)

10,000 Meters (29:00.00)

UH Record: 29:36.70*, Al Lawrence, 1960; **C-USA Meet Record:** 29:43.67, Herbert Mwangi, TCU (2002)

*-converted time

Time	Athlete	Meet
33:15.51	Cole Dailey	10th at Conference USA Championships (May 13-15)

2004 HOUSTON MEN'S OUTDOOR TRACK AND FIELD RESULTS

110-Meter Hurdles (14.33)

UH Record: 13.38, Ubeja Anderson (1995); **Conference USA Best:** 13.91, Darius Pemberton, Houston (1997)

Time	Athlete	Meet
13.92w	Milton Manson	3rd at Tom Tellez Invitational (May 2)
13.97	Andrew Carruthers	2nd at Conference USA Championships (May 13-15)
13.98w	Andrew Carruthers	7th at Midwest Regional Championships (May 28-29)
14.02	Andrew Carruthers	prelims at NCAA Championships (June 9-13)
14.05	Andrew Carruthers	1st at LSU Alumni Gold Invitational (April 17)
14.12	Andrew Carruthers	2nd at LSU Relays (March 26-27)
14.14	Milton Manson	3rd at LSU Alumni Gold Invitational (April 17)
14.18	Milton Manson	prelims at Conference USA Championships (May 13-15)
14.21	Milton Manson	2nd at TSU Relays (March 19-20)
14.23w	Andrew Carruthers	5th at Texas A&M Invitational (April 10)
14.28	Andrew Carruthers	3rd at TSU Relays (March 19-20)
14.29	Milton Manson	prelims at Penn Relays (April 23)
14.30	Andrew Carruthers	prelims at Texas Relays (April 2)
14.31	Milton Manson	6th at LSU Relays (March 26-27)
14.34	Milton Manson	8th at Texas A&M Invitational (April 10)
14.38	Milton Manson	prelims at Midwest Regional Championships (May 28-29)
14.41	Milton Manson	prelims at Texas Relays (April 2)
14.45	Milton Manson	4th at Conference USA Championships (May 13-15)
14.46w	Andrew Carruthers	10th at Tom Tellez Invitational (May 2)
14.55w	Ronald Broadnax	11th at Tom Tellez Invitational (May 2)
14.58	Andrew Carruthers	prelims at Penn Relays (April 23)
14.69	Ronald Broadnax	4th, prime division at Rice Twilight (April 24)
15.07	Ronald Broadnax	prelims at TSU Relays (March 19-20)
15.11	Ronald Broadnax	10th at TSU Relays (March 19-20)
15.78w	Eric Matcek	15th at Tom Tellez Invitational (May 2)
15.94	Eric Matcek	27th at LSU Relays (March 26-27)
15.94	Eric Matcek	prelims at Texas A&M Invitational (April 10)
15.98	Ron Veillon	28th at LSU Relays (March 26-27)

400-Meter Hurdles (52.70)

UH Record: 49.72, Kevin Mason (1987); **C-USA Meet Record:** 50.05, Greg Christie, Houston (2000)

Time	Athlete	Meet
51.08	Andrew Carruthers	3rd at Midwest Regional Championships (May 28-29)
51.20	Andrew Carruthers	2nd at LSU Alumni Gold Invitational (April 17)
51.25	Andrew Carruthers	5th at Texas Relays (April 3)
51.33	Andrew Carruthers	prelims at NCAA Championships (June 9-13)
51.83	Andrew Carruthers	2nd at Conference USA Championships (May 13-15)
51.83	Andrew Carruthers	3rd at Tom Tellez Invitational (May 2)
52.15	Andrew Carruthers	2nd at TSU Relays (March 19-20)
53.23	Sam Fobbs	prelims at Conference USA Championships (May 13-15)
53.37	Sam Fobbs	19th at Texas Relays (April 1)
53.82	Sam Fobbs	7th at Tom Tellez Invitational (May 2)
53.86	Sam Fobbs	9th at LSU Relays (March 26-27)
54.09	Sam Fobbs	7th at Conference USA Championships (May 13-15)
54.61	Sam Fobbs	7th at LSU Alumni Gold Invitational (April 17)
54.90	Sam Fobbs	5th at TSU Relays (March 19-20)

4x100 Relay (40.70)

UH Record: 38.53, Charles Young, Mark McNeil, Anthony Ketchum, Stanley Floyd (1982); **C-USA Meet Record:** 39.17, TCU (2002)

