

Licensed to Grand Valley State University
 Laker Early Bird - 1/9/04
 Grand Valley State University
 Allendale, Michigan
 Results

Hy-Tek's Meet Manager

Event 1 Men 55 Meter Dash

| Name | Year | School | Prelims | H# |
|-----------------------|------|--------------|---------|----|
| Preliminaries | | | | |
| 1 Roberts, De-Ale-Jo | SO | Aquinas | 6.58q | 3 |
| 2 DeWitt, Kevin | FR | Grand Valley | 6.68q | 5 |
| 3 Chamberlin, Adam | SO | Aquinas | 6.72q | 4 |
| 4 Kalinowski, Jon | SO | Unattached | 6.74q | 3 |
| 5 Hollis, Luke | XX | Unattached | 6.85q | 5 |
| 6 Stamps, Clarence | FR | Grand Valley | 6.92q | 4 |
| 7 Hoekenga, A. J. | JR | Aquinas | 6.95q | 5 |
| 8 Ormsby, Uri | SR | Grand Valley | 7.00q | 3 |
| 9 Rederstorf, Jason | FR | Unattached | 7.03 | 4 |
| 10 Bowers, Dave | XX | Unattached | 7.05 | 1 |
| 11 Beach, Brian | SO | Grand Valley | 7.20 | 1 |
| 12 Hirdes, Ben | SR | Grand Valley | 7.21 | 2 |
| 13 Rant, Scott | SO | Grand Valley | 7.25 | 1 |
| 14 Levering, Scott | FR | Grand Valley | 7.32 | 2 |
| 15 Riley, Kenny | SR | Grand Valley | 7.56 | 1 |
| 16 Coperhaver, Justin | SO | Grand Valley | 7.94 | 2 |
| -- Rejc, Jim | SR | Grand Valley | FS | 5 |

Event 1 Men 55 Meter Dash

| Name | Year | School | Finals | H# |
|----------------------|------|--------------|--------|----|
| Finals | | | | |
| 1 Roberts, De-Ale-Jo | SO | Aquinas | 6.45 | 1 |
| 2 Chamberlin, Adam | SO | Aquinas | 6.64 | 1 |
| 3 DeWitt, Kevin | FR | Grand Valley | 6.68 | 1 |
| 4 Kalinowski, Jon | SO | Unattached | 6.75 | 1 |
| 4 Stamps, Clarence | FR | Grand Valley | 6.75 | 2 |
| 6 Hollis, Luke | XX | Unattached | 6.80 | 2 |
| 7 Hoekenga, A. J. | JR | Aquinas | 7.02 | 2 |
| 8 Ormsby, Uri | SR | Grand Valley | 7.04 | 2 |

Event 2 Women 55 Meter Dash

| Name | Year | School | Prelims | H# |
|--------------------------|------|------------------|---------|----|
| Preliminaries | | | | |
| 1 Easley, Andrea | SO | Eastern Michigan | 7.36q | 1 |
| 2 Szatkowski, April | SO | Grand Valley | 7.50q | 1 |
| 3 Treppa, Pam | SO | Grand Valley | 7.56q | 3 |
| 4 Ellis, Sarah | JR | Aquinas | 7.62q | 4 |
| 5 Shinn, Liz | FR | Unattached | 7.68q | 1 |
| 6 Borek, Michelle | SR | Aquinas | 7.72q | 2 |
| 6 Garcia, Noelia | FR | Unattached | 7.72q | 4 |
| 8 Smith, Kate | FR | Unattached | 7.74q | 4 |
| 9 Beattie, Laura | SR | Aquinas | 7.74 | 3 |
| 10 Vogt, Ashley | FR | Aquinas | 7.91 | 4 |
| 11 Hilty, Erica | FR | Grand Valley | 7.92 | 2 |
| 12 Jovanovska, BilJama | FR | Eastern Michigan | 7.94 | 2 |
| 13 Duthler, Rachel | FR | Grand Valley | 8.17 | 6 |
| 14 Hecksel, Bethany | FR | Grand Valley | 8.23 | 5 |
| 15 Peck, Nikki | JR | Grand Valley | 8.48 | 6 |
| 16 Smith, Kati | JR | Grand Valley | 8.50 | 5 |
| 17 Wilkins, Katie | JR | Grand Valley | 8.67 | 6 |
| 18 Bogart, Shelly | JR | Grand Valley | 8.69 | 6 |
| 19 Olgerirsson, Jennifer | SR | Grand Valley | 8.86 | 5 |

