

***VISITING TERM INFORMATION  
AND TRAVEL GUIDE***



**Grand Valley State University**  
Athletic Department  
192 Fieldhouse  
Allendale, MI 49401  
(616) 331-8800 (Office)  
(616) 331-3232 (Fax)

***[GVSULAKERS.COM](http://GVSULAKERS.COM)***

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# ***ATHLETIC DEPARTMENT KEY CONTACTS***

## **Main Athletic Office: (616) 331-8800**

Tim Selgo, Director of Athletics	Office: (616) 331-2246 Email: selgot@gvsu.edu	Cell: (616) 644-0011
Lisa Sweany, Senior Associate Director of Athletics/SWA	Office: (616) 331-3233 Email: sweanyl@gvsu.edu	Cell: (616) 644-5396
Tim Nott, Associate Director of Athletics-Media Relations	Office: (616) 331-3275 Email: nottt@gvsu.edu	FAX: (616) 331-3838
DJ Foster, Assistant Sports Information Director	Office: (616) 331-3249 Email: fosterdj@gvsu.edu	FAX: (616) 331-3838
Doug Lipinski, Associate Director of Athletics Marketing	Office: (616) 331-3264 Email: Lipinskd@gvsu.edu	Cell: (616) 970-0399
Andy Fry, Athletic Ticket & Fan Development Manager	Office: (616) 331-3741 Email: fryand@gvsu.edu	Cell: (616) 706-6352
Walter Moore, Assistant Athletic Director-Compliance	Office: (616) 331-3178 Email: moorewa@gvsu.edu	Cell: (616) 425-1834
Mark Stoessner, Head Athletic Trainer	Office: (616) 331-3329 Email: stoessnm@gvsu.edu	Cell: (616) 734-9808
Meghan Berry, Assistant Athletic Trainer	Office: (616) 331-2859 Email: berrym@gvsu.edu	Cell: (616) 260-3645
Gretchen Gariepy, Assistant Athletic Trainer	Office: (616) 331- 3140 Email: gariepgr@gvsu.edu	Cell: (616) 498-5944
Eliza MacDonald, Assistant Athletic Trainer	Office: (616) 331- 3029 Email: macdonel@gvsu.edu	Cell: (616) 304-1686
Joshua Munk, Game & Event Operations Manager	Office: (616) 331-3011 Email: munkj@gvsu.edu	Cell: (408) 394-5944
Al Owens, Game & Event Operations Assistant	Office: (616) 331-3194 Email: owensa@gvsu.edu	Cell: (616) 299-3178
Sandra Jennings, Administrative Assistant for Athletics	Office: (616) 331-8800 Email: jennings@gvsu.edu	Fax: (616) 331-3232
Sharon Kowalczyk, Athletic Dept. Secretary-Football	Office: (616) 331-3268 Email: kowalczs@gvsu.edu	Fax: (616) 331-3232
Janine Freeman, Irwin Fund Coordinator	Office: (616) 331-2330 Email: freemjan@gvsu.edu	Fax: (616) 331-3232

# ***COACHING STAFF***

## **Men's Basketball**

Head Coach - Ric Wesley  
Assistant Coach - Jeff Bauer

## **Phone**

616-331-3205  
616-331-3630

## **Email**

wesleyr@gvsu.edu  
bauerje@gvsu.edu

## **Women's Basketball**

Head Coach - Janel Burgess  
Assistant Coach - Jill VanderEnde

## **Phone**

616-331-3208  
616-331-3526

## **Email**

burgesa@gvsu.edu  
vanderej@gvsu.edu

## **Baseball**

Head Coach - Steve Lyon  
Associate Head Coach - Jamie Detillion

## **Phone**

616-331-3584  
616-331-3732

## **Email**

lyons@gvsu.edu  
detillja@gvsu.edu

## **Football**

Head Coach - Matt Mitchell  
Associate Head Coach - Jack Ginn  
Assistant Coach - Eric Koehler  
Assistant Coach - Eddie Brown  
Assistant Coach - Matt Yoches  
Assistant Coach - Eddie Brown  
Assistant Coach - Tim Morrison  
Assistant Coach - Chris Simpson  
Assistant Coach - Nick Postma  
Football Equipment Manager – Jerry Schneider  
Football Equipment Manager – Wally Van Houten

## **Phone**

616-331-3720  
616-331-3189  
616-331-3170  
616-331-2596  
616-331-3733  
616-331-2596  
616-331-2489  
616-331-3895  
616-331-3893  
616-331-3518  
616-331-3158

## **Email**

mitcmatt@gvsu.edu  
ginnj@gvsu.edu  
koehleer@gvsu.edu  
browne@gvsu.edu  
yochesma@gvsu.edu  
browne@gvsu.edu  
morritim@gvsu.edu  
simpschr@gvsu.edu  
postman@gvsu.edu  
jerry.schneider@nobleint.com  
vanhoutw@gvsu.edu

