



Division I & II School Boys Wednesday March 21st Start Time 4PM

Division I & II School Girls Thursday March 22nd Start Time 4PM

Division III & IV School Boys & Girls

Friday March 23rd Start Time 2:00PM

**** All Entries will be done ON-LINE at www.directathletics.com****

Field Events

Long Jump THREE JUMPERS PER TEAM

Shot Put THREE THROWERS PER TEAM

Pole Vault THREE VAULTERS PER TEAM

High Jump TWO JUMPERS PER TEAM

Discus TWO THROWERS PER TEAM

* ONLY if the ground is dry*

Running Events

60m Hurdle Prelims THREE RUNNERS PER TEAM

60m Dash Prelims FOUR RUNNERS PER TEAM

4 x 600m ONE TEAM

1600m FOUR RUNNERS PER TEAM

400m TWO RUNNERS PER TEAM

60m Hurdle Final (Two heats of eight)

60m Dash Final (Two heats of eight)

800m TWO RUNNERS PER TEAM

300m Hurdles ONE RUNNER PER TEAM

200m TWO RUNNERS PER TEAM

4 x 300m ONE TEAM