Event 2 Women 55 Meter Dash

| Name | Year | School | Finals | H# |
|---------------------|------|------------------|--------|----|
| Finals | | | | |
| 1 Easley, Andrea | SO | Eastern Michigan | 7.29 | 1 |
| 2 Szatkowski, April | SO | Grand Valley | 7.41 | 1 |
| 3 Ellis, Sarah | JR | Aquinas | 7.55 | 1 |
| 4 Treppa, Pam | SO | Grand Valley | 7.60 | 1 |
| 5 Shinn, Liz | FR | Unattached | 7.63 | 2 |
| 6 Smith, Kate | FR | Unattached | 7.68 | 3 |

| | | | | |
|---|-----------------|---------------|------|---|
| 7 | Beattie, Laura | SR Aquinas | 7.69 | 3 |
| 7 | Garcia, Noelia | FR Unattached | 7.69 | 2 |
| 9 | Borek, Michelle | SR Aquinas | 7.70 | 2 |

Event 3 Men 55 Meter Hurdles

| Name | Year | School | Prelims | H# |
|---------------|-----------------|-----------------|---------|----|
| Preliminaries | | | | |
| 1 | Freeman, Jimmie | SO Grand Valley | 7.71q | 1 |
| 2 | DeWitt, Kevin | FR Grand Valley | 8.07q | 1 |
| 3 | Stowe, Mike | FR Grand Valley | 8.08q | 2 |
| 4 | Rosser, Nickos | FR Aquinas | 8.35q | 1 |
| 5 | Wearing, Casey | SO Aquinas | 9.22q | 2 |
| -- | LeFevre, Joe | SO Grand Valley | DNF | 2 |

Event 3 Men 55 Meter Hurdles

| Name | Year | School | Finals | H# |
|--------|-----------------|-----------------|--------|----|
| Finals | | | | |
| 1 | Freeman, Jimmie | SO Grand Valley | 7.61 | 1 |
| 2 | Stowe, Mike | FR Grand Valley | 8.05 | 1 |
| 3 | DeWitt, Kevin | FR Grand Valley | 8.14 | 1 |
| 4 | Rosser, Nickos | FR Aquinas | 8.38 | 2 |
| 5 | Wearing, Casey | SO Aquinas | 9.01 | 2 |

Event 4 Women 55 Meter Hurdles

| Name | Year | School | Prelims | H# |
|---------------|-----------------|---------------------|---------|----|
| Preliminaries | | | | |
| 1 | Walters, Jewel | JR Eastern Michigan | 8.72q | 1 |
| 2 | Baker, Alex | SR Grand Valley | 8.76q | 2 |
| 3 | Kent, Natalie | FR Aquinas | 8.78q | 2 |
| 4 | Chang, Sue | FR Aquinas | 9.11q | 3 |
| 5 | Hilty, Erica | FR Grand Valley | 9.14q | 1 |
| 6 | Warnke, Sarah | SR Grand Valley | 9.36q | 2 |
| 7 | Kaminski, Becky | SO Grand Valley | 9.49q | 3 |
| 8 | Johnson, Kemba | SO Eastern Michigan | 9.54q | 3 |
| 9 | Brooks, Kristin | FR Unattached | 9.78 | 2 |
| 10 | Meister, Jamie | FR Unattached | 9.94 | 1 |
| 11 | Brown, Renee | SO Eastern Michigan | 11.14 | 3 |