## **Men's Golf**

Head Coach - Don Underwood  
Assistant Coach - Byde Kephart

## **Phone**

616-331-1006  
616-331-1004

## **Email**

underwod@gvsu.edu  
kepharby@gvsu.edu

## **Women's Golf**

Head Coach - Rebecca Mailloux  
Assistant Coach - Megan Ingles

## **Phone**

616-331-3082  
616-331-3082

## **Email**

maillour@gvsu.edu

## **Women's Lacrosse**

Head Coach - Alicia Groveston

## **Phone**

616-331-2545

## **Email**

grovesta@gvsu.edu

## **Swimming and Diving**

Head Coach - Andy Boyce  
Assistant Coach - Roger Karns

## **Phone**

616-331-2912  
616-331-3394

## **Email**

boyceand@gvsu.edu  
karnsr@gvsu.edu

## **Softball**

Head Coach - Doug Woods  
Assistant Coach - Dana Callihan

## **Phone**

616-331-3135  
616-331-3541

## **Email**

woods@gvsu.edu  
callihad@gvsu.edu

## **Soccer**

Head Coach - Dave Dianni  
Assistant Coach - Erica Demers

## **Phone**

616-331-3080  
616-331-8742

## **Email**

diiannid@gvsu.edu  
demerser@gvsu.edu

## **Tennis**

Head Coach - John Black

## **Phone**

616-331-3378

## **Email**

blackjo@gvsu.edu

## **Track and Field/Cross Country**

Head Coach - Jerry Baltes  
Assistant Coach - Lou Andreadis  
Assistant Coach - Ray Williams  
Assistant Coach - Cory Young  
Assistant Coach - Joe Lynn  
Assistant Coach - Steve Jones

## **Phone**

616-331-3360  
616-331-3042  
616-331-3731  
616-331-3161  
616-331-3360  
616-331-3161

## **Email**

baltesj@gvsu.edu  
andreadl@gvsu.edu  
williray@gvsu.edu  
youngcor@gvsu.edu  
lynnj@gvsu.edu  
jonsteve@gvsu.edu

## **Volleyball**

Head Coach - Deanne Scanlon  
Assistant Coach - Craig Vlietstra

## **Phone**

616-331-3339  
616-331-3045

## **Email**

scanlond@gvsu.edu  
vlietstc@gvsu.edu

# ***FAST FACTS***

## **Grand Valley State University**

Nickname: Lakers

Mascot: Louie the Laker

Colors: Blue, Black and White

Athletic Affiliation: NCAA-Division II

Conference: Great Lakes Intercollegiate Athletic Conference (GLIAC)

Teams Sponsored: 20 Varsity Sports (11 Women and 9 Men)

Joined GLIAC: 1972 (Charter Member)

Website: [www.gvsulakers.com](http://www.gvsulakers.com)

President: Dr. Thomas Haas

Founded: 1960

Enrollment: 24,408

## **GVSU ATHLETIC FACILITIES**

Football: Arend D. Lubbers Stadium

Basketball, Volleyball: Fieldhouse Arena

Tennis: GVSU Tennis Courts

Baseball: GVSU Baseball Field

Softball: GVSU Softball Field

Soccer: GVSU Soccer Field

Swimming and Diving: Fieldhouse Pool

Golf: The Meadows Golf Course

Indoor Track & Field: Laker Turf Building

# ***DIRECTIONS TO GVSU***

**From Chicago:** I-94 East to I-196/US-31 (Exit 34) at Benton Harbor. Continue on I-196 East toward Grand Rapids. Take US-31 (Exit 44) north to M-45 (Lake Michigan Drive). Turn right (east) on M-45 and go approximately 12 miles to Grand Valley's entrance and turn right (south). Approximately 200 miles from Chicago. PLEASE NOTE: Michigan is one hour ahead of Illinois (EST).

**From Detroit/Lansing:** I-96 West to I-196 West (Gerald R. Ford Freeway) through downtown Grand Rapids. Exit Lake Michigan Drive/M-45 (Exit 75). Take M-45 approximately 12 miles to Grand Valley's entrance and turn left (south). Approximately 160 miles from Detroit and 75 miles from Lansing.

**From Holland:** US-31 North to M-45 (Lake Michigan Drive). Turn right (east) on M-45 and go approximately 12 miles to Grand Valley's entrance and turn right (south). Approximately 25 miles from Holland.

**From Kalamazoo:** US-131 North to I-196 West (Gerald R. Ford Freeway). Exit Lake Michigan Drive/M-45 (Exit 75). Take M-45 approximately 12 miles to Grand Valley's entrance and turn left (south). Approximately 65 miles from Kalamazoo.

**From Muskegon:** I-96 East to Coopersville (exit 16). Turn right on 68th Avenue and go approximately 6 miles. Turn left (east) on M-45 (Lake Michigan Drive). Go approximately 3 miles to Grand Valley's entrance and turn right (south). Approximately 45 miles from Muskegon.

**From Northern Michigan:** US-131 South to Grand Rapids. Take I-196 West to Lake Michigan Drive/M-45 (Exit 75). Take M-45 approximately 12 miles to Grand Valley's entrance and turn left (south). Approximately 160 miles from Traverse City.

