

**University of Houston Men's Indoor Track and Field Results**  
**Team Result**

<b>Date</b>	<b>Meet</b>	<b>Place</b>
Jan. 14	Houston Indoor Opener	no team scoring
Jan. 20	Leonard Hilton Memorial	second-70.50 points
Jan. 28	Boise State Athletes Invitational	no team scoring
Feb. 4	Houston Indoor Invitational	no team scoring
<b>55 Meters (6.14/6.24)</b>		
6.32	Preston Perry	4 <sup>th</sup> at Houston Indoor Opener
6.70	Jarrett Flax	34 <sup>th</sup> at Houston Indoor Opener
<b>60 Meters (6.62/6.72)</b>		
6.75	Preston Perry	1 <sup>st</sup> at Boise State Athletes Invitational
6.76	Preston Perry	2 <sup>nd</sup> at Houston Indoor Invitational
6.82	Preston Perry	4 <sup>th</sup> at Leonard Hilton Memorial Meet
6.86	Tremaine Smith	prelims at Houston Indoor Invitational
6.91	Tremaine Smith	12 <sup>th</sup> at Houston Indoor Invitational
<b>200 Meters (21.08/21.48)</b>		
21.69	Preston Perry	2 <sup>nd</sup> at Boise State Athletes Invitational
21.78	Carey LaCour	3 <sup>rd</sup> at Boise State Athletes Invitational
21.92	Carey LaCour	2 <sup>nd</sup> at Houston Indoor Opener
22.03	Kolee Latson	4 <sup>th</sup> at Houston Indoor Invitational
22.74	Justin McQueen	5 <sup>th</sup> at Leonard Hilton Memorial Meet
22.88	Justin McQueen	21 <sup>st</sup> at Houston Indoor Invitational
22.97	Michael Francis	22 <sup>nd</sup> at Houston Indoor Invitational
23.22	Michael Francis	12 <sup>th</sup> at Leonard Hilton Memorial Meet
23.53	Michael Francis	16 <sup>th</sup> at Houston Indoor Opener
23.54	Ryan James	40 <sup>th</sup> at Houston Indoor Invitational
<b>400 Meters (46.45/48.05)</b>		
47.57	Carey LaCour	1 <sup>st</sup> at Houston Indoor Invitational
48.45	Kolee Latson	1 <sup>st</sup> at Boise State Athletes Invitational
48.54	Kolee Latson	1 <sup>st</sup> at Houston Indoor Opener
49.72	Justin McQueen	8 <sup>th</sup> at Houston Indoor Opener
50.82	Chris White	21 <sup>st</sup> at Houston Indoor Invitational
50.93	Sam Fobbs	24 <sup>th</sup> at Houston Indoor Invitational
51.38	Sam Fobbs	19 <sup>th</sup> at Houston Indoor Opener
52.22	Demarcus Adams	41 <sup>st</sup> at Houston Indoor Invitational
52.84	Ryan James	49 <sup>th</sup> at Houston Indoor Invitational
52.96	Michael Francis	50 <sup>th</sup> at Houston Indoor Invitational
53.25	Demarcus Adams	34 <sup>th</sup> at Leonard Hilton Memorial Meet
54.89	Ryan James	43 <sup>rd</sup> at Leonard Hilton Memorial Meet
<b>800 Meters (1:48.40/1:50.10)</b>		
1:54.77	Chris White	5 <sup>th</sup> at Leonard Hilton Memorial Meet
1:54.82	Sesar Figueroa	2 <sup>nd</sup> at Houston Indoor Invitational
1:55.1h	Sesar Figueroa	3 <sup>rd</sup> at Boise State Athletes Invitational
1:56.4h	Chris White	5 <sup>th</sup> at Boise State Athletes Invitational
1:57.91	Andy Morris	9 <sup>th</sup> at Leonard Hilton Memorial Meet
1:58.50	Chris White	10 <sup>th</sup> at Houston Indoor Opener
1:59.60	Andy Morris	15 <sup>th</sup> at Houston Indoor Opener
2:01.71	Andy Morris	26 <sup>th</sup> at Houston Indoor Invitational
2:04.07	Sam Fobbs	32 <sup>nd</sup> at Houston Indoor Invitational
2:05.07	Sam Fobbs	26 <sup>th</sup> at Leonard Hilton Memorial Meet

Mile (3:59.80/4:05.70)