Event 4 Women 55 Meter Hurdles

| Name | Year | School | Finals | H# |
|--------|-----------------|---------------------|--------|----|
| Finals | | | | |
| 1 | Walters, Jewel | JR Eastern Michigan | 8.50 | 1 |
| 2 | Baker, Alex | SR Grand Valley | 8.63 | 1 |
| 3 | Kent, Natalie | FR Aquinas | 8.82 | 1 |
| 4 | Hilty, Erica | FR Grand Valley | 9.06 | 2 |
| 5 | Chang, Sue | FR Aquinas | 9.12 | 1 |
| 6 | Johnson, Kemba | SO Eastern Michigan | 9.34 | 2 |
| 7 | Warnke, Sarah | SR Grand Valley | 9.36 | 2 |
| 8 | Kaminski, Becky | SO Grand Valley | 9.62 | 2 |

Event 7 Men 3000 Meter Run

| Name | Year | School | Finals |
|------|------------------|---------------|----------|
| 1 | Hurley, Jeremy | XX Unattached | 8:47.49 |
| 2 | Miller, Josh | JR Aquinas | 9:00.49 |
| 3 | Vandermeer, Dave | XX Unattached | 9:00.58 |
| 4 | Foley, Leo | JR Aquinas | 9:18.19 |
| 5 | Keilen, Brian | FR Aquinas | 9:18.20 |
| 6 | Earl, Patrick | FR Aquinas | 9:27.69 |
| 7 | Gaffigan, Steve | FR Macomb CC | 9:29.83 |
| 8 | Jones, James | SO Aquinas | 9:33.69 |
| 9 | Ploegstra, Bryce | HS Unattached | 9:34.60 |
| 10 | Cramer, David | XX Aquinas | 9:57.37 |
| 11 | Martires, Tony | FR Macomb CC | 10:17.91 |
| 12 | Makries, Jeff | JR Aquinas | 10:31.92 |

Event 9 Men 1 Mile Run

| Name | Year | School | Finals |
|------|----------------|---------------|---------|
| 1 | Hurley, Jeremy | XX Unattached | 4:22.97 |
| 2 | Luehm, Jeff | JR Aquinas | 4:37.47 |
| 3 | Robertz, Chris | FR Aquinas | 4:40.46 |
| 4 | Lynn, Joe | SR Aquinas | 4:44.52 |
| 5 | Wegert, Phil | JR Aquinas | 4:45.89 |

6 Malaski, Brent FR Aquinas 4:57.43
 7 Carr, Spencer JR Aquinas 4:57.97

Event 10 Women 1 Mile Run

| Name | Year | School | Finals |
|-------------------|------|----------------|---------|
| 1 Millis, Jenny | JR | Aquinas | 5:29.04 |
| 2 Zacharski, Amy | SO | Macomb CC | 5:32.32 |
| 3 Hayes, Patrina | SO | Occ Track Club | 5:38.00 |
| 4 Dugall, Jackie | SO | Macomb CC | 5:38.78 |
| 5 Hoffman, Stacey | FR | Aquinas | 5:49.96 |
| 6 Mendler, Steph | FR | Macomb CC | 5:51.93 |
| 7 Petz, Emily | FR | Aquinas | 6:09.08 |

Event 11 Men 400 Meter Dash

| Name | Year | School | Finals |
|----------------------|------|--------------|--------|
| 1 Dahlberg, Braydon | FR | Aquinas | 53.94 |
| 2 Sultini, Tony | SR | Grand Valley | 54.05 |
| 3 Bowers, Dave | XX | Unattached | 56.55 |
| 4 Krellwitz, Anthony | FR | Aquinas | 56.85 |

Event 12 Women 400 Meter Dash

| Name | Year | School | Finals | H# |
|-----------------------|------|------------------|---------|----|
| 1 Mandziara, Katie | FR | Grand Valley | 59.72 | 1 |
| 2 Havvin, Litera | FR | Eastern Michigan | 1:00.44 | 1 |
| 3 Kueny, Nicole | XX | Grand Valley | 1:01.68 | 1 |
| 4 Richmond, Kim | SO | Grand Valley | 1:02.54 | 2 |
| 5 Hale, Anne | SO | Grand Valley | 1:03.55 | 2 |
| 6 Warnke, Sarah | SR | Grand Valley | 1:03.63 | 1 |
| 7 Kruse, Katie | FR | Unattached | 1:03.72 | 3 |
| 8 Kulczyk, Kristen | JR | Grand Valley | 1:04.12 | 3 |
| 9 Totty, Arielle | FR | Unattached | 1:04.44 | 3 |
| 10 Dulkowski, Jacklyn | FR | Unattached | 1:05.64 | 2 |

