School: ______________________

Coach: ______________________

Phone: ______________________

Fax: ______________________

MEN WOMEN

Events	***Men***	***Women***
55mDash	1	2
55m Hurdles	3	4
5,000m	5	6
3,000m	7	8
Mile Run	9	10
400m	11	12
800m	13	14
200m	15	16
LJ	17	18
HJ	19	20
TJ	21	22
Shot Put	23	24
Weight	25	26
PV	27	28
600m	33	34

Page___ of ___

Fri. Dec. 15th 4:00PM

Fri. Jan. 18th 4:00PM

Fri. Jan. 25th 4:00PM

Fri. Feb. 15th 4:00PM

Fri. Feb. 22nd 4:00PM

4x400m: ______________

Name	*Yr*	#	*Mark*	#	*Mark*	#	*Mark*	#	*Mark*