4:14.00	Calum Neff	4th at Houston Indoor Invitational
4:18.66	Sesar Figueroa	2 <sup>nd</sup> at Boise State Athletes Invitational
4:18.29	Calum Neff	4 <sup>th</sup> at Leonard Hilton Memorial Meet
4:18.90	Sesar Figueroa	5 <sup>th</sup> at Leonard Hilton Memorial Meet
4:22.25	Paul Goodwin	4 <sup>th</sup> at Houston Indoor Opener
4:24.37	Paul Goodwin	10 <sup>th</sup> at Leonard Hilton Memorial Meet
4:25.66	Paul Goodwin	13th at Houston Indoor Invitational
4:31.88	Cole Dailey	15 <sup>th</sup> at Leonard Hilton Memorial Meet

3,000 Meters (7:56.30/8:06.30)

8:36.71	Calum Neff	2 <sup>nd</sup> at Boise State Athletes Invitational
8:44.00	Cole Dailey	10th at Houston Indoor Invitational
8:51.01	Cole Dailey	4 <sup>th</sup> at Boise State Athletes Invitational
8:53.04	Sesar Figueroa	5 <sup>th</sup> at Houston Indoor Opener
8:53.20	Paul Goodwin	5 <sup>th</sup> at Boise State Athletes Invitational
8:58.61	Cole Dailey	8 <sup>th</sup> at Houston Indoor Opener
9:39.33	Ben Cohen	16 <sup>th</sup> at Houston Indoor Opener

5,000 Meters (13:51.90/14:13.80)

16:28.68	Ben Cohen	7th at Houston Indoor Invitational
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1600-Meter Relay (3:08.20/3:13.60)

3:13.69	Houston "A" (LaCour, Latson, McQueen, Perry)	1 <sup>st</sup> at Boise State Athletes Invitational
3:14.22	Houston	1 <sup>st</sup> at Leonard Hilton Memorial Meet
3:14.77	Houston "A"	1 <sup>st</sup> at Houston Indoor Opener
3:19.88	Houston	3rd at Houston Indoor Invitational
3:22.77	Houston "B"	8 <sup>th</sup> at Houston Indoor Opener

Distance Medley Relay (9:35.20/9:45.90)

10:03.29	Houston	1st at Houston Indoor Invitational
10:28.98	Houston "B"	1 <sup>st</sup> at Leonard Hilton Memorial Meet
10:37.02	Houston "A"	3 <sup>rd</sup> at Leonard Hilton Memorial Meet

55-Meter Hurdles (7.17/7.38)

60-Meter Hurdles (7.70/7.91)

8.58	Kendall Daughtry	prelims at Houston Indoor Invitational
8.76	Jarrett Flax	24 <sup>th</sup> at Leonard Hilton Memorial Meet

High Jump (2.23, 7-3.75/2.17, 7-1.50)

2.12	6-11.50	Tristian Whitley	1 <sup>st</sup> at Boise State Athletes Invitational
2.12	6-11.50	Tristian Whitley	3rd at Leonard Hilton Memorial Meet
2.08	6-9.75	Tristian Whitley	2nd at Houston Indoor Invitational
2.07	6-9.50	Ivan Diggs	3 <sup>rd</sup> at Boise State Athletes Invitational
2.03	6-8.00	Ivan Diggs	5th at Houston Indoor Invitational
2.02	6-7.50	Ivan Diggs	5 <sup>th</sup> at Leonard Hilton Memorial Meet
1.92	6-3.50	Ivan Diggs	8 <sup>th</sup> at Houston Indoor Opener
1.92	6-3.50	Jarrett Flax	9 <sup>th</sup> at Houston Indoor Opener
1.87	6-1.50	Jarrett Flax	9 <sup>th</sup> at Leonard Hilton Memorial Meet

Pole Vault (5.50, 18-0.50/5.20, 17-0.75)

4.60	15-1.00	Tom Rusteberg	1 <sup>st</sup> at Boise State Athletes Invitational
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Long Jump (7.85, 25-9.25/7.45, 24-9.25)

7.20	23-7.50	Vincent Marshall	2 <sup>nd</sup> at Houston Indoor Opener
6.99	22-11.25	Grant Hightower	5 <sup>th</sup> at Houston Indoor Invitational
6.98	22-11.00	Vincent Marshall	5 <sup>th</sup> at Leonard Hilton Memorial Meet
6.93	22-9.00	Vincent Marshall	2 <sup>nd</sup> at Boise State Athletes Invitational
6.92	22-8.50	Grant Hightower	5 <sup>th</sup> at Houston Indoor Opener
6.77	22-2.50	Grant Hightower	10 <sup>th</sup> at Leonard Hilton Memorial Meet
6.77	22-2.50	Vincent Marshall	9 <sup>th</sup> at Houston Indoor Invitational
6.64	21-9.50	Morgan Floyd	11 <sup>th</sup> at Houston Indoor Opener
6.46	21-2.05	Grant Hightower	3 <sup>rd</sup> at Boise State Athletes Invitational

