



Grand Valley State University

All-Comers 2 Mile Race

December 17, 2011

COME RACE FAST at GVSU!

The Kelly Family Sports Center located on Allendale's campus houses GVSU's 300 meter indoor track.

The six-lane, mondo track is among the Midwest's premier track & field facilities. This is an opportunity to escape the cold and run a fast time on one of the fastest tracks in the Midwest!



TIME SCHEDULE:

Master's 2 mile (age 40 and up): 8:30 a.m.

Open 2 mile (any age group): 9:30 a.m.

High School 2 mile (middle/high school student): 10:30 a.m.

*women race first, men will follow

*day of registration 1 hour prior to your race time

ENTRY FEES:

Master's, Open, H.S. participant: \$15

GVSU student, alumni, or FSA: \$10

Questions: Nick Polk at polkni@gvsu.edu
or 616.331.3360

Registration Form Due: Thursday, December 15th (late/day of registration fee of \$5)

Send To: GVSU TRACK AND FIELD, 1 Campus Drive- 99FH Allendale, MI 49401

Make Checks out to: GVSU Track and Field

Name: _____ Age: _____ Sex: Male Female

Address: _____ City/ State/ Zip: _____

E-mail Address: _____ Phone Number: _____

Emergency Contact: _____ Race Category: Masters Open H.S.