

Hy-Tek's Meet Manager 4/3/2004 07:41 PM  
 Grand Rapids Open - 4/3/2004  
 Calvin College  
 Results

Women 100 Meter Dash

Name	Year School	Finals	H#
1 Abbring, Sue	Knights	12.48	1
2 Szatkowski, April	SO Grand Valley	12.58	2
3 Hughes, Shantel	Lansing, TC	12.72	1
4 Ellis, Sarah	JR Aquinas	12.78	1
4 Treppa, Pam	SO Grand Valley	12.78	2
6 Beattie, Laura	SR Aquinas	13.05	1
6 Homer, Meredith	Knights	13.05	2
8 DeGroot, Jennifer	JR Cornerstone	13.09	1
9 Geelhoed, Lisa	Knights	13.25	2
10 Borek, Michelle	SR Aquinas	13.31	2
11 King, Valerie	JR Cornerstone	13.32	2
12 Rolle, Gizelle	SO Aquinas	13.40	2
13 Helm, Solena	FR Cornerstone	13.69	1
14 Phills, Andrea	SO Northwood	13.95	2
-- Miller, Danielle	SO Northwood	NT	1
-- Jones, Sue	Lansing, TC	NT	1

Women 200 Meter Dash

Name	Year School	Finals	H#
1 Abbring, Sue	Knights	26.30	1
2 Szatkowski, April	SO Grand Valley	26.50	1
3 Homer, Meredith	Knights	27.40	2
4 Hughes, Shantel	Lansing, TC	27.70	1
5 Geelhoed, Lisa	Knights	28.40	2
5 King, Valerie	JR Cornerstone	28.40	3
7 Smith, Missy	Knights	28.80	2
8 Barrett, Danielle	Lansing, TC	29.10	2
8 Smith, Patrice	Lansing, TC	29.10	1
10 Lieber, Elizabeth	Lansing, TC	31.30	3
-- Ellis, Sarah	JR Aquinas	NT	1
-- Beattie, Laura	SR Aquinas	NT	2
-- Berghuis, Noell	Knights	NT	3
-- Helm, Solena	FR Cornerstone	NT	2
-- Allers, Stephanie	FR Cornerstone	NT	1
-- Miller, Danielle	SO Northwood	NT	1
-- Wheeler, Hillary	SO Aquinas	NT	2
-- Phills, Andrea	SO Northwood	NT	3
-- Thomas, Tyren	SO Aquinas	NT	2
-- Jones, Sue	Lansing, TC	NT	1

Women 400 Meter Dash

Name	Year School	Finals	H#
1 Mandziara, Katie	FR Grand Valley	1:02.30	1
2 Kueny, Nicole	SO Grand Valley	1:03.70	1

3	Bambach, Shannon	SO Cornerstone	1:04.17	1
4	VanderLaan, Katie	Knights	1:04.22	1
5	Helmila, Erica	SR Grand Valley	1:04.47	1
6	Kulczyki, Kristen	JR Grand Valley	1:04.54	1
7	Richmond, Kim	SO Grand Valley	1:04.90	1
8	Smith, Patrice	Lansing, TC	1:05.20	1
--	Totty, Arielle	FR Grand Valley	NT	2
--	Stauffer, Justine	SO Northwood	NT	2
--	Dulkowski, Jacklyn	FR Una-Gvsu	NT	2
--	Capel, Jillian	Knights	NT	2
--	Bolt, Katie	Knights	NT	2

Women 800 Meter Run

Name	Year	School	Finals
1		Knights	2:22.16
2		Knights	2:23.97
3	FR	Aquinas	2:29.37
4	SO	Grand Valley	2:31.27
5	JR	Cornerstone	2:33.17
6	SO	Northwood	2:36.11
7	FR	Aquinas	2:36.61
8	JR	Aquinas	2:37.35
9	SO	Aquinas	2:39.55
10	JR	Grand Valley	2:45.05
11		Lansing, TC	3:07.28
--	FR	Una-Gvsu	NT
--		Oakland CC	NT
--	FR	Aquinas	NT
--		Knights	NT