# ***PREFERRED PARTNERS***

## **Preferred Restaurants**

### **Aramark (Allendale): On Campus Dining:**

Subway/Fresh Foods  
Emil Rouseau  
**616-331-3016**

### **Applebee's (Standale):**

American Cuisine  
Can facilitate groups  
**616-453-3623**

### **Boardwalk Subs (Standale):**

Subs  
**616-453-7275**

### **Grand Coney (Allendale):**

American Cuisine  
Can facilitate groups  
**616-895-9999**

### **Hungry Howies Pizza (Allendale):**

Pizza, Subs and Salads  
**616-895-6777**

### **Jimmy John's (Allendale):**

Subs  
**616-892-2000**

### **Main Street Pub (Allendale):**

American Cuisine  
Can facilitate groups  
**616-895-1234**

### **Amway Grand Plaza**

**Ph: 800-253-3590**  
187 Monroe Ave. NW  
Grand Rapids, MI 49503  
Distance from GVSU: 12.1 miles

### **Holiday Inn - Downtown**

**Ph: 616-235-7611**  
310 Pearl St. NW  
Grand Rapids, MI 49504  
Distance from GVSU: 11 miles

### **Holiday Inn Express - Walker**

**Ph: 616-647-4100**  
358 River Ridge NW  
Walker, MI 49544  
Distance from GVSU: 16.2 miles

### **Max & Erma's (Grandville):**

American Cuisine  
**616-406-1600**

### **Papa John's Pizza (Allendale):**

Pizza and Salads  
**616-331-7272**

### **Peppino's Sports Lounge (Allendale):**

Pizza, Subs and Italian Cuisine  
Can facilitate groups  
**616-895-1615**

### **Qdoba (Grandville):**

Mexican Cuisine  
**616-724-1600**

### **Taco Bell (Standale):**

Mexican Cuisine  
**616-735-6260**

### **Uccello's Ristorante (Standale):**

American and Italian Cuisine  
Can facilitate groups  
**616-735-5520**

## **Preferred Hotels**

### **Sleep Inn**

**Ph: 616-892-8000**  
4869 Becker Ave.  
Allendale, MI 49401  
Distance from GVSU: 1.5 miles

### **Radisson Hotel**

**Ph: 800-395-7046**  
270 Ann St. NW  
Grand Rapids, MI 49504  
Distance from GVSU: 13.1 miles

## Other Preferences

### Car Rental:

Budget Car Rental: 616-942-1905

### Team and Group Ticket Information

Andy Fry: 616-331-3741

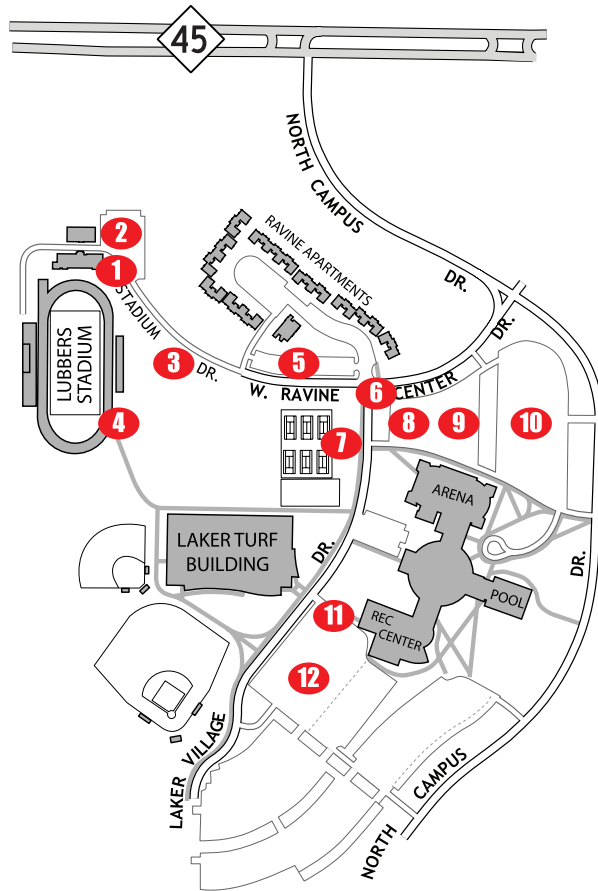
### Bus Service:

Cardinal Buses Inc: 1-800-521-6006

### Fan Ticket Sales:

StarTicketsPlus: 1-800-585-3737

## FOOTBALL PARKING MAP



- 1** NORTH ENTRANCE/TICKET GATE
- 2** IRWIN CLUB GOLD LOT
- 3** IRWIN CLUB BLUE LOT
- 4** SOUTH ENTRANCE/TICKET GATE
- 5** HANDICAP PARKING
- 6** COURTESY CART PICK UP
- 7** THE LAGOON
- 8** IRWIN CLUB BLACK LOT
- 9** LOT C WEST
- 10** LOT C
- 11** VISITOR TAILGATING AREA
- 12** LOTS F & G

## SPORTS INFORMATION

### Associate AD for Media Relations:

(Football, Swimming and Diving, Baseball)

Tim Nott

616-331-3275

nottt@gvsu.edu

### Athletic Web and Graphic Designer/Photographer

Doug Witte

616-331-3259

wittedo@gvsu.edu

### Assistant Sports Information Director

(Basketball, Volleyball, Golf, Softball)

DJ Foster

616-331-3249

fosterdj@gvsu.edu

### Sports Information Graduate Assistant

(Soccer, CC, T&F, Tennis, Lacrosse)

Kelsey Deacon

616-331-8808

deaconk@gvsu.edu

Please contact the GVSU Media Relations office for credentials or information regarding broadcasting games.

Courtesy phone lines and internet connections are available for the visiting media. Wireless internet is also available in some locations.

