



### **Holy Cross Individual Records**

<b>Event</b>	<b>Holder</b>	<b>Record</b>	<b>Date / Location</b>
55m hurdles	Susan Daley '92	8.17 (FAT)	2/26/89 at Boston Univ.
<b>100m hurdles</b>	<b>Dannielle Meder '09</b>	<b>14.47</b>	<b>5/2/08 at USNA</b>
<b>400m Hurdles</b>	<b>Olivia Pruszuko</b>	<b>62.49</b>	<b>5/2/08 at USNA</b>
50m Dash	Ruth Flynn '81	7.0	1/13/79 at Dartmouth
<b>60m Dash</b>	<b>Tiffany Reid '10</b>	<b>7.93</b>	<b>2/20/08 at Army</b>
<b>55m Dash</b>	<b>Tiffany Reid '10</b>	<b>7.40</b>	<b>3/1/08 at New England's</b>
<b>100m Dash</b>	<b>Tiffany Reid '10</b>	<b>12.10</b>	<b>4/19/08 at Holy Cross</b>
<b>200m Dash</b>	<b>Tiffany Reid '10</b>	<b>24.26</b>	<b>5/9/08 at UNH</b>
300m Dash	Cheryl Martin '84	43.7	2/21/81 at Boston College
<b>400m Dash</b>	<b>Olivia Pruszko '10</b>	<b>57.64</b>	<b>2/9/08 at Boston College</b>
<b>500m Run</b>	<b>Olivia Pruszko '10</b>	<b>1:13.91</b>	<b>2/23/07 at Boston Univ.</b>
600m Run	Bridget Ireland '84	1:37.5	2/12/84 at Holy Cross
800m Run	Courtney Finn '92	2:12.77	5/11/91 at Northeastern
1,000m Run	Nancy Sullivan '91	2:54.46	at Boston University
1,500m Run	Jackie McNiff '83	4:26.87	5/16/83 at Georgetown
3,000m Run	Mary McNaughton '87	9:28.2	4/19/84 at Boston College
5,000m Run	Susan Willis '85	16:55.95	2/23/85 at Boston College
10,000m Run	Eileen O'Rourke '86	35:57.4	2/23/85 at Boston College
1,500m Walk	Ann DeAngelo '87	9:30.0	2/1/87 at Southern Conn.
2,000m Walk	Anne McGrail	9:33.91	4/20/91 at Holy Cross
3,000m Walk	Ann Whalen '08	15:36.01	4/23/05 at Holy Cross
5,000m Walk	Ann Whalen '08	27:30.64	4/30/05 at Penn Relays
2,000m Steeplechase	Julie Gillis '04	8:19.34	4/7/01 at Albany
<b>3,000m Steeplechase</b>	<b>Claire Luke '10</b>	<b>11:31.16</b>	<b>4/27/08 at Brown</b>
600yd Run	Terry Livingston '90	1:25.46	2/25/90 at Boston Univ.
1,000yd Run	Katie Redden '87	2:36.07	3/1/87 at Boston Univ.
1 mile Run	Jackie McNiff '83	4:51.60	3/4/83 at Harvard
2 mile Run	Julie LeClair '86	10:40.14	2/6/83 at Harvard
High Jump	Maureen Ferns '84	5'10"	4/23/81 at Penn Relays
Long Jump	Kathy Mahoney '85	18"6-3/4	5/8/83 at Central Conn.
Triple Jump	Elizabeth Liotta '03	36'2"	5/5/02 at Lehigh
<b>Pole Vault</b>	<b>Lesley Bautista '09</b>	<b>12'00"</b>	<b>2/2/08 at Maine</b>
Shot Put	Jean Marie Buckley '87	46' 2"	5/2/87 at Northeastern
Discus	Pia Iacovo '80	165'	5/24/80 at Oregon
<b>Javelin</b>	<b>Chantel Couture '10</b>	<b>131' 07"</b>	<b>4/19/08 at Holy Cross</b>
20lb. Wt. Throw	Amy Sparrow '94	56'0.5"	2/13/94
8K Hammer	Andrea Madden '04	178'2"	5/7/04 at Army
<b>Pentathlon</b>	<b>Olivia Pruszko '10</b>	<b>3,579 pts.</b>	<b>2/16/07 at USMA</b>
Heptathlon	Joanne Zern '91	4,202 pts.	5/17/91 at George Mason