Time	Team	Meet
40.09	Houston (Routt, Perry, Womack, LaCour)	4th at Midwest Regional Championships (May 28-29)
40.25	Houston (Carruthers, Womack, Perry, LaCour)	1st at Texas A&M Invitational (April 10)
40.35	Houston	1st at Tom Tellez Invitational (May 2)
40.43	Houston (Carruthers, Womack, Perry, LaCour)	prelims at Texas Relays (April 2)
40.47	Houston	3rd, college division at Penn Relays (April 24)
40.47	Houston (Broadnax, LaCour, Perry, Womack)	1st at TSU Relays (March 19-20)
40.49	Houston	12th at Texas Relays (April 3)
40.53	Houston	2nd at Conference USA Championships (May 13-15)

2004 HOUSTON MEN'S OUTDOOR TRACK AND FIELD RESULTS

4x400 Meter Relay (3:11.50)

UH Record: 3:06.39, Anthony Authorlee, Greg Christie, Karim Alston, Dennis Darling (1999); **C-USA Meet Record:** 3:06.09, East Carolina (2002)

Time	Team	Meet
3:09.97	Houston	1st at Sam Houston Tune Up (May 6)
3:10.17	Houston (Carruthers, LaCour, Francis, Routt)	2nd at LSU Alumni Gold Invitational (April 17)
3:11.34	Houston (Fobbs, LaCour, Francis, Routt)	7th at Midwest Regional Championships (May 28-29)
3:12.33	Houston	prelims at Texas Relays (April 2)
3:15.01	Houston (Carruthers, Garza, LaCour, Perry)	5th at TSU Relays (March 19-20)
3:15.81	Houston	2nd at Tom Tellez Invitational (May 2)
3:20.68	Houston "B" (Whitaker, Fobbs, Francis, White)	10th at TSU Relays (March 19-20)

4x200 Meter Relay

Time	Team	Meet
1:24.40	Houston (LaCour, Perry, Francis, Routt)	4th at Penn Relays (April 24)
1:26.57	Houston (Broadnax, Manson, Perry, Womack)	5th at TSU Relays (March 19-20)

Distance Medley Relay

Time	Team	Meet
10:05.89	Houston	13th at Penn Relays (April 23)

Sprint Medley Relay

Time	Team	Meet
3:24.21	Houston	seventh, college division at Penn Relays (April 23)
3:36.05	Houston	6th at TSU Relays (March 19-20)

High Jump (2.07/6-9.50)

UH Record: 2.29 (7-6) Mark Reed (1987); **C-USA Meet Record:** 2.23m (7-3.75), Jeff Mueller, Houston (2000)

Metric	English	Athlete	Meet
2.20	7-2.50	Tristian Whitley	2nd at LSU Alumni Gold Invitational (April 17)
2.17	7-1.50	Tristian Whitley	prelims at NCAA Championships (June 9-13)
2.16	7-1.00	Tristian Whitley	15th at Midwest Regional Championships (May 28-29)
2.15	7-0.50	Tristian Whitley	1st at Tom Tellez Invitational (May 2)
2.14	7-0.25	Tristian Whitley	12th at NCAA Championships (June 9-13)
2.10	6-10.75	Tristian Whitley	5th at Texas Relays (April 3)
2.05	6-8.75	Tristian Whitley	3rd at Conference USA Championships (May 13-15)
2.05	6-8.75	Tristian Whitley	3rd at Texas A&M Invitational (April 10)
2.05	6-8.75	Tristian Whitley	3rd at LSU Relays (March 26-27)
2.00	6-6.75	Tristian Whitley	6th at TSU Relays (March 19-20)

Pole Vault (4.90/16-1.00)

UH Record: 5.35m (17-6.50), David Gatch (1987); **C-USA Meet Record:** 5.05m (16-6.75), Mike Brookins, Houston (1998)

Metric	English	Athlete	Meet
5.00	16-4	Daniel Patton	12th B section at Texas Relays (April 1)
4.85	15-11	Daniel Patton	5th at Conference USA Championships (May 13-15)
4.85	15-11	Daniel Patton	2nd at LSU Relays (March 26-27)
4.85	15-11	Tom Rusteberg	6th at Conference USA Championships (May 13-15)
4.85	15-11	Tom Rusteberg	3rd at LSU Relays (March 26-27)
4.85	15-11	Ron Veillon	1st at TSU Relays (March 19-20)
4.70	15-5	Alex Cantu	7th at LSU Relays (March 26-27)
4.70	15-5	Daniel Patton	2nd at TSU Relays (March 19-20)
4.55	14-11.25	Jason Myers	4th at TSU Relays (March 19-20)

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Long Jump (7.32/24-00.25)

UH Record: 8.62m (28-3.50), Carl Lewis (1981); **C-USA Meet Record:** 7.85m (25-9.25) Will Montgomery, Charlotte (2002)

Metric	English	Athlete	Meet
7.67w	25-2.00	Jason Edwards	1st at Tom Tellez Invitational (May 2)
7.50w	24-7.25	Jason Edwards	11th at Midwest Regional Championships (May 28-29)
7.41w	24-3.75	Brandon Womack	5th at Tom Tellez Invitational (May 2)
7.30	23-11.50	Brandon Womack	12th at LSU Alumni Gold Invitational (April 17)
7.22	23-08.25	Jason Edwards	6th at LSU Relays (March 26-27)
7.22	23-08.25	Brandon Womack	5th at Texas A&M Invitational (April 10)
7.15	23-05.50	Jason Edwards	14th at LSU Alumni Gold Invitational (April 17)
7.05	23-01.75	Brandon Womack	11th at LSU Relays (March 26-27)
7.03	23-0.75	Jason Edwards	5th at Conference USA Championships (May 13-15)
6.98	22-11.00	Rufus Williams	11th at Tom Tellez Invitational (May 2)
6.59	21-7.50	Vincent Marshall	14th at Conference USA Championships (May 13-15)

Triple Jump (14.94/49-00.25)

UH Record: 17.24m (56-6.75), Frank Rutherford (1987); **C-USA Meet Record:** 15.89m (52-1.75), Noel Comrie, Tulane (2001)

Metric	English	Athlete	Meet
15.92w	52-02.75	Vincent Marshall	5th at Midwest Regional Championships (May 28-29)
15.58	51-01.50	Vincent Marshall	prelims at NCAA Championships (June 9-13)
15.25	50-00.50	Vincent Marshall	2nd at Conference USA Championships (May 13-15)

Shot Put (16.30/53-5.75)

UH Record: 64-2.50, Mark Baughman (1979); **C-USA Meet Record:** 19.09m (62-7.75), John Davis, Houston (1998)

Metric	English	Athlete	Meet
17.59	57-8.50	Johnathan Reeves	1st at LSU Relays (March 26-27)
17.59	57-8.50	Johnathan Reeves	2nd at LSU Alumni Gold Invitational (April 17)
17.23	56-6.50	Johnathan Reeves	2nd at Conference USA Championships (May 13-15)
16.57	54-11.50	Johnathan Reeves	9th at Texas Relays (April 2)
16.53	54-2.75	Johnathan Reeves	1st at TSU Relays (March 19-20)
16.37	53-8.50	Johnathan Reeves	3rd at Tom Tellez Invitational (May 2)
16.28	53-5.00	Lucas Mireles	8th at LSU Alumni Gold Invitational (April 17)
16.01	52-6.50	Johnathan Reeves	7th at Midwest Regional Championships (May 28-29)
15.71	51-6.50	Lucas Mireles	5th at Tom Tellez Invitational (May 2)
15.63	51-3.50	Lucas Mireles	5th at LSU Relays (March 26-27)
14.89	48-10.25	Lucas Mireles	22nd at Texas Relays (April 2)
14.88	48-10	Derek Randall	10th at Conference USA Championships (May 13-15)
11.46	37-7.25	Eric Matcek	16th at Tom Tellez Invitational (May 2)

Discus (50.30/165-0)

UH Record: 63.96m (209-10), Rick Meyer (1983); **C-USA Meet Record:** 59.40m (194-10), John Davis, Houston (1997)

Metric	English	Athlete	Meet
54.47	178-8	Derek Randall	1st at LSU Relays (March 26-27)
52.03	172-3	Derek Randall	11th at Texas Relays (April 2)
5.65	169-5	Derek Randall	3rd at Tom Tellez Invitational (May 2)
51.32	168-4	Derek Randall	3rd at LSU Alumni Gold Invitational (April 17)
48.93	160-6	Derek Randall	3rd at Conference USA Championships (May 13-15)
48.22	158-2	Johnathan Reeves	8th at Tom Tellez Invitational (May 2)
47.52	155-11	Johnathan Reeves	7th at LSU Alumni Gold Invitational (April 17)
46.77	153-5	Johnathan Reeves	9th at LSU Relays (March 26-27)
45.97	150-10	Johnathan Reeves	5th at Conference USA Championships (May 13-15)
40.15	131-9	Lucas Mireles	13th at Tom Tellez Invitational (May 2)
38.29	125-7	Lucas Mireles	16th at Conference USA Championships (May 13-15)

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Javelin (60.50/198-6)

UH Record: 77.74m (255-1) Frank Bellini (1985); **C-USA Meet Record:** 73.26m (240-4), Nathan Junius, Tulane (1996)

Metric	English	Athlete	Meet
54.27	178-1	Jose Martinez	3rd at Tom Tellez Invitational (May 2)

Decathlon (7500 points/7000 points)

UH Record: 7,850, Wes Herbst (1979); **C-USA Meet Record:** 7,521, Jason Wilson, Southern Miss (2000)

Points	Athlete	Meet
7034	Ron Veillon	11th at Texas Relays (Mar. 30-April 1)
6031	Eric Matcek	7th at Conference USA Championships (May 13-15)