# ***ATHLETIC TRAINING SERVICES***

## **Certified Athletic Trainers:**

Mark Stoessner -- Head Athletic Trainer (Football)  
84 Fieldhouse  
(616) 331-3329 -- Office  
(616) 734-9808 -- Cell  
steosnm@gvsu.edu

Meghan Berry -- Assistant Athletic Trainer (Volleyball and M/W Basketball)  
82 Fieldhouse  
(616) 331-2859 -- Office  
(616) 260-3645 -- Cell  
berrym@gvsu.edu

Gretchen Garipey -- Assistant Athletic Trainer (Soccer, M/W Tennis, and Softball)  
83 Fieldhouse  
(616) 331-3140 -- Office  
(616) 498-4709 -- Cell  
garipegr@gvsu.edu

Eliza MacDonald -- Assistant Athletic Trainer (Cross Country and Track and Field)  
83 Fieldhouse  
(616) 331-3140 -- Office  
(616) 498-4709 -- Cell  
garipegr@gvsu.edu

## **Certified Graduate Assistants:**

Ethan Nayback-- Volleyball/Baseball  
616-331-3133

Kristen Hutchins- CC/Track  
616-331-3133

Jennifer Bransten- Softball/Swimming  
231-578-8649

Kyle Murphy- Football  
616-331-3133

The above GA's can be contacted in the Athletic Training Room at -- 616-331-3133 or 616-331-3476

- The athletic training rooms are located in the Fieldhouse Complex in FH Room 66, Lubbers Stadium Football Center, and at the Laker Turf Building
- For games, GVSU athletic trainers will have water, ice, cups and first aid supplies on site. EMS/Physicians are on site for football. Physicians are on site for Basketball, Soccer and Lacrosse. All other sports physicians/EMS will be on call. Emergency equipment will also be accessible during competitions. Please make prior arrangements if team is traveling without a certified athletic trainer.

# ***LAUNDRY SERVICES***

Laundry services will be provided on a limited basis (uniforms, practice gear, towels). Please make arrangements with Josh Munk, Game Operations Manager, prior to your arrival: 616-331-3011.

# ***FOOTBALL GAME DAY INFORMATION***

## **Lubbers Stadium:**

Located on Campus off Main Campus Drive in Allendale, Lubbers Stadium has a seating capacity of 8,550 and a playing surface of Prescription Athletic Turf (Natural Grass). It is located approximately 15 minutes from Grand Rapids and major hotels.

## **Access/Parking:**

Team buses and vehicles associated with the football team will park at the Fieldhouse Complex located off Main Campus Drive. These vehicles should access Lot E at the rear of the Fieldhouse Complex along Laker Drive. To get to Lot E from Lake Michigan Drive – Enter Campus on Campus Drive, turn right on Ravine Center Drive and left on Laker Drive. From Fillmore, enter campus on 42nd Avenue, 42nd will turn into Laker Drive. From 48th Avenue – Enter campus on West Campus Drive and turn left on Laker Drive. Parking Spaces will be reserved for the 2 team buses and for athletic trainers, managers, coaches, and administrator's vehicles/vans. If you are going to have extra staff vehicles, please contact the Game and Event Operations Office prior to your arrival at 616-331-3011. **DO NOT PULL BUSES DOWN TO LUBBERS STADIUM OR PARK IN OTHER LOTS.**

## **Practice:**

Lubbers Stadium will NOT be available for practice or walk through on Friday preceding the game or on Saturday morning the day of the game. Practice Fields adjacent to Lubbers Stadium will be available on Friday afternoon/evening for practice and/or walk through (availability will vary depending on weather and programming). Please contact Joshua Munk, Game & Event Operations Manager, for arrangements at 616-331-3011 or email [munkj@gvsu.edu](mailto:munkj@gvsu.edu).

## **Dressing Room:**

The visitor's main dressing room and showers are located in the Fieldhouse Complex. Your team will dress in the Fieldhouse and then be BUSED out to Lubbers Stadium with police escort. Your Visiting Team Hosts will review the times the buses will leave Lot E for the Stadium. Due to the extremely busy game day activities, we are requesting only 2 Trips – one at approximately 5:45-5:50 pm, and the second one NO LATER than 5:55 pm. A game day script will be given to the Head Coach upon arrival.

## **Equipment:**

You will be met by the Game Operations Staff that will transport any sideline, film or press box equipment to Lubbers Stadium from the Fieldhouse. Our staff will immediately return all your gear to the Fieldhouse from Lubbers Stadium following the game.

## **Halftime Room:**

Your pre-game and halftime room is located in the Football Center at Lubbers Stadium. Your Visiting Team Hosts will show you this room upon arrival on Saturday or during your walk through on Friday if applicable. This room has two white boards, a restroom, and chairs. It is directly across the sideline from your team bench. Teams will cross to enter and exit the playing field.

## **Post Game Back to Fieldhouse:**

Visiting Teams will be bused back to the Fieldhouse Complex with police escort to your dressing room. Your buses will be staged at the Service Gate, where you were dropped off at pre-game, by the 4th quarter and will take you to the Fieldhouse. This is for security reasons in order to minimize any fan-player interactions that could occur. We ask that you please go directly to your buses and not to your halftime room following the game. Visiting fans/family are welcome to meet your buses in Lot E behind the Fieldhouse once the team has been transported. This area is located approximately 50 yards from

the visiting team tailgate area.

### **Communications:**

The visiting team will occupy the South End Zone press box area on the camera deck (upper level). They will be supplied with a Louis Wired Headset system. If you are going to bring your own system, please inform the Visiting Team Hosts upon arrival and they will assist you in running cables, etc. The system we will have in place will be setup as follows:

Sideline: Head coach, 2 offense and 2 Defense  
Press Box: 2 offense and 2 defense with a splitter

### **Visiting Team Credentials:**

Each Visiting Team will receive 20 working credentials for coaches, assistants, managers, trainers, and film crew. These passes will allow your staff access to the Stadium, Sideline, Locker Room and Press Box (Camera Deck). The Visiting Team Host will issue the Credentials to the Head Coach only upon arrival to the Fieldhouse.