Women 1500 Meter Run

Name	Year	School	Finals
1	JR	Grand Valley	4:40.55
2		Unattached	4:54.19
3		Lansing, TC	5:03.54
4	FR	Grand Valley	5:07.81
5	FR	Grand Valley	5:13.98
6		Knights	5:14.55
7	SR	Northwood	5:16.62
8		Unattached	5:25.19
9	JR	Northwood	5:28.53
--	SO	Northwood	NT
--	SR	Cornerstone	NT
--		Knights	NT
--		Knights	NT

Women 3000 Meter Run

Name	Year	School	Finals
1	SR	Grand Valley	10:55.10
2	FR	Grand Valley	10:56.40
3	SR	Grand Valley	11:04.60
4	FR	Grand Valley	11:10.90
5		Lansing, TC	11:12.90

6	Wiltzer, Rebecca	SR Grand Valley	11:17.90
7	Dillion, Alecia	FR Una-Gvsu	11:40.90
8	Friday, Pam	FR Una-Gvsu	12:19.90
--	Hofman, Bethany	Knights	NT
--	Hastings, Sarah	Knights	NT

#### Women 5000 Meter Run

Name	Year	School	Finals
1	Kieffer, Kristie	Unattached	17:47.10
2	Cocco, Kim	SR Cornerstone	18:28.10
3	Vermeulen, Jodi	Knights	18:36.20
4	Sliwinski, Steph	SR Grand Valley	18:45.20
5	Beeny, Bridgette	FR Grand Valley	19:04.00
6	Fisher, Laura	Unattached	19:04.50
7	Hoptrop, Laura	Knights	19:08.60
8	Singer, Lydia	Knights	19:14.20
--	Schmidt, Karmen	JR Grand Valley	NT
--	Sebasta, Amber	SO Grand Valley	NT
--	Martin, Diana	JR Grand Valley	NT
--	Fishel, Lisa	SR Grand Valley	NT
--	Chapman, Rossana	FR Una-Gvsu	NT
--	Baker, Lynae	FR Cornerstone	NT
--	Singleton, Karlie	FR Una-Gvsu	NT
--	Walcott, Rachel	FR Cornerstone	NT
--	Taylor, Jaquelyn	SO Grand Valley	NT
--	Hastings, Sarah	Knights	NT
--	Lunning, Sara	Lansing, TC	NT
--	Hofman, Bethany	Knights	NT
--	Meyers, Katrina	Lansing, TC	NT
--	Stephan, Jessica	Lansing, TC	NT
--	VandenBerg, Melissa	Knights	NT
--	Hoyt, Liz	FR Northwood	NT
--	Gary, Camilia	Oakland CC	NT
--	Lair, Jessie	Knights	NT

#### Women 100 Meter Hurdles

Name	Year	School	Finals	H#
1	Gallier, Mandie	Saginaw Valley	14.92	1
2	Baker, Alex	SR Grand Valley	15.45	1
3	O'Shesky, Jennifer	FR Grand Valley	15.69	2
4	Velzen, Cathi	Cornerstone	16.02	1
5	Vogel, Lorilyn	Knights	16.25	1
6	Mergener, Heather	SR Grand Valley	16.36	2
7	Chang, Sue	FR Aquinas	16.60	2
8	Hendricks, Christine	Knights	16.82	1
9	Hilty, Erica	FR Grand Valley	16.93	2
10	Siekmeier, Jessica	Knights	17.32	3
11	Galligan, Toure	SO Northwood	17.36	3
12	Beach, Ali	Saginaw Valley	17.45	3
13	Lorenzen, Kim	SO Cornerstone	17.69	2
14	Warnke, Sarah	SR Grand Valley	17.86	2
15	Kent, Natalie	FR Aquinas	18.32	1
--	Allers, Stephanie	FR Cornerstone	NT	1
--	Fair, Lisa	Saginaw Valley	NT	2

Women 400 Meter Hurdles

Name	Year School	Finals	H#
1 Kent, Natalie	FR Aquinas	1:09.19	1
2 Mergener, Heather	SR Grand Valley	1:10.52	2
3 Velzen, Cathi	Cornerstone	1:10.92	1
4 Warnke, Sarah	SR Grand Valley	1:11.66	1
5 Hamilton, Laura	Knights	1:11.90	1
6 Lorenzen, Kim	SO Cornerstone	1:12.23	1
7 Kruse, Katie	FR Una-Gvsu	1:13.59	2
8 Smith, Kate	FR Una-Gvsu	1:13.65	2
9 Baker, Alex	SR Grand Valley	1:13.70	1
10 Kaminski, Becky	SO Grand Valley	1:16.55	2
-- Gallier, Mandie	Saginaw Valley	NT	1
-- O'Shesky, Jennifer	FR Grand Valley	NT	1