Triple Jump (16.20, 53-1.75/15.50, 50-10.25)

14.58	47-10.00	Vincent Marshall	1 <sup>st</sup> at Boise State Athletes Invitational
14.17	46-6.00	Jeremy Kelley	9 <sup>th</sup> at Houston Indoor Invitational
13.70	44-11.50	Jeremy Kelley	8 <sup>th</sup> at Leonard Hilton Memorial Meet

Shot Put (19.30, 63-4/17.75, 58-3)

15.56	51-0.75	Lucas Mireles	3 <sup>rd</sup> at Houston Indoor Opener
15.21	49-11.00	Lucas Mireles	14 <sup>th</sup> at Houston Indoor Invitational
15.01	49-3.00	Lucas Mireles	10 <sup>th</sup> at Leonard Hilton Memorial Meet
13.33	43-9.00	Jarrett Flax	20 <sup>th</sup> at Leonard Hilton Memorial Meet
12.72	41-8.75	Jarrett Flax	13 <sup>th</sup> at Houston Indoor Opener
11.65	38-2.75	Morgan Floyd	18 <sup>th</sup> at Houston Indoor Opener
11.46	37-7.25	Morgan Floyd	26 <sup>th</sup> at Leonard Hilton Memorial Meet

Weight Throw (21.20, 69-6.75/19.00, 62-4)

Heptathlon (5,650/5,200)

4,830	Jarrett Flax	6 <sup>th</sup> at Houston Indoor Invitational
4,689	Morgan Floyd	8 <sup>th</sup> at Houston Indoor Invitational

## University of Houston Women's Indoor Track and Field Results

Date	Meet	Place
Jan. 14	Houston Indoor Opener	no team scoring
Jan. 20	Leonard Hilton Memorial Meet	third- 84.50 points
Jan. 28	Boise State Athletes Invitational	no team scoring
Feb. 4	Houston Indoor Invitational	no team scoring

### 55 Meters (6.75/6.92)

6.93	Ebonie Floyd	4th at Houston Indoor Opener
7.01	LaDedra Guy	8th at Houston Indoor Opener

### 60 Meters (7.27/7.44)

7.51	Ebonie Floyd	2nd at Houston Indoor Invitational
7.52	LaDedra Guy	3rd at Houston Indoor Invitational
7.52	LaDedra Guy	1 <sup>st</sup> at Boise State Athletes Invitational
7.53	LaDedra Guy	prelims at Leonard Hilton Memorial Meet
7.54	LaDedra Guy	6 <sup>th</sup> at Leonard Hilton Memorial Meet
7.56	Seun Adigun	8 <sup>th</sup> at Leonard Hilton Memorial Meet
7.70	Seun Adigan	prelims at Houston Indoor Invitational
7.75	Seun Adigun	2 <sup>nd</sup> at Boise State Athletes Invitational
8.09	Kelli Williams	prelims at Houston Indoor Invitational

### 200 Meters (23.50/24.10)

24.29	Ebonie Floyd	1 <sup>st</sup> at Leonard Hilton Memorial Meet
24.42	LaDedra Guy	1 <sup>st</sup> at Boise State Athletes Invitational
24.45	LaDedra Guy	2 <sup>nd</sup> at Leonard Hilton Memorial Meet
24.89	Ebonie Floyd	2 <sup>nd</sup> at Boise State Athletes Invitational
24.96	Keisha Howard	3rd at Houston Indoor Invitational
25.03	Cheryl Garner	5 <sup>th</sup> at Leonard Hilton Memorial Meet
25.20	Keisha Howard	3 <sup>rd</sup> at Houston Indoor Opener
25.28	Cheryl Garner	3 <sup>rd</sup> at Boise State Athletes Invitational
25.57	Octavia Garrett	4 <sup>th</sup> at Boise State Athletes Invitational
25.72	Octavia Garrett	6 <sup>th</sup> at Houston Indoor Opener
26.14	LaNeeka Allen	15 <sup>th</sup> at Leonard Hilton Memorial Meet