Event 13 Men 800 Meter Run

| Name | Year | School | Finals |
|----------------------|------|----------------|---------|
| 1 Assenmacher, Scott | FR | Aquinas | 2:02.16 |
| 2 Wielichski, Tommy | FR | Occ Track Club | 2:03.29 |
| 3 May, Josh | SR | Aquinas | 2:04.80 |
| 4 Green, Eric | XX | Occ Track Club | 2:05.68 |
| 5 Walters, John | FR | Occ Track Club | 2:10.70 |
| 6 Staisiel, John | FR | Occ Track Club | 2:15.80 |

Event 15 Men 200 Meter Dash

| Name | Year | School | Finals | H# |
|---------------------|------|--------------|--------|----|
| 1 Coleman, Kenny | SO | Grand Valley | 22.91 | 1 |
| 2 Kalinowski, Jon | SO | Unattached | 23.14 | 1 |
| 3 Smith, Bryce | | Unattached | 23.58 | 1 |
| 4 Robach, Josh | FR | Unattached | 23.69 | 2 |
| 5 Rejc, Jim | SR | Grand Valley | 24.17 | 2 |
| 6 Rolle, Melvin | SO | Unattached | 24.18 | 2 |
| 7 Ormsby, Uri | SR | Grand Valley | 24.27 | 2 |
| 8 Bowers, Dave | XX | Unattached | 24.64 | 3 |
| 9 Rederstorf, Jason | FR | Unattached | 24.81 | 3 |
| 10 Rosser, Nickos | FR | Aquinas | 25.27 | 3 |
| 11 Wearing, Casey | SO | Aquinas | 27.54 | 3 |

Event 16 Women 200 Meter Dash

| Name | Year | School | Finals | H# |
|---------------------|------|------------------|--------|----|
| 1 Thomas, Ashley | SO | Grand Valley | 26.29 | 1 |
| 2 Havvin, Litera | FR | Eastern Michigan | 26.34 | 1 |
| 3 Easley, Andrea | SO | Eastern Michigan | 26.72 | 1 |
| 4 Walters, Jewel | JR | Eastern Michigan | 26.95 | 2 |
| 5 Szatkowski, April | SO | Grand Valley | 27.00 | 2 |
| 6 Shinn, Liz | FR | Unattached | 27.04 | 2 |
| 7 Baker, Alex | SR | Grand Valley | 27.36 | 4 |
| 8 Kent, Natalie | FR | Aquinas | 27.47 | 5 |
| 9 Beattie, Laura | SR | Aquinas | 27.68 | 2 |
| 10 Helmila, Erica | SR | Grand Valley | 27.78 | 4 |
| 11 Smith, Kate | FR | Unattached | 28.20 | 4 |
| 12 Wheeler, Hillary | SO | Aquinas | 28.48 | 4 |
| 13 Chang, Sue | FR | Aquinas | 28.53 | 5 |
| 14 Vogt, Ashley | FR | Aquinas | 29.58 | 6 |

| | | | |
|--------------------|---------------|-------|---|
| 15 Drenth, Amy | FR Aquinas | 29.81 | 5 |
| 16 Brooks, Kristin | FR Unattached | 29.84 | 5 |
| 17 Meister, Jamie | FR Unattached | 30.29 | 6 |

Event 17 Men Long Jump

| Name | Year School | Finals | |
|--------------------|-----------------|----------|-------|
| 1 Coleman, Kenny | SO Grand Valley | 23-00.50 | 7.02m |
| 2 LeFevre, Joe | SO Grand Valley | 22-03.75 | 6.80m |
| 3 Chamberlin, Adam | SO Aquinas | 21-11.25 | 6.68m |
| 4 Marinov, Boin | FR Aquinas | 21-09.50 | 6.64m |
| 5 Stamps, Clarence | FR Grand Valley | 19-04.00 | 5.89m |