Women 4x100 Meter Relay

School	Finals
1 Grand Valley State University 'A'	48.82
2 Calvin College 'A'	49.03
3 Cornerstone University 'A'	49.36
4 Aquinas College 'A'	49.40
1) Borek, Michelle SR	2) Rolle, Gizelle SO
3) Beattie, Laura SR	4) Ellis, Sarah JR
5 Northwood University 'A'	52.33
-- Calvin College 'B'	NT

Women High Jump

Name	Year School	Finals
1 Bolt, Katie	Knights	5-04.00
1 Daesing, Sarah	Unattached	5-04.00
1 Vanderzee, Kimberly	Knights	5-04.00
4 Burmaster, Shannon	JR Cornerstone	5-02.00
4 Lowe, Leanna	SR Grand Valley	5-02.00
4 Zuiderveen, Renae	Cornerstone	5-02.00
4 Colyn, Lauren	Knights	5-02.00
8 Mukans, Vickie	SR Grand Valley	5-00.00
8 Chang, Sue	FR Aquinas	5-00.00
10 Devries, Meredith	FR Grand Valley	4-10.00
10 Wheeler, Hillary	SO Aquinas	4-10.00
10 Foust, Arielle	SO Cornerstone	4-10.00
10 Karr, Nichole	Unattached	4-10.00
10 Lieber, Elizabeth	Lansing, TC	4-10.00
15 Polasky, Andrea	JR Grand Valley	4-08.00

Women Pole Vault

Name	Year School	Finals
1 Farr, Miranda	Lansing, TC	11-06.00
2 Smith, Missy	Knights	11-00.00
3 Fournier, Mary	Unattached	10-06.00
4 Pearson, Kristin	Unattached	10-00.00
4 Webber, Alyssa	SR Cornerstone	10-00.00

6	Doyle, Courtney		Unattached	9-06.00
7	Peterman, Jane		Unattached	9-00.00
8	Rosen, Gloria	JR	Cornerstone	8-00.00
8	Thompson, Valerie		Knights	8-00.00
8	Voorhees, Erika		Cornerstone	8-00.00
--	Lorenzen, Kim	S0	Cornerstone	NH

#### Women Long Jump

Name	Year	School	Finals	
1	Sicilia, Lindsay		Unattached	5.92m
2	Garcia, Noelia		Unattached	5.46m
3	Treppa, Pam	S0	Grand Valley	5.37m
4	Ellis, Sarah	JR	Aquinas	5.33m
5	Borek, Michelle	SR	Aquinas	5.14m
6	Miller, Erin	S0	Grand Valley	5.12m
7	Hendricks, Christine		Knights	4.95m
8	Velzen, Cathi		Cornerstone	4.87m
9	Galligan, Toure	S0	Northwood	4.74m
10	Weeda, Sarah		Knights	4.70m
10	Chang, Sue	FR	Aquinas	4.70m
12	Zylstra, Marielle		Knights	4.59m
--	Zwier, Kelly		Knights	ND
--	DeGroot, Jennifer	JR	Cornerstone	ND
--	Pelz, Margaret	JR	Cornerstone	ND
--	Vogel, Lorilyn		Knights	ND

#### Women Triple Jump

Name	Year	School	Finals	
1	Lowe, Leanna	SR	Grand Valley	9.74m
2	Stanton, Tori	FR	Grand Valley	9.13m
3	Mukans, Vickie	SR	Grand Valley	8.87m
--	Vanderzee, Kimberly		Knights	ND
--	Garcia, Noelia		Unattached	ND
--	Treppa, Pam	S0	Grand Valley	ND
--	Weeda, Sarah		Knights	ND
--	Zuiderveen, Renae		Cornerstone	ND
--	Thomas, Tyren	S0	Aquinas	ND
--	Burmaster, Shannon	JR	Cornerstone	ND
--	Pelz, Margaret	JR	Cornerstone	ND
--	Chang, Sue	FR	Aquinas	ND
--	Galligan, Toure	S0	Northwood	ND
--	Wheeler, Hillary	S0	Aquinas	ND

