



GRAND VALLEY STATE HOLIDAY OPEN

DECEMBER 16, 2011

3:00 Field Events

Women's 20lb Weight 1st @ 3pm Men's 35lb Weight 2nd *(To follow Women)* **CEMENT RING/CAGE**
Men's Shot Put 1st @ 3pm Women's Shot Put 2nd *(To follow Men)* **WOOD RING**

Women's Pole Vault on two pits 1st @ 3pm-*(Men's Pole Vault to follow on two pits)*
(Fields will be split into groups vaulting at the same time)

Men's Long Jump 1ST @ 3pm Men's Triple Jump to follow *(Men on East pit, 4 jumps)*

Women's Long Jump 1st @ 3pm Women's Triple Jump to follow *(Women on West pit, 4 jumps)*

Men's High Jump 1st @ 3pm Women's High Jump 2nd

3:00PM Running *(Due to entries this time may move back but never up)*

60m Hurdle Prelims (W then M)

60m Dash Prelims (W then M)

Mile(W then M)

400m(W then M)

60m Hurdle Finals (Two heats of nine) (M then W)

60m Dash Finals (Two heats of nine) (M then W)

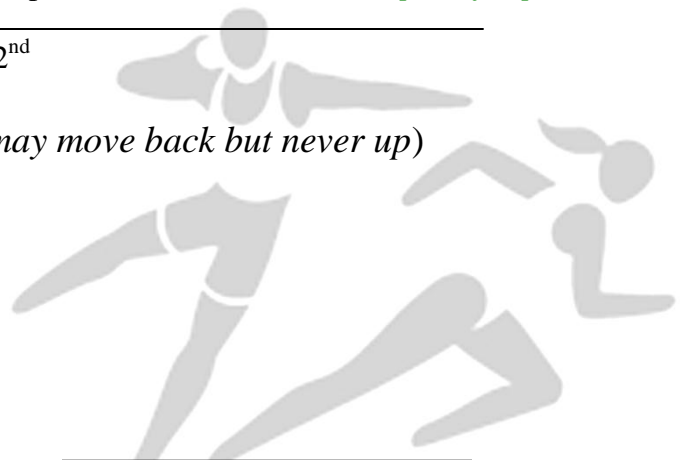
600m(W then M)

800m(W then M)

200m(W then M)

3000m(W then M)

1600m Relay(W then M)



Tentative Schedule

Events/Order of events may change due to the field sizes or number of entries. If there is any change you will be notified.