### **Coaches Booth:**

The Visiting Team Coaches Booth is located on the Camera Deck – Upper Level of the Press Box on the West Side of Lubbers Stadium – South Booth. This is an open air front booth.

### **Sideline Assignment:**

The Visiting Team occupies the East Sideline of Lubbers Stadium. You enter Lubbers Stadium at the Service Gate initially. Then once in, you enter from the NW Team Gate immediately outside of your pre-game/halftime room at the Football Center. Teams will cross coming onto the playing field – Visiting Team comes off first at halftime and post game.

### **Pre-Game Warm Up Area:**

A layout of the warm up areas will be provided in your dressing room. Kickers are allowed to kick at both ends of the field 60 minutes prior to kickoff. At that time the field is divided into the customary “L-shaped” configuration along the 30 yard line for 20 minutes. At the 40 minute mark, the field will convert to absolute boundaries across the 50 yard line. Visiting teams will occupy the east and south sides of Lubbers Stadium.

### **Athletic Medicine:**

A certified trainer will be on site for all games. Athletic training students will be assigned to assist your training staff with water. Water and cups will be provided at your bench and in your meeting room.

### **Officials:**

Officials are assigned by the GLIAC. Pre-game meetings with officials are held in the Fieldhouse for the visiting team at the dressing room, or at Lubbers Stadium in the pre-game/halftime room.

### **Band/Cheerleaders:**

If you are going to be traveling with your band, that request must be made prior to the season. If you are bringing cheerleaders, please contact Joshua Munk, Game & Event Operations Manager, the week prior to the game at 616-331-3011. You will need credentials for all non-uniformed staff that accompany these groups. These will be distributed on site.

**Press Credentials:**

Press Credentials will be distributed on a game by game basis through the Grand Valley State University Athletics Sports Information Office. Please contact Tim Nott, Associate Director of Athletics, Media Relations. Sideline photography passes will be issued to those individuals representing legitimate media or other authorized organizations. Passes will not be mailed; they may be picked up at the Will Call Booth located at Lubbers Stadium beginning 2 hours prior to kickoff. All media must remain outside of the dashed media line that exists along the perimeter of the field. Failure to do so may result in the loss of credential.

**Police/Security:**

Grand Valley State University will provide student security for your dressing room area at the Fieldhouse throughout the game. Security will be stationed at the Team Entrance Gate near your pre-game/halftime room at Lubbers Stadium but not in it. University Police will escort the Team Buses to and from Lubbers Stadium prior to and post game.

**Press Box:**

Only authorized personnel will be allowed in the press box. As specified by COSIDA and the Football Writers Assoc. of America, no cheering of any kind is allowed in the press box. The press box phone number is (616) 331-3249, and is to be used for official use only.

**Statistics:**

Statistics will be delivered to your dressing room or buses at the Fieldhouse Complex following the game.

**Video Positions:**

Camera personnel representing the visiting team will share an area (50 yard line view) with the Grand Valley filmers in the Press Box Camera Deck located on the West Side of Lubbers Stadium. A South End zone tape can be dubbed by the GV Filmers from our South End Zone Lift if requested, or a camera person can be placed in the lift.

**Visiting Radio:**

Please contact Tim Nott, Associate Director of Athletics – Media Relations, to setup game broadcasts. A broadcast booth will be provided in the Press Box – lower level located on the West Side of Lubbers Stadium.

**Training Facilities:**

The Grand Valley State University Training Staff will have student athletic trainers assigned to the visiting team when you arrive at the Fieldhouse. There will be taping tables outside your dressing room area. You will be met by the students assigned to you at the dressing room. You will also have water and ice at the Fieldhouse dressing room and the Lubbers Stadium pre-game/halftime room as well as your sideline. Game Operations Staff will assist in transporting any visiting team sports medicine equipment to Lubbers Stadium from the Fieldhouse.

Please contact Mark Stoessner for further information or with questions concerning athletic training needs.

**Tickets:**

All seats at Lubbers Stadium are RESERVED. Please contact Andy Fry with any team or group ticket questions. Ticket prices range from \$6 to \$15. There are no complimentary tickets.

# ***VOLLEYBALL GAME DAY INFORMATION***

## **GVSU Fieldhouse Arena:**

Located on Campus off Main Campus Drive in Allendale, the Fieldhouse Arena has a capacity of 3,500 and is a multipurpose facility with a wood volleyball court. It is located approximately 15 minutes from Grand Rapids, and major hotels.

## **Access/Parking:**

Team buses and vehicles associated with the Volleyball team will park at the Fieldhouse Complex located off Main Campus Drive. These vehicles should access Lot E at the rear of the Fieldhouse Complex along Laker Drive. To get to Lot E from Lake Michigan Drive – Enter Campus on Campus Drive, turn right on Ravine Center Drive and left on Laker Drive. From Fillmore, enter campus on 42nd Avenue, 42nd will turn into Laker Drive. From 48th Avenue – Enter campus on West Campus Drive and turn left on Laker Drive. Parking spaces will be reserved for the team buses and for trainers, managers, coaches, and administrator’s vehicles/vans. If you are going to have extra staff vehicles, please contact the Game and Event Operations Office prior to your arrival at 616-331-3011. **DO NOT PULL BUSES DOWN INTO THE FRONT OF THE FIELDHOUSE – CIRCLE DRIVE OR PARK IN LOTS C or F.**

## **Practice:**

All practice times must be arranged through Joshua Munk, Game & Event Operations Manager, at least one month prior to game date. We will make every effort to accommodate your teams with a 1.5 hour pass around. You will be contacted confirming your request within one week of the request. If faxing your request, please fax to 616-331-3245, by email to [munkj@gvsu.edu](mailto:munkj@gvsu.edu), by phone call 616-331-3011.