### 400 Meters (52.70/54.70)

54.80	Keisha Howard	1 <sup>st</sup> at Boise State Athletes Invitational
56.10	Keisha Howard	2 <sup>nd</sup> at Leonard Hilton Memorial Meet
56.42	Cheryl Garner	3 <sup>rd</sup> at Houston Indoor Opener
57.16	LaNeeka Allen	3 <sup>rd</sup> at Boise State Athletes Invitational
57.20	Cheryl Garner	3rd at Houston Indoor Invitational
57.28	Tiffany Abney	4 <sup>th</sup> at Boise State Athletes Invitational
57.46	Octavia Garrett	6 <sup>th</sup> at Leonard Hilton Memorial Meet
57.73	Jennifer Hunt	7 <sup>th</sup> at Boise State Athletes Invitational
58.00	LaNeeka Allen	10 <sup>th</sup> at Houston Indoor Opener
58.25	Tiffany Abney	11 <sup>th</sup> at Houston Indoor Opener

### 800 Meters (2:06.10/2:09.40)

2:15.49	Tiffany Abney	4 <sup>th</sup> at Leonard Hilton Memorial Meet
2:17.55	Jennifer Hunt	6 <sup>th</sup> at Leonard Hilton Memorial Meet
2:19.04	Jennifer Harper	1xt at Boise State Athletes Invitational
2:19.71	Jennifer Harper	5th at Houston Indoor Invitational
2:21.23	Adriane Guinn	8th at Houston Indoor Invitational
2:22.29	Jennifer Hunt	11 <sup>th</sup> at Houston Indoor Opener
2:22.51	Jennifer Harper	12 <sup>th</sup> at Houston Indoor Opener
2:22.55	Adriane Guinn	13 <sup>th</sup> at Leonard Hilton Memorial Meet
2:22.96	Jennifer Harper	14 <sup>th</sup> at Leonard Hilton Memorial Meet
2:23.63	Adriane Guinn	14 <sup>th</sup> at Houston Indoor Opener
2:23.91	Jennifer Hunt	16th at Houston Indoor Invitational

Mile (4.39.10/4:47.60)

5:17.50 Oumama Hallal  
5:21.58 Oumama Hallal  
5:29.97 Oumama Hallal  
5:35.88 Oumama Hallal  
5:50.16 Eva Madrid  
5:55.18 Eva Madrid  
5:58.23 Eva Madrid

10<sup>th</sup> at Leonard Hilton Memorial Meet  
19<sup>th</sup> at Houston Indoor Invitational  
10<sup>th</sup> at Houston Indoor Opener  
4<sup>th</sup> at Boise State Athletes Invitational  
21<sup>st</sup> at Leonard Hilton Memorial Meet  
38<sup>th</sup> at Houston Indoor Invitational  
14<sup>th</sup> at Houston Indoor Opener

3,000 Meters (9:16.80/9:35.80)

10:35.27 Oumama Hallal  
10:51.75 Oumama Hallal

21<sup>st</sup> at Houston Indoor Invitational  
6<sup>th</sup> at Boise State Athletes Invitational

5,000 Meters (16:11.60/16:46.60)

1600-Meter Relay (3:35.90/3:42.40)

3:41.57 Houston "A"  
(Floyd, Garner, Guy, Howard)  
3:49.27 Houston "B"  
3:49.43 Houston  
3:49.84 Houston "A"  
(Floyd, Garner, Guy, Howard)

2<sup>nd</sup> at Houston Indoor Opener  
5<sup>th</sup> at Houston Indoor Opener  
1<sup>st</sup> at Houston Indoor Invitational  
1<sup>st</sup> at Boise State Athletes Invitational

Distance Medley Relay (11:11.00/11:30.00)

12:13.08 Houston  
12:58.67 Houston

1<sup>st</sup> at Houston Indoor Invitational  
4<sup>th</sup> at Leonard Hilton Memorial Meet

55-Meter Hurdles (7.58/7.86)

7.81 Seun Adigan  
8.11 Alexis Rogers

2<sup>nd</sup> at Houston Indoor Opener  
7<sup>th</sup> at Houston Indoor Opener

60-Meter Hurdles (8.15/8.43)

8.50 Seun Adigun  
8.69 Rachel Easley  
8.69 Seun Adigun  
8.72 Lee A'ndrea Robinson  
8.97 Rachel Easley  
8.99 Alexis Rogers  
9.04 Alexis Rogers  
9.17 Kerri LaCour

