School: _____

Coach: _____

Phone: _____

Fax: _____

MEN WOMEN

Events	***Men***	***Women***
55mDash	1	2
55m Hurdles	3	4
5,000m	5	6
3,000m	7	8
Mile Run	9	10
400m	11	12
800m	13	14
200m	15	16
LJ	17	18
HJ	19	20
TJ	21	22
Shot Put	23	24
Weight	25	26
PV	27	28

Page___ of ___

Fri. Dec. 17th
4:00PM

Fri. Jan. 14th
5::00PM

Fri. Jan. 21st
4:00AM

Fri. Feb. 11th

(Circle One)

4x400m: _____

Name	*Yr*	#	*Mark*	#	*Mark*	#	*Mark*	#	*Mark*