## **Locker Room:**

The visitor’s main dressing room and showers are located in the Fieldhouse in the Women’s General Locker Room. A Visiting Team Host will meet your team at the back entrance to the Fieldhouse off Lot E and show you the locker room and meeting room. When the team is not in the locker room we recommend that any items be placed in the Laker Room, as the locker room will not be locked and there will not be an attendant. This room will also be used as the team meeting room. Towels can be made available upon request.

## **Pre-Game Room:**

A pre-game room is located in the Laker Room – FH 12. The Visiting Team Host will show you this room upon arrival on game day. This room is equipped with TV/DVD and white boards and will have water, cups, and a cooler with ice bags.

## **Arena Entrance – Team Bench:**

Visiting teams will enter the Arena from the Lower Arena Lobby. The visiting team bench is the first bench in that entrance (right of scorer’s tables).

## **Pre-Game:**

NCAA protocol will be used for pre-game warm-up:

Visible clock:	Protocol:
:60- :19	Court available for shared warm-up
:30	Coin toss
:19- :15	Visiting team court
:15- :11	Home team court
:11- :06	Visiting Court
:06- :01	Home team court
:01- :00	Team huddle/ Announcement
:00	Match begins with National Anthem & introductions

**Athletic Medicine:**

A certified trainer will be on site for all games. Athletic training students will be assigned to assist your training staff with water. Water and cups will be provided at your bench and in your meeting room.

**Stats & Radio Broadcasts:**

Computerized stats will be kept by the GVSU Sports Information Department.

Credentials for visiting Sports Information Staff should be arranged through DJ Foster, Assistant Director of Sports Information, 616-331-3249.

Radio Crews should also contact DJ Foster, Assistant Director of Sports Information, 616-331-3249, if they are going to cover the matches.

**Officials:**

Officials are assigned by the GLIAC.

**Tickets:**

Ticket Prices are \$5.00 Adults and \$3.00 Seniors/Children 17 and under and Students. Tickets may be purchased at the Ticket Booth located in the upper arena lobby near the trophy cases.

There are NO COMPLIMENTARY Tickets per GLIAC Policy.

All seats in the GVSU Fieldhouse Arena are General Admission. Tickets may be purchased in advance through StarTicketsPLUS by calling 1-800-585-3737, or by calling the GVSU ticket office at 331-3200, or online at [www.starticketsplus.com](http://www.starticketsplus.com) or by visiting a StarTicketsPLUS outlet in any Michigan Meijer Stores. Ticket Booth at the FH Arena opens 1 hour prior to match time.

## ***SOCCER GAME DAY INFORMATION***

**GVSU Laker Soccer Field:**

Located on Campus off of Laker Drive – near the intersection with West Campus Dr and across the street from Parking Lot H. The Laker Soccer Field is a premier NCAA Collegiate Soccer Complex and has a seating capacity of 450 and can accommodate nearly 800. It is located approximately 15 minutes from Grand Rapids, and any major hotels.

**Access/Parking:**

Team Buses and Vehicles associated with the Soccer team will park in Lot H to the East of the Soccer/IM Field Complex located off of Laker Drive. THERE WILL BE NO PARKING IN THE MEADOWS MAINTENANCE LOT.

Your buses should access Lot H by entering campus from the Main Entrance off of M-45, continuing down Main Campus Drive to West Campus Drive. Turn right onto West Campus Drive to the Traffic Light. Turn Left at the Traffic Light – Laker Drive and into Lot H. PLEASE DO NOT DROP OFF TEAMS ON THE ROAD.

**Dressing Room:**

The visitors' main dressing room and showers are located in the Fieldhouse Visiting Team Locker Rooms. If you require pre-game dressing facilities, please go directly to Lot E, rear of the Fieldhouse Complex, to the bus parking area. Enter the Fieldhouse in the lower level (down the ramp), and proceed to the Women's Visiting Team Locker Room. White boards are located in locker room. There will be

no locker room security stationed at this location, so please take your bags back to your bus. TOWELS WILL BE PROVIDED FOR DRESSING ROOM UPON REQUEST.

**Halftime:**

There are no meeting facilities at the Laker Soccer Field. Halftime meetings will take place on the field or team bench area.

**Soccer Field Entrance – Team Bench:**

Visiting teams will enter the Soccer Complex from Lot H – across the IM/Club Sports Field to the Team and Personnel Only Gate located behind the Press Box. The Visiting Team Bench is located to the left (south) of the Press Box as you enter this gate.

**Athletic Medicine:**

A certified athletic trainer will be on site for all games. Athletic training students will be assigned to assist your training staff with water. Water and cups will be provided at your bench and in your locker room.

**Stats & Radio Broadcasts:**

Computerized stats will be kept by the GVSU Sports Information Department.

**Officials:**

Officials are assigned by the GLIAC. Pre-game meetings with officials will be held in the press box or midfield.

**Tickets:**

Admission to the Laker Soccer Field is \$5.00/adult and \$3.00/students and seniors (55-older) and are all General Admission. Tickets may only be purchased at the Ticket Gate located in the NW Corner of the Laker Soccer Field Complex. There are NO Complimentary Tickets per GLIAC Policy. Ticket Booth opens 1.5 hours prior to match time.

