

LAKER

LAST CHANCE MEET

SATURDAY MAY 12TH, 2012

Field Events:

12:00pm **Hammer** Men 1st Women to follow

2:30pm **Shot Put** Women 1st Men to follow

Discus Men 1st Women to follow

12:00pm **Long Jump-** Women 1st Men to follow

Triple Jump to follow Women 1st (Follows Long Jumps)

High Jump- Men 1st

2:00pm **Pole Vault-** 1 or 2 pits- TBA

Running:

11:00am **100/110 Hurdles-** Prelims

100m- Prelims

12:00pm **3000m Steeplechase**

400m Relay

1500m

400m

100/110 Hurdles- Finals

100m- Finals

800m

400m Hurdles

200m

5000m

1600m Relay