#### Women Shot Put

Name	Year	School	Finals	
1	Corner, Katie		Knights	13.03m
2	Nanninga, Lisa		Knights	12.80m
3	Wittingen, Vicki	JR	Cornerstone	11.74m
4	VanderVliet, Megann		Knights	11.20m
5	Acre, Morgan	S0	Una-Gvsu	11.19m
6	Hendricks, Christine		Knights	11.03m
7	Posa, Kathie	FR	Una-Gvsu	10.85m
8	Schulyer, Erin		Cornerstone	10.58m

9	Kenny, Kona	SO	Aquinas	9.79m
10	Lieber, Elizabeth		Lansing, TC	9.54m
11	Vogel, Lorilyn		Knights	9.31m
12	Winkle, Lisa		Knights	9.14m
--	Maleski, Jenny	SO	Aquinas	ND
--	Marshall, Heather	FR	Aquinas	ND

#### Women Discus Throw

Name	Year	School	Finals
1		Knights	45.39m
2	SO	Una-Gvsu	40.77m
3		Knights	36.16m
4	SO	Aquinas	35.76m
5	FR	Cornerstone	31.31m
6	FR	Aquinas	30.56m
7	JR	Cornerstone	30.25m
8		Knights	29.04m

#### Women Hammer Throw

Name	Year	School	Finals
1	SO	Una-Gvsu	51.98m
2	JR	Cornerstone	45.32m
3	SO	Aquinas	42.31m
4	SR	Grand Valley	42.14m
5		Calvin	40.33m
6	SO	Aquinas	35.42m
7	FR	Aquinas	33.45m
8	FR	Una-Gvsu	32.19m
9		Unattached	28.93m
10	FR	Cornerstone	26.66m
11	FR	Aquinas	25.88m

#### Women Javelin Throw

Name	Year	School	Finals
1		Knights	32.02m
2	JR	Grand Valley	31.40m
3	SO	Aquinas	29.35m
4		Knights	27.89m
5		Knights	26.79m
6		Knights	22.86m
7		Knights	21.36m
8	FR	Aquinas	21.03m
9	FR	Grand Valley	18.49m
--		Unattached	ND
--		Knights	ND

#### Men 100 Meter Dash

Name	Year	School	Finals	H#
1	JR	Cornerstone	10.99	1
2		Knights	11.23	1
3		Northwood	11.29	1

4	Rejc, Jim	SR Grand Valley	11.37	2
5	Hoekenga, A. J.	JR Aquinas	11.41	2
6	Pearson, Jewel	Lansing, TC	11.43	1
6	Kalinowski, Jon	S0 Una-Gvsu	11.43	2
8	Veldt, David	S0 Cornerstone	11.49	1
9	Rembert, Tremaine	Unattached	11.56	1
10	Roberts, Ryan	S0 Northwood	11.79	1
11	Workman, Ricardo	Unattached	12.24	2
--	Donkor, Felix	SR Cornerstone	NT	1
--	Holt, Daniel	Lansing, TC	NT	2
--	Howell, Jasper	Lansing, TC	NT	2

#### Men 200 Meter Dash

Name	Year	School	Finals	H#
1	Underwood, Jeremy	JR Cornerstone	22.83	1
2	Coleman, Kenny	S0 Grand Valley	23.05	1
3	Rejc, Jim	SR Grand Valley	23.41	2
4	Kalinowski, Jon	S0 Una-Gvsu	23.45	1
5	VanDyken, Brian	Knights	23.88	2
6	Wise, Matthew	Lansing, TC	24.07	1
7	Hughes, Charleston	FR Northwood	24.21	2
8	Forte, Troy	S0 Northwood	25.04	3
--	Perez, Ed	Unattached	NT	3
--	Friebel, Chris	Knights	NT	1
--	Roberts, De-Ale-Jo	S0 Aquinas	NT	1
--	Holt, Daniel	Lansing, TC	NT	3
--	Baylis, Dave	S0 Aquinas	NT	3
--	Donkor, Felix	SR Cornerstone	NT	1
--	Hoekenga, A. J.	JR Aquinas	NT	2
--	Chamberlin, Adam	S0 Aquinas	NT	2
--	Ivy, Antoine	FR Northwood	NT	1
--	Rolle, Melvin	S0 Aquinas	NT	3
--	Robach, Josh	FR Aquinas	NT	3
--	Roberts, Ryan	S0 Northwood	NT	2
--	Rembert, Tremaine	Unattached	NT	2
--	Workman, Ricardo	Unattached	NT	3
--	Davis, Phil	FR Northwood	NT	2