## ***BASKETBALL GAME DAY INFORMATION***

**GVSU Fieldhouse Arena:**

Located just off of Campus Drive on the Allendale campus, the Fieldhouse Arena has a capacity of 3,500 and is a Multipurpose Facility with 3 hardwood basketball courts. It is located approximately 15 minutes from Downtown Grand Rapids.

**Access/Parking:**

Team buses and vehicles associated with the basketball team will park at the Fieldhouse Complex located off Main Campus Drive. These vehicles should access Lot E at the rear of the Fieldhouse Complex via Stadium/Ravine Drive to Laker Drive. Parking spaces will be reserved for the team buses and for athletic trainers, managers, coaches, and administrator's vehicles/vans. If you are going to have extra staff vehicles, please contact the Game and Event Operations Office prior to your arrival. DO NOT PULL BUSES DOWN INTO THE FRONT OF THE FIELDHOUSE – CIRCLE DRIVE.

**Practice:**

All practice times must be arranged by email or phone to Joshua Munk, Game & Event Operations Manager, at least one month prior to game date. We will make every effort to accommodate your teams with a one hour shoot around for each team (Men and Women). You will be contacted by email con-

firming your request within one week of the request. Please email your request to [munkj@gvsu.edu](mailto:munkj@gvsu.edu) or call 616-331-3011.

**Dressing Room:**

The visitor's main dressing room and showers are located in the Fieldhouse Visiting Team Locker Rooms. A visiting team host will meet your team at the back entrance to the Fieldhouse off Lot E and show you the locker room and meeting room. A game day script will be given to the Head Coach upon arrival and also will be posted in the dressing room. White boards are located in each locker room. TOWELS WILL NOT BE PROVIDED FOR DRESSING ROOM.

**Pre-Game and Halftime Room:**

Your pre-game and halftime room is located in the Laker Room – FH 12. The visiting team host will show you this room upon arrival on game day. This room is equipped with TV/VCR and White Boards.

**Arena Entrance – Team Bench:**

Visiting teams will enter the Arena from the Lower Arena Lobby West Entrance Only. The visiting team bench is the first bench in at that entrance (left of the scorer's tables looking from floor). Your host will guide you to the proper doors to enter the Arena.

**Pre-Game:**

The Arena Court will be available to teams to shoot around 1 hour prior to start time. The official warm-up clock will start 35 minutes prior to start of game with a 30 minute clock. Five minutes is set aside for the team introductions and National Anthem.

In GLIAC double headers, the warm-up time will be a minimum of 20 minutes and will be discussed with each coach if the Women's game ends late.

**Athletic Medicine:**

A certified athletic trainer will be on site for all games. Athletic Student Trainers will be assigned to assist your training staff with water. Water and cups will be provided at your bench and in your locker room.

**Stats & Radio Broadcasts:**

Computerized stats will be kept by GVSU Sports Information Department. Halftime and final stats will be given to each coach, visiting radio, and SID. Credentials for visiting Sports Information Staff should be arranged through Tim Nott – Associate Director for Sports Information, 616-331-3275.

Radio Crews should also contact GVSU Sports Information if they are going to cover the games.

**Officials:**

Officials are assigned by the GLIAC. Pre-game meetings with officials are held in the Fieldhouse for the visiting team at the dressing room.

**Police/Security:**

Grand Valley State University will provide student security for your dressing room area throughout the game in the Fieldhouse.

**Tickets:**

All seats in the GVSU Fieldhouse Arena are General Admission. Tickets may be purchased in advance through StarTicketsPLUS by calling 1-800-585-3737, online at [www.starticketsplus.com](http://www.starticketsplus.com) or by visiting a StarTicketsPLUS outlet in any Michigan Meijer Stores. Group ticket packages are available. Per GLIAC

Guidelines Visiting Teams will NOT receive complimentary tickets. Ticket Prices are: \$7.00 Adults, \$5.00 Seniors, 55+/Students and Children 3-17 yrs. Ticket Booth at the FH Arena opens 1.0 hours prior to tip off.

## ***BASEBALL AND SOFTBALL GAME DAY INFO***

GVSU Laker Baseball & Softball Fields are located on the campus of GVSU in Allendale, Michigan. The Laker Baseball Field is a grass field with red clay infield and stone dust warning track. The field Dimensions are: 330 down the lines, 365 to the power alleys, and 400 to Center Field. The Laker Softball Diamond dimensions are: 200 down the lines and 220 in deep center.

### **Access/Parking:**

To access either field you will enter campus from either M-45 Main Entrance from the North or from West Campus Drive from the South and proceed to Laker Village Drive. Team buses or vans will enter Lot F and park in the back half of Lot F nearest the Baseball Field Complex. PLEASE DO NOT DROP OFF YOUR TEAM ON LAKER VILLAGE DRIVE.

### **Athletic Medicine:**

A certified athletic trainer will be on site for all games. Athletic Student Trainers will be assigned to assist your training staff with water. Water and cups will be provided at your bench and in your locker room.

### **Dressing Room:**

The visitor's main dressing room and showers are located in the Fieldhouse Visiting Team Locker Rooms. If you require post game showers, a GVSU Game Operations Staff member will direct you to the entrance to the Fieldhouse off Lot E and show you the locker room. There will be a place to park your team bus in Lot E. TOWELS WILL NOT BE PROVIDED FOR DRESSING ROOM.

### **Stats & Radio Broadcasts:**

Computerized stats will be kept by the GVSU Sports Information Department. Stats will be given to each coach, visiting radio, and SID upon the completion of each game. There are telephone lines in the Press Box for your radio broadcasts. Please contact the GVSU Media Relations Office for information.