### **Holy Cross Relay Records**

<b>Event</b>	<b>Holder</b>	<b>Record</b>	<b>Date / Location</b>
<b>4x100m</b>	<b>Tiffany Reid, Lesley Bautista Siobhan Straub, Dannielle Meder</b>	<b>47.98</b>	<b>5/2/08 at USNA</b>
4x200m	Katie Spinelli, Emily Winacoo, Kaitlyn Mearn, Sara Simeone	1:47.50	4/29/05 at Penn Relays
Sprint Medley	100: Joanne Misiuk '85 100: Maureen Ferns '84 200: Adrienne Quinn '84 400: Kathleen O'Connor '84	1:52.3	5/9/82
Sprint Medley	400: Sharon Mullaney '83 200: Mary DeRosas '82 200: Adrienne Quinn '84 800: Kathleen O'Connor '84	4:32.9	1/24/88
<b>4x400m</b>	<b>Lauren Courtney, Sophia Grammenos, Katie Spinelli, Olivia Pruszko</b>	<b>3:52.72</b>	<b>5/2/08 at USNA</b>
4x800m	Terry Livingston, Kristin Kreager, Courtney Finn, Nancy Sullivan	8:51.74	5/14/89 at George Mason
Distance Medley	Laurel Gilhooly, Verne Mainville Kathy Sellar, Diane Murphy	11:55.7	3/4/84 at Yale



## PATRIOT LEAGUE ACADEMIC HONOR ROLL

### **Elizabeth Alizzi (2006, 07, 08)**

Kerilyn Anderson (2004, 05, 06, 07)  
Danielle Andrews (1994, 95, 96, 97)

### **Kristin Anzuoni (2006)**

Andrea Aris (2003)  
Sarah Arruda (2006)  
Heather Bain (2001, 02, 03)  
Julie Batarche (1994)  
Lynn Barowski (2005, 06, 07, 08)

Julie Bastarache (1995)

### **Lesley Bautista (2006, 07, 08)**

Gillian Bearfield (2005, 07, 08)  
Kathryn Belgiorio (1997)  
Caroline Berger (2001, 02)  
Julie Bettencourt (1999)  
Elizabeth Bloomer (2005, 06)  
Lindsey Bomar (2004, 05)  
Alexandra Booth (2005)

Ashley Boyle (2001, 02, 04)

Kerry Brassil (2005)

Julie Brennan (2003, 04, 05)

Kate Brennan (2001)

Cheryl Briggs (1996)

Erin Brophy (2001, 02, 04)

Kristin Burke (2005, 06, 08)

Corinne Butova (2002)

Michela Byrne (2003, 04, 05)

Susanne Calabrese (1999)

### **Rose Calvo (2008)**

Emily Capurso (2002, 03, 05)

Stephanie Cares (2005)

Christine Carifio (2005, 06, 07, 08)

Christine Carroll (2003, 05, 06)

Tara Cassidy (1993, 94, 95)

Meghan Cepetelli (1998, 99)

Brittany Chapman (2003, 05, 06)

Catherine Charpentier (2006)

Michelle Chiasson (1996)

Cassandra Clark (1999, 02)

### **Katie Clay (2006, 07, 08)**

### **Katherine Clifford (2006, 08)**

Carolyn Cody (2006)

Elizabeth Corridan (2002, 03, 04, 05)

Ashley Couch (2005)

Beth Coughlin (2001)

### **Lauren Courtney (2006, 07, 08)**

### **Chantal Couture (2007, 08)**

Leslie Crocket (1997)

### **Sarah Croteau (2008)**

Carrie Croucher (1997)

Caitlin Crowley (2002, 03)

Melissa Cunningham (1999, 01)

Jamie Curley (2005, 06, 07, 08)

Vicky Curran (1994, 95)

Maria Dalmanieras (1996)

Theresa D'Aquila (2007, 08)

Christine Davenport (1992, 93, 94)

Meredith Davis (2004)

Amy Desrosiers (1993, 94, 95)

Nicole DeStefano (1999, 2001, 2002)

Sara Devitt (2005)

Kathleen Devlin (1995)

Brooke Dillon (2004)

Kelly DiMascio (2006)