#### Men 400 Meter Dash

Name	Year	School	Finals	H#
1	Jackson, Stephen	Lansing, TC	51.29	1
2	VanDyken, Brian	Knights	51.88	1
3	Boeve, Bryan	FR Grand Valley	52.74	2
4	Morley, James	JR Northwood	52.95	1
5	Wise, Matthew	Lansing, TC	52.96	1
6	Sultini, Tony	SR Grand Valley	53.22	2
7	Rusticus, Nathan	S0 Cornerstone	53.31	2
8	Wiengartner, Peter	FR Northwood	53.65	2
9	Sherrill, Damon	Lansing, TC	53.68	1
10	Harrison, Jordan	S0 Cornerstone	53.69	1
11	Wallace, Jerry	Grand Valley	53.71	2
12	Connell, Scott	SR Northwood	53.78	2
13	Rohloff, Harley	FR Grand Valley	54.95	3
14	Salisbury, Mike	S0 Una-Gvsu	55.24	3
15	Rennert, Josh	S0 Northwood	55.25	3

16 Parker, Brian	JR Northwood	56.26	1
-- Stasial, Jon	Oakland CC	NT	2
-- Berghuis, Josh	Knights	NT	1

Men 800 Meter Run

Name	Year School	Finals
2 Engbers, Jeff	Knights	JNT
-- Edwards, Matt	Knights	NT
4 Kok, Hendrik	Knights	JNT
-- Kleinjan, Jesse	Knights	NT
-- McCormick, Mike	Lansing, TC	NT
-- Sherman, Bobby	Lansing, TC	NT
7 Dyke, Ben	Knights	JNT
-- Barts, Justin	Knights	NT
-- Chen, Nick	Knights	NT
-- White, Brad	Knights	NT
5 Burden, Tyler	Unattached	JNT
-- Nyok, Sam	Knights	NT
-- Post, Joel	Knights	NT
-- Koopmans, Casey	Knights	NT
-- Wager, Paul	Knights	NT
-- Schuster, Todd	Knights	NT
-- May, Josh	SR Aquinas	NT
-- Hoogewind, Adam	SO Aquinas	NT
-- Assenmacher, Scott	FR Aquinas	NT
8 Schipper, Ryan	SR Aquinas	JNT
-- Swinger, Grant	Cornerstone	NT
-- Rusticus, Nathan	SO Cornerstone	NT
6 Hartley, John	FR Northwood	JNT
-- Van Holten, Nate	Getc	NT
1 Villarroel, Wilfredo	Lansing, TC	JNT
3 Crowe, Jacob	Unattached	JNT
-- McClure, Mike	Lansing, TC	NT
-- Byrne, Jason	Lansing, TC	NT
-- Akacem, Fayssal	SR Northwood	NT
-- Rodgers, Josh	SO Northwood	NT
-- Oltesvig, Jon	Oakland CC	NT
-- Walters, Jon	Oakland CC	NT

Men 1500 Meter Run

Name	Year School	Finals
1 Crowe, Jacob	Unattached	4:02.71
2 Edwards, Matt	Knights	4:05.45
3 Dyke, Ben	Knights	4:05.81
4 Bean, Michael	FR Northwood	4:06.38
5 Jorritsma, Harrison	Knights	4:09.35
6 Sherman, Bobby	Lansing, TC	4:10.68
7 Nagel, Kyle	JR Northwood	4:11.28
8 Iverson, Aaron	Knights	4:11.55
9 Green, Eric	Front Line	4:11.62
10 Post, Joel	Knights	4:14.12
11 Collins, John	FR Grand Valley	4:14.49
12 Carrick, Kyle	Knights	4:14.86
13 Hammer, Ben	Knights	4:16.56
14 Smith, Todd	FR Cornerstone	4:19.46