### **Admissions:**

GVSU Laker Baseball & Softball Games are FREE to all spectators.

### **Game Day Schedule:**

Pre game warm-up and BP will be conducted based on the following schedules for the particular game time.

### **BASEBALL**

12:00 noon game:

10:05 - GVSU Batting Practice

10:40 - Visitors Batting Practice

11:15 - Initial Field Prep

11:25 - GVSU Infield

11:30 - Visiting Team Infield

11:40 - Final Field Prep

\*National Anthem will be played following the Umpires/Coaches Meeting for Game 1 only.

## **SOFTBALL**

1:00 pm game (shared field time):

Noon - Warm-ups and Stretching

12:15 - Softball toss hitting

12:40 - Ground balls – foul territory

12:50 - Umpires meeting

\*National Anthem will be played following the Umpires/Coaches Meeting for Game 1 only.

All other practice times must be arranged via email or phone to Joshua Munk, Game & Event Operations Manager, at least one month prior to game date. Please email your request to [munkj@gvsu.edu](mailto:munkj@gvsu.edu) or call 616-331-3011

## ***TRACK AND FIELD GAME DAY INFO***

### **Laker Turf Building:**

Located on Campus off Main Campus Drive in Allendale, the Laker Turf Building is a multipurpose facility with a 100 yard sport turf field surrounded by a 300 meter track. It is located approximately 15 minutes from Grand Rapids, and major hotels.

### **Track:**

300m Mondo Super-X 14mm Surface

Aluminum Curbing

6 Lanes in the Oval

9 Lanes on the Sprint Straight

### **Running:**

60m Dash and 60m Hurdles will have prelims and finals

Two heat finals. Top 9 times in fast heat, the next 9 fastest in 2nd heat

All other events are timed finals

### **Jumping:**

Mondo rubber surface- Two pits (East & West)

Long jump- wood board at 8' from pit

Triple jump- wood boards at 32' and 40' from pit. Taped boards TBA

Pole vault- raised runway on turf. Opening heights are TBA

High jump- One pit with mondo take-off area with some approach on the track.

Right approach over 107' and a left approach over 52', must start on track.

### **Throws:**

Cement circle with cage for the weight throw. Wood circle for shot-put on the turf.

Three throws with the top 8 throwers to finals

Weigh-in will be in the NW corner of the Laker Turf Building one hour prior to the event.

### **Access/Parking:**

Team buses and vehicles will unload at the designated drop off site located next to the Laker Turf Building and will park in lot F located off Laker Drive. To get to Lot F from Lake Michigan Drive- Enter campus on Campus Drive, turn right on Ravine Center Drive and left on Laker Drive. From Filmore, enter campus on 42nd Avenue, 42nd will turn into Laker Drive. From 48th Avenue- Enter campus on West Campus Drive and turn left on Laker Drive. **DO NOT PARK IN FRONT OF THE LAKER TURF BUILDING- PARK IN LOT F.**

**Laker Turf Building Team Entrance:**

Visiting teams will enter the Laker Turf Building from the North doors labeled Team and Coaches entrance. Team camps will be set up on turf and other designated areas.

**Team Entry/Packet Pickup:**

Coaches can pick up meet information at the ticket booth located inside of the Laker Turf Building. The area will be signed "Packet Pick Up". All entries for the meet are due the Tuesday prior to the meet at 6:00pm to Lou Andreadis. Unattached runners welcome at all meets except the DII Challenge. Unattached entry fee is \$15 pre-registered, \$20 for walkups.

**Dressing Rooms:**

The Men and Women's locker rooms are located in the Laker Turf Building on the lower level next to the track. Locker rooms will not be locked and GVSU will not be liable for missing items. Lockers and showers are available. Towels and locks will NOT be provided.

**Team Camps:**

All team camps are located on the turf inside the hurdles and cones (see diagrams). NO FOOD ON TURF.

**Team Food Room:**

The multi-purpose rooms of 002B and 002C will be available as team food rooms to eat. THERE IS NO FOOD ALLOWED ON THE TRACK, TURF, OR TEAM CAMP AREAS.

**Warm-ups:**

The track and field event areas will be available to teams approximately 1.5 hours prior to the first scheduled event.

**Spikes:**

1/4th inch spikes are the longest. Christmas tree or needle/pin spikes are not allowed. Spiked shoes are not allowed upstairs, the training room, locker rooms or class rooms.

**Athletic Medicine:**

A certified trainer will be on site for all events and located between the 10 and 20 yard line on the East end of the Turf Building. Athletic training students will be assigned to assist your training staff with water. Water will be provided at designated athletic site.

**Timing:**

Finish Lynx

Large video board will have results and live video

**Results:**

Computerized stats will be kept by the GVSU Sports Information Department. A hard copy of the results will be provided at the end of the meet or at [www.gvsulakers.com](http://www.gvsulakers.com). All questions can be directed at Sports Information Director, Tim Nott at (616)-331-3275

**Officials:**

Officials are assigned by GVSU

**Tickets:**

Ticket prices are \$5.00 for all spectators. Tickets may be purchased at the Ticket Booth located inside

the Laker Turf Building. There are NO COMPLIMENTARY Tickets. All seats in the Lakers Turf Building are General Admission. Standing is allowed around the railing and in the main bleachers. NO SPECTATORS ARE ALLOWED ON THE TRACK LEVEL. NO ATHLETES IN THE BLEACHERS. The ticket booth at the Laker Turf Building opens 1 hour prior to first scheduled event.

