

Camp Goals

The Grand Valley State Laker Kid's club sports camp is a way for children and younger kids of all ages to learn the principles and fundamentals of being physically active and healthy. The camp will be instructed and supervised by GVSU coaches and athletes who will instruct the campers in numerous activities while also mentoring the campers in the qualities that represent GVSU athletics. The campers will be taught the values of **hard work, determination, teamwork, setting goals, and the idea of having fun in sports and physical activity.** These are all lessons that GVSU athletes use everyday whether on or off the playing field. So come and experience the Grand Valley State Kid's camp in order to have fun and become physically fit this summer.

Laker Cross Country/Track & Field
Jerry Baltus
1 Campus Dr. FH 97
Allendale, MI 49401

GVSU Laker Kids Club Camp

JULY 10TH - JULY 13TH
9 A.M. - 3 P.M.

GVSU Kids Club Sports Camp

1st - 6th Graders



"Louie the Laker", says come and join the Grand Valley State Laker Athletic family and be a part of the kid's club sports camp this summer.

Contact: Jason Prowant
616.331.3360
prowanja@gvsu.edu

Camp Staff

Jerry Baltes: Head coach of cross country and track & field at Grand Valley State. Baltes will be the camp supervisor and director of the camp.

GVSU Athletes: The members of both the Grand Valley State cross country and track and field teams will be present to supervise the campers on a daily basis. These athletes will also conduct the activities with the campers.

ACTIVITIES

The following activities may be featured throughout the week.

Soccer, Kickball, Ultimate Frisbee, Golf, Tennis, Softball, Swimming, Basketball, Capture the Flag, Track & Field, and Rock Climbing.

Have fun this summer with Grand Valley Athletes and coaches that will teach the principles of fun and activity both on and off the field of play!!!

Fee's/Times/Locations

July 10th—July 13th - \$150.00

Hours: 9 a.m. - 3 p.m.
4 p.m. - 5 p.m. = Free Day Care

Location: Every morning meet in the Fieldhouse Lobby.

Attire: Make sure the child is dressed in athletic clothing with either running shoes or tennis shoes. Make sure that the child brings enough clothes for the entire day.



Sample Daily Schedule

8:45 - Arrive at GVSU Fieldhouse arena to check In

9-10 a.m. - Session 1

10-11 a.m. - Session 2

11-noon - Session 3

Noon - 12:30 - Lunch (Provide your own)

12:30 - 1:00 p.m. - Visit with athletes

1-2 p.m. - Session 4

2-3 p.m. - Session 5

3 p.m. - Pick up camper @ Fieldhouse Arena

*Activities will be planned and may change depending on the amount of campers that there are.

LAKER KIDS CLUB REGISTRATION

Name: _____

Address: _____

City/State/Zip: _____

Sex: M / F Grade: _____

School: _____

Parents Name: _____

T - Shirt Size: S M L XL

Home Number: _____

Emergency Contact: _____

Emergency Number: _____

Insurance Company: _____

Policy Number: _____

E-mail Address: _____

Medical and Insurance info due by first clinic

Medical forms at:

<http://gvsulakers.collegesports.com/>

Completed form & \$50 non refundable security deposit check to:

Track Office
1 Campus Dr. FH 97
Allendale, MI 49401
Checks Payable to Grand Valley Track & Field