Event 18 Women Long Jump

| Name | Year School | Finals | |
|-----------------------|---------------------|----------|-------|
| 1 Nelson, Lela | JR Eastern Michigan | 18-11.50 | 5.77m |
| 2 Garcia, Noelia | FR Unattached | 17-06.75 | 5.35m |
| 3 Ellis, Sarah | JR Aquinas | 17-04.50 | 5.29m |
| 4 Miller, Erin | SO Grand Valley | 17-00.50 | 5.19m |
| 5 Borek, Michelle | SR Aquinas | 16-08.00 | 5.08m |
| 6 Chang, Susan | FR Aquinas | 16-07.75 | 5.07m |
| 7 Jovanovska, BilJama | FR Eastern Michigan | 16-06.50 | 5.04m |
| 8 Treppa, Pam | SO Grand Valley | 16-04.00 | 4.97m |
| 9 Douley, Krystal | JR Eastern Michigan | 16-03.50 | 4.96m |
| 10 Giscombe, Shamarie | SO Eastern Michigan | 16-00.75 | 4.89m |
| 11 Brown, Renee | SO Eastern Michigan | 15-11.50 | 4.86m |
| 12 Stanton, Tori | FR Unattached | 14-01.00 | 4.29m |
| -- Sicilia, Lindsay | XX Unattached | FOUL | |

Event 19 Men High Jump

| Name | Year School | Finals | |
|----------------|-----------------|----------|-------|
| 1 Tibble, Ryan | SO Grand Valley | 6-04.00 | 1.93m |
| 2 Stowe, Mike | FR Grand Valley | J6-04.00 | 1.93m |
| 3 Ormsby, Uri | SR Grand Valley | 6-00.00 | 1.82m |

Event 20 Women High Jump

| Name | Year School | Finals | |
|----------------------|---------------------|---------|-------|
| 1 Nelson, Lela | JR Eastern Michigan | 5-04.00 | 1.62m |
| 2 Devries, Meredith | FR Grand Valley | 5-02.00 | 1.57m |
| 3 Johnson, Kemba | SO Eastern Michigan | 5-00.00 | 1.52m |
| 3 Douley, Krystal | JR Eastern Michigan | 5-00.00 | 1.52m |
| 3 Polasky, Andrea | JR Grand Valley | 5-00.00 | 1.52m |
| 3 Chang, Sue | FR Aquinas | 5-00.00 | 1.52m |
| 3 Giscombe, Shamarie | SO Eastern Michigan | 5-00.00 | 1.52m |
| 3 Lowe, Leanna | SR Grand Valley | 5-00.00 | 1.52m |
| 9 Brown, Renee | SO Eastern Michigan | 4-10.00 | 1.47m |
| 9 Wheeler, Hillary | SO Aquinas | 4-10.00 | 1.47m |
| 9 Mukans, Vickie | SR Grand Valley | 4-10.00 | 1.47m |
| 12 Drenth, Amy | FR Aquinas | 4-08.00 | 1.42m |

Event 21 Men Triple Jump

| Name | Year School | Finals | |
|--------------------|-----------------|----------|--------|
| 1 Marinov, Boin | FR Aquinas | 42-09.75 | 13.04m |
| 2 Tibble, Ryan | SO Grand Valley | 42-04.00 | 12.90m |
| 3 Freeman, Jimmie | SO Grand Valley | 41-10.50 | 12.76m |
| 4 Chamberlin, Adam | SO Aquinas | 39-11.75 | 12.18m |

Event 22 Women Triple Jump

| Name | Year School | Finals | |
|------------------|---------------------|----------|--------|
| 1 Johnson, Kemba | SO Eastern Michigan | 39-09.00 | 12.11m |
| 2 Treppa, Pam | SO Grand Valley | 35-10.00 | 10.92m |
| 3 Garcia, Noelia | FR Unattached | 33-10.25 | 10.31m |
| 4 Stanton, Tori | FR Unattached | 29-00.50 | 8.85m |