15 Kleinjan, Jesse	Knights	4:20.83
16 Rollett, Paul	Knights	4:21.83
17 Chen, Nick	Knights	4:22.83
18 Chan Yew, Woo	SR Northwood	4:23.93
19 Villarreal, Juan	SR Grand Valley	4:34.64
-- Schuster, Todd	Knights	NT
-- Vyain, Jeff	S0 Una-Gvsu	NT
-- Smith, Michael	SR Northwood	NT
-- Elmore, Jared	Oakland CC	NT
-- Sydow, Dave	Unattached	NT
-- Reynolds, Bill	Knights	NT
-- Koopmans, Casey	Knights	NT

Men 5000 Meter Run

Name	Year School	Finals
1 McMullen, Paul	Coast Guard	14:54.10
2 Klooster, Joel	Unattached	15:00.90
3 Yazzie, Andy	Knights	15:12.80
4 Peck, Nate	FR Una-Gvsu	15:17.40
5 Grey, Preston	SR Getc	15:18.50
6 Haagsma, Dave	Knights	15:23.10
7 Scott, Derek	FR Cornerstone	15:40.90
8 Kelly, Justin	Lansing, TC	15:57.60
-- Tenhopen, Luke	FR Una-Gvsu	NT
-- Pabst, Chris	FR Grand Valley	NT
-- Paul, David	S0 Grand Valley	NT
-- Hunter, Brad	FR Una-Gvsu	NT
-- Bader, Ken	SR Grand Valley	NT
-- Anderson, Matt	FR Grand Valley	NT
-- Lombardo, Jake	FR Grand Valley	NT
-- Terhune, Blake	S0 Una-Gvsu	NT
-- Young, Robbie	FR Grand Valley	NT
-- Prowant, Jason	S0 Una-Gvsu	NT
-- Gatlin, Nic	S0 Grand Valley	NT
-- Holm, Ryan	FR Grand Valley	NT
-- Tiffany, Mick	FR Grand Valley	NT
-- VanderMeer, Mark	FR Grand Valley	NT
-- Dell, Derek	Lansing, TC	NT
-- Bailey, Nick	Lansing, TC	NT
-- Alexander, Brian	Lansing, TC	NT
-- Nobach, Chris	Lansing, TC	NT
-- McElroy, Larz	FR Northwood	NT
-- Hodge, Jon	FR Northwood	NT
-- Scannell, Mike	Front Line	NT
-- Smith, Jason	FR Northwood	NT
-- Fujioka, Jeff	FR Grand Valley	NT
-- Zwagerman, Tyler	Knights	NT
-- Harvey, Dave	S0 Grand Valley	NT
-- Fujioka, Nathan	FR Grand Valley	NT
-- Fecek, Chris	Unattached	NT
-- Crowe, Jeff	Lansing, TC	NT
-- Avery, Tim	Knights	NT

Men 110 Meter Hurdles

Name	Year School	Finals	H#
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1	Pearson, Jewel	Lansing, TC	15.29	1
2	Sportel, Reuben	Knights	15.55	1
3	Stowe, Mike	FR Grand Valley	15.62	2
4	Fisher, Mark	JR Cornerstone	16.06	1
5	Austhof, Bernard	Cornerstone	16.12	1
6	DeWitt, Kevin	FR Grand Valley	16.28	2
7	Sportel, Sam	Knights	16.39	1
8	Hughes, Charleston	FR Northwood	16.42	2
9	Heslinga, Justin	Knights	16.82	2
10	Stein, Brian	SR Northwood	17.46	1
11	Wearing, Casey	SO Aquinas	17.59	2
12	Rosser, Nickos	FR Aquinas	17.72	1
13	Fisher, Bill	FR Una-Gvsu	19.59	2
--	Perez, Ed	Unattached	NT	1

