



Grand Valley State University 2004-2005 Indoor Track

Field Events

Women's 20lb Weight 1st
Women's Shot Put 1st
Women's Pole Vault 1st
Men's Long Jump 1st
Men's Triple Jump 1st
Women's High Jump 1st

Men's 35lb Weight 2nd
Men's Shot Put 2nd (To follow WT)
Men's Pole Vault 2nd
Women's Long Jump 2nd
Women's Triple Jump 2nd (To follow LJ)
Men's High Jump 2nd

Running

5000m
5000m
55m Hurdle Prelims
55m Hurdle Prelims
55m Dash Prelims
55m Dash Prelims
Mile
Mile
400m
400m
55m Hurdle Finals (Two heats of four)
55m Hurdle Finals (Two heats of four)
55m Dash Finals (Two heats of four)
55m Dash Finals (Two heats of four)
800m
800m
200m
200m
3000m
3000m
1600m Relay
1600m Relay

Tentative Schedule

Events/Order of events may change due to the field sizes or number of entries. If there is any change you will be notified.

Upon request we have added a 4 x 800m and sometimes a 600m. Please contact Lou ASAP if you are interested.