



LifeSkills Career *Boot Camp*

brought to you by:

UH Department of Intercollegiate Athletics

October 22, 2009



The Company You Keep®



America's Home
for College Sports



Agenda

Who/Where

| | | |
|---------------|---|--|
| 1-1:15 PM | Welcome – Purpose and Payoff for attendees Registration, Resume drop-off, Workshop Sign-up, Networking, LUNCH | Gus Cuellar, New York Life Room 2001 |
| 1:15-2:00 PM | Mock Interviews – Do's and Don'ts – Two volunteers will go through a mock interview during lunch (Volunteers: Clark Mitzner and Neal McCarty) | Gus Cuellar (NYL), Tommy Hernandez (Enterprise)/Room 2001 |
| 2:10-2:45 PM | Workshop Selection #1: | |
| | Networking: Using your athletic experience in the job market | Mike Holley, President, HR&P Tommy Hernandez, HR Manager, Enterprise, Room 2001 |
| | Internships – Getting a great internship and making the most of an opportunity | Gus Cuellar/Kirsten McKaskle, New York Life Athletic Director's Conference Room |
| | Budgeting 101 – Learning to manage your money before it's all spent | Seth Hudgins, New York Life Room 2119 ACE |
| | Resume Rehab: HELP, I don't have any work experience – what the heck do I put on my resume? | Donna Grady, Rockwell Career Center, C.T. Bauer College of Business Room 2121 ACE |
| 2:50–3:20 PM | Workshop Selection # 2 Same as above; presenters will rotate to Room 2119 and Room 2001 | ALL |
| 3:30 – 4 PM | Workshop Selection # 3 Same as above; presenters will rotate to Room 2119 and Room 2001 | ALL |
| 3:45– 4:30 PM | Closing Session: Recent Student-Athlete Graduate Panel: Student-athletes discuss their job search, graduate school application process, life “off the field and into the office” | Jake Ebner, Steven Frazier, Billy Hartford, Neal McCarty Room 2001 |

With special thanks to our participating guest speakers, sponsors and participants!