#### Men 400 Meter Hurdles

Name	Year	School	Finals	H#
1	Stein, Brian	SR Northwood	56.35	1
2	Fisher, Mark	JR Cornerstone	58.01	1
3	Stowe, Mike	FR Grand Valley	58.93	2
4	Sportel, Reuben	Knights	59.08	1
5	Smith, Cordell	Lansing, TC	1:01.65	1
6	Villarreal, Juan	SR Grand Valley	1:03.14	2
7	Villarreal, Gabriel	Lansing, TC	1:03.39	1
8	Heslinga, Justin	Knights	1:03.40	2
9	Clegg, Jordan	Knights	1:03.61	2
10	Pearson, Jewel	Lansing, TC	1:04.32	1
11	Zandstra, Rob	Knights	1:06.29	1
12	Austhof, Bernard	Cornerstone	1:06.55	2
13	Rosser, Nickos	FR Aquinas	1:18.25	2
--	Wearing, Casey	SO Aquinas	NT	2
--	Knight, Mark	Lansing, TC	NT	1

#### Men 3000 Meter Steeplechase

Name	Year	School	Finals
1	Recker, Jerome	Saginaw Valley	9:44.53
2	Reasoner, Joel	Knights	9:52.66

#### Men 4x100 Meter Relay

School	Finals
1 Northwood University 'A'	43.50
2 Cornerstone University 'A'	43.57
3 Aquinas College 'A'	44.32
1) Chamberlin, Adam SO	2) Rolle, Melvin SO
3) Robach, Josh FR	4) Roberts, De-Ale-Jo SO
4 Grand Valley State University 'A'	44.53

#### Men 4x400 Meter Relay

School	Finals	H#
1 Lansing Track Club 'B'	3:44.40	1
1) Knight, Mark	2) Smith, Cordell	

3) Wise, Matthew	4) Byrne, Jason		
-- Lansing Track Club 'C'		NT	2
1) McClure, Mike	2) McCormick, Mike		
3) Smith, Blane	4) Villarroel, Gabriel		
-- Grand Valley State University 'A'		NT	1
1) Coleman, Kenny SO	2) Boeve, Bryan FR		
3) Stowe, Mike FR	4) Collins, John FR		
-- Lansing Track Club 'A'		NT	1
1) Villarroel, Wilfredo	2) Sherrill, Damon		
3) Sherman, Bobby	4) Jackson, Stephen		
-- Calvin College 'A'		NT	1
-- Calvin College 'B'		NT	1
-- Grand Valley State University 'B'		NT	2
1) Rohloff, Harley FR	2) Sultini, Tony SR		
-- Unattached-GVSU 'A'		NT	2
1) Kalinowski, Jon SO	2) Salisbury, Mike SO		
3) Wallace, Jerry	4)		
-- Aquinas College 'A'		NT	1
1) Baylis, Dave SO	2) Robach, Josh FR		
3) Rolle, Melvin SO	4) Roberts, De-Ale-Jo SO		
-- Aquinas College 'B'		NT	2
1) Gary, Brendan SR	2) Schipper, Ryan SR		
3) Bee, Paul SO	4) Krellwitz, Anthony FR		
-- Cornerstone University 'A'		NT	1
-- Cornerstone University 'B'		NT	2
-- Northwood University 'B'		NT	2
-- Northwood University 'C'		NT	2
-- Northwood University 'A'		NT	1

#### Men High Jump

Name	Year School	Finals
1 Manchip, Kirk	JR Grand Valley	6-06.00
1 Smith, Blane	Lansing, TC	6-06.00
1 Tibble, Ryan	SO Grand Valley	6-06.00
1 Hayton, Andrew	SO Cornerstone	6-06.00
1 Koetje, Nathan	JR Cornerstone	6-06.00
6 Zwiers, Tim	Knights	5-10.00
-- Becker, Chris	Knights	NH
-- Marinov, Boian	FR Aquinas	NH
-- Austhof, Bernard	Cornerstone	NH
-- White, Rich	Lansing, TC	NH

#### Men Pole Vault

Name	Year School	Finals
1 Koning, Jason	Knights	13-00.00
2 Rice, Steve	JR Cornerstone	12-00.00
-- Kimball, Matt	SR Cornerstone	NH
-- Sulaiman, Ramy	Udm	NH
-- Wright, Andrew	JR Cornerstone	NH
-- Tien, Joel	JR Cornerstone	NH

#### Men Long Jump

Name	Year School	Finals
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1	Meckes, Josh	Knights	6.45m
1	Dovich, Bryan	FR Grand Valley	6.45m
3	Manchip, Kirk	JR Grand Valley	6.30m
4	Chamberlin, Adam	SO Aquinas	6.09m
5	Marinov, Boian	FR Aquinas	6.02m
6	Wager, Paul	Knights	5.70m
7	Zwiers, Tim	Knights	5.68m
8	Barnhart, Jordan	Knights	5.48m
--	Becker, Chris	Knights	FOUL