Paula Dirubbo (1996, 97)

Grace Doherty (2004)

Jean Donnelly (1993)

Caitlin Dowd (2003)

Megan Driscoll (2004, 05, 06, 07)

Erin Duggan (2003)

Amanda Dupuis (2006, 07, 08)

Kimberly Durland (1996, 97)

Jillian Edmunds (2005)

Patricia Fahy (2004)

Jessica Fallon (2003, 04, 05, 06)

Kerry Farrelly (2002, 03)

Anne Favaloro (1996)

Clarice Ferolito (2006, 07)

### **Allison Fimongnari (2008)**

Courtney Finn (1992)

Marcia Flaherty (1999, 01, 02)

### **Laura Flannery (2006, 08)**

Brenna Flynn (2005)

Kathryn Fobert (1995, 97, 98)

### **Maggie Fox (2007, 08)**

Lynn Fraterrigo (1996, 97)

Mary Freeman (2003, 04)

Amy Gebhard (1999)

Eileen Geoghegan (2006, 07)

Julia Gillis (2001, 02, 03, 04)

Katie Glynn (2006)

Meghan Godfrey (2004)

Patricia Gohring (1995)

### **Sophia Grammenos (2006, 07, 08)**

Christina Grass (2006)

### **Jeana Greco (2007)**

Megan Gribbons (2002)

Dina Hafez (2003)

Colleen Haviland (1997)

Jill Hennigar (2003, 04)

Marie Hickey (2006)

Kathianne Hilton (1995)

### **Chelsea Hinchey (2006, 07)**

Emily Hogan (1999, 01, 02)

Crystal Howard (1992)

Julianne Hug (2008)

Megan Hyland (2004, 06)

Jaime Ian (1999)

### **Jacqueline Imse (2008)**

Jamie Iosue (1994, 95, 97)

Jill Johnson (1997)

Meredith Johnson (2003)

Sarah Johnson (1997, 98, 99)

### **Cara Joyce (2008)**

Christie Kapothanasis (2005, 06)

Katherine Kazmer (2004)

Christine Kearney (2002)

Kristen Kelleher (2008)

Kristen Kelly (1998)

Jessica Kieliszak (1998, 99, 01)

Kimberly Klaus (1993)

Colleen Lahar (2002, 03, 05)

Kristine Laroche (1994)

Emily Latta (2002)

Julie Lavelle (1995, 96)

Alison LeBeau (2001)

Christie LeTarte (2005, 07, 08)

Lynn Liberatore (1993, 94, 95)

Nicole Lonczak (2008)

### **Claire Luke (2007, 08)**

Karen Lynch (1997, 98)

Meghan Lytle (2005, 06, 08)

Andrea Madden (2001, 02, 03, 04)

Julia Madden (1999)

Sarah Mahowald (2008)

Jaclyne Manzi (2002, 03, 05)

Lisa Marcaurelle (1995)

Christine Marieni (2004)

Nichole Martin (1995, 96)

### **Courtney Mazzio (2007, 08)**

Mauren McCarty (2007)

### **Megan McCormick (2008)**

Margaret McGuire (1997)

Amanda McIntyre (2001, 02, 03)

Shauna McLoughlin (2001)

Kathleen Mcknight (1991, 92, 93)

Kaitlyn Mearn (2004, 06, 07)

### **Danielle Meder (2006, 07, 08)**

Jennifer Mellitt (2002)

Kara Migliorelli (1994)



**PATRIOT LEAGUE ACADEMIC HONOR ROLL**

Yukiko Minami (1992)  
**Margaret Molloy (2008)**  
Kathleen Moloughney (1992)  
**Casey Monahan (2006, 07, 08)**  
Caitlin Moore (2006, 07, 08)  
Susan Morrissey (1992, 93)  
Caitlin Murphy (2003, 04)  
**Caitlin Murphy (2007, 08)**  
**Sarah Murphy (2006, 07)**  
Jennifer Murray (1992)  
**Emily Nassetta (2008)**  
Christina Newell (2005, 06)  
Shelby Nikitin (2001)  
Mary Kate O'Brien (1995, 96)  
Margaret O'Connor (1997)  
Kathleen O'Gorman (2006)  
Emma Pace (2006, 07)  
Kaitlin Palmer (2003, 04, 05)  
**Caitlin Paluilis (2008)**  
Juliana Paolino (2003)  
Courtney Paquette (2002, 03)  
Kelly Pereira (1999, 2002)  
Caitlin Plunkett (2004, 05)  
Ellen Pollis (1995)

