



2005 Grand Valley State Indoor High School Track & Field Meets



(No Pre-Registration)
Saturday January 22nd

11:00 FIELD EVENTS

Long Jump Boys 1st
High Jump Girls 1st
Shot Put Boys 1st
Pole Vault Girls 1st

11:30 RUNNING STARTS

(Rolling Schedule)

55m Hurdle Prelims
55m Dash Prelims
1600m
400m
55m Hurdle Final (Two heats of four)
55m Dash Final (Two heats of four)
800m
200m

(No Pre-Registration)
Saturday February 19th

11:00 FIELD EVENTS

Long Jump Boys 1st
High Jump Girls 1st
Shot Put Boys 1st
Pole Vault Girls 1st

11:30 RUNNING STARTS

(Rolling Schedule)

DMR
55m Hurdle Prelims
55m Dash Prelims
1600m
400m
55m Hurdle Final (Two heats of four)
55m Dash Final (Two heats of four)
800m
200m
3200m
4 x 400m

(No Pre-Registration)
Monday March 7th

5:00 FIELD EVENTS

Long Jump Boys 1st
High Jump Girls 1st
Shot Put Boys 1st
Pole Vault Girls 1st

5:00 RUNNING STARTS

(Rolling Schedule)

50m Hurdle Prelims
50m Dash Prelims
Mile
400m
55m Hurdle Final (Two heats of four)
55 m Dash Final (Two heats of four)
800m
200m

Mon March 21 Boys (Big Schools)
Tues March 22 Girls (Big Schools)
Wed March 23 Boys(Small Schools)
Thur March 24 Girls(Small Schools)

4:00 FIELD EVENTS

Long Jump High Jump
Shot Put Pole Vault

Discus ONLY if the ground in dry!

4:30 RUNNING STARTS

(Rolling Schedule)

50m Hurdle Prelims
50m Dash Prelims
DMR 800-400-1200-1600
Mile
400m
50m Hurdle Final (Two heats of six)
50 m Dash Final (Two heats of six)
800m
200m