Event 23 Men Shot Put

| Name | Year School | Finals | |
|------------------|-----------------|--------|----------|
| 1 Proulx, Joe | SR Grand Valley | 16.04m | 52-07.50 |
| 2 Morrison, Ian | JR Grand Valley | 15.46m | 50-08.75 |
| 3 Shimek, T. J. | SR Aquinas | 14.94m | 49-00.25 |
| 4 Simon, Mike | JR Grand Valley | 14.74m | 48-04.50 |
| 5 Fechter, Casey | Unattached | 13.76m | 45-01.75 |
| 6 Jonaitis, Bob | SO Aquinas | 13.48m | 44-02.75 |

| | | | | |
|----|---------------|-----------------|--------|----------|
| 7 | Dortch, Aaron | SO Aquinas | 13.34m | 43-09.25 |
| 8 | Natale, Nick | FR Grand Valley | 13.07m | 42-10.75 |
| 9 | Munski, Larry | XX Unattached | 12.01m | 39-05.00 |
| 10 | Gumina, Nick | SO Aquinas | 11.91m | 39-01.00 |
| 11 | Clark, Matt | SO Aquinas | 11.49m | 37-08.50 |
| -- | Ybarra, John | FR Grand Valley | FOUL | |

Event 24 Women Shot Put

| Name | Year | School | Finals | |
|------|--------------------|---------------------|--------|----------|
| 1 | Corner, Katie | XX Unattached | 12.75m | 41-10.00 |
| 2 | Acre, Morgan | SO Unattached | 11.66m | 38-03.25 |
| 3 | Nelson, Lela | JR Eastern Michigan | 11.53m | 37-10.00 |
| 4 | Posa, Kathie | FR Unattached | 11.40m | 37-05.00 |
| 5 | Cowper, Lisa | JR Grand Valley | 10.10m | 33-01.75 |
| 6 | Kenny, Kona | SO Aquinas | 9.91m | 32-06.25 |
| 7 | Tanner, Alecia | FR Unattached | 9.63m | 31-07.25 |
| 8 | Johnson, Kemba | SO Eastern Michigan | 9.50m | 31-02.00 |
| 9 | Giscombe, Shamarie | SO Eastern Michigan | 9.10m | 29-10.25 |
| 10 | Marshall, Heather | FR Aquinas | 8.52m | 27-11.50 |
| 11 | Douley, Krystal | JR Eastern Michigan | 8.32m | 27-03.75 |
| 12 | Brown, Renee | SO Eastern Michigan | 8.31m | 27-03.25 |

Event 25 Men Weight Throw

| Name | Year | School | Finals | |
|------|----------------|-----------------|--------|----------|
| 1 | Simon, Mike | JR Grand Valley | 16.90m | 55-05.50 |
| 2 | Shimek, T. J. | SR Aquinas | 16.64m | 54-07.25 |
| 3 | Jonaitis, Bob | SO Aquinas | 15.88m | 52-01.25 |
| 4 | Natale, Nick | FR Grand Valley | 15.63m | 51-03.50 |
| 5 | Fechter, Casey | Unattached | 15.22m | 49-11.25 |
| 6 | Smith, Charles | FR Grand Valley | 14.77m | 48-05.50 |
| 7 | Gumina, Nick | SO Aquinas | 14.30m | 46-11.00 |
| 8 | Kimpel, Kevin | SO Grand Valley | 14.11m | 46-03.50 |
| 9 | Proulx, Joe | SR Grand Valley | 13.44m | 44-01.25 |
| 10 | O'Neill, Jim | XX Unattached | 12.66m | 41-06.50 |
| 11 | Hoeve, Caesy | FR Grand Valley | 12.59m | 41-03.75 |
| 12 | Dortch, Aaron | SO Aquinas | 10.29m | 33-09.25 |

Event 26 Women Weight Throw

| Name | Year | School | Finals | |
|------|-------------------|-----------------|--------|----------|
| 1 | Acre, Morgan | SO Unattached | 16.08m | 52-09.25 |
| 2 | Maleski, Jenny | SO Aquinas | 13.37m | 43-10.50 |
| 3 | Cowper, Lisa | JR Grand Valley | 12.92m | 42-04.75 |
| 4 | Kenny, Kona | SO Aquinas | 12.62m | 41-05.00 |
| 5 | Marshall, Heather | FR Aquinas | 11.91m | 39-01.00 |
| 6 | Grewe, Sarah | FR Unattached | 11.32m | 37-01.75 |

