

# GRAND VALLEY STATE TRACK & FIELD

## LAKER TURF BUILDING RECORDS

### Men's Records

Event	Athlete	Affiliation	Mark	Meet	Date
60 Meter Dash	Adam Harris	Unattached	6.62	Big Meet	2/13/2010
60 Meter Hurdles	Jeff Porter	Unattached	7.83	Mike Lints	1/15/2010
200	Jeremy Orr	Michigan State	21.24	Big Meet	2/13/2009
400	Sammy Biggs	Southern Illinois	47.37	Big Meet	2/12/2010
600	Christopher Watts	Iowa Central CC	1:19.12	Big Meet	2/12/2010
800	Shane Knoll	Michigan State	1:48.97	Big Meet	2/13/2009
1000	Matt Sinclair	Windsor	2:26.48	GR Open	2/20/2009
Mile	Lex Williams	Unattached	4:02.42	Big Meet	2/12/2010
3000	Lex Williams	Unattached	7:56.12	Big Meet	2/13/2010
5000	Daniel Kirwa	Harding	14:11.08	Big Meet	2/13/2009
DMR	Richards, Body, Filipek, Stone	Saginaw Valley State	9:55.26	GLIAC Champ	2/27/2010
4 x 400	Orr, Hewlett, Ratomski, Smoot	Michigan State	3:09.59	Big Meet	2/14/2009
High Jump	Marquis Mack	Iowa Central CC	2.23/7'3.75"	Big Meet	2/12/2010
Pole Vault	Mark Hollis	Unattached	5.60/18'4.50"	Big Meet	2/12/2010
Long Jump	Rashad Cannon	Purdue	7.54/24'9"	Big Meet	2/12/2010
Triple Jump	Jonathon Allen	Lake Superior State	15.45/50'8.25"	GLIAC Champ	2/27/2010
Shot Put	Kurt Roberts	Ashland	18.75/61'6.25"	GVSU Open	1/29/2010
Weight Throw	Libor Charfreitag	Mizuno	23.13/75'10.75"	Big Meet	2/12/2010
Discus	Aleksas Abromavicius	Grand Valley State	56.37/184'11"	GR Open	2/19/2009
Heptathlon	Carsten Krohn	Ashland	5053	GLIAC Champ	2/27/2010

### Women's Records

Event	Athlete	Affiliation	Mark	Meet	Date
60 Meter Dash	Dierra Riley	Central Michigan	7.58	Big Meet	2/13/2010
60 Meter Hurdles	Tiffany Ofili	Adidas	8.16	Big Meet	2/13/2010
200	Kendall Baisden	Unattached	24.11	Big Meet	2/12/2010
400	Shana Vinson	Michigan	54.58	Big Meet	2/12/2010
600	Melissa Bishop	Windsor	1:31.49	Bob Eubanks	1/22/2010
800	Zamzam Sangau	Middle Tennessee	2:06.11	Big Meet	2/12/2010
1000	Jill Roughia	Huntington	3:07.12	GR Open	2/20/2009
Mile	Lisa Senakiewich	Michigan State	4:40.91	Big Meet	2/13/2009
3000	Desiree Davilla	Hansons	9:06.68	Big Meet	2/14/2009
5000	Alissa McKaig	Indiana Tech	16:29.06	Holiday Open	12/11/2008
DMR	Kinney, Kolin, Caldwell, McDonald	Grand Valley State	11:44.87	GLIAC Champ	2/27/2010
4 x 400	Shubert, Baron, Davis, Thompson	Southern Illinois	3:39.51	Big Meet	2/13/2010
High Jump	Erika Schroll	Central Michigan	1.82/5'11.50"	Big Meet	2/12/2010
Pole Vault	Mary Saxer	Unattached	4.25/13'11.25"	Bob Eubanks	1/22/2010
Long Jump	Leah Eber	Purdue	6.03/19'9.50"	Big Meet	2/12/2010

<b>Event</b>	<b>Athlete</b>	<b>Affiliation</b>	<b>Mark</b>	<b>Meet</b>	<b>Date</b>
Triple Jump	Christina Madison	Purdue	12.60/41'4.25"	Big Meet	2/12/2010
Shot Put	Gwen Berry	Southern Illinois	15.70/51'6.25"	Big Meet	2/12/2010
Weight Throw	Jeneva McCall	Southern Illinois	20.76/68'1.50"	Big Meet	2/12/2010
Discus	Katie Corner	Unattached	50.17/164'7"	GR Open	2/19/2009
Pentathlon	Lisa Roth	Ashland	3531	GLIAC Champ	2/27/2010