Men Shot Put

Name	Year	School	Finals
1	Meckes, Nate	Unattached	16.86m
2	Proulx, Joe	SR Grand Valley	15.96m
3	Griffey, Bill	Unattached	15.62m
4	Shimek, T. J.	SR Aquinas	15.11m
5	Ybarra, John	FR Grand Valley	15.07m
6	Morrison, Ian	JR Grand Valley	14.81m
7	Natale, Nick	FR Grand Valley	14.62m
8	Meckes, Josh	Knights	13.87m
9	Dortch, Aaron	SO Aquinas	13.50m
10	Fechter, Casey	SO Una-Gvsu	13.09m
11	Clark, Matt	SO Aquinas	12.62m
12	Grasmeyer, Justin	Knights	12.17m
13	Munski, Larry	Unattached	12.00m
14	Sing, Brian	JR Northwood	11.72m
15	Eddy, Troy	SO Cornerstone	11.34m
16	Gumina, Nick	SO Aquinas	11.26m
17	Sullivan, Matt	Cornerstone	10.45m
18	Masarik, Matt	Lansing, TC	10.40m
--	Simon, Mike	JR Grand Valley	ND
--	Richardson, Eric	FR Northwood	ND

Men Discus Throw

Name	Year	School	Finals
1	Griffey, Bill	Unattached	51.31m
2	Simon, Mike	JR Grand Valley	47.18m
3	Morrison, Ian	JR Grand Valley	47.16m
4	Grasmeyer, Justin	Knights	46.72m
5	Meckes, Nate	Unattached	44.08m
6	Shimek, T. J.	SR Aquinas	42.66m
7	Harris, Josh	SO Una-Gvsu	40.34m
8	Natale, Nick	FR Grand Valley	38.61m
9	Fechter, Casey	SO Una-Gvsu	37.51m
10	Richardson, Eric	FR Northwood	36.57m
11	Clark, Matt	SO Aquinas	36.42m
12	Smith, Charles	FR Grand Valley	35.02m
13	Veldhouse, Kyle	Knights	34.51m
14	Sing, Brian	JR Northwood	34.43m
15	Dortch, Aaron	SO Aquinas	29.21m
--	Eddy, Troy	SO Cornerstone	FOUL

Men Hammer Throw

Name	Year	School	Finals
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1	Skrycki, Joe	Unattached	58.69m
2	Van Elst, Jason	Unattached	58.35m
3	Fechter, Casey	S0 Una-Gvsu	52.86m
4	Harris, Josh	S0 Una-Gvsu	49.56m
5	Shimek, T. J.	SR Aquinas	48.04m
6	Simon, Mike	JR Grand Valley	46.62m
7	Gumina, Nick	S0 Aquinas	44.98m
8	Natale, Nick	FR Grand Valley	44.19m
9	Kimpel, Kevin	S0 Grand Valley	43.86m
10	Eddy, Troy	S0 Cornerstone	41.39m
11	Smith, Charles	FR Grand Valley	39.97m
12	O'Neil, Jim	Unattached	39.22m
13	Dortch, Aaron	S0 Aquinas	36.15m
14	Sullivan, Matt	Cornerstone	35.48m

#### Men Javelin Throw

Name	Year	School	Finals
1	Kimpel, Kevin	S0 Grand Valley	47.94m
2	DeVries, Eric	Knights	40.25m
3	Koetje, Nathan	JR Cornerstone	37.90m
4	Rice, Steve	JR Cornerstone	36.45m
5	Clark, Matt	S0 Aquinas	34.94m
6	Chamberlin, Adam	S0 Aquinas	33.31m
7	Meckes, Josh	Knights	32.10m
8	Wright, Andrew	JR Cornerstone	29.27m
9	Fisher, Bill	FR Una-Gvsu	25.91m
--	Shimek, T. J.	SR Aquinas	ND
--	Veldhouse, Kyle	Knights	ND
--	Masarik, Matt	Lansing, TC	ND
--	Wager, Paul	Knights	ND