Event 27 Men Pole Vault

| Name | Year | School | Finals | |
|------|--------------------|-----------------|----------|-------|
| 1 | Beach, Brian | SO Grand Valley | 14-06.00 | 4.41m |
| -- | Riley, Kenny | SR Grand Valley | NH | |
| -- | Rant, Scott | SO Grand Valley | NH | |
| -- | Levering, Scott | FR Grand Valley | NH | |
| -- | Coperhaver, Justin | SO Grand Valley | NH | |
| -- | Hirdes, Ben | SR Grand Valley | NH | |

Event 28 Women Pole Vault

| Name | Year | School | Finals | |
|------|-----------------------|-----------------|-----------|-------|
| 1 | Wilkins, Katie | JR Grand Valley | 10-06.00 | 3.20m |
| 2 | Smith, Kati | JR Grand Valley | J10-06.00 | 3.20m |
| 3 | Peck, Nikki | JR Grand Valley | 10-00.00 | 3.04m |
| 4 | Olgerirsson, Jennifer | SR Grand Valley | J10-00.00 | 3.04m |
| 5 | Duthler, Rachel | FR Grand Valley | J10-00.00 | 3.04m |
| 6 | Hecksel, Bethany | FR Grand Valley | J10-00.00 | 3.04m |
| 6 | Bogart, Shelly | JR Grand Valley | J10-00.00 | 3.04m |

Event 29 Men 4x400 Meter Relay

| School | Year | Finals | H# |
|--------|-------------------------------|---------|----|
| 1 | Grand Valley State Univer 'A' | 3:29.46 | 1 |
| 2 | Grand Valley State Univer 'B' | 3:35.16 | 1 |
| 3 | Aquinas College 'A' | 3:41.28 | 1 |
| 4 | Occ Track Club 'A' | 3:41.98 | 2 |
| -- | Grand Valley State Univer 'C' | DNF | 2 |

Event 30 Women 4x400 Meter Relay

| School | Finals | H# |
|---------------------------------|---------|----|
| 1 Eastern Michigan 'A' | 3:58.57 | 1 |
| 2 Grand Valley State Univer 'A' | 4:06.50 | 1 |
| 3 Grand Valley State Univer 'B' | 4:11.42 | 2 |
| 4 Grand Valley State Univer 'C' | 4:17.66 | 2 |
| 5 Unattached 'A' | 4:19.44 | 1 |
| 6 Aquinas College 'A' | 4:36.05 | 1 |

Event 31 Men 600 Meter Run

| Name | Year School | Finals |
|-------------------|-----------------|---------|
| 1 Boeve, Bryan | FR Grand Valley | 1:23.32 |
| 2 Wojie, Joe | SR Unattached | 1:23.57 |
| 3 Salisbury, Mike | SO Grand Valley | 1:24.61 |
| 4 Collins, Jon | FR Grand Valley | 1:24.62 |
| 5 Rohloff, Harley | FR Grand Valley | 1:25.78 |
| 6 Baylis, Dave | SO Aquinas | 1:27.45 |
| 7 Schipper, Ryan | SR Aquinas | 1:28.12 |

Event 32 Women 600 Meter Run

| Name | Year School | Finals |
|----------------------|---------------------|---------|
| 1 Douley, Krystal | JR Eastern Michigan | 1:37.49 |
| 2 Daggy, Nicole | FR Grand Valley | 1:41.75 |
| 3 Murell, Brandi | FR Unattached | 1:44.91 |
| 4 Giscombe, Shamarie | SO Eastern Michigan | 1:47.22 |
| 5 Reed, Jennifer | FR Aquinas | 1:48.26 |
| 6 Secord, Kelly | JR Aquinas | 1:49.19 |
| 7 Wojciakowski, Lisa | FR Aquinas | 1:49.73 |
| 8 Zamiara, Nikki | SO Grand Valley | 1:51.88 |
| 9 Beck, Sarah | FR Aquinas | 1:55.41 |
| 10 Lewis, Megan | Aquinas | 2:00.55 |