3<sup>rd</sup> at Leonard Hilton Memorial Meet  
1<sup>st</sup> at Boise State Athletes Invitational  
1<sup>st</sup> at Boise State Athletes Invitational  
7<sup>th</sup> at Leonard Hilton Memorial Meet  
17<sup>th</sup> at Leonard Hilton Memorial Meet  
18<sup>th</sup> at Leonard Hilton Memorial Meet  
3<sup>rd</sup> at Boise State Athletes Invitational  
22<sup>nd</sup> at Leonard Hilton Memorial Meet

High Jump (1.84, 6-0.50/1.78/5-10)

1.73 5-8.00 Caresir Hamilton  
1.73 5-8.00 Rachel Easley  
1.68 5-6.00 Caresir Hamilton

3<sup>rd</sup> at Houston Indoor Invitational  
4<sup>th</sup> at Leonard Hilton Memorial Meet  
2<sup>nd</sup> at Houston Indoor Opener

Pole Vault (4.20, 13-9.50/3.95, 12-11.50)

3.35 10-11.75 Christa Coppin  
3.35 10-11.75 Ashley Ligon  
3.35 10-11.75 Christa Coppin  
3.20 10-6.00 Christa Coppin  
3.20 10-6.00 Paige Wirth  
3.20 10-6.00 Danielle Aanerud  
3.05 10-6.00 Danielle Aanerud  
3.05 10-0.00 Danielle Aanerud  
3.05 10-0.00 Heidi Holloway  
3.05 10-0.00 Paige Wirth

17<sup>th</sup> at Houston Indoor Invitational  
9<sup>th</sup> at Houston Indoor Opener  
9<sup>th</sup> at Houston Indoor Opener  
8<sup>th</sup> at Leonard Hilton Memorial Meet  
27<sup>th</sup> at Houston Indoor Invitational  
12<sup>th</sup> at Houston Indoor Opener  
30<sup>th</sup> at Houston Indoor Invitational  
14<sup>th</sup> at Leonard Hilton Memorial Meet  
14<sup>th</sup> at Houston Indoor Opener  
15<sup>th</sup> at Houston Indoor Opener

Long Jump (6.40, 21-0/6:10, 20-0.25)

5.79	19-0.00	Caresir Hamilton	5 <sup>th</sup> at Leonard Hilton Memorial Meet
5.48	17-11.75	Caresir Hamilton	17 <sup>th</sup> at Houston Indoor Invitational
5.48	17-11.75	Rachel Easley	3 <sup>rd</sup> at Boise State Athletes Invitational
4.95	16-3.00	Kerri LaCour	22 <sup>nd</sup> at Leonard Hilton Memorial Meet
4.90	16-1.00	Kerri LaCour	21 <sup>st</sup> at Houston Indoor Opener

Triple Jump (13.30, 43-7.75/12.65, 41-6)

12.86*	42-2.25	Caresir Hamilton	1 <sup>st</sup> at Boise State Athletes Invitational
12.31	40-4.75	Caresir Hamilton	1 <sup>st</sup> at Houston Indoor Opener
11.78	38-7.75	Kelli Williams	3 <sup>rd</sup> at Houston Indoor Opener
11.56	37-11.25	Kelli Williams	6 <sup>th</sup> at Houston Indoor Invitational
11.54	37-10.50	Kelli Williams	4 <sup>th</sup> at Leonard Hilton Memorial Meet

Shot Put (16.90, 55-5.50/15.40, 50-6.25)

12.28	40-3.50	Amanda Villanueva	5 <sup>th</sup> at Houston Indoor Opener
11.97	39-3.25	Rachel Easley	10 <sup>th</sup> at Leonard Hilton Memorial Meet
11.54	37-10.50	Rachel Easley	8 <sup>th</sup> at Houston Indoor Opener
9.60	31-6.00	Kerri LaCour	18 <sup>th</sup> at Leonard Hilton Memorial Meet
9.33	30-7.50	Kerri LaCour	14 <sup>th</sup> at Houston Indoor Opener

Weight Throw (21.00, 68-10.75/19.00, 62-4)

16.73	54-10.75	Amanda Villanueva	5 <sup>th</sup> at Houston Indoor Invitational
15.75	51-8.25	Amanda Villanueva	3 <sup>rd</sup> at Leonard Hilton Memorial Meet
15.73	51-7.25	Amanda Villanueva	2 <sup>nd</sup> at Houston Indoor Opener

Pentathlon (4,050/3,700)

3,698	Rachel Easley	2 <sup>nd</sup> at Houston Indoor Invitational
2,780	Kerri LaCour	11 <sup>th</sup> at Houston Indoor Invitational