



Grand Valley State University Bob Eubanks Open January 23rd, 2009

4:00 Field Events

Women's 20lb Weight 1st Men's 35lb Weight 2nd (*To follow Women*) **CEMENT RING/CAGE**
Men's Shot Put 1st Women's Shot Put 2nd (*To follow Men*) **WOOD RING**

Women's Pole Vault 1st Men's Pole Vault 2nd (*We will use the raised runway on turf only*)

Men's Long Jump 1st Men's Triple Jump 2nd- **EAST PIT**
Women's Long Jump 1st Women's Triple Jump 2nd- **WEST PIT**

5:00 High Jump

Women's High Jump 1st Men's High Jump 2nd

4:30 Running

3000m *Seeded Section*
3000m *Seeded Section*
5000m
5000m
60m Hurdle Prelims
60m Hurdle Prelims
60m Dash Prelims
60m Dash Prelims
Mile
Mile
400m
400m
600m
600m
60m Hurdle Finals (Two heats of nine) (*M then W*)
60m Dash Finals (Two heats of nine) (*M then W*)
800m
800m
200m
200m
3000m *Unseeded Section*
3000m *Unseeded Section*
1600m Relay
1600m Relay

Women will run first in all events except hurdle and dash finals.



Tentative Schedule

Events/Order of events may change due to the field sizes or number of entries. If there is any change you will be notified.