**Olivia Pruszko (2007, 08)**  
Alison Quinn (2004)  
Lauren Regis (1998)  
**Tiffany Reid (2008)**  
Meredith Renke (2004)  
Katherine Reynolds (2002, 03, 04)  
Denise Riordan (2004)  
Tina-Marie Rosenberger (2003, 04, 06)  
Katherine Ryan (2002)  
Jill St. Germain (1996)  
Jennifer Schneider (1995)  
Amanda Shapiro (2003)  
Brittany Shaw (2004)  
**Kelly Shaw (2007, 08)**  
Kristin Shaw (2002, 06)  
Sara Simeone (2002, 03, 04, 05)  
Sarah Sise (2006)  
Jaime Skrekas (2002)  
Laura Snebold (2003, 05)  
Amy Sparrow (1993, 94)  
**Colleen Spilka (2006, 07, 08)**  
Katie Spinelli (2005, 06, 08)  
Kimberly Steimle (1994, 95, 96)  
Marissa Steppacher (2006)

Kelly Stoneback (2008)  
Nancy Sullivan (1991)  
Rebecca Sullivan (1998)  
**Alexandra Swiatocha (2007)**  
Sara Swillo (2002)  
**Lauren Tallon (2006, 07, 08)**  
Kathryn Thornton (2002, 03, 05)  
Erin Tierney (2001)  
Meghan Tighe (2006)  
Mary Vachon (1994, 95)  
Marisa Varriale (2003)  
**Kari Viola (2006)**  
Cora Volchock (1994, 95)  
**Suzanne Wallace (2008)**  
Courtney Walls (2004, 05, 06)  
Allison Walsh (2002)  
Gretchen Wernig (1999)  
Elizabeth Wheeler (2001, 03)  
**Caitlin White (2008)**  
Megan Williams (2005, 06, 07)  
Emily Winacoo (2003, 04, 05, 06)  
Katherine Wood (2003)  
Kaitlyn Wright (2001, 02)  
Catherine Yin (2003)



**Patriot League  
Indoor Track And Field  
Event Winners**

**Pentathlon**  
2007 Olivia Pruszeko, 3,579

**500-meters**  
2007 Olivia Pruszeko, 1:15.68  
1996 Michelle Chiasson, 1:16.55

**5,000-meters**  
1995 Lynn Lieratore, 17:58.8

**55-Meter Hurdles**  
1993 Tara Cassidy, 8.73  
1992 Susan Daley, 8.45

**Pole Vault**  
1999 Allison LeBeau, 3.05

**20-lb. Weight Throw**  
1994 Amy Sparrow, 16.37  
1993 Amy Sparrow, 14.42

**Patriot League  
Indoor Track and Field  
Honors And Awards**

**Rookie of the Meet**  
2007 Olivia Pruszeko

**Scholar-Athlete of the Year**  
1994 Lynn Liberatore

**Patriot League  
Indoor Track And Field  
Weekly Awards**

**Track Performer of the Week**  
Olivia Pruszeko, 12/11/07

**Field Performer of the Week**  
Andrea Madden, 2/10/04

**Female Rookie of the Week**  
Olivia Pruszeko, 2/6/07

**Patriot League  
Outdoor Track And Field  
Event Winners**

**10,000-meters**  
2002 Emily Hogan, 36:51.20  
2001 Emily Hogan, 38:06.28  
1995 Lynn Liberatore, 36:55.20  
1994 Lynn Liberatore, 37:12.63  
1993 Lynn Liberatore, 37:50.08

**100-meter Hurdles**  
1992 Susan Daley, 14.62

**400-meter Hurdles**  
2008 Olivia Pruszeko, 1:02.49  
1992 Susan Daley, 1:03.05

**Patriot League  
Outdoor Track and Field  
Honors And Awards**

**Scholar-Athlete of the Year**  
1995 Lynn Liberatore  
2001 Emily Hogan  
2002 Emily Hogan

**CoSIDA Academic All-American**  
1983 Jacquelyn McNiff (second team)  
2002 Emily